



THE UNIVERSITY OF
TOLEDO

Center for International
Studies and Programs

TOLEDO
INTERNATIONAL
FOOD GUIDE



EAT. DRINK. ENJOY.

The Center for International Studies and Programs team is pleased to launch the sixth edition of the Toledo International Food Guide. In this addition, we highlight more than 240 local restaurants with roots from many corners of the world. We have received such positive feedback from this project over the years, and we strive to continue supporting local business and cultural exchange.

















Toledo is home to many rich cultures. We celebrate our diversity through shared culinary experiences. Food has the power to bring people together. Food has the power to transport you to other places. Food has a history, a culture, a story. It is our hope that the Toledo International Food Guide helps our community to explore different cuisines and gain an appreciation for new flavors!



Sara Clark

Sara Clark
Director
Center for International Studies and Programs

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Food guide key listing

- (G)** — Groceries
- (H)** — Halal
- (V)** — Vegetarian
- (B)** — Bakery

ASIAN FUSION/PAN-ASIAN

Fusion cuisine combines elements of different culinary traditions. Cuisines of this type are not categorized according to any one particular style and have played a part in innovations of many contemporary restaurant cuisines since the 1970s.

Asian Grocery (G) (H) (V)

1801 N. McCord Rd., Toledo
419.866.2102

Balance Pan-Asian Grille

26520 N. Dixie Hwy., Perrysburg
419.874.7777

5860 W. Central Ave., Toledo
419.578.7777

Below Zero Ice Cream

3324 Secor Rd. #2-3, Toledo
419.973.2366

R&B Bubble Tea and Poke Bowl (V)

3402 Dorr St., Toledo
567.970.7000

Kung Fu Tea

4038 Talmadge Rd. #106, Toledo
419.472.2622

Blue Pacific Grill (V)

4150 Levis Commons Blvd.,
Perrysburg
419.873.9466

Magic Wok (V)

2040 Laskey Rd., Toledo
419.472.4453

Magic Wok (V)

720 Conant St., Maumee
419.893.3707



Magic Wok (V)

5905 W. Central Ave., Toledo
419.537.1662

Magic Wok (V)

5001 Monroe St., Toledo
419.471.9156

Magic Wok (V)

601 Adams St., Toledo
419.241.6965

Magic Wok (V)

5145 Monroe St., Toledo
419.843.2888

Shokudo Kitchen (V)

27072 Carronade Dr., Perrysburg
567.331.8825

Tea Tree Asian Bistro (V)

4100 Chappel Dr., Perrysburg
419.874.8828

Tee Oriental Market (G) (V)

1101 N. McCord Rd., Toledo
419.866.6484

BULGARIAN

Bulgarian cuisine is a representative of the cuisine of Southeast Europe. It shares characteristics with other Balkan cuisines. Bulgarian cooking traditions are diverse because of geographical factors such as climatic conditions suitable for a variety of vegetables, herbs and fruit.

The Clay Pot Bistro (Formerly Naslada) (H) (V)

182 S. Main St., Bowling Green
419.373.6050

CHINESE

Chinese cuisine is any of several styles originating from regions of China, some of which have become increasingly popular in other parts of the world. Major traditions include Anhui, Cantonese, Fujian, Hunan, Jiangsu, Shandong, Szechuan and Zhejiang cuisines. The four main criteria for good Chinese food are: color, aroma, taste and texture.

Amerasia Chinese Restaurant (V)

311 Superior St., Rossford
419.662.8566

New China House

2112 N. Holland Sylvania Rd., Toledo
419.531.5832

Bai Du Restaurant (V)

580 Craig Dr., Perrysburg
419.874.7077

China House (V)

255 Golden Gate Plaza, Maumee
419.897.9966

B.M. Chen Restaurant (V)

1227 S. Reynolds Rd., Toledo
419.214.0018

China House (V)

1122 N. Byrne Rd., Toledo
419.536.8833

China 1

5834 Monroe St., Sylvania
419.882.2700

T&Z China King (V)

4747 Suder Ave. #103, Toledo
419.729.8788

China Chef (V)

2528 Perrysburg Holland Rd.,
Maumee
419.867.8011

China King (V)

5801 Telegraph Rd., Toledo
419.478.8180

China Palace (V)

3342 Glendale Ave., Toledo
419.382.8818

**Chinatown Chinese
Restaurant (V)**

1750 W. Laskey Rd., Toledo
419.292.0881

Empire Chinese Restaurant (V)

2502 Navarre Ave., Oregon
419.693.2277

Flower Drum Restaurant

49 S. Byrne Rd., Toledo
419.536.2327

Fortune Inn

6725 W. Central Ave., Toledo
419.841.5560

Golden City (V)

5051 N. Summit St., Toledo
419.726.8221

Golden Dragon Chinese (V)

5624 Secor Rd., Toledo
419.473.1023

Golden Koi (V)

3550 Executive Pkwy. #2, Toledo
419.539.9028

**Golden Lily Chinese
Restaurant (V)**

2223 S. Reynolds Rd., Toledo
419.385.3883

Happy Rose Buffet (V)

5335 Airport Hwy., Toledo
419.385.8989

Hot Sizzling Wok (V)

2333 W. Laskey Rd., Toledo
419.475.0065

Jing Chuan Inc. (V)

4424 Secor Rd., Toledo
419.472.9612

King Chef (V)

6746 Sylvania Ave., Sylvania
419.882.9208

King Garden (V)

2839 Monroe St., Toledo
419.255.1260

New Empire Restaurant (V)

6540 Centers Dr., Holland
419.868.6565

Ocean Garden Buffet (V)

821 W. Alexis Rd., Toledo
419.269.9288

Panda Chinese Restaurant (V)

1531 W. Sylvania Ave., Toledo
419.478.3388

P.F. Chang's (V)

2300 Village Dr. West Bldg. #140,
Maumee
419.878.8490

Ping On Restaurant (V)

525 E. Manhattan Blvd., Toledo
419.729.1288

QQ Restaurant (V)

3010 Glendale Ave., Toledo
419.851.0077

R&B Bubble Tea and Poke Bowl

3402 Dorr St., Toledo
567.970.7000

Rice King (V)

1512 Broadway St., Toledo
419.255.3968

Rice King (V)

4400 Heatherdowns Blvd., Toledo
419.381.8028

Three Happiness Chinese Food

Delivery & Dine In
845 S. McCord Rd., Holland
419.867.2100

YaYa Kitchen (V)

25950 N. Dixie Hwy., Perrysburg
419.872.1900

Yang's Gourmet House (V)

4446 Heatherdowns Blvd., Toledo
419.381.0385

Yum Yummy (V)

10667 Fremont Pike, Perrysburg
419.872.5888

Hong Kong Buffet

3015 Glendale Ave., Toledo
419.389.1888

China City Buffet (V)

27072 Carronade Dr., Ste. M,
Perrysburg
419.872.6868

Panda Express (V)

7330 W. Central Ave., Toledo
419.386.0873

Lee Garden (V)

26597 N. Dixie Hwy., Ste. 161,
Perrysburg
419.874.2282

Little Asia (V)

3527 Dorr St., Toledo
419.539.9329

QQ Kitchen (V)

3324 Secor Rd. Ste. 4, Toledo
419.720.8703



FRENCH

French cuisine is popular for its delicious, diversified and worldwide-known cuisine. Traditional French foods range from delectable cheeses and desserts to hearty soups, stews and fresh fish.

Element 12

5737 Main St., Sylvania
419.517.1104

So Sweet Lebanese and French Pastries (H) (V)

4038 Talmadge Rd., Toledo
419.474.5445



GERMAN

Generally, with the exception of mustard for sausages, German dishes are rarely hot and spicy; the most popular herbs are traditionally parsley, thyme, laurel, chives, black pepper (used in small amounts), juniper berries and caraway.

Black Forest Café (V)

3624 Seaman Rd., Oregon
419.593.0092

Kilgus Choice Meats (G)

3346 W. Laskey Rd., Toledo
419.472.9721

Bierkeller (V)

20085 Goddard Rd., Taylor, MI
734.250.7358

Arturo's Fritz and Alfredo's

1007 S. McCord Rd., Holland
419.729.9775



GREEK

Contemporary Greek cookery makes wide use of olive oil, vegetables and herbs, grains and bread, wine, fish and various meats, including lamb, poultry, rabbit and pork. Olives, cheese, eggplant, zucchini and yogurt are important, as well.

Charlie's Restaurant

6945 Central Ave., Toledo
419.841.5326

Gyro and Kabob Express

7130 Airport Hwy., Holland
419.868.6644

Gyro Town

6732 Sylvania Ave., Sylvania
419.517.5330

Manos Greek Restaurant (V)

1701 Adams St., Toledo
419.244.4479

Mr. Gyro's

1488 W. Sylvania Ave., Toledo
419.725.0481

Nick's Family Café

2516 S. Reynolds Rd., Toledo
419.866.1793

Georgio's Café

International (V) (H)

426 N. Superior St., Toledo
419.242.2424

Poco Piatti (V) (H)

3155 Chappel Dr., Perrysburg
419.931.0281

Rockets Café (V) (H)

2023 N. Reynolds Rd., Toledo
419.531.3192

Wing Express

1515 S Byrne Rd., Toledo
419.389.5700

Charlies Restaurant and Taverna (H)

1631 Toll Gate Dr., Maumee
419.794.7870



HUNGARIAN

Traditional Hungarian dishes are primarily based on meats, seasonal vegetables, fruits, fresh bread, cheeses and honey. Hungarians are especially passionate about their soups, desserts, pastries and stuffed pancakes. Famous Hungarian dishes would be paprikás served with nokedli, gulyás, palacsinta and dobos cake.

Packo's at the Park (V)

7 S. Superior St., Toledo
419.246.1111

Tony Packo's Café (V)

1902 Front St., Toledo
419.691.1953

Tony Packo's (V)

1399 Conant St., Maumee
419.897.3647

Tony Packo's (V)

3348 Secor Rd., Toledo
419.472.4454



Tony Packo's Café (V)

5822 Alexis Rd., Sylvania
419.885.4500

INDIAN

India is famous for its extensive variety of vegetarian and non-vegetarian cuisines. Indian foods are better known for their spices, influenced by various civilizations and reflecting a unique blend of various cultures.

Reddy Food N' Spices (V) (H) (G)

6725 W. Central Ave., Toledo
419.843.9455

Tandoor Cuisine of India

2247 S. Reynolds Rd., Toledo
419.385.7467

The Indian Jewel of Toledo (V) (H)

6711 Airport Hwy., Holland
419.865.9500

Bombay Kitchen (V) (H)

5228 Monroe St., Toledo
419.214.1790

Star of India (V) (H)

415 S. Reynolds Rd., Toledo
419.720.6452

ITALIAN

Italian food has established a place of unparalleled popularity over the years. It is well known for its unique names and extravagant, exotic appearance, with an equally delicious taste. The fact that Italian food is extremely healthy due to the use of fresh ingredients has further raised its value.

Amie's Pizza Factory

6710 W. Central Ave., Toledo
419.842.8008

Bravo! Italian Kitchen

5001 Monroe St., Toledo
419.962.9430

Byblos Fine Lebanese and Italian Dining (V) (H)

1050 S. Reynolds Rd., Toledo
419.382.1600

Calvino's Restaurant (V)

3143 W. Central Ave., Toledo
419.531.5100

Capers Restaurant (V)

2038 S. Byrne Rd., Toledo
419.389.9900

Carrabba's Italian Grill

3405 Briarfield Blvd., Maumee
567.318.0730

Ciao Ristorante

6064 Monroe St., Sylvania
888.456.3463

Gino's Italian Delites

1829 Eastgate Rd., Toledo
419.389.1500

Gino's Pizza-The Original

3981 Monroe St., Toledo
419.472.3567

Home Slice Pizza

28 S. Clair St., Toledo
419.724.7437



Inky's Italian Food

3945 N. Detroit Ave., Toledo
419.476.0500

Jo-Jo's Original Pizzeria

4336 Monroe St., Toledo
419.473.1223

M' Osteria and Bar (V)

609 Monroe St., Toledo
419.214.4222

Mancy's Italian Grill

5453 Monroe St., Toledo
419.882.9229

Olive Garden

5120 Monroe St., Toledo
419.885.3878

Olive Garden

1919 S. Reynolds Rd., Toledo
419.389.1982

Piada Italian Street Food (V)

3330 W. Central Ave., Toledo
419.214.0727

Pizza Papalis of Toledo

519 Monroe St., Toledo
419.244.7722

Rosie's Italian Grille (V)

606 N. McCord Rd., Toledo
419.866.5007

The Spaghetti Warehouse (V)

42 S. Superior St., Toledo
419.255.5038

**Sebastiano's Italiano
Restaurant (V)**

4448 Heatherdowns Blvd., Toledo
419.382.0615

Sofo Foods (V) (G)

5400 Monroe St., Toledo
419.882.8555

Zia's Restaurant

20 Main St., Toledo
888.456.3463

**Charlie's Homemade Pizza and
Italian Cuisine**

6600 Sylvania Ave., Sylvania
419.882.6393

Biaggi's Ristorante Italiano

1320 Levis Commons Blvd.,
Perrysburg
419.872.6100

**The Oasis Restaurant and
Delivery**

2531 S Reynolds Rd., Toledo
567.225.3663

J and G Pizza Palace

5692 Main St., Sylvania
419.882.6061

JAMAICAN

Popular Jamaican dishes include curry goat, fried dumplings, ackee and salt fish (the national dish of Jamaica), fried plantain, “jerk,” steamed cabbage and “rice and peas” (pigeon peas or kidney beans). Jamaican patties and various pastries and breads are also popular, as well as fruit beverages and Jamaican rum.

Jamaican Spice (H) (V)

1223 N. Byrne Rd., Toledo
419.724.2733

Jamaican Spice (V)

1540 W. Sylvania Ave., Toledo
419.214.0314

One Love

2636 W. Central Ave., Toledo
419.407.5655

JAPANESE

Japanese cuisine is known for its emphasis on seasonality of food, quality of ingredients and presentation. The traditional food of Japan is based on rice with miso soup and other dishes, each in its own utensil, with an emphasis on seasonal ingredients. Fish is common in the traditional cuisine. It is often grilled, but may be served raw as sashimi or in sushi, as well. Japanese cuisine, particularly sushi, has become popular throughout the world.



Domo Sushi (V)

6725 W. Central Ave., Toledo
419.214.0999

Fusian (V)

3504 Secor Rd., Toledo
419.720.9500

Kengo Sushi and Yakitori

38 S. St. Clair St., Toledo
419.214.0574

Kobe Bay

18 Main St., Sylvania
419.464.0299

Kotobuki Japanese Restaurant (V)

5577 Monroe St., Sylvania
419.882.8711

Kyoto Ka

6801 W. Central Ave., Toledo
419.841.2070

Nagoya Japanese Steakhouse and Sushi

6190 Levis Commons Blvd.,
Perrysburg
419.931.8400

Nori Japan

5001 Monroe St., Toledo
419.474.8159

Osaka Sushi & Hibachi

3150 Navarre Ave., Oregon
419.697.2669

Rice Blvd (V)

1440 Secor Rd., Ste. N, Toledo
419.725.2735

Red Flame (V)

1385 Conant St., Maumee
419.887.1156

Sakura Japanese Steakhouse

5294 Monroe St., Toledo
419.843.1300

Spicy Tuna Sushi Bar and Grill (V)

7130 Airport Hwy., Holland
419.720.9333

Sushi Yoshi Steak Stone & Seafood House (V)

5236 Monroe St. Ste. F, Toledo
567.455-6663

Tougen

7414 Central Ave., Toledo
419.720.1098

Kira Steakhouse (V)

3324 Secor Rd., Toledo
419.517.8283

Ryoka Japanese Steakhouse and Sushi (V)

465 W. Dussel Dr., Maumee
419.794.0038

Yama Japan (V)

3330 Central Ave. Ste. A-3, Toledo
419.720.1180

Shokudo Kitchen (V)

27072 Carronade Dr. Ste. D,
Perrysburg
567.331.8825

Tokyo Steakhouse and sushi (V)

337 W. Alexis Rd. Ste. 2, Toledo
419.720.1100

Tea Tree Asian Bistro (V)

4100 Chappel Dr., Perrysburg
419.874.8828

Tokyo Express (V)

10013 Fremont Pike, Perrysburg
419.872.2828

WTF- R What The Fried Rice (V)

2509 Oregon Rd., Northwood
419.724.2370

KOREAN

Korean cuisine is largely based upon rice, vegetables and meats. Traditional Korean meals are noted for the number of side dishes that accompany steam-cooked, short-grain rice. Commonly used ingredients include sesame oil, doenjang (fermented bean paste), soy sauce, salt, garlic, ginger, pepper flakes and gochujang (fermented red chili paste).

Koreana Asian Grill and Sushi (V)

1423 Bernath Pkwy., Toledo
419.867.8080

Lee Oriental Market (G)

2527 W. Laskey Rd., Toledo
419.475.9742

BIBIBOP (V)

4038 Talmadge Rd., Toledo
419.315.9393

LEBANESE/MIDDLE EASTERN/ MEDITERRANEAN

Mediterranean cuisine consists primarily of fruits and vegetables with an emphasis on poultry and seafood, grains, beans and pastas. Olive oil is the most prevalent fat or oil used in the preparation of salads, marinades, vegetables, poultry and seafood. Yogurt and cheese are also major components of Mediterranean cooking.



Ali's Meat Market (H) (G)

3240 W. Sylvania Ave., Toledo
419.471.9460

Big Apple Deli

2118 Woodville Rd., Oregon
419.698.2344

Bier Stube

5333 Monroe St., Toledo
419.841.7999

Beirut (V) (H)

4082 Monroe St., Toledo
419.473.0885

Byblos Fine Lebanese & Italian Dining (V) (H)

1050 S. Reynolds Rd., Toledo
419.382.1600

Damascene Grill (V) (H)

5834 Monroe St., Sylvania
567.455.5252

Gyro and Kabob Express (V) (H)

7130 Airport Hwy., Holland
419.868.6644

Gyro King and Wings (H)

4052 Airport Hwy., Toledo
419.214.0618

Grape Leaf Diner (V) (H)

909 S. McCord Rd. #6, Holland
419.868.9099

Grape Leaf Express (V) (H)

27112 Oak Mead, Perrysburg
419.931.9944

Grape Leaf Express (V) (H)

5236 Monroe St., Toledo
419.725.2046

Kabob It (V) (H)

5001 Monroe St., Toledo
419.720.7899

Le Pam Pam Pizza & Subs (V) (H)

901 Madison Ave., Toledo
419.243.6117

Lazeez Mediterranean Cuisine (V) (H)

337 N. St. Clair St., Toledo
419.243.8485

Manos Greek Restaurant (Also Greek) (V) (H)

1701 Adams St., Toledo
419.244.4479

Middle East Market (V) (H) (G)

4623 W. Bancroft St., Toledo
419.531.3999

Awesome Wings (V) (H)

1488 W. Sylvania Ave., Toledo
419.725.0481

Mr. Gyro's & More

3833 Airport Hwy., Toledo
419.380.9999

Cedar Fresh Market (V) (H)

5464 Monroe St., Toledo
419.214.0386

NAR Mediterranean Grill (V) (H)

3305 Central Ave., Toledo
419.720.4346

Pita Sub Express (V) (H)

4900 N. McCord Rd, Sylvania
419.882.1796

Pita Pit

2903 Dorr St., Toledo
419.728.2748

Phoenicia Cuisine (V) (H)

Lancelot Thompson Student Union
Room 4060, Toledo
419.530.2151



Poco Piatti (V) (H)

3155 Chappel Dr., Perrysburg
419.931.0281

Poco Piatti (H)

6710 W. Central Ave. Ste. 1, Toledo
419.720.8028

The Oasis Restaurant & Delivery

2531 S. Reynolds Rd., Toledo
567.225.3663

Tiger Bakery & Deli (V) (H) (G)

4215 Monroe St., Toledo
419.473.8942

Tiger Bakery & Deli (V) (H) (G)

6710 W. Central Ave., Toledo
419.842.0047

Rockets Café (V) (H)

2023 N. Reynolds Rd., Toledo
419.531.3192

Rumors

5205 Monroe St., Toledo
419.841.4529

**Sahara Restaurant
(Also Greek) (V) (H)**

336 W. Dussel Dr., Maumee
419.893.2303

**Sidon Lebanese Grille &
Bakery (V) (H)**

4625 W. Bancroft St., Toledo
419.558.3900

Shawarmaholic (V) (H)

3344 Secor Rd., Toledo
419.725.9444

Woodville Diner (V)

1949 Woodville Rd., Oregon
419.691.9999

Ya Halla (V) (H)

2124 W. Alexis Rd., Toledo
419.471.1100

Yala Kol (V) (H)

3200 N. Holland Sylvania Rd.,
Toledo
419.841.2424

Ye Olde Dirty Bird (V)

2 S. St. Clair St., Toledo
419.243.2473

ZaZa Wood-Fired Pizza (V) (H)

3550 Executive Pkwy., Toledo
419.531.2400

Zingo's Mediterranean (V)

106 Louisiana Ave., Perrysburg
419.872.5800

**Ameera Mediterranean
Bistro (V) (H)**

5127 Main St., Sylvania
419.517.9999

Al Nur Market & Grill (H)

4933 Dorr St., Toledo
419.266.0099

Zane's Lebanese Grill (V) (H)

4900 N. McCord Rd. Unit A5,
Sylvania
419.882.1796

LaVie Mediterranean Grill (V) (H)

1572 Spring Meadows Dr., Holland
419.865.1572

Wings & Grill (V) (H)

519 S. Reynolds Rd., Toledo
419.214.0795

Gyro Town (H)

6732 Sylvania Ave., Sylvania
419.517.5330

**Souk Mediterranean Kitchen &
Bar (V) (H)**

139 S. Huron St., Toledo
567.777.7685

Yala Kol Express- Rossford (V) (H)

27151 Crossroads Pkwy. Unit D,
Perrysburg
419.855.0102

Sylvania Diner

5623 Alexis Rd., Sylvania
419.885.7520

Just Like Home (V) (H)

1250 Flaire Dr. (Near Dorr St.
Intersection), Toledo
419.214.0717

MEXICAN

Mexican cuisine is primarily a fusion of indigenous Mesoamerican cooking with European, especially Spanish, cooking developed after the Spanish conquest of the Aztec empire. The basic staples remain native corn, beans and chili peppers, but Europeans introduced a large number of other foods, including meat from domesticated animals (beef, pork, chicken, goat and sheep), dairy products (especially cheese) and various herbs and spices.

**Arturo's Fritz & Alfredo's
Mexican Cuisine**

1007 S. McCord Rd., Holland
419.729.9775

Carlos' Poco Loco (V)

1809 Adams St., Toledo
419.214.1655



Carmel's (with a Twist)

2947 Tremainsville Rd., Toledo
419.474.1414

Chipotle Mexican Grill (V)

3305 W. Central Ave., Toledo
419.536.4294

Cinco De Mayo

304 E. Alexis Rd., Toledo
419.478.7530

Cinco De Mayo

7011 Airport Hwy., Holland
419.866.8229

Cocina de Carlos

27072 Carronade Dr., Perrysburg
419.872.0200

Don Juan Mexican Bar & Grill

551 W. Dussel Dr., Maumee
419.887.0700

El Camino Real

2500 W. Sylvania Ave., Toledo
419.472.0700

El Nuevo Vallarta

4709 Douglas Rd., Toledo
419.474.5414

El Salto Authentic Mexican

5817 Monroe St., Sylvania
419.824.0049

El Vaquero (V)

3302 Secor Rd., Toledo
419.536.0471

El Vaquero (V)

24 Main St., Toledo
419.690.8330

La Chalupa Mexican Restaurante

6186 Summit St., Toledo
419.726.0700

La Fiesta

1406 Reynolds Rd., Maumee
419.897.9222

La Mexicana (G)

764 Oak St., Toledo
419.691.6613

Los Amigos Family Restaurant

3236 Stickney Ave., Toledo
419.729.0523

Magdalena's Bar & Grill

1955 W. Alexis Rd., Toledo
419.720.2155

Mi Hacienda (V)

3302 Glanzman Rd., Toledo
419.380.0411

Palacio Maya (V)

5125 Monroe St., Toledo
419.841.9250

San Marcos (V)

2060 W. Laskey Rd., Toledo
419.851.0051

San Marcos Restaurant (G) (V)

235 Broadway St., Toledo
419.244.2373

Taqueria La Michoacana (V)

932 Emerald Ave., Toledo
419.244.8880

Condado Tacos (V)

5215 Monroe St., Toledo
419.720.6330i

Carlos Que Pasa (V)

3137 W. Central Ave., Toledo
419.214.9323

Lowrider Café (V)

316 N. Michigan St., Toledo
419.690.4420

Frontera Sabores de Mexico (H) (V)

5375 Airport Hwy., Toledo
419.720.4273

419 Tacos (V)

3309 N. Holland Sylvania Rd.,
Toledo
419.214.1330

Vida Cantina (V)

4477 Monroe St., Toledo
567.315.8979

Don Juan Bar & Grill

5001 Monroe St., Toledo
419.407.5084

Ventura's Mexican Restaurant (V)

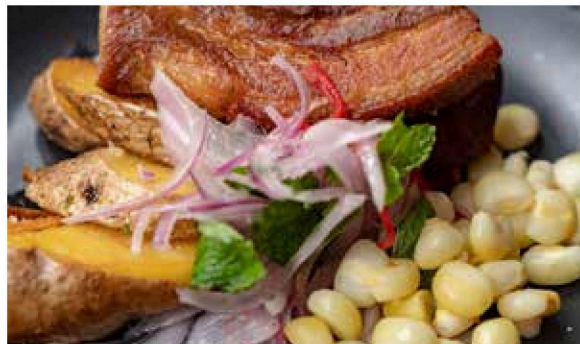
7742 W. Bancroft St., Toledo
419.841.7523

PERUVIAN

The four traditional staples of Peruvian cuisine are corn, potatoes and other tubers, Amaranthaceae (quinoa, kañiwa and kiwicha), and legumes (beans and lupins). Staples brought by the Spanish include rice, wheat and meats (beef, pork and chicken).

Chosica Peruvian Restaurant (H) (V)

3065 W. Bancroft St. Ste. A,
Toledo
419.531.2800



POLISH

Polish national cuisine is rich in meat, especially pork, chicken and beef, as well as winter vegetables and spices. Polish cuisine is hearty and uses a lot of cream and eggs.

Stanley's 5-Star Market **(V) (G)**

3302 Stickney Ave., Toledo
419.726.4347

Zavotski Custom Meat & Deli (V) (G)

2600 W. Sylvania Ave.,
Toledo
419.720.5225

Kilgus Meats (G)

3346 W. Laskey Rd., Toledo
419.472.9721



THAI

Thai cuisine shares many dishes with northern Lao cuisine and the cuisine of Shan state in Burma. Many popular dishes eaten in Thailand were originally Chinese dishes that were introduced mainly by the Teochew people, who make up the majority of the Thai Chinese.

Bangkok Kitchen (V)

582 W. Dussel Dr., Maumee
419.897.7777

Toledo Thai Restaurant (V)

4011 Secor Rd, Toledo
419.475.3743

Bangkok Café (V)

3401 Woodville Rd., Northwood
419.697.7979

Tasty Thai (V)

1515 S. Byrne Rd., Toledo
419.724.4105

Rose Thai (V)

5333 Monroe St., Toledo
419.841.8467

VIETNAMESE

Traditional Vietnamese cooking is greatly admired for its fresh ingredients, minimal use of oil, and reliance on herbs and vegetables.

With the balance between fresh herbs and meats and a selective use of spices to reach a fine taste, Vietnamese food is considered one of the healthiest cuisines worldwide.

Pho Viet Nam

3636 Upton Ave., Toledo
419.720.2952

Pho Noodle

26 S. Reynolds Rd., Toledo
567.315.8808

Kay's Table (V)

6600 Sylvania Ave. Ste. 3E, Sylvania
419.517.0261



DISCLAIMER: Please email cisp@utoledo.edu if a listing has closed or moved, or to suggest new restaurant, so the guide can remain as up to date as possible. The International Food Guide has been published only for ease of reference and informational purposes for all who enjoy international cuisine or want to try new foods.

About The University of Toledo

- Located in Toledo, Ohio.
- Founded in 1872.
- More than 18,000 students attend UToledo.
- More than 1,500 international students come from more than 80 countries.
- Offers more than 250 undergraduate, graduate and professional degree programs.

About the Center for International Studies and Programs

The Center for International Studies and Programs (CISP) is committed to the belief that effective cross-cultural interaction leads to global understanding and ultimately to a more rewarding human experience and to a better, more peaceful world.

CISP encourages global citizenship through innovative educational, cultural and service-learning programming and through student and scholar exchanges. CISP offers:

- Assistance and services to UToledo international students through the Office of International Student and Scholar Services, a resource regarding orientation, visa requirements, housing, banking and international student health insurance.
- Chinese Mandarin language and cultural education classes for all ages and for business and travel through the Confucius Institute.
- On-campus intensive English language classes through the American Language Institute for students who want to improve their English language skills to attend UToledo or for personal reasons.
- Education abroad and international programs for students to enhance the academic journey and allows them to explore their world.
- Development of global citizenship through innovative UToledo Explorers programming. UToledo Explorers work to improve the linguistic abilities and cultural knowledge of the UToledo community.



Visit utoledo.edu/cisp
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