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# Cin Cin Tan

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## ACADEMIC APPOINTMENTS

- 2019-present      Assistant Professor, Department of Psychology  
University of Toledo
- 2016-2019      Research Faculty, Research Investigator  
Center for Human Growth and Development  
University of Michigan, Ann Arbor
- 2014- 2019      Adjunct Lecturer, Department of Psychology  
Eastern Michigan University, Ypsilanti
- 2014-2015      Research Associate,  
Center for Human Growth and Development  
University of Michigan, Ann Arbor
- 2012-2014      Assistant Professor, Department of Psychology  
University of Wisconsin Oshkosh

## EDUCATIONAL BACKGROUND

- Ph.D.      The University of Texas at Dallas, Richardson, TX  
Psychological Sciences, May 2012
- M.S.      The University of Texas at Dallas, Richardson, TX  
Psychological Sciences, May 2009
- B.A.      Purdue University, West Lafayette, IN  
Psychological Sciences, Magna Cum Laude, May 2006

### TEACHING INTERESTS

Child Development  
Lifespan Development  
Infancy  
Adolescence  
Health Psychology  
Statistics in Psychology  
Research Methods

### RESEARCH INTERESTS

Infant and Child Eating Behavior  
Self-Regulation in Eating  
Parent-Child Feeding Relationship  
Coparenting in Feeding  
Attitudes about weight  
Ecological influences on child development  
Methodology in research with children

**QUANTITATIVE SKILLS**

Methodologies Multiple Regression, Mediation and Moderation, Structural Equation Modeling, Dyadic Analysis, Qualitative Analysis  
 Software SPSS, AMOS, R, Noldus-The Observer XT, EndNote

**RESEARCH TRAINING SKILLS**

Certified Coder of the Nursing Child Assessment Satellite Training (NCAST)-Feeding Scale  
 Received Formal Training for Infant Anthropometry Measurement

**RESEARCH GRANTS, PUBLICATIONS, & PRESENTATIONS  
GRANTS****Funded/Active**

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|--------------|--|
| 2017-present | Center for Human Growth and Development, University of Michigan, National Institute of Health, R03 (scored and funded, 10 <sup>th</sup> percentile)-Maternal-Infant Feeding Interaction and Weight Gain Among Infants. R03HD092609<br><b>Principal Investigator: Cin Cin Tan</b>               |
| 2015-2017    | Center for Human Growth and Development, University of Michigan, National Institute of Health, R03 –Feeding-Specific Coparenting in Fathers and Mothers of Preschoolers (scored and funded, 3 <sup>rd</sup> percentile), R03HD086430<br><b>Co-Investigator: Cin Cin Tan</b> (PI Miller)        |
| 2015-2018    | Center for Human Growth and Development, University of Michigan, National Institute of Health, R03 – Observed Mealtime Satiety Signaling and Childhood Obesity Risk (revised, scored and funded, 7 <sup>th</sup> percentile)<br>R03HD084708<br><b>Co-Investigator: Cin Cin Tan</b> (PI Miller) |
| 2013-2014    | University of Wisconsin Oshkosh Small Grant  |
| 2011-2012    | The University of Texas at Dallas, School of Behavioral and Brain Sciences<br>Dissertation Support Grant   |

**Pending Review**

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|--------------|--|
| 2018-present | Department of Psychology, University of Toledo, National Institute of Health, R03HD096095 (pending). Predictors of Parents' Feeding Behaviors: A Dyadic Perspective.<br><b>Principal Investigator: Cin Cin Tan</b> |
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**Unfunded**

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| 2018 | School of Medicine, University of Michigan, National Institute of Health, R21 (unfunded). Characterizing Maternal Feeding Styles in Infancy.<br><b>Co-Investigator: Cin Cin Tan</b> (PI Pesch) |
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- 2018 School of Medicine, University of Michigan, National Institute of Health, R01 (unfunded). Predictors of Rapid Infant Weight Gain to Age 6 Months. R01DK119184  
**Principal Investigator: Julie Lumeng, Niko Kaciroti, & Cin Cin Tan**
- 2017 School of Public Health, University of Michigan, USDA- National Institute of Food and Agriculture (USDA), The Agriculture and Food Research Initiative (AFRI; June, 2017, pending review) Making the Most of Mealtime: Novel Approaches to Family-Style Dining for Obesity Prevention Among Head Start Preschoolers  
**Co-Investigator: Cin Cin Tan (PI Bauer)**
- 2017 Center for Human Growth and Development, University of Michigan, National Institute of Health, R03 (unfunded; scored at 30<sup>th</sup> percentile). Predictors of Fathers' and Mothers' Feeding Behaviors: A Dyadic Perspective. R03HD096095  
**Principal Investigator: Cin Cin Tan**
- 2017 Center for Human Growth and Development, University of Michigan, National Institute of Health, R03 (unfunded) – Acoustic Features of Cry in Association with Hunger and Weight Status in Infancy. R03HD093772  
**Principal Investigator: Cin Cin Tan & Julie Lumeng**
- 2016 Center for Human Growth and Development, University of Michigan, The Fatherhood Research & Practice Network (FRPN) Exploratory and Descriptive Research Grant (unfunded)-Understanding Fathers' Daily Involvement in Feeding-Related Tasks: A Diary Study.  
**Principal Investigator: Cin Cin Tan**
- 2016 Center for Human Growth and Development, University of Michigan, American Heart Association (AHA), Scientist Development Grant (unfunded)-Early Childhood Predictors of Obesity-Promoting Eating Behaviors  
**Principal Investigator: Cin Cin Tan**
- 2016 Center for Human Growth and Development, University of Michigan, National Institute of Health, R03 (unfunded)- Early Childhood Predictors of Obesity-Promoting Eating Behaviors, R03HD091595  
**Principal Investigator: Cin Cin Tan**
- 2016 Center for Human Growth and Development, University of Michigan, American Heart Association, Scientist Development Grant (unfunded)-The Development of Eating Behavior from Infancy to Toddlerhood  
**Principal Investigator: Cin Cin Tan**
- 2014 Center for Human Growth and Development, University of Michigan, National Institute of Health, R03 – Mealtime Satiety (scored and unfunded, 21<sup>st</sup> percentile)  
**Co-Investigator: Cin Cin Tan (PI Miller)**

## PUBLICATIONS

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### Refereed Journal Articles

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1. **Tan, C.**, Domoff, S. E., Pesch, M. H, Lumeng, J. C., & Miller, A. L. (in press, 2019). Coparenting in the Feeding Context: Perspectives of Fathers and Mothers of Preschoolers. *Eating and Weight Disorders*, 1-10.
2. **Tan, C.**, Lumeng, J.C., & Miller, A. L. (2019). Development and Preliminary Validation of a Feeding Coparenting Scale (FCS). *Appetite*, *139*, 152-158.
3. Chow, C. M., Hart, E., & **Tan, C.** (2018). Interactive Role of Weight Status and Fat Talk on Body Dissatisfaction: An Observation of Women Friends. *Eating and Weight Disorders*, 1-10.
4. **Tan, C.**, Walczak, M., Roach, E., Lumeng, J.C., & Miller, A. L. (2018) Longitudinal Associations between Eating and Drinking Engagement during Mealtime and Eating in the Absence of Hunger in Low Income Toddlers. *Appetite*, *130*, 29-34.
5. **Tan, C.**, & Lumeng, J. C. (2018). Associations between Cool and Hot Executive Functions and Children's Eating Behaviors. *Current Nutrition Reports*, *7*, 21-28.
6. Chow, C. M., & **Tan, C.** (2018). The Role of Fat Talk in Eating Pathology and Depressive Symptoms among Mother-Daughter Dyads. *Body Image*, *24*, 36-43.
7. **Tan, C.**, & Holub, S. C. (2018). The Effects of Happiness and Sadness on Children's Snack Consumption. *Appetite*, *123*, 169-174.
8. Chow, C. M., Ruhl, H., **Tan, C.**, & Ellis, L. (2017). Fear of Fat and Restrained Eating: Negative Body Talk Between Female Friends as a Moderator. *Eating and Weight Disorders*.
9. Chow, C. M., Hart, E., Ellis, L., & **Tan, C.** (2017). Interdependence of Attachment Styles and Relationship Quality in Parent-Adolescent Dyads. *Journal of Adolescence*, *61*, 77-86.
10. Goldstein, M., **Tan, C.**, & Chow, C. M. (2017). Maternal Emotional Feeding Practices and Adolescent Daughters' Emotional Eating: Mediating Roles of Avoidant and Preoccupied Coping. *Appetite*, *116*, 339-344.
11. Hart, E., Chow, C. M., & **Tan, C.** (2017). Body Talk, Weight Status, and Pathological Eating Behavior in Romantic Relationships. *Appetite*, *117*, 135-142.
12. **Tan, C.**, Ruhl, H., Chow, C. M., & Ellis, L. (2016). Retrospective reports of parental feeding practices and emotional eating in adulthood. The role of food preoccupation. *Appetite*, *105*, 410-415.
13. Chow, C. M., & **Tan, C.** (2016). Weight Status, Negative Body Talk, and Body Dissatisfaction: A Dyadic Analysis of Male Friends. *Journal of Health Psychology*, *21*, 1597-1606.
14. **Tan, C.**, & Holub, S. C. (2015). Emotion Regulation Feeding Practices Link Parents' Emotional Eating to Children's Emotional Eating: A Moderated Mediation Study. *Journal of Pediatric Psychology*, *40*, 657-663.

15. Chow, C. M., **Tan, C.**, & Ruhl, H. (2015). Misery Loves Company: A Dyadic Approach to Examining the Effects of Depressive Symptoms on Friendship Discord. *Journal of Social and Clinical Psychology, 34*, 774-787.
16. Chow, C. M., **Tan, C.**, & Buhrmester, D. (2015). Mutual Influences of Depression and School Adjustment between Adolescent Friends: An Actor-Partner Interdependence Model Analysis. *British Journal of Educational Psychology, 85*, 316-331.
17. **Tan, C.**, & Chow, C. M. (2014). Stress and Emotional Eating: The Mediating Role of Eating Dysregulation. *Personality and Individual Differences, 66*, 1-4.
18. **Tan, C.**, & Chow, C. M. (2014). Weight Status and Depression: Moderating Role of Fat Talk between Female Friends. *Journal of Health Psychology, 19*, 1320-1328.
19. Chow, C. M., & Buhrmester, D., & **Tan, C.** (2014). Interpersonal coping styles and couples' relationship quality: Similarity versus complementarity hypothesis. *European Journal of Social Psychology, 44*, 175-186.
20. Chow, C. M., & **Tan, C.** (2013). Attachment and Commitment in Dyadic Friendships: Mediating Roles of Satisfaction, Quality of Alternatives, and Investment Size. *Journal of Relationships Research, 4*, 1-11.
21. **Tan, C.**, & Holub, S. C. (2012). Maternal Feeding Practices Associated with Food Neophobia. *Appetite, 59*, 483-487.
22. **Tan, C.**, & Holub, S. C. (2011). Children's Self-Regulation in Eating: Associations with Inhibitory Control and Parents' Feeding Behavior. *Journal of Pediatric Psychology, 36*, 340-345.
23. Holub, S. C., **Tan, C.**, & Patel, S. L. (2011). Factors Associated with Parents' Obesity Stigma and Young Children's Weight Stereotypes. *Journal of Applied Developmental Psychology, 32*, 118-126.

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### Works in Progress (under review and in progress)

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1. Pesch, M. H., Pont, C. M., Lumeng, J.C., and McCaffery, H., **Tan, C.** (under review). Mother and Infant Predictors of Rapid Infant Weight Gain.
2. **Tan, C.**, Vickovic, K., Miller, A. L., Gearhardt, A., & Lumeng, J. C. (in progress). Emotional Eating, External Eating, and Restrained Eating: The Roles of Family Stress and Children's Self-Control.
3. **Tan, C.** (in progress). Association between Controlling Feeding Practices and Children's Emotional Eating: The Role of Maternal Adults' Attachment Orientation.

## PRESENTATIONS

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### Refereed Conference Presentations (\*Denotes current or former students)

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1. Asta, K., **Tan, C.**, McCaffery, H., Lumeng, J. C., & Pesch, M. (2019, March). Rapid Infant Weight Gain: Is It Recognized and Treated by Primary Care Physicians? Poster presented at National Institute of Health Translational Science Conference.

2. **Tan, C.,** & Chow, C. M. (2019, April). Weight Attitudes and Dietary Restraint Among Mother-Daughter Dyads: A Dyadic Perspective. Paper Symposium submitted to the Society for Research in Child Development, Baltimore, MD.
3. **Tan, C.,** Vickovic, K., & Lumeng, J. L. (2019, April). An Observational Study of Maternal and Infant Behaviors During Naturalistic Feeding Interactions at 2 Months of Age. Poster presented to the Society for Research in Child Development, Baltimore, MD.
4. **Tan, C.,** Walczak, M., Lumeng, J.C., & Miller, A. L. (2018, May). Longitudinal Associations between Toddlers' Food and Drink Intake and Eating in the Absence of Hunger. Poster presented at the Association for Psychological Science, San Francisco, CA.
5. **Tan, C.,** Miller, A., Gearhardt, A., & Lumeng, J. C. (2017, April). Restrained, Emotional and External Eating in Low-Income Children: The Roles of Family Chaos and Children's Self-Control. Poster presented at the Society for Research in Child Development, Austin, TX.
6. DiBenedetto, N. L.\*, Ellis, L.\*, Hart, E.\*, **Tan, C,** & Chow, C. M. (2017, April). Dysfunctional Eating Among Adolescent Girls: In Relation to Depressive Symptoms and Body Dissatisfaction. Poster to be presented at the Society for Research in Child Development, Austin, TX.
7. Fischer, A. P.\*, Domoff, S. E., & **Tan, C.** (2016, August). Food Addiction and Dietary Intake: A Critical Review of the Literature. Poster presented at the Undergraduate Research Opportunities Program (UROP) Summer Symposium, Ann Arbor, MI.
8. **Tan, C.,** Chow, C.M., Ellis, L. P.\*, Amersdorfer, A.\*, & Sohnleitner, A.\* (2016, May). Associations between Perceived Parental Feeding Practices and Emotional Eating: The Role of Food Cravings. Poster presented at the Association for Psychological Science, Chicago, IL.
9. Ellis, L.P.\*, Chow, C.M., **Tan, C.,** Dibenedetto, N.,\* & Ryan, S.\* (2016, May). *Actor and Partner Effects of Fear of Fat on Restrained Eating in Female Friends: Moderating Role Dyadic Fat Talk.* Poster presented at the Association for Psychological Science, Chicago, IL.
10. Chow, C.M., **Tan, C.,** & Ellis, L.P. (2016, March). Parental Support-Giving Styles and Adolescents' Social and Psychological Adjustment: A Preliminary Study. Poster presented at the Society for Research on Adolescence, Baltimore, MD.
11. **Tan, C.** (2015, March). The Moderating Role of Mothers' Adult Attachment Orientation on Controlling Feeding Practices. Paper Symposium presented at the Society for Research in Child Development, Philadelphia, PA.
12. Debbout, H.\*, Plumb, C.\*, Kelso, S.\*, Kaprelian, M.\*, & **Tan, C.** (2014, May) Attachment Styles and Child Feeding Practices in Predicting Emotional Eating. Poster presented at Midwestern Psychological Association, Chicago, IL.
13. **Tan, C.** & Chow, C. (2014, March). Stress and Emotional Eating: The Moderating Roles of Emotion-Focused Coping and Self-Regulation in Eating. Paper Symposium presented at Society for Research on Adolescence, Austin, TX.

14. **Tan, C.,** & Chow, C. (2014, March). Weight Status and Body Image: Moderating Role of Fat Talk between Emerging Adult Male Friends. Paper Symposium presented at Society for Research on Adolescence, Austin, TX.
15. **Tan, C.** (2013, April). Emotion Regulation Feeding Practices and Children's Emotional Eating: The Moderating Effect of Self-Regulation. Poster presented at Society for Research in Child Development, Seattle, WA.
16. **Tan, C.** & Holub, S. C. (2013, April). The Association between Parents' and Children's Emotional Eating: The Role of Parenting Styles. Poster presented at Society for Research in Child Development, Seattle, WA.
17. **Tan, C.,** Dolan, E. A., & Holub, S. C. (2012, March). Mood Induction: Effects on Children's Eating Behaviors. Poster presented at Conference on Human Development, New Orleans, LA.
18. Dolan, E. A., **Tan, C.,** Holub, S. C., & Patel, S. L. (2012, March). Mothers' Restrained Eating and Child Gender: Associations with Restrictive Feeding. Poster presented at Conference on Human Development, New Orleans, LA.
19. **Tan, C.,** Patel, S. L., Roelse, H. B., Wilson, A. N., & Holub, S. C. (2011, April). Parenting Style and Feeding Practices in Children's Acceptance of New Foods. Poster presented at National Conference for Pediatric Psychology, San Antonio, TX.
20. Roelse, H. B., **Tan, C.,** Hinkley, S., & Holub, S. C. (2011, April). The Role of Parenting Styles in Influencing the Effectiveness of Modeling Eating Behaviors. Poster presented at National Conference for Pediatric Psychology, San Antonio, TX.
21. Holub, S. C., **Tan, C.,** Dolan, E. A., & Patel, S. L. (2011, March). Parent and Child Characteristics Associated with Parental Feeding Practices. Paper Symposium presented at Society for Research in Child Development, Montreal, Quebec, Canada.
22. Patel, S. L., **Tan, C.,** Fajans, J., & Holub, S. C. (2011, April). Children's Perceptions of Snack Food Healthiness: Is it Related to Liking and Consumption? Poster presented at National Conference for Pediatric Psychology, San Antonio, TX.
23. Dolan, E. A., **Tan, C.,** Farago, F., Trauterman, S. L., Schindler, C. K., Moiger, S., Reith, E. M., & Holub, S. C. (2010, April). Mothers' Beliefs about Their Infants' Body Shapes: Accuracy and Associations with Feeding. Poster presented at Southwestern Psychological Association, Addison, TX.
24. **Tan, C.,** Farago, F., & Holub, S. C. (2010, March). Media Exposure, Appearance Orientation and Negative Attitudes About Weight. Poster presented at Society for Research on Adolescence, Philadelphia, PA.
25. Dolan, E. A., **Tan, C.,** & Holub, S. C. (2010, March). Factors Related to Discrepancies in Ideal and Averted Body Size Ratings for Self and Others. Poster presented at Society for Research on Adolescence, Philadelphia, PA.
26. **Tan, C.,** Dolan, E. A., & Holub, S. C. (2009, April). Children's Obesity Stereotypes and Intentions to Play with Overweight Peers. Poster presented at Society for Research in Child Development, Denver, CO.

27. Holub, S. C., Dolan, E. A., & **Tan, C.** (2009, April). An Observational Study of Maternal Restriction and Children's Eating Behavior. Paper Symposium presented at Society for Research in Child Development, Denver, CO.
28. Holub, S. C., **Tan, C.**, & Dolan, E. A. (2009, April). No More! Children's Food Refusals during a Mealtime Observation. Paper Symposium presented at Society for Research in Child Development, Denver, CO.
29. **Tan, C.**, Holub, S. C., & Oliveira, D. (2008, April). Early Emerging Weight Beliefs in Children: The Role of Parental Attitudes. Poster presented at Conference on Human Development, Indianapolis, IN.
30. **Tan, C.**, Owen, M. T., & Chow, C. M. (2008, March). The Role of Children's Self-Control in Mediating the Relationship Between Aggression and School Achievement in Pre-Adolescence. Poster presented at the Society for Research on Adolescence, Chicago, IL.
31. Holub, S. C., **Tan, C.** (2008, March). The Figure Array Methodology: New Questions about Accuracy of Perceptions and Attitudes about Weight. Poster presented at the Society for Research on Adolescence, Chicago, IL.
32. Holub, S. C., **Tan, C.**, Roberts, K. M., Shafique, T., Kuperman, T., Patel, P., Oliveira, D., Niedwiecki, K., Hutto, S., & Bhatt, A. (2007, April). Examination of the Figure Array Methodology for Assessing Body-Size Attitudes. Poster presented at the Annual Meeting of the Southwestern Psychological Association, Fort Worth, TX.

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### **Invited Domestic and International Research Presentations**

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1. **Tan, C.** (2009, September). Parental Perceptions of and Responses to Children's Refusal Behaviors. School of Behavioral and Brain Sciences, Richardson, TX, USA (Domestic).
2. **Tan, C.** (2012, October). Exploring Children's Self-Regulation Abilities in Eating. Department of Psychology, Psychology Club of University of Wisconsin Oshkosh, WI, USA (Domestic).
3. **Tan, C.** (2017, June). Observed Children's Satiety Cues During Mealtimes. Miller Laboratory at School of Public Health at the University of Michigan, MI, USA (Domestic).
4. **Tan, C.** (2019, May). Childhood Obesity: Parental and Child Factors on Children's Self-Regulation in Eating. Department of Nutrition and Dietetics, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia, Malaysia (International).

### **Unpublished Measures and Manuals**

1. **Tan, C.**, & Holub, S. C. (2008). Parents' Specific Behaviors Associated with Self-Regulation Beliefs Questionnaire. Unpublished questionnaire, University of Texas at Dallas
2. **Tan, C.**, & Holub, S. C. (2008). The Parent-Child Mealtime Interactions (PCMI) Coding System. Unpublished coding manual, University of Texas at Dallas.

## **PROFESSIONAL AND UNIVERSITY SERVICE**

### **Professional Membership**

Society for Research in Child Development  
Society for Research on Adolescence



Psi Chi Chapter at Purdue University  
Momentum Center

### **Professional Activities**

#### ***Ad-hoc Reviewing: Journals or Grants***

Appetite, Child Psychiatry and Human Development, Journal of Health Psychology, Journal of Pediatric Psychology, International Journal of Behavioral Nutrition and Physical Activity, Learning and Instruction, Maternal and Child Nutrition, Pediatric Research, and The Momentum Center at the University of Michigan.

#### ***Ad-hoc Reviewing: Conferences***

Society for Research in Child Development Biennial Meeting, Panel 4: "Childhood: Social Processes", Montreal, Canada 2011

Society for Research in Child Development Biennial Meeting, Parenting and Parent-Child Relationships, Austin, Texas 2017

### **University Activities**

Chair, Alumni Affairs, Department of Psychology	2013-2014
Member, Webmaster Committee, Department of Psychology	2013-2014
Advisor, Psi Chi, Department of Psychology	2012-2014
Advisor, Student Advising, Department of Psychology	2012-2014
Member, Scholarship Committee, Department of Psychology	2012-2013

### **Teaching Courses Developed**

Lifespan Developmental Psychology (PSY 2510) University of Toledo	Fall 2019
General Psychology (PSYCH 101) Eastern Michigan University	Fall 2015, Winter 2016, Fall 2016, Winter 2017, Fall 2017, Winter 2018, Fall 2018, Winter 2019
Child Psychology (PSYCH 321) Eastern Michigan University	Fall 2014; Winter 2015
General Psychology (PSYCH 101) UW Oshkosh	Fall 2012
Development Psychology (PSYCH 391) UW Oshkosh	Spring 2013, Fall 2012,
Health Psychology (PSYCH 220) UW Oshkosh	Fall 2013, Spring 2013, Fall 2012
Infant & Child Development (PSYCH 331) UW Oshkosh	Spring 2013
General Psychology (PSYCH 102) UW Oshkosh,	Fall 2013
Statistics for Psychology (PSYCH 2317) UT Dallas	Summer 2010, Summer 2009

### **Bachelors Honors Thesis Advisement**

Hillary Debbout	2013-2014
Degree Status: B.A.	
Thesis Title: Factors Associated with Craving and External Eating: The Roles of Self-Regulation and Restrictive Feeding Practices.	

### **Master's Thesis Committee**

Alexandra Koll	2013-2014
Thesis Title: The Relationship Between BMI, Self-Assessment of Hunger, and Brain Processing of Food Images	

**LANGUAGES**

Fluent in Mandarin (including Cantonese and Hokkien dialects), Malay and English. Knowledge in Japanese.