

PSY 2200: ABNORMAL PSYCHOLOGY

Place & Time: SM 2100; 9:30am-10:45am

Syllabus, Fall 2013

Instructor: *Joni L. Mihura, PhD***Office:** UH 1067**Office Hours:** M 10:45am – 12:00pm

W 10:45am – 2:30pm

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COURSE DESCRIPTION In the mental health field, the study of abnormal human behavior is referred to as "psychopathology" (from the Greek words *psyche* [mind/soul] and *pathos* [suffering]). Within the area of psychopathology, health professionals use a manual called the *Diagnostic and Statistical Manual of Mental Disorders* (currently, *DSM-5*) to make diagnoses. The *DSM-5* categories and their descriptions provide mental health professionals a common language for communication in practice and research. This course uses the *DSM-5* diagnoses as categories within which to discuss psychopathology, but an understanding of psychopathology transcends memorizing these categories.

LEARNING OBJECTIVES

- 1 Definitions of abnormality
- 2 History of the models/theoretical orientations regarding psychopathology and its treatment
- 3 The popular models/theoretical orientations and *DSM-5* diagnoses in regard to
 - a Diagnosis
 - b Etiology (cause/source)
 - c Prognosis (course and outcome of disorder)
 - d Treatment

TEXTBOOK

Nevid, J. S., Rathus, S. A., & Greene, B. (2014). *Abnormal Psychology in a Changing World* (9th ed.) Upper Saddle River, NJ: Pearson Education, Inc.

- **PLEASE NOTE:** A new manual of psychiatric disorders (*DSM-5*) was just recently published (see below). This new edition required new editions of all textbooks for Abnormal Psychology courses. Therefore, previous editions of this (and other Abnormal Psychology textbooks) are out of date. This also means there are no used textbooks for Abnormal Psychology.

DSM-5 REFERENCE

American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.) Arlington, VA: Author. (Carlson Reserves: RC455.2.C4 D536 2013 HOY)

Blackboard: The course lecture outlines will be available on Blackboard before each class. We will also provide study outlines, film discussion questions, and exam grades via Blackboard.

Class Format: This is mainly a lecture class, supplemented with overheads, videotapes, case examples, as well as films in which mental disorders and treatment are depicted. Your engagement in the class by questions and observations is welcome and encouraged.

Required Coursework: There are 3 exams and 4 film and discussion days. Each exam consists of 50 multiple choice items (2 pts each) worth 100 points. *Exams are cumulative.* The 4 film and discussion days are each worth 10 points. *If you miss exam or film days, you will receive a 'zero' for that particular grade.*

Attendance: Class attendance is *required* on exam and film days, and otherwise strongly encouraged. I hope you find the course interesting and informative whether your motivations are to become a psychologist, to apply the information to disciplines such as medicine, business, the arts, or "simply" a general curiosity about human behavior and the psyche.

Extra Credit: Up to 9 points of extra credit can also be earned through the 3 pre-exam quizzes (worth 3 points each).

COURSE GRADE SOURCES

Date	Source	Possible Points	My Points
02/11	EXAM #1	100	
02/23	FILM #1a	10	
02/24	FILM #1b	10	
03/22	EXAM #2	100	
03/31	FILM #2a	10	
04/05	FILM #2b	10	
05/03	FINAL EXAM	100	
TOTAL POINTS		340	
Extra Credit		9	
TOTAL + EXTRA CREDIT		349	

GRADING SCALE

Letter Grade	Percentage	Points Needed
A	92-100%+	312-349
A-	90-91%	305-311
B+	87-89%	295-304
B	82-86%	278-294
B-	80-81%	271-277
C+	77-79%	261-270
C	72-76%	244-260
C-	70-71%	237-243
D+	67-69%	227-236
D	62-66%	210-226
D-	60-61%	203-209
F	0-59%	0-202

Accommodations. If you have a disability and need assistance for this class, please contact the office of Disability Services in Rocket Hall 1820. Phone: 419-530-4981; TTY: 419-530-2612.

The information on this page is for informational purposes only.

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In this class, 'academic dishonesty' includes, but is not limited to:

- 1 Copying from someone's exam or even looking at someone else's exam
- 2 Looking at cheat notes or the textbook during exams
- 3 Stealing exams or using stolen exam materials
- 4 Forging materials for the extra credit experiments
- 5 Signing/forging someone's name for required film days or having your name forged for you
- 6 Signing the attendance sheet for a required film and then leaving the class
- 7 (a) Reading or sleeping during the film or (b) not participating in your discussion group
- 8 Having someone else take your test for you or participate in an extra-credit experiment for you

Exams and Film Days: If unavoidable circumstances occur and you must miss an exam or film day, documentation for your absence (e.g., illness, funeral, court date) is required. The make-up exam is taken in the library during the designated time. Making up the film days requires viewing the film at the library (or online) and writing a 2 page typed paper that answers the discussion questions.

Electronic Communication Devices Please make sure your cell phone, smart phone -- any electronic communication device -- is turned OFF during class. No texting, surfing the web, etc. The ONLY exception is for emergencies.

Talking During Class: While quietly and briefly talking to a classmate is fine if you have a quick question, comment, etc. -- any extended or frequent talking is distracting to other members of the class. If I ask you to stop and you persist, I will ask you to leave class and you must comply.

Questions and Consultations: If you have questions about the course, you may contact me during office hours or by email. As a note, I do not provide psychological services to my current students.

CLASS SCHEDULE, READINGS, EXAMS, & DUE DATES

DATE	TOPIC	READINGS
08/19	Introduction to the Course	Syllabus
08/21	Introduction and Methods of Research	Chapter 1
08/26	Introduction and Methods of Research	Chapter 1
08/28	Contemporary Perspectives on Abnormal Behavior	Chapter 2
09/02	LABOR DAY	
09/04	Contemporary Perspectives on Abnormal Behavior (cont.)	Chapter 2
09/09	Methods of Treatment	Chapter 2
09/11	Classification and Assessment of Abnormal Behavior	Chapter 3
09/16	Exam #1 Review and Extra Credit Quiz	
09/18	**EXAM #1	

09/23	Stress-Related Disorders	Chapter 4
09/25	Anxiety Disorders	Chapter 5
09/30	FALL BREAK	
10/02	Dissociative and Somatoform Disorders	Chapter 6
10/07	**FILM #1 <i>The Snake Pit</i>	
10/09	*FILM #1 <i>The Snake Pit</i> (cont) and Film Discussion	
10/14	Mood Disorders and Suicide	Chapter 7
10/16	Mood Disorders and Suicide (cont)	Chapter 7 (cont)
10/21	Substance-Related and Addictive Disorders	Chapter 8
	Eating Disorders (read Sleep-Wake Disorders on your own)	Chapter 9
10/23	Disorders Involving Gender and Sexuality	Chapter 10
10/28	Exam #2 Review and Extra Credit Quiz	
10/30	**EXAM #2	
11/04	Abnormal Behavior in Childhood and Adolescence	Chapter 13
	Neurocognitive Disorders and Disorders Related to Aging	Chapter 14
11/06	Schizophrenia Spectrum Disorders	Chapter 11
11/11	VETERAN'S DAY	
11/13	Schizophrenia Spectrum Disorders (cont)	Chapter 11 (cont)
11/18	**FILM #2: <i>I Never Promised You a Rose Garden</i>	
11/20	*FILM #2: <i>I Never Promised You a Rose Garden</i> (cont) and Film Discussion	
11/25	Personality Disorders and Impulse-Control Disorders	Chapter 12
11/27	THANKSGIVING BREAK	
12/02	Personality Disorders and Impulse-Control Disorders (cont)	Chapter 12 (cont)
12/04	Final Exam Review & Extra Credit Quiz	
12/10	**FINAL EXAM (Tuesday, 10:15am-12:15pm)	

****Required Class Attendance Days**

INTERESTING WEBSITES RELATED TO PSYCHOLOGY

UT Websites

[The Department of Psychology at the University of Toledo](#). The Department of Psychology at the University of Toledo offers a Bachelor of Arts degree for undergraduate students majoring in psychology

[Psychology Resources](#). See website for resources

[Psi Chi](#). Psi Chi is the International Honor Society in Psychology, founded in 1929 for the purposes of "encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology" With over 1,050 chapters, Psi Chi is one of the largest honor societies in the United States and is an affiliate of both the American Psychological Association (APA) and the Association for Psychological Science (APS) Membership is open to graduate and undergraduate students who are making the study of psychology one of their major interests, and who meet the minimum qualifications

[Psychology Honors Program](#). Psychology majors are encouraged to earn the graduation citation "Honors in Psychology" through the Department of Psychology honors program A student can be admitted at any time but no later than the end of the first semester of their junior year See website for details

Abnormal Psychology-Related Websites

[Mental Health Website](#). This site is written for both the professional and the non-professional It contains professional information about disorders and treatment, along with links to support groups, stories of recovery, and other interesting sites

Websites for Students Interested in Psychology as a Career

[Psychology Career Resources](#). Includes many links that can be helpful for psychology undergraduates (e.g., see [Psychology Career Resources](#) link)

[Psychology Forum on the Student Doctoral Network](#). Psychology forum on the Student Doctoral Network designed for people currently enrolled or applying to clinical psychology doctoral programs

[Psychology Career Resources](#). Information such as choosing psychology as an undergraduate major, planning for graduate school, and careers in psychology

Professional Websites Related to Dr. Mihura

Dr. Mihura's UT Websites and Webpages

[Dr. Mihura's Website](#). Dr. Mihura is on the [board of editors](#) (the website editor) and won the [award for best website](#) (in 2002 when she was an assistant professor) She conducted [career assessments](#) to showcase the types of careers that people have in personality assessment

