



# Principles of Psychology

## PSY1010:006

### Fall 2017

---

### **Meeting Times**

Monday & Wednesday, 4:00 PM to 5:20 PM, Snyder Memorial 2110

### **Contact Information**

Professor: Amy L. Capparelli

Email: Amy.Capparelli@rockets.utoledo.edu

Office: University Hall 1900F

Office Hours: Monday & Wednesday, 9:00 AM to 10:30 AM; and 2:30 PM to 3:30 PM

Or by appointment

### **University of Toledo Course Catalog Description**

A survey of the branches of psychology and the scientific approach to the study of behavior.

*Credit Hours: 3.00*

### **Course Description**

This is a General Education Social Science Core course and there are no prerequisites. This course will provide an overview of psychology, psychological research basics, biological bases of behavior, perception, learning, cognition, emotion, motivation, development, psychological disorders, and an introduction to social psychology. The Learning Objectives below are based on the UT Core and American Psychological Association Undergraduate Learning Goals and Outcomes.

### **Learning Objectives**

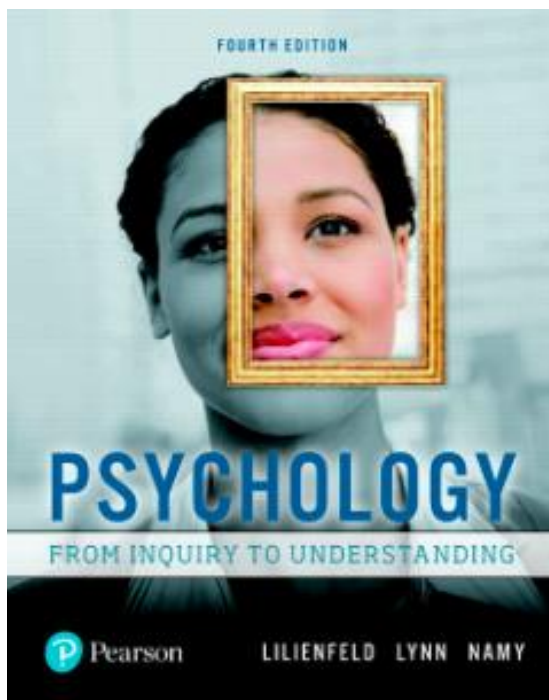
By the end of this class, you should be able to demonstrate knowledge and understanding representing appropriate breadth and depth in the following content areas of psychology:

1. Theory and research representing each of four general domains:

- Learning and cognition
  - Individual differences, psychometrics, personality, and social processes
  - Biological bases of behavior and mental processes
  - Developmental changes in behavior and mental processes
2. The history of psychology including the evolution of methods, theoretical conflicts, and sociocultural contexts.
  3. Relevant levels of analysis including cellular, individual, group/systems, and culture.
  4. Themes, persistent questions, and enduring conflicts in psychology.
  5. Research methods, designs, and strengths and limitations of these designs.
  6. Accepted approaches and standards in psychological assessment and evaluation.
  7. Terminology unique to the study of psychology.

## Required Materials

### Textbook:



The required textbook for this course is:  
***Lilienfeld et al. (2017). Psychology: From Inquiry to Understanding, 4<sup>th</sup> edition, Pearson.***

We will be using an online platform called REVEL as the textbook. This means the text we will be using (see to left), comes in this platform and has been enhanced with videos, reading quizzes, and other interactive activities. The quizzes in REVEL will be required as a portion of your final course grade, so please be sure to purchase the REVEL version of the text. If you purchase a different print version, you will still be expected to purchase access to REVEL and will wind up spending more money than you needed. The link to our REVEL course is:

<https://console.pearson.com/enrollment/x4cllc>

### How to purchase REVEL:

The bookstore is selling both options; you can also purchase either option directly from Pearson at a slightly lower cost. It doesn't matter to me where/how you purchase, just please note **YOU MUST HAVE ACCESS TO REVEL FOR THIS COURSE!** The REVEL version of the text is often less expensive than a regular, bound version of the text used online, so requiring this version is meant to save you a bit of money.

The text will provide you with a broad theoretical background of the field while the supplemental materials (e.g., articles, podcasts, etc.) will give you some real life examples of how psychology affects the real world. Additional readings and course materials will be announced in class and posted online. Guest speakers will be announced prior to visiting the class.

### **Registering with REVEL:**

This course uses a Pearson digital product which contains important assignments and resources used throughout the semester. The required link below is unique to this course. Here is how to register:

1. Visit this link: <https://console.pearson.com/enrollment/x4clic>
2. Sign in with your Pearson Account. You can either: sign in with an existing Pearson username and password OR create a new Pearson account if this is your first Pearson digital product.
3. Choose your course under 'My Courses' and choose an access option: redeem an access code that you got from your school's bookstore or purchase access online. There is a free trial if you are waiting for financial aid.

### **What you should know:**

- Bookmark <https://console.pearson.com> to easily access your materials.
- Pearson recommends using the latest version of Chrome, Firefox, or Safari with this digital product.
- Contact your instructor if you lose the invite link.

### **Technology Requirements:**

We will be using two online components for this course.

1. The first is our Blackboard course website (<https://blackboard.utdl.edu>). You will complete exams via the blackboard website. Course announcements and student grades will be posted to this site as well.
2. The second online component is Pearson REVEL (<https://console.pearson.com/enrollment/x4clic>). You will need access to this website to complete course assignments throughout the semester.

Please register with REVEL as soon as class begins even if you cannot purchase the textbook immediately because you will have a free trial period if you are waiting for financial aid. **If you sign up for a free trial please use the same email and username for the version you purchase.** Most of the materials are also compatible with tablets and

smartphones. Revel also has an app for smartphones and tablets that works offline so you can read your textbook without an internet connection. Note: You **will** need an internet connection to submit quizzes through REVEL.

**Always have a backup internet access identified in case of emergencies. Loss of internet will not be an acceptable excuse for missed deadlines unless the outage is widespread.**

## **Communication with the Instructor**

Communication with the instructor is most reliable by email. Most questions can be answered quickly by email but you can also make an appointment to visit in my office during office hours. Do not leave phone messages. As your instructor, I am here to help and will respond to email within 24 hours. You should check your university email frequently for messages about the course. You should also log in to Revel and Blackboard every day to put in a little study time and to check for announcements. If you are having difficulty with the course concepts, please let me know so that I can review those topics in class or provide individual explanations. If you find something confusing, others probably do too, and I hope to help clear it up.

If the grade you receive on an exam or a paper is not what you expected based on the amount of effort you put into studying, please EMAIL ME and come see me during my scheduled office hours! I would be more than happy to go over your study habits with you and possibly give you some ideas for how to study more efficiently. However, I cannot give you help if you do not tell me that you need it.

## **Student Engagement and Learning**

This course is designed to help you gain an appreciation of the scientific basis of the entire discipline of Psychology. You will learn about what psychologists study, how they study it, what they know (or don't know), and the difficulties in understanding behavior.

In practical terms, students should expect to spend two to three hours of studying for every hour of class time. This course includes 3 hours a week in the classroom, meaning that you should be spending between **6-9 hours a week studying** outside of the classroom.

### **Helpful tips for success:**

1. Read the textbook.
  - You should come to class having read the material being covered that day.
  - Please be prepared to answer questions about the readings and participate in class discussions.

- Exam questions may come directly from the readings, and may not be covered in class.
- 2. Go through supplementary materials provided through REVEL.
  - The supplemental material in the textbook may help with difficult concepts in the reading.
  - Some exam questions may be based on the supplemental materials.
- 3. Complete ALL quizzes on REVEL.
  - Read the text before taking the quizzes.
  - These quizzes will count toward your final grade.
  - These should ideally be completed before class so that you can ask for clarification on topics that may be confusing.
- 4. Attend class.
  - Classes will consist of lectures and small discussions designed to expand on the material covered in the readings. It is expected you will participate in these discussions based on what you've learned in the readings.
  - There may also be unannounced extra credit opportunities provided in class.
  - Exam questions may come from material discussed in class that is not covered in your textbook.
- 5. Take notes.
  - You should plan on taking notes both on your own while reading, going over the supplementary materials, on the quizzes, and in class during lectures.
  - I will provide you with "fill-in-the-blank" PowerPoint slides to help you take notes. These will be posted on Blackboard before class. I will not provide my instructor version of the notes.
  - I suggest making a friend in class in case you miss a class day and need help filling in the notes.

## **Course Policies**

### **Late exams and assignments:**

Late exams will be accepted, but each day you wait to take an exam will result in a 10-point reduction in your exam score. If you know you will not be able to take an exam on the days it is available, you may make arrangements to take it early without penalty. Exams will be available in the psychology department computer lab (UH 5150F). The best approach is to prepare early so you can take the exam a little early in case something unexpected happens.

Late assignments will NOT be accepted. All chapter and module quizzes are open three weeks before their assigned due dates (listed in the syllabus). If you know you will be

unable to complete the assignment/quiz by the due date please plan ahead and complete it early. Losing internet access while completing assignments or quizzes is not an acceptable excuse unless it is a widespread blackout.

Unexpected incidents arise and I am absolutely willing to work with you if such situation(s) prevent you from completing coursework on time. Please email me ASAP if you are experiencing an emergency that will prevent you from turning in your work by the due date listed.

### **Attendance:**

Class attendance is **NOT** required but will be the source of occasional extra credit opportunities. **Excused absences** include university sponsored events and illness (your own or immediate family for whom you provide care). Documentation must be provided to make up missed work. Any work missed must be made up within one week to avoid a late penalty. Contact the instructor for extended absences; if you are ill for long periods (more than four weeks), consider petitioning for a medical withdrawal.

### **Class Cancellations:**

Although it is unlikely that a lecture will be cancelled it is always a possibility. If something does happen where I need to cancel class I will send out an email to your UT Rockets email address.

### **Academic Honesty:**

Cheating will not be tolerated. The first instance of cheating will result in a zero (0) for the assignment or exam and a note in your college file. A second instance will result in an F grade for the course and a note in your college file. A low grade that results from cheating will not be deleted if you retake the course for a higher grade. Cheating includes (but is not limited to) **use of non-permitted resources** for exams or assignments such as friends, internet, books, etc. Using a **cell phone** during an exam for any reason. Plagiarism (use of another person's words without citing a reference to assign credit to them) is also cheating; always use your own words in all assignments. See [the university's policy on academic honesty](#).

### **Academic Accommodations and/or Special Needs:**

Please read [The University's Policy Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act Compliance](#).

The University of Toledo is committed to providing equal access to education for all students. If you have a documented disability or you believe you have a disability and

would like information regarding academic accommodations/adjustments in this course please contact the [Student Disability Services Office](#).

## **Classroom Etiquette**

**Eating in Class** is fine with me. However, if your snack or meal is bothering myself or other students I will ask you to please put your food away.

### **Electronics**

Cell phones should be put away during class meetings. Students who persistently have their cell phones in hand/out during lecture will be politely asked to leave the classroom. If you receive an emergency call, please leave the room quietly to take the phone call. Laptops are allowed in class. However, if you abuse this luxury I will take this privilege away from the entire class. Inappropriate laptop activity includes (but is not limited to): texting, Facebook-checking, shopping, emailing, working on course assignments, etc.

**Respect** is a must in this course. Please respect your fellow classmates, their questions, their responses, their views and personal attitudes. Some course materials are presented to get you all thinking about how you would respond, react, and/or your attitudes about various sensitive subjects/situations. I expect you all to participate and discuss topics during class and for the classroom to be a safe area where ideas and attitudes can be freely expressed without judgment. If you have questions about this course policy, please come see me as soon as possible.

**Sleeping in Class** is not tolerated. You will be asked to leave if I catch you sleeping during lecture.

## **Course Requirements**

Your knowledge of the material covered in the book, supplemental materials, and lectures will be assessed with exams, REVEL quizzes, participation in psychology department research, and extra credit opportunities.

### **Unit Exams:**

The unit exams will be composed of 50 multiple choice questions and each question will be worth 2 points each (you can earn up to 100 points). You will access and complete unit exams via the Blackboard course website in the computer lab (UH5150F). Exams will cover the material from class lectures and the course textbook. Keep in mind that some questions will require you to apply learned information to real world situations.

### **Computer Lab Information & Rules:**

Location: UH 5150F

Hours: Monday – Thursday 9:00 AM to 6:00 PM

You may visit the lab to take your exam any time the lab is open when the exam is available. However, multiple instructors use this lab for proctored exams, so it does get busy. You will be provided a computer with internet access.

- Bring your Rocket ID to the lab. You will not be permitted to take the exam without a photo ID. Keep your ID face up on the table next to you while you are taking your exam.
- Provide the proctor with the course name (Principles of Psychology) and my name (Amy Capparelli) when checking in.
- DO NOT arrive to the lab less than an hour before it closes. Please be respectful of the proctor's time. They can ask you to leave and you will have to submit an unfinished exam if you are not complete by 6:00 PM when the lab closes.
- Plan ahead. There is no guarantee that you will be able to take the exam if the lab is busy. Give yourself plenty of time so you aren't rushing.

### **Cumulative Final Exam (Optional):**

There will be an **OPTIONAL** final exam for this course. This final will be cumulative. The final exam will consist of 100 multiple choice questions worth 1 point each. If you choose to take the final, the grade you earn will replace your lowest unit exam grade (only if it helps you, not if it hurts you). If you receive a 0 on an exam due to cheating you are not eligible to replace that 0 with your final exam grade. The exam will also be available via the Blackboard course website in the computer lab (UH5150F) Monday through Thursday of finals week. The above lab rules also apply with the final exam.

### **REVEL Quizzes:**

End of chapter quizzes will be used to help you to judge your understanding of the psychological principles and information you read about in the textbook. These quizzes are found on the REVEL course site.

End of chapter quizzes will be worth a maximum of 75 points each. You will have three chances to get the correct answer for each question (3 points for answering correctly on your first attempt, 2 points for the second attempt, and 1 point for the third attempt). Your End of Chapter quiz grade will be based on a maximum of 1200 points for a perfect score; you will have 16 opportunities to earn 1200 points.

### **Participation in Psychology Department Research:**



You are required to participate in [research in the psychology department](#). **You must earn up at least 4 RESEARCH CREDIT HOURS to receive a grade for this course.** Research participation credit will NOT be factored into your final grade for the course. To fulfill this course requirement, you may either write 4 research papers, or participate in 4 credit hours of research studies, or do some combination of the two options. Three of these credit hours may be completed via online research experiments. If you cannot participate due to scheduling issues or would prefer not to participate, you can fulfill this requirement by writing reports on scientific articles. If you are under the age of 18 years, you will need to have a parent or guardian complete a permission slip that will allow you to participate in departmental research studies. You can find this permission slip on the Blackboard course site. **You MUST fulfill this requirement, or you will receive an INCOMPLETE grade for the class.** I repeat: if you do not participate in research or complete the reports you will NOT receive a grade for the course. You must have fulfilled the research requirement by 5pm on the last day of classes: Friday, December 8, 2017. Please see the link on Blackboard for additional information.

**Writing Research Reports:** Each report (worth 1 unit of research credit) will be based on a scientific article in a psychology journal that is pre-approved by the instructor. Each paper should be no more than 2-3 pages in length and will be judged on the basis of clarity, spelling, grammar, and content.

You are to summarize and critically evaluate the article by:

- ✓ Identifying the purpose of the study (why did the authors conduct this study)
- ✓ Stating the hypotheses in the study
- ✓ Summarizing in sufficient detail the method used (procedure, materials, and participants)
- ✓ Reporting the results from the study and the general conclusions

Empirical articles must be obtained through Google Scholar or PsycINFO.

To locate PsycINFO, go to:

OhioLINK

Then, click the following links:

Library Databases

Listed by name, P-Q

Scroll down to PsycINFO 1967- (present)

Empirical articles may be on any psychological topic you choose, but they must be an original scientific study (not a review article). Ideally, you should select a few before you submit them to your instructor for approval just in case one (or more) is not approved.

### **Extra Credit:**

Extra credit opportunities will be unannounced in the form of in class activities. You **MUST** attend class in order to take advantage of extra credit opportunities. The points you earn

on any extra credit assignments will be applied directly to your final grade (unless otherwise noted).

## Grading

Assignment	Total Assigned	Points per Assignment	Total Points Possible
Unit Exams	4	100	400
REVEL Quizzes	16	75	1200
<b>Total</b>			<b>1600</b>

### Letter Grades:

A	> 93%	>1488 points	C	73-76%	1168 - 1231
A-	90-92%	1440 - 1487	C-	70-72%	1120 - 1167
B+	87-89%	1392 - 1439	D+	67-69%	1072 - 1119
B	83-86%	1328 - 1391	D	63-66%	1008 - 1071
B-	80-82%	1280 - 1327	D-	60-62%	960 - 1007
C+	77-79%	1232 - 1279	F	< 60%	< 960

**THIS SYLLABUS IS SUBJECT TO CHANGE AT THE INSTRUCTOR'S DISCRETION. CHANGES WILL BE ANNOUNCED IN CLASS OR VIA EMAIL. YOU ARE RESPONSIBLE FOR ALL CLASS ANNOUNCEMENTS.**

### Tentative Course Schedule:

Week	Day	Date	Topic	Readings Due	Assignments Due (by 11:59PM)
1	M	8/28	Introduction - Syllabus		
	W	8/30	Psychology & Scientific Thinking	CH 1	CH 1 Quiz (9/4)
2	M	9/4	<b>Labor Day - No Class</b>		
	W	9/6	Research Methods	CH 2	CH 2 Quiz (9/8)
3	M	9/11	Biological Psychology	CH 3	CH 3 Quiz (9/15)
	W	9/13	Sensation & Perception	CH 4	CH 4 Quiz (9/18)
4	M	9/18	-Extra Unit 1 Day-		
	W	9/20	<b>Unit 1 Exam (CH 1-4) - No Class</b>		Unit 1 Exam in lab 9/18 - 9/21
5	M	9/25	Consciousness	CH 5	CH 5 Quiz (9/27)
	W	9/27	Learning	CH 6	CH 6 Quiz (10/2)
6	M	10/2	Memory	CH 7	CH 7 Quiz (10/6)
	W	10/4	Thinking, Reasoning, & Language	CH 8	CH 8 Quiz (10/9)

7	M	10/9	-Extra Unit 2 Day-		
	W	10/11	<b>Unit 2 Exam (CH 5-8) - No class</b>		Unit 2 Exam in lab 10/9 - 10/12
8	M	10/16	<b>Fall Break - No Class</b>		
	W	10/18	Intelligence & IQ Testing	CH 9	CH 9 Quiz (10/20)
9	M	10/23	Human Development	CH 10	CH 10 Quiz (10/25)
	W	10/25	Emotion & Motivation	CH 11	CH 11 Quiz (10/30)
10	M	10/30	Stress, Coping, & Health	CH 12	CH 12 Quiz (11/6)
	W	11/1	-Extra Unit 3 Day-		
11	M	11/6	-Extra Unit 3 Day-		
	W	11/8	<b>Unit 3 Exam (CH 9-12)- No Class</b>		Unit 3 Exam in lab 11/6 - 11/9
12	M	11/13	Social Psychology	CH 13	CH 13 Quiz (11/15)
	W	11/15	<b>Out of town - No Class</b>		
13	M	11/20	Personality	CH 14	CH 14 Quiz (11/20)
	W	11/22	<b>Thanksgiving Break - No Class</b>		
14	M	11/27	Psychological Disorders	CH 15	CH 15 Quiz (11/29)
	W	11/29	Psychological Treatments	CH 16	CH 16 Quiz (12/4)
15	M	12/4	-Extra Unit 4 Day-		
	W	12/6	<b>Unit 4 Exam (CH 13-16)- No Class</b>		Unit 4 Exam in lab 12/4 - 12/7
Final	M	12/11	<b>Final Exam</b>		Final Exam in lab 12/11 - 12/14