Principles of Psychology

The University of Toledo College of Language, Literature, and Social Sciences PSY1010-911 CRN:30847 3 credit hours

Instructor:

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Term:

Summer 2016

Class Location/Times: Lab Location/Times.

Online Online

Course Website:

Blackboard Learn

Instructor's Website:

http://toledohealthpsychologylab wordpress com/

COURSE/CATALOG DESCRIPTION

A survey of the branches of psychology and the scientific approach to the study of behavior.

COURSE OVERVIEW

This is a General Education Social Science Core course and there are no prerequisites. This course is designed to help you gain an appreciation of the scientific basis of the entire discipline of Psychology. You will learn about what psychologists study, how they study it, what they know (or don't know), and the difficulties in understanding behavior.

REQUIRED TEXTS AND MATERIALS

1. Psychology: From Inquiry to Understanding, Books a la Carte Edition plus REVEL -- Access Card Package, 3/E

Scott O. Lilienfeld, Emory University

ISBN-10: 0134225643 • ISBN-13: 9780134225647

©2016 • Pearson • Unbound (saleable) with Access Card, 840 pp

Published 07/24/2015 • purchase price: (approx) \$75.00

OR (If you do not want the looseleaf copy of the text)

REVEL for Psychology: From Inquiry to Understanding -- Access Card, 3/E

Scott O Lilienfeld ISBN-10: 0134223926 • ISBN-13: 9780134223926

©2016 • Pearson • Access Code Card, 840 pp

Published 06/29/2015 • purchase price (approx.) \$80 00

2. UToledo Blackboard

https://blackboard.utdl.edu/

RECOMMENDED TEXTS AND MATERIALS

None

WHERE DO I GET THE Text?

*You have two options. You can use the following instructions and weblink to purchase the text OR you can go to Rockets Bookstore on 3047 W Bancroft St. - 419-536-9154.

This course uses a Pearson digital product which contains important assignments and resources used throughout the semester. The required link below is unique to this course. Here is how to register

c) Distinguish the nature of designs that permit causal inferences from those that do not

Students will demonstrate an influence of psychological principles on their behavior, specifically study strategies

- 1 Demonstrate self-regulation in setting and achieving goals
 - a) Regular and spaced study sessions in the form of recall practice quizzes
- 2. Assess your own performance accurately
 - a) Use feedback from quizzes and study plan to realistically assess own knowledge

TEACHING STRATEGIES

This online course is designed to stimulate student learning through the web-based delivery of readings, video, and audio, as well as collaborative activities involving asynchronous discussion. No on-campus meetings will be required.

This course is based on U-Pace, a proven online instructional method combining technology Blackboard with personalized help and support received via email. In PSY1010-911 follow the model schedule (completing approximately 2-3 units every week) and attempting quizzes until you get the Unit quiz grade you desire (unit quizzes are 90% of your grade), completing module chapter quizzes embedded in REVEL (5% of your grade), and the comprehensive final exam (5% of your grade). When students follow this model schedule, they are done before the final week, earning full credit for quizzes before the end of the semester. This allows them to concentrate on studying for the final exam and doing well in their other courses.

You are in control. When you schedule time to work on the course <u>each week</u> is up to you. You determine when you are ready to read the text, complete the module quizzes, and take the two unit quizzes each week. You can go as fast as you want and complete module quizzes and 4-5 unit quizzes per week to finish the course early, depending on when materials are posted. Some students have completed this course in less than 6 weeks for a condensed summer term, but this is rare.

The structure of this course allows you to spend greater time on difficult topics and helps you manage multiple responsibilities, including doing well in other courses. This course structure has been proven to increase student learning, and students have also reported reduced feelings of stress and increased feelings of support for their learning

It is important that you check your <u>utoledo email</u> at least twice per week during this course to benefit from the personalized help with concepts and constructive support provided.

WORKWEEK

In this fully online course, weeks run from Mondays through Sundays: specifically, they begin at 12:01 AM Monday morning and end at 11:59 PM on Sunday night. The materials for any week will be posted by Monday morning of that week, if not earlier, under the appropriate Units folder. Begin each week on Monday by checking the model schedule and then viewing the content for the week under Units. You have the flexibility and freedom to determine the pace by which you complete the weekly materials and quizzes. Keep in mind that quiz grades will be computed on Friday, June 24th at 5:00pm. You will not receive credit for quizzes completed after this date.

PREREQUISITES

None

HOW DOES THIS COURSE WORK?

 This course combines web-based instruction on the Blackboard site with as much one-on-one help and support as you need every step of the way. You control the pace of your learning, with flexibility to work at the times best for you each week

CAN I USE MY BOOK OR NOTES DURING A QUIZ, OR HAVE SOMEONE HELP ME WITH A QUIZ?

No The quizzes must be completed without books or notes, and without the help of anyone. Using your book or notes, getting someone else to take the quiz for you, or getting someone to help you during the quiz, are clear cases of academic dishonesty.

HOW SOON CAN I RETAKE A UNIT QUIZ IF I EARN LOWER THAN 9 OUT OF 10 CORRECT? THE ONE-HOUR WAIT RULE FOR RETAKES

- You must wait at least one hour before retaking a unit quiz. Do not violate the one-hour wait rule for retakes! If you do not wait <u>a full 60 minutes</u> from the time you submitted a quiz before retaking the same quiz, your score will not be counted. You may work on another quiz during the 1-hour wait time, but it is recommended that you use this time to study for the quiz that was not passed.
- Taking the same unit quiz multiple times within an hour constitutes *cheating*. If you cheat, you may be given a permanent 0 for that quiz and may be asked to remove yourself from the course. More severe consequences for *academic dishonesty* may also be pursued.
- Computer problems (i.e., computer froze, etc.) are not valid excuses for violating the one-hour wait rule.
 If your unit quiz freezes, you must log back in to continue and then click "Submit Quiz" before beginning your one hour wait. More detailed instructions on what to do if your quiz freezes can be found at the end of this syllabus.
- The one-hour wait is for retaking the <u>same</u> unit quiz. If you completed a quiz with at least 9 out of 10 correct, you may immediately move on to the NEXT quiz without waiting.

WHAT IF I NEED SPECIAL ACCOMODATIONS? CAN I HAVE EXTRA TIME ON QUIZZES?

- Unit quiz times have been extended for many students with a recognized disability. We want you to have
 what you need so you can be successful, so please don't hesitate or wait to tell us. I am happy to provide
 whatever special accommodations the Office of Student Disability Services recommends that will allow
 you to fully participate and perform well in this course.
- If you have a recognized disability under the ADA, please provide me with documentation as soon as possible from the Office of Student Disability Services at the University.
- Students with disabilities may do better in this course than in a conventionally taught course, because they can go at their own pace.

As you read through Chapters in the text, you will be required to complete module quizzes that make up a small portion of your grade, but will reinforce your learning of concepts and will positively influence your grade on unit quizzes and the final.

There are several short quizzes for each chapter in REVEL. There are typically 5 questions per module quiz with each question worth 3 points initially, and decreases in value for each incorrect answer. You get 3 attempts to successfully answer each question, with 1 point deduction each time you incorrectly answer

Module Quizzes are called "assignments" in REVEL, and you can view these assignments when you log in to the course. You will notice that the due dates are the last week of the course, you have all semester to finish them. However, it is strongly recommended that you complete a chapter's module quizzes before you attempt the Unit Quizzes. You will be able to track your overall module quiz grade in REVEL.

Final Exam (5% of your grade)

A comprehensive multiple-choice final exam will be available on Blackboard Monday, June 20th – Friday, June 24thth at 5.00pm EST.

How to Calculate Overall Grade: (Quiz Points) + (Final Exam percentage \times 0.05) + (module quiz percentage \times 0.05) = final grade percentage

Example. student passes 25/26 Unit Quizzes, scores 1100/1200 on REVEL Module Quizzes, and scores 35/40 on the Final Exam. Formula would be Unit 82.8 + Module 4.6 (91 6 x 05 = 4.6) + Final Exam 4.4 (87 5 x .05) = 91.8 = A-

Grading Scale*

A = 92.5 - 100%

A-= 90 - 92 49%

B+ = 87.5 - 89.99%

B = 82.5 - 87.49%

B- = 80 - 82.49%

C+ = 77.5 - 7999%

C = 72.5 - 7749%

C- = 70 - 72 49%

D+ = 67.5 - 69.99%

D = 62.5 - 67 49%

D- = 60 - 62.49%

F = 59.9% and below

W - If you withdraw from the course after the end of the drop period.

IN - Incomplete grades are only assigned in extraordinary circumstances beyond the student's control and only if the student has completed at least 10 exams with a passing grade. Under no circumstances will a student be allowed to retake an entire course in order to complete this course.

Not Attending - Failure to do assignments and take exams will be reported to the registrar and such nonattendance may affect your financial aid

Incompletes will <u>not</u> be given for failure to successfully complete quizzes by the course deadline.

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Software

Student computers need to be capable of running the latest versions of plug-ins, recent software and have the necessary tools to be kept free of viruses and spyware. The computer needs to run the following software, available in the Online Learning Download Center.

- Word Processing Software
- Adobe Acrobat Reader
- Apple QuickTime Player
- Java Plugin Console
- Adobe Flash Player
- Adobe Shockwave Plaver
- Mozilla Firefox Browser Recommended

Internet Service

High-speed Internet access is recommended as dial-up may be slow and limited in downloading information and completing online tests. This course does contain streaming audio and video content.

Use of Public Computers

If using a public library or other public access computer, please check to ensure that you will have access for the length of time required to complete tasks and tests. A list and schedule for on-campus computer labs is available on the <u>Open Lab for Students</u> webpage.

UT Virtual Labs

Traditionally, on-campus labs have offered students the use of computer hardware and software they might not otherwise have access to. With UT's Virtual Lab, students can now access virtual machines loaded with all of the software they need to be successful using nothing more than a broadband Internet connection and a web browser.

The virtual lab is open 24/7 and 365 days a year at VLAB The University of Toledo's Virtual Labs.

COURSE POLICIES

Policy Statement on Academic Dishonesty

Academic dishonesty will not be tolerated. Please read <u>The University's Policy Statement on Academic Dishonesty</u>.

Copyright Notice

The materials in the course website are only for the use of students enrolled in this course for purposes associated with this course, and may not be retained or further disseminated.

GRADING POLICIES

To be awarded a letter grade for this course, students must complete all of the following: course pretest, required quizzes, final exam, and the Department of Psychology's research exposure requirement.

Students are expected to complete and submit all quizzes and by Friday, May 1st at 5:00pm. Late assignments and make-up tests will not be permitted unless arrangements are discussed and approved well before the required due date. Ask questions as soon as possible by email or by phone if you do not understand an assignment. The department's research exposure requirement must be met by Friday, June 24th, 2015.

AMERICANS WITH DISABILITIES ACT

The Americans with Disabilities Act (ADA) requires that reasonable accommodations be provided for students with physical, sensory, cognitive, systemic, learning, and psychiatric disabilities. In accordance with the ADA and university policy, if you have a documented disability and require accommodations to obtain equal access in this course; please contact the instructor at the beginning of the semester to discuss any necessary accommodations. Please contact Student Disability Services for verification of eligibility at 419-530-4981 (voice) or 419-530-2612 (TDD)

Model Schedule

Week 1:

Introduction to the Class

Readings: Course Syllabus & Psychology Research Exposure insert at end of Syllabus document

Take Quiz Introduction (does not count toward your grade)
Take Course Pre-Test (required to make Quiz 1 available)

UNITS:

Psychology and Scientific Thinking & Research Methods Readings: Chapters 1 & 2 Module Quizzes Unit Quiz 1 and Quiz 2

Biological Psychology Readings: Chapter 3 Module Quizzes Unit Quiz 3 and Quiz 4

Sensation and Perception Readings: Chapter 4 Module Quizzes Unit Quiz 5 and Quiz 6

Consciousness
Readings: Chapter 5
Module Quizzes
Unit Quiz 7 and Quiz 8

Learning Readings: Chapter 6 Module Quizzes Unit Quiz 9 and Quiz 10

Memory and Thinking, Reasoning, Language Readings: Chapters 7 & 8 Module Quizzes Unit Quiz 11 and Quiz 12

Intelligence, IQ testing and Human Development Readings: Chapters 9 & 10

Module Quizzes

Unit Quiz 13 and Quiz 14

Emotion and Motivation Readings: Chapter 11 Module Quizzes Unit Quiz 15 and Quiz 16

Psychology Research Exposure - Summer Classes

To introduce students to the research methodology of psychology, all students in Principles of Psychology (PSY 1010) at the University of Toledo must accumulate 4 units of research credit during the semester the course. These 4 units of research credit may by writing research reports

<u>Writing Research Reports:</u> Each report (worth 1 unit of research credit) will be based on a scientific article in a psychology journal that is pre-approved by the instructor Each paper should be no more than 2-3 pages in length and will be judged on the basis of clarity, spelling, grammar, and content <u>Research reports are to be emailed to the course TA.</u> You are to summarize and critically evaluate the article by

- Identifying the purpose of the study (why did the authors conduct this study)
- Stating the hypotheses in the study
- Summarizing in sufficient detail the method used (procedure, materials, and participants)
- Reporting the results from the study and the general conclusions

Empirical articles must be obtained through Google Scholar or PsycINFO

To locate PsycINFO, go to:

OhioLINK

Then, click the following links.

Library Databases

Listed by name, P-Q

Scroll down to PsycINFO 1967- (present)

Empirical articles may be on any psychological topic you choose, but they must be an original scientific study (not a review article). Ideally, you should select a few before you submit them to your TA for approval just in case one (or more) is not approved

Empirical articles must be obtained on or off campus through PsycINFO.

Approved Journals:

Health Psychology
Journal of Consulting and Clinical Psychology
Psychological Science
Journal of Anxiety Disorders
Journal of Behavioral Medicine
Psychosomatic Medicine