

PSY 2200: ABNORMAL PSYCHOLOGY

University of Toledo, Psychology

When? Summer 2016 (SSII)

Where? Online

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COURSE DESCRIPTION: In the mental health field, the study of abnormal human behavior is referred to as "psychopathology" (from the Greek words *psyche* [mind/soul] and *pathos* [suffering]). Within the area of psychopathology, health professionals use a manual called the *Diagnostic and Statistical Manual of Mental Disorders* (currently, *DSM-5*) to make diagnoses. The *DSM-5* categories and their descriptions provide mental health professionals a common language for communication in practice and research. This course uses the *DSM-5* diagnoses as categories within which to discuss psychopathology, but an understanding of psychopathology transcends memorizing these categories.

LEARNING OBJECTIVES

1. Definitions of abnormality
2. History of the models/theoretical orientations regarding psychopathology and its treatment
3. The popular models/theoretical orientations and *DSM-5* diagnoses in regard to:
 - a. Diagnosis
 - b. Etiology (cause/source)
 - c. Prognosis (course and outcome of disorder)
 - d. Treatment

ONLINE E-Textbook ("Smartbook") and Adaptive Learning Software

Nolen-Hoeksema, S. (2014). *(Ab)normal Psychology* (6th ed.). [LearnSmart Smartbook]. New York, NY: McGraw Hill Education.

- **PLEASE NOTE:** You MUST have access to the e-textbook and adaptive learning software by purchasing Connect Plus access. You can purchase an access code directly through Connect Plus. Instructions for purchasing access will be emailed to all registered students and this information is also available on Blackboard.

DSM-5 REFERENCE

American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.). Arlington, VA: Author. (electronic version available through the UT Library)

Class Format: This is distance learning class, supplemented with PowerPoints (PPTs), videos, and case examples in which mental disorders and treatment are depicted. Each week, you will be required to complete the required readings and activities through LearnSmart (a component of your online textbook) and participate in online discussions about the course material.

LearnSmart: The textbook for this class is an electronic text paired with adaptive learning software designed to facilitate learning and retention of the material. We anticipate that you will find it engaging and very helpful for your learning! The LearnSmart software breaks down each chapter into 4 learning tasks: preview, read, practice, and recharge. Preview provides an initial, "quick glance" overview of the chapter to prepare you for reading the material. The read feature in LearnSmart is unique in that instead of simply reading a chapter from start to finish, LearnSmart highlights and draws your attention to the most important

material. This will change as you demonstrate mastery over topics. The practice feature in LearnSmart provides questions (multiple choice, fill-in-the-blank, etc.) to test your knowledge of material. These questions are to help you learn and your performance on the questions will be used by LearnSmart to guide further reading.

Please note that the LearnSmart questions are intended to assist learning; you are NOT being graded for *accuracy* by us—however, you will be graded by us for successfully completing the learning questions (10 points for each chapter, see below). To complete the LearnSmart chapter assignment, you must correctly answer enough questions. Your progress will be displayed in the top right corner of LearnSmart. After completing the assignment, the recharge feature is helpful as a study aid prior to taking your exam, as LearnSmart draws you attention back to topics you may have forgotten.

Blackboard: The weekly course lecture materials will be available on Blackboard at least one week before they are due. The discussion board will also be maintained on Blackboard. We will also provide discussion questions, exams, and exam grades via Blackboard.

PowerPoints: For each chapter, a PPT has been prepared to reinforce the materials covered in the electronic textbook. Each week, you should review the PPTs corresponding to the chapters you are responsible for. The PPTs are also a great resource when studying. *In addition, there are instances when material covered in the PPTs but not in your textbook will be included on the exam. So be sure to review these carefully.*

Discussion Board: A weekly discussion board will be maintained on Blackboard. Students are required to make at least two quality posts to the discussion board each week and will receive a grade for their participation. Students can discuss anything about the topics, but 1 or 2 discussion questions will be posted per chapter to get you started. We encourage students to feel free to participate further in the discussions beyond these minimum requirements.

Required Coursework: There are 3 exams in addition to the LearnSmart assignments and weekly discussions. Each exam consists of 50 multiple choice items (2 pts. each) worth 100 points. Exams are 40 minutes long, administered every other week through Blackboard. *Exams are cumulative.*

Extra Credit: During the first two days of the summer semester you will be able to earn 14 points of extra credit by responding to thought questions. No prior reading is required. This assignment will be emailed to you by the course instructor and a link to the assignment will also be available through Blackboard. There may also be extra credit available through Psychology experiments, which could be online or on campus—but these are not guaranteed.

Exams: The 3 exams in this course will be taken online through Blackboard. You will have exactly 40 minutes to take each exam. On exam days, the exam will become available at the beginning of the day and remain accessible until 11:00 pm EST. You must begin your exam no later than 10:15 pm EST on the exam day. The 40 minute timer will begin once you open the exam. You will be provided one attempt for each exam.

Missing Required Components of the Class: If unavoidable circumstances occur and you must miss an exam, discussion, or LearnSmart activity, documentation for your absence (e.g., illness, funeral, court date) is required. Please let the TA know immediately if you will be unable to take an exam within the time frame allotted.

COURSE GRADE SOURCES

Source	Date	Possible Points	My Points
Exam 1	7/08	100	
Exam 2	7/22	100	
Final Exam	8/05	100	
LearnSmart Assignments			
Chapter 1 and 2	6/27 – 7/01	20 (10 each chapter)	
Chapters 4 and 3	7/04 – 7/08	20 (10 each chapter)	
Chapters 5, 6, and 7	7/11 – 7/15	30 (10 each chapter)	
Chapters 12 and 14	7/18 – 7/22	20 (10 each chapter)	
Chapters 9 and 8	7/25 – 7/29	20 (10 each chapter)	
Chapters 10 and 11	8/01 – 8/05	20 (10 each chapter)	
Weekly Discussion Board Participation			
	6/27 – 7/01	5	
	7/04 – 7/08	5	
	7/11 – 7/15	5	
	7/18 – 7/22	5	
	7/25 – 7/29	5	
	8/01 – 8/05	5	
TOTAL POINTS		460	
EXTRA CREDIT		14	
TOTAL POINTS With EXTRA CREDIT		474	

GRADING SCALE

Letter Grade	Percentage	Points Needed
A	92-100%+	430 - 474
A-	90-91%	420 - 429
B+	87-89%	406 - 419
B	82-86%	383 - 405
B-	80-81%	374 - 382
C+	77-79%	360 - 373
C	72-76%	336 - 359
C-	70-71%	327 - 335
D+	67-69%	313 - 326
D	62-66%	290 - 312
D-	60-61%	280 - 289
F	0-59%	0 - 279

CLASS SCHEDULE, READINGS, EXAMS, & DUE DATES

**Please read the chapter in the order they are listed in this course schedule.

**Before completing any LearnSmart assignments, it is highly recommended that you watch/review the “LearnSmart Video Tutorial” and “How to Use LearnSmart” links posted to the LearnSmart Blackboard folder and on the Connect page.

Course Week/Dates	Chapters/Topics	Assignments/Due Dates for the Weekly LearnSmart Chapters and Discussion Posts (by 4pm EST)
Week 1: 6/27 – 7/01	Chapter 1: Looking at Abnormality Chapter 2: Theories and Treatment of Abnormality	7/01/2016
Week 2: 7/04 – 7/08	Chapter 4: The Research Endeavor Chapter 3: Assessing and Diagnosing Abnormality	7/08/2016
		Exam 1: 7/08/2016
Week 3: 7/11 – 7/15	Chapter 5: Trauma, Anxiety, Obsessive-Compulsive, and Related Disorders Chapter 6: ONLY the Dissociative Disorders (Pg. 160 – 173) Chapter 7: Mood Disorders and Suicide	7/15/2016
Week 4: 7/18 – 7/22	Chapter 12: Eating Disorder Chapter 14: Substance Use and Gambling Disorders	7/22/2016
		Exam 2: 7/22/2016
Week 5: 7/25 – 7/29	Chapter 9: Personality Disorders Chapter 8: Schizophrenia Spectrum and Other Psychotic Disorders	7/29/2016
Week 6: 8/01 – 8/05	Chapter 10: Neurodevelopmental and Neurocognitive Disorders (<i>ONLY ADHD, Autism Spectrum, and the Major and Mild Neurocognitive Disorders</i>) Chapter 11: Disruptive, Impulse Control, and Conduct Disorders	8/05/2016
		Final Exam: 8/05/2016

UT's Academic Dishonesty Policy

Department of Psychology Statement on Academic Honesty Statement

In this class 'academic dishonesty' also includes:

1. Copying from someone's exam or collaborating with another student during the exam.
2. Looking at cheat notes or the textbook during exams. The exam is time limited specifically so that you will not have enough time to look through notes during the test and still complete everything in time.
3. Stealing exams or using stolen exam materials.
4. Plagiarism.
5. Having someone else take your test for you, complete discussion posts for you, or participate in an extra-credit experiment for you.

Non-Discrimination on the basis of Sex/ Title IX. The University of Toledo is an equal opportunity educational institution. Title IX of the Education Amendments of 1972 (Title IX) is a federal law that prohibits sex discrimination. Please read [The University of Toledo Title IX Policy](#).

Non-Discrimination on the basis of Disability (ADA). The University is an equal opportunity educational institution. Please read [University of Toledo ADA/504 Compliance](#).

Accommodations. *If you have a disability and need assistance for this class, please contact the [Office of Academic Access](#) in Rocket Hall 1820. Phone: 419-530-4981; TTY: 419-530-2612.*

Questions and Consultations: If you have questions about the course, you may contact us during office hours by email. Or, if you are not available during office hours, send us an email and one of us will respond during office hours. As a note, we do not provide psychological services to current students.

INTERESTING WEBSITES RELATED TO PSYCHOLOGY

UT Websites

UT Undergraduate Psychology Degree. The Department of Psychology at the University of Toledo offers a Bachelor of Arts degree for undergraduate students majoring in psychology.

UT Undergraduate Psychology Resources. See website for resources.

UT Psi Chi Webpage. Psi Chi is the International Honor Society in Psychology, founded in 1929 for the purposes of "encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology." With over 1,050 chapters, Psi Chi is one of the largest honor societies in the United States and is an affiliate of both the American Psychological Association (APA) and the Association for Psychological Science (APS). Membership is open to graduate and undergraduate students who are making the study of psychology one of their major interests, and who meet the minimum qualifications.

UT Psychology Honors Program. Psychology majors are encouraged to earn the graduation citation "Honors in Psychology" through the Department of Psychology honors program. A student can be admitted at any time but no later than the end of the first semester of their junior year. See website for details.

Abnormal Psychology-Related Websites

MentalHealth.Net This site is written for both the professional and the non-professional. It contains regularly posted mental health news, stories and a blog, as well as different ways to get help (an advice column, an online community, and hotlines).

Websites for Students Interested in Psychology as a Career

Psych Web by Russ Dewey. Includes many links that can be helpful for psychology undergraduates (e.g., see [Careers in Psychology](#) link)

Student Doctor Network Forums: Psychology. Psychology forum on the Student Doctoral Network designed for people currently enrolled or applying to clinical psychology doctoral programs.

APA Student Website. Information such as choosing psychology as an undergraduate major, planning for graduate school, and careers in psychology.

Professional Websites Related to Dr. Mihura

Dr. Mihura's UT Faculty and Lab Webpages

Society of Personality Assessment. Dr. Mihura was on the board of trustees and won the early career award for outstanding research in personality assessment (in 2002). She conducted online interviews of people who do work in personality assessment to showcase the types of careers that people have in personality assessment.

Rorschach Performance Assessment System (R-PAS). Dr. Mihura is a co-developer of a new empirically based Rorschach test.