

PSY 2200: ABNORMAL PSYCHOLOGY

University of Toledo, Psychology

When? Summer 2017

Where? Online

Instructor: *Joni L. Mihura, PhD*

Email: joni.mihura@utoledo.edu

Office Hours (by Email): Tu 2:30-4:30 & Th 2-3

Teaching Assistant: *Manali Roy, M.Sc., MA*

Email: Manali.Roy@rockets.utoledo.edu

Office Hours (by Email): Mon 10-12 & Wed 11-2

COURSE DESCRIPTION: In the mental health field, the study of abnormal human behavior is referred to as "psychopathology" (from the Greek words *psyche* [mind/soul] and *pathos* [suffering]). Within the area of psychopathology, health professionals use a manual called the *Diagnostic and Statistical Manual of Mental Disorders* (currently, *DSM-5*) to make diagnoses. The *DSM-5* categories and their descriptions provide mental health professionals a common language for communication in practice and research. This course uses the *DSM-5* diagnoses as categories within which to discuss psychopathology, but an understanding of psychopathology transcends memorizing these categories.

LEARNING OBJECTIVES

1. Definitions of abnormality
2. History of the models/theoretical orientations regarding psychopathology and its treatment
3. The popular models/theoretical orientations and *DSM-5* diagnoses in regard to:
 - a. Diagnosis
 - b. Etiology (cause/source)
 - c. Prognosis (course and outcome of disorder)
 - d. Treatment

ONLINE E-Textbook ("LearnSmart") and Adaptive Learning Software

Nolen-Hoeksema, S. & Marroquin, B. (2016). *(Ab)normal Psychology* (7th ed.). [LearnSmart]. New York, NY: McGraw Hill Education.

LearnSmart PLEASE NOTE: You MUST have access to the e-textbook and adaptive learning software by purchasing Connect Plus access. You can purchase a registration code online through Connect Plus or from University of Toledo official bookstore (Barnes & Nobel; online or in store). Instructions for purchasing access is emailed to all registered students and this information is also available on Blackboard. *It is not required that students buy a hard copy of the text.* In case, you wish to procure one, contact McGraw Hill directly to be able to buy a loose-leaf version at a discounted price.

DSM-5 REFERENCE

American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.). Arlington, VA: Author. (**OhioLINK online**)

Class Format: This is distance learning class, supplemented with PowerPoints (PPTs), videos, and case examples in which mental disorders and treatment are depicted. Each week, you will be required to complete the required readings and homework activities through LearnSmart (a component of your online textbook) and participate in online discussions about the course material on the discussion board.

LearnSmart: The textbook for this class is an electronic text paired with adaptive learning software designed to facilitate learning and retention of the material. We anticipate that you will find it engaging and very helpful for your learning! The LearnSmart software breaks down each chapter into 4 learning tasks: preview, read, practice, and recharge. Preview provides an initial, "quick glance" overview of the chapter to

prepare you for reading the material. The read feature in LearnSmart is unique in that instead of simply reading a chapter from start to finish, LearnSmart highlights and draws your attention to the most important material. This will change as you demonstrate mastery over topics. The practice feature in LearnSmart provides questions (multiple choice, fill-in-the-blank, etc.) to test your knowledge of material. These questions are to help you learn and your performance on the questions will be used by LearnSmart to guide further reading.

Please note that the LearnSmart questions are intended to assist learning; you are NOT being graded for *accuracy* by us—however, you will be graded by us for successfully completing the learning questions (10 points for each chapter, see below). To complete the LearnSmart chapter assignment, you must correctly answer enough questions. Your progress will be displayed in the top right corner of LearnSmart. After completing the assignment, the recharge feature is helpful as a study aid prior to taking your exam, as LearnSmart draws you attention back to topics you may have forgotten.

Blackboard: The weekly course lecture materials will be available on Blackboard at least one week before they are due. The discussion board will also be maintained on Blackboard. We will provide discussion questions, exams, and exam grades via Blackboard.

PowerPoints: For each chapter, a PPT has been prepared to reinforce the materials covered in the electronic textbook. Each week, you should review the PPTs corresponding to the chapters. Students are responsible for timely going through the powerpoints.. The PPTs are also a great resource when studying. *In addition, there are instances when material covered in the PPTs but not in your textbook will be included on the exam. So be sure to review these carefully.*

Discussion Board: A weekly discussion board will be maintained on Blackboard. Students are required to make *at least two* quality posts to the discussion board *each week of the semester* and will receive a grade for their participation. Students can discuss anything about the topics, but 1 or 2 discussion questions will be posted per chapter to get you started. We encourage students to feel free to participate further in the discussions beyond these minimum requirements.

Required Coursework: There are *3 exams* in addition to the LearnSmart assignments and weekly discussions. Each exam consists of 50 multiple choice items (2 pts. each) worth 100 points. Exams are *60 minutes* long, administered through Blackboard.

Extra Credit: During the *first two days of the summer semester* or the first two days after late enrollment, you will be able to earn 14 points of extra credit by responding to thought questions. No prior reading is required. This assignment will be emailed to you by the course instructor and a link to the assignment will also be available through Blackboard.

Exams: The three exams in this course will be taken online through Blackboard. You will have exactly 60 minutes to take each exam. On the first day of exam, it will become available at 12:00 am EST and will remain accessible until 11:59 pm EST of the last day of exam. You must begin your exam no later than 10:50 pm EST on the last exam day. The 60 minute timer will begin once you open the exam. You will only be provided one attempt for each exam.

Late Enrollment: If a student enrolls during the first two weeks of class, it is the student's responsibility to contact the professor and the TA immediately to inform them of his/her late enrollment. This will help ensure that the student receives all missed materials and information that has already been circulated.

Missing Required Components of the Class: If unavoidable circumstances occur and you must miss an exam, discussion, or LearnSmart activity, documentation for your absence (e.g., illness, funeral, court date) is required. Please let the TA know *immediately* if you will be unable to take an exam within the time frame allotted. It is your responsibility to keep track of when your assignments are due and when exams are scheduled.

Email Communication: The course instructor and the TA are available through email. You can email the TA about any question or concern. Emails sent after 6 pm EST will not be responded to before the following morning. On weekdays, you will receive a response within 48 hours. The instructor and TA are not available over weekends, holidays, and university breaks.

COURSE GRADE SOURCES

Source	Date	Possible Points	My Points
Exam 1	07/07/17	100	
Exam 2	07/21/17	100	
Final Exam	08/04/17	100	
LearnSmart Assignments			
Chapter 1	06/30	10	
Chapters 2	06/30	10	
Chapters 3	07/07	10	
Chapters 4	07/07	10	
Chapters 5	07/14	10	
Chapter 6	07/14	10	
Chapter 12	07/14	10	
Chapter 7	07/21	10	
Chapter 14	07/21	10	
Chapter 8	07/28	10	
Chapter 9	07/28	10	
Chapter 10	08/03	10	
Chapter 11	08/03	10	
Weekly Discussion Board Participation			
Week 1	06/30	5	
Week 2	07/07	5	
Week 3	07/14	5	
Week 4	07/21	5	
Week 5	07/28	5	
Week 6	08/03	5	
TOTAL POINTS		460	

MAXIMUM EXTRA CREDIT	14	
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GRADING SCALE

Letter Grade	Percentage	Points Needed
A	92-100%+	Above 421
A-	90-91%	412 - 420
B+	87-89%	397 - 411
B	82-86%	375 - 396
B-	80-81%	366 - 374
C+	77-79%	352 - 365
C	72-76%	329 - 351
C-	70-71%	320 - 328
D+	67-69%	306 - 319
D	62-66%	283 - 304
D-	60-61%	274 - 282
F	0-59%	0 - 273

CLASS SCHEDULE, READINGS, EXAMS, & DUE DATES

**Please read the chapter in the order they are listed in this course schedule.

**Before completing any LearnSmart assignments, it is highly recommended that you watch/review the "LearnSmart Video Tutorial" and "How to Use LearnSmart" links posted to the LearnSmart Blackboard folder and on the Connect page.

Course Week/Dates	Chapters/Topics	Assignments/Due Dates for the Weekly LearnSmart Chapters and Discussion Posts (by 11:59pm EST)
Week 1: 06/26-06/30	Chapter 1- Looking at Abnormality Chapter 2- Theories & Treatment of Abnormality	06/30 HW Assignment 1 & 2
Week 2: 07/03-07/07	Chapter 3: Assessing and Diagnosing Abnormality Chapter 4: The Research Endeavor	07/07 HW Assignment 3 & 4
		EXAM 1: 07/07/17
Week 3: 07/10-07/14	Chapter 5: Trauma, Anxiety, Obsessive-Compulsive, and Related Disorders Chapter 6: Somatic Symptoms and Dissociative Disorders Chapter 12: Eating Disorders	07/14 HW Assignment 5, 6, & 7
Week 4: 07/17-07/21	Chapter 7: Mood Disorders and Suicide Chapter 14: Substance Use and Gambling Disorders	07/21 HW Assignment 8 & 9
		EXAM 2: 07/21/17
Week 5: 07/24-07/28	Chapter 9: Personality Disorders Chapter 8: Schizophrenia Spectrum and	07/28 HW Assignment 10 & 11

	Other Psychotic Disorders	
Week 6: 07/31-08/03	Chapter 10: Neurodevelopmental and Neurocognitive Disorders (<i>ONLY ADHD, Autism Spectrum, and the Major and Mild Neurocognitive Disorders</i>) Chapter 11: Disruptive, Impulse Control, and Conduct Disorders	08/03 HW Assignment 5
		FINAL EXAM: 08/04/17

UT's Academic Dishonesty Policy

Department of Psychology Statement on Academic Honesty Statement

In this class 'academic dishonesty' also includes:

1. Copying from someone's exam or collaborating with another student during the exam.
2. Looking at cheat notes or the textbook during exams. The exam is time limited specifically so that you will not have enough time to look through notes during the test and still complete everything in time.
3. Stealing exams or using stolen exam materials.
4. Plagiarism.
5. Having someone else take your test for you, complete discussion posts for you, or participate in an extra-credit experiment for you.

Non-Discrimination on the basis of Sex/ Title IX. The University of Toledo is an equal opportunity educational institution. Title IX of the Education Amendments of 1972 (Title IX) is a federal law that prohibits sex discrimination. Please read The University of Toledo Title IX Policy.

Non-Discrimination on the basis of Disability (ADA). The University is an equal opportunity educational institution. Please read University of Toledo ADA/504 Compliance.

Accommodations. *If you have a disability and need assistance for this class, please contact the Office of Academic Access in Rocket Hall 1820. Phone: 419-530-4981; TTY: 419-530-2612.*

Questions and Consultations: If you have questions about the course, you may contact us during office hours by email. Or, if you are not available during office hours, send us an email and one of us will respond during office hours. As a note, we do not provide psychological services to current students.

INTERESTING WEBSITES RELATED TO PSYCHOLOGY

UT Websites

UT Undergraduate Psychology Degree. The Department of Psychology at the University of Toledo offers a Bachelor of Arts degree for undergraduate students majoring in psychology.

UT Undergraduate Psychology Resources. See website for resources.

UT Psi Chi Webpage. Psi Chi is the International Honor Society in Psychology, founded in 1929 for the purposes of "encouraging, stimulating, and maintaining excellence in scholarship, and advancing the science of psychology." With over 1,050 chapters, Psi Chi is one of the largest honor societies in the United States and is an affiliate of both the American Psychological Association (APA) and the Association for

Psychological Science (APS). Membership is open to graduate and undergraduate students who are making the study of psychology one of their major interests, and who meet the minimum qualifications.

UT Psychology Honors Program. Psychology majors are encouraged to earn the graduation citation "Honors in Psychology" through the Department of Psychology honors program. A student can be admitted at any time but no later than the end of the first semester of their junior year. See website for details.

Abnormal Psychology-Related Websites

MentalHealth.Net This site is written for both the professional and the non-professional. It contains regularly posted mental health news, stories and a blog, as well as different ways to get help (an advice column, an online community, and hotlines).

Websites for Students Interested in Psychology as a Career

Psych Web by Russ Dewey. Includes many links that can be helpful for psychology undergraduates (e.g., see Careers in Psychology link)

Student Doctor Network Forums: Psychology. Psychology forum on the Student Doctoral Network designed for people currently enrolled or applying to clinical psychology doctoral programs.

APA Student Website. Information such as choosing psychology as an undergraduate major, planning for graduate school, and careers in psychology.

Professional Websites Related to Dr. Mihura

Dr. Mihura's UT Faculty and Lab Webpages

Society of Personality Assessment. Dr. Mihura was on the board of trustees and won the early career award (in 2002). She conducted online interviews of people who do work in personality assessment to showcase the types of careers that people have in personality assessment.

Rorschach Performance Assessment System (R-PAS). Dr. Mihura is also one of the developers of a new Rorschach test.