

To learn more about the Center for Successful Aging or to make a donation, please call Barbara Kopp Miller at 419.383.4289, e-mail [barbara.koppmiller@utoledo.edu](mailto:barbara.koppmiller@utoledo.edu), or click [hsc.utoledo.edu/csa](http://hsc.utoledo.edu/csa).

**Center for Successful Aging**  
Health Science Campus  
The University of Toledo  
3015 Arlington Ave.  
Toledo, Ohio 43614

## Mission

The mission of the Center for Successful Aging at the University of Toledo is to enhance quality of life for older adults through collaborative education, research and service endeavors. The Center accomplishes its mission through education of health care professionals, scholarly activities, and development of programs treating older persons with dignity and compassion. The Center's programs focus on issues of successful aging in northwest Ohio and lead to opportunities for collaboration with others at state, national and international levels.



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Dear Friends,

I'd like to take this opportunity to introduce the Center for Successful Aging at the University of Toledo. The commitment and emphasis on quality educational experiences for students at the University of Toledo as well as health care professionals and older adults within our community puts the Center for Successful Aging in the forefront of academic health care institutions. Additional research and service endeavors aid our mission to increase the quality of life of older adults. Through the development of the Center, the University of Toledo is positioning itself appropriately in order to meet the expanding needs of older adults and their families in northwest Ohio. I'd like to thank those individuals and organizations who currently support the Center and welcome future supporters. May we all have what it takes to "age successfully!"

Barbara Kopp Miller, Ph.D., Administrative Director



## The Center About Town

On advisory boards, at conferences, and in booths at senior fairs — all are places where you'll find members of the Center for Successful Aging. They really are a Center about town, being constantly involved with aging issues in the community. The main event each year is the Center's annual conference, presented in collaboration with the Area Office on Aging of Northwestern Ohio, Inc. The conference centers on a specific theme of aging and includes plenty of opportunities for attendees to ask questions and get answers from recognized authorities on aging.

To learn more about the Center's conference and other events, join the events mailing list by calling 419.383.3645.



## Help the Center for Successful Aging Age Successfully

The Center has been around since 2000 and we need your help to keep going. You can help support the current initiatives and even inspire some new ones by donating to the Center. To find out about giving opportunities, please call 419.530.5417 and ask about giving opportunities and joining the mailing list.

The Center for Successful Aging is funded by the Clair Martig Endowment, which was established in 1989 in honor of the late Mr. Martig, former president and board chairman of the France Stone Company of Toledo.



## Gerontology Education Goes Virtual

Since fall 2002, nearly 100 students have taken classes through the E-Learning Graduate Certificate Program in Contemporary Gerontological Practice. The certificate, which is one of the Center's initiatives, features primarily online courses that cover interdisciplinary issues ranging from health in aging to older adult programming. Also featured is an independent study component, whereby students can conduct research, complete professional portfolios, and volunteer. Graduate students, health-care professionals, and faculty members have enrolled in the program independently or to complement other studies.

Sample some related online gerontological training at [hsc.utoledo.edu/csa/training.html](http://hsc.utoledo.edu/csa/training.html).

## The Center Comes to You

With presentations to more than 9,000 people since 2000, it's clear the Center for Successful Aging faculty and team members are not afraid to take the show on the road. Barbara Kopp Miller, Administrative Director, and her colleagues address aging from biological, psychological and sociological viewpoints to audiences of older adults, caregivers, health-professionals, and students. "We give so many talks, it's exciting," Kopp Miller said. "It's basic information for adults, lay people and students." With hot topics such as dementia, sexuality, vision, memory, and grief and bereavement, center faculty members are in high demand.

To have a center representative come to speak for your group, call 419.383.3645.

## Successful Aging Research

Center team members are committed to not only educate about successful aging, but also to find new and innovative ways to make the senior years some of the best years of our lives. The center collaborates with other universities conducting studies and supports student and faculty research projects. Several of the faculty and students have presented their results at state and national conferences. The Center also assists researchers by maintaining a database of older adults willing to participate in studies. According to the Victoria Steiner, Assistant Administrative Director, "Research strengthens the Center's ability to effectively and efficiently meet the growing needs of older adults in northwest Ohio as well as other areas of the country".

For more information on the Center's research events, join the research mailing list by calling 419.383.3645.

## The Library That GIVE-s

A hidden gem of the Center for Successful Aging is the GIVE (Gerontological Initiatives for Visionary Education) Library,

which features hundreds of books, brochures and videotapes on geriatric topics. The materials are loaned free of charge to older adults, their family members, health-care professionals, faculty, and students. The collection for the library can be searched online at [hsc.utoledo.edu/csa](http://hsc.utoledo.edu/csa) before you visit. And if you want to learn about a topic but don't know where to start, Center faculty and team members can point you in the



right direction by suggesting a few titles. "This is more of a personal approach to find out about your specific educational needs," said Barbara Kopp Miller.