

# SEQUENCE FOR **PUTTING ON** PERSONAL PROTECTIVE EQUIPMENT (PPE)

**Remove all personal items before starting (phones, jewelry, badges, etc.)**

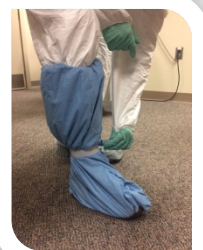
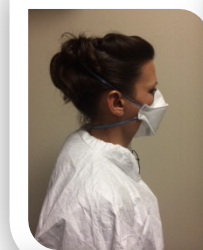
## HAIR TIE/NET and N-95

- Tie hair back into tight bun, use hair net if long hair
- Place N-95 straps behind head, one high/one low
- Fit flexible band to nose bridge
- Fit snug to face and below chin



## TYVEK, BOOTIES, GLOVES, GOWN

- Step into white Tyvek, roll attached hood into suit, zip up Tyvek
- Put on booties, attach Velcro strap
- Put external hood over head and tie
- If needed, tape back/top of hood for better fit
- Put on pair of green long cuff gloves
- Push hole through cuff of Tyvek suit with thumb
- Put arms into yellow isolation gown
- Fasten at back of neck and waist ensuring complete coverage



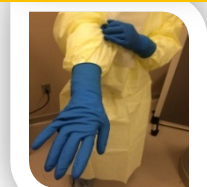
## FACE SHIELD

- Place face shield over face
- Pull off adhesive tabs at bottom of shield bib
- Tilt head back adhere bib to front of yellow gown to allow for free movement



## GLOVES

- Put on pair of blue long cuff gloves over green gloves
- Pull glove cuff overtop of yellow sleeve



**Use an Isolation Buddy to help you dress with the proper PPE**

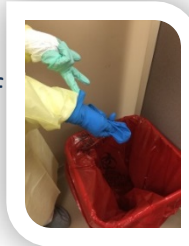
- Check each other after each step to ensure complete coverage



# SEQUENCE FOR REMOVING PERSONAL PROTECTIVE EQUIPMENT (PPE)

## BOOTIE STRAP and OUTER GLOVES

- Use Alcohol Based Hand Rub (ABHR), undo Velcro strap of booties,
- Use ABHR, Grasp outside of glove with opposite gloved hand; peel off
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist
- Peel glove off over first glove
- Discard gloves in infectious waste bin, Use ABHR on inner gloves



## FACE SHIELD

- To remove, handle by head band pulling back from head
- Let hang down from gown
- If it does not stick to gown, place directly into infectious waste bin



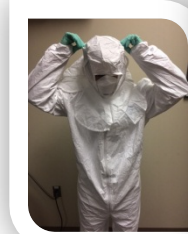
## YELLOW GOWN

- Use ABHR on inner gloves
- Use Iso. Buddy to untie upper gown strap and then lower
- Grab clean inside part of gown, pull away from body
- Roll up gown and face shield, place in infectious waste bin



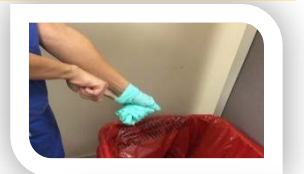
## HOOD and TYVEK

- Use ABHR on inner gloves
- Untie and grab hood by top, pull over head away from face, discard in red infectious waste bin
- Unzip Tyvek, remove by pulling down and stepping out
- Boots will be removed with suit simultaneously
- Step to yellow side of room, grab clean side of Tyvek, roll into bundle and discard



## INNER GLOVES

- Use ABHR on inner gloves,
- Remove in same fashion as outer gloves
- Wash hands with soap and water



## N-95 and HAIR NET/TIE

- Pull bottom strap over head, let hang
- Grab top strap, slowly pull over head and away from face
- Discard N-95 in infectious waste bin
- Remove hair net, place in infectious waste bin
- Wash hands with soap and water

