SEQUENCE FOR PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE)

Remove all personal items before starting (phones, jewelry, badges, etc.)

HAIR TIE/NET and N-95
- Tie hair back into tight bun, use hair net if long hair
- Place N-95 straps behind head, one high/one low
- Fit flexible band to nose bridge
- Fit snug to face and below chin

TYVEK, BOOTIES, GLOVES, GOWN
- Step into white Tyvek, roll attached hood into suit, zip up Tyvek
- Put on booties, attach Velcro strap
- Put external hood over head and tie
- If needed, tape back/top of hood for better fit
- Put on pair of green long cuff gloves
- Push hole through cuff of Tyvek suit with thumb
- Put arms into yellow isolation gown
- Fasten at back of neck and waist ensuring complete coverage

FACE SHIELD
- Place face shield over face
- Pull off adhesive tabs at bottom of shield bib
- Tilt head back adhere bib to front of yellow gown to allow for free movement

GLOVES
- Put on pair of blue long cuff gloves over green gloves
- Pull glove cuff overtop of yellow sleeve

Use an Isolation Buddy to help you dress with the proper PPE
- Check each other after each step to ensure complete coverage
# Sequence for Removing Personal Protective Equipment (PPE)

## Bootie Strap and Outer Gloves
- Spray gloves with bleach, undo Velcro strap of booties, spray again.
- Grasp outside of glove with opposite gloved hand; peel off.
- Hold removed glove in gloved hand.
- Slide fingers of ungloved hand under remaining glove at wrist.
- Peel glove off over first glove.
- Discard gloves in infectious waste bin, spray inner gloves with bleach.

## Face Shield
- To remove, handle by head band pulling back from head.
- Let hang down from gown.
- If it does not stick to gown, place directly into infectious waste bin.

## Yellow Gown
- Spray outer gloves with bleach.
- Use Iso. Buddy to untie upper gown strap and then lower.
- Grab clean inside part of gown, pull away from body.
- Roll up gown and face shield, place in infectious waste bin.

## Hood and Tyvek
- Spray arms and hands with bleach.
- Untie and grab hood by top, pull over head away from face, discard in red infectious waste bin.
- Unzip Tyvek, remove by pulling down and stepping out.
- Boots will be removed with suit simultaneously.
- Step to yellow side of room, grab clean side of Tyvek, roll into bundle and discard.

## Inner Gloves
- Spray inner gloves with bleach.
- Remove in same fashion as outer gloves.
- Wash hands with soap and water.

## N-95 and Hair Net/Tie
- Pull bottom strap over head, let hang.
- Grab top strap, slowly pull over head and away from face.
- Discard N-95 in infectious waste bin.
- Remove hair net, place in infectious waste bin.
- Wash hands with soap and water.