

# Isolation Guide for Inpatients


If patient requires more than one type of isolation, follow measures for all types of isolation required.

\*Standard Precautions – are to be used to prevent skin and mucous-membrane exposure when contact with blood or other body fluids of any patient is anticipated. Gloves must be worn for touching blood and body fluids, mucous membranes, or non-intact skin of all patients, for handling items or surfaces soiled with blood or body fluids and vascular access procedures. Masks and protective eyewear or face shields must be worn during procedures that are likely to generate droplets of blood or other body fluids to prevent exposure of mucous membranes of the mouth, nose, and eyes. Gowns must be worn during procedures that are likely to generate splashes of blood or other body fluids.

**Note: If there is a risk for fluid exposure at any time, you should wear eye protection, in addition to these recommendations**

	Contact Precautions	Contact Precautions-D	Droplet Precautions	Droplet Plus Precautions	Airborne Precautions
<b>Disease Examples</b> (not all inclusive See <a href="#">Infection Control Precautions 3364-109-ISO-404</a> )	Scabies, Lice, Impetigo Herpes Zoster (Shingles) - disseminated in any patient or localized in immune-compromised patient- <b>contact &amp; airborne precautions</b>  MRSA, VRE, VISA/V RSA, ESBL's, CRE organisms, MDR organisms, Group A Streptococcal Disease - wounds RSV in immune-compromised adults Chickenpox (Varicella) - <b>contact &amp; airborne precautions</b> Major wound infection - no dressing or dressing does not contain drainage	<i>C. difficile</i>  Norovirus  Diarrhea and if patient is incontinent or using briefs	Influenza (flu)  Meningitis ( <i>H. influenza</i> , <i>N. meningitis</i> )  Mumps  Rubella (German Measles)  Group A Streptococcal Disease -major wound, pneumonia  Pertussis (whooping cough)  Parvovirus B19 (Fifth's Disease)	SARS-CoV (COVID-19)  Emerging Infectious Pathogens	TB  Measles  Chickenpox (Varicella) - airborne & contact precautions  Herpes Zoster (Shingles) - disseminated in any patient or localized in immune-compromised patient - airborne & contact precautions  Ebola (see <a href="#">Infectious Disease Agent and Max Surge Plan EP-08-017</a> )  MERS (see <a href="#">Infectious Disease Agent and Max Surge Plan EP-08-017</a> )
<b>Linen</b>	Blue Plastic Bag. Use gloves when handling linen.  Follow Infested & Drug Contaminated Linen process for Bed Bugs, Scabies & Lice.	Blue Plastic Bag. Use gloves when handling linen.	Blue Plastic Bag. Use gloves when handling linen.	Blue Plastic Bag. Wear full PPE when handling linen.	Blue Plastic Bag. Use gloves when handling linen.

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<b>Waste Handling</b>	All waste from room goes into red bags.	All waste from room goes into red bags.	All waste from room goes into red bags.	All waste from room goes into red bags.	All waste from room goes into red bags.
<b>PPE</b>	<p>Face mask on every unit and to enter all non-COVID patient rooms</p> <p>Gown and gloves always required upon entry to room.</p> <p>Use Standard Precautions*</p>	<p>Face mask on every unit and to enter all non-COVID patient rooms</p> <p>Gown and gloves always required upon entry to room.</p> <p>Use Standard Precautions*</p>	<p>Face mask on every unit and to enter all non-COVID patient rooms</p> <p>Face mask within three feet or closer of patient.</p> <p>Use Standard Precautions*</p>	<p>N95 (if fit tested within the last year) with face shield or goggles, gown &amp; gloves or CAPR, with gown, and gloves, to enter all COVID patient rooms.</p>	<p>CAPR or N-95 Respirator (if fit tested within the last year)</p> <p>Use CAPR if not fit tested for N-95 within the past year. - Must be N95 fit tested by prior use</p>  <p>Use Standard Precautions*</p>
<b>Staffing Recommendations</b>	Normal	Normal	<p>Normal or as follows: The non-immune HCW, pregnant or not, should not care for patients with Mumps or Rubella until MMR vaccination is complete.</p> <p>Parvovirus B19: Reassign pregnant HCW</p>	<p>Cohort nursing care for COVID patient room/area if possible.</p> <p>Pregnant HCW should be assigned to non-COVID patient if possible.</p> <p><b>Do not</b> combine patient assignments for non-COVID or immune compromised patients with suspected or known COVID patients.</p>	<p>Normal or as follows: The non-immune HCW, pregnant or not, should not care for patients with Measles until MMR vaccination is complete.</p> <p>The non-immune HCW, pregnant or not, should not care for patients with Chickenpox or Shingles.</p>
<b>Equipment</b>	Disposable or disinfect equipment with hospital approved disinfectant wipes using required contact time for product between each patient	Disposable or disinfect equipment with <b>bleach wipes</b> using required contact time between each patient	Disposable or disinfect equipment with hospital approved disinfectant wipes using required contact time for product between each patient	Disposable or disinfect equipment with hospital approved disinfectant wipes using required contact time for product between each patient.	Disposable or disinfect equipment with hospital approved disinfectant wipes using required contact time for product between each patient

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<b>Transport</b>	<p>Patient should remain in the room except for essential therapeutic or diagnostic procedures</p> <p>For essential procedures, schedule for the last test or surgery of the day</p> <p>Notify receiving departments of required precautions.</p> <p>When transport is necessary, ensure that infected or colonized areas of the patient's body are contained and covered</p> <p>Remove and dispose of contaminated PPE and perform hand hygiene prior to transporting patients</p> <p>Take clean PPE and don clean PPE to handle the patient at the transport destination</p>	<p>Patient should remain in the room except for essential therapeutic or diagnostic procedures</p> <p>For essential procedures, schedule for the last test or surgery of the day</p> <p>Notify receiving departments of required precautions.</p> <p>When transport is necessary, ensure that infected or colonized areas of the patient's body are contained and covered</p> <p>Remove and dispose of contaminated PPE and perform hand hygiene prior to transporting patients</p> <p>Take clean PPE and don clean PPE to handle the patient at the transport destination</p>	<p>Patient should remain in the room except for essential therapeutic or diagnostic procedures</p> <p>For essential procedures, schedule for the last test or surgery of the day</p> <p>The patient must wear a surgical mask while out of room</p> <p>Notify receiving departments of required precautions</p>	<p>Patient should remain in the room except for absolutely essential therapeutic or diagnostic procedures</p> <p>For essential procedures, schedule for the last test or surgery of the day</p> <p>Person transporting patient must wear clean PPE (face mask, face shield or goggles, gowns, and gloves)</p> <p>The patient must wear a surgical mask while out of room</p> <p>Notify receiving departments of required precautions prior to transporting</p>	<p>Patient should remain in the room except for essential therapeutic or diagnostic procedures</p> <p>Limit transports to essential procedures and schedule for the last test or surgery of the day</p> <p>When out of the room, the patient must wear a surgical mask</p> <p>Notify receiving department of required precautions</p>






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<b>Discharge cleaning and staffing Recommendations</b>	<p>Clean the patient environment with hospital approved disinfectant using required contact time</p> <p>Change privacy curtains</p> <p>Normal Staffing</p>	<p>Clean the patient environment with bleach wipes using required contact time</p> <p>Change privacy curtains</p> <p>Use soap and water for hand hygiene upon exiting room</p> <p>Normal Staffing</p> <p>Clean room with bleach for 3 days after patient discharge.</p>	<p>Clean the patient environment with hospital approved disinfectant using required contact time</p> <p>Change privacy curtains</p> <p>Normal Staffing or as follows: The non-immune HCW, pregnant or not, should not care for patients with Mumps or Rubella until MMR vaccination is complete.</p> <p>Parvovirus B19: Reassign pregnant HCW</p>	<p>Allow an Airborne Infection Isolation Room (AIIR-negative pressure) to filter for 35 minutes with the door closed or a non-AIIR (non-negative pressure) to filter for 1 hour with the door closed before staff can enter without respiratory protection: - Upon entry staff should wear a well-fitting mask, gown, gloves, and eye protection in case of splashes.</p> <p>Discharge cleaning may be completed within this 35-minute window for AIIR or within the 1-hour window for a non-AIIR, providing staff wear appropriate respiratory protection: - N95 (if fit tested within the last year) with face shield or goggles, gown &amp; gloves or CAPR, with gown, and gloves</p> <p>Clean the patient environment with hospital approved disinfectant using required contact time.</p> <p>Notify EVS to perform COVID terminal cleaning</p> <p>Change privacy curtains</p>	<p>Allow AIIR (negative pressure) room to filter for 35 mins with the door closed, then staff may enter without proper respiratory protection for discharge cleaning</p> <p>Clean the patient environment with hospital approved disinfectant using required contact time.</p> <p>Discharge cleaning may be completed within this 35-minute window, providing staff wear appropriate respiratory protection - N95 (if fit tested within the last year) with face shield or goggles, gown &amp; gloves or CAPR, with gown, and gloves</p> <p>Clean the patient environment with hospital approved disinfectant using required contact time.</p> <p>Change privacy curtains</p>
<b>Hand Off Communications and Equipment</b>	<p>Communicate isolation needs to receiving department, agency, or facility</p> <p>Document in patient chart</p> <p>Use disposable or disinfect equipment with hospital approved disinfectant wipes using required contact time for product between each patient</p>	<p>Communicate isolation needs to receiving department, agency, or facility</p> <p>Document in patient chart</p> <p>Use disposable or disinfect equipment with <u>bleach wipes</u> using required contact time between each patient</p>	<p>Communicate isolation needs to receiving department, agency, or facility</p> <p>Document in patient chart</p> <p>Use disposable or disinfect equipment with hospital approved disinfectant wipes using required contact time for product between each patient</p>	<p>Communicate isolation needs to receiving department, agency, or facility</p> <p>Document in patient chart</p> <p>Use disposable or disinfect equipment with hospital approved disinfectant wipes using required contact time for product between each patient</p>	<p>Communicate isolation needs to receiving department, agency, or facility</p> <p>Document in patient chart</p> <p>Use disposable or disinfect equipment with hospital approved disinfectant wipes using required contact time for product between each patient</p>

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<b>Room Requirements</b>	<p>Private or cohort with another compatible patient: same gender, exact same organism</p> <p>Page Infection Prevention at 218-3744 or assistance before cohorting</p>	<p>Private or cohort with another compatible patient: same gender, exact same organism</p> <p>Page Infection Prevention at 218-3744 for assistance before cohorting</p>	<p>Private room</p> <p>Door does not need to remain closed.</p>	<p>COVID-19 positive or High Clinical Suspicion admissions: If intubation or aerosol generating procedures are needed, place patient in a negative pressure room on the appropriate unit for appropriate level of care.</p> <p>Surge COVID-19 rooms: To be determined by Chief Nursing Officer, House Supervisor, and Infection Prevention.</p> <p>Private room required.</p> <p>Negative pressure is reserved for patients undergoing aerosol generating procedures, keep door closed.</p> <p>Complete daily negative pressure testing form on cart</p>	<p>Private room - Negative pressure rooms:</p> <p>ED: 1260,1261, 1268,1297,1300 OR: PACU1, PACU2 Endo: 1565, 1567, 1569 Inpatient: 3223, 3225, 3227, 3229, 3176, 4176, 5176, 5179, 6186, 6190</p> <p>Keep door closed at all times</p> <p>Complete daily negative pressure testing form on cart</p>
<b>Discontinuing Isolation</b>	<p><b>Scabies and Lice:</b> 24 hours after treatment with scabicide or lice treatment</p>	<p>Patient to remain in precautions for duration of current hospitalization -Discuss with Infection Prevention and Control or Infectious Disease Physician</p>	<p><b>Meningitis:</b> After 24 hours of appropriate antibiotic therapy or when found to be viral meningitis <b>Influenza:</b> Symptom resolution <i>OR</i> 7 days from symptom onset (whichever is longer) while a patient is in a healthcare facility <b>Mumps:</b> 9 days after the onset of the swelling <b>Measles:</b> 4 days after onset of rash <b>Rubella:</b> 7 days after the onset of the rash <b>Invasive <i>Haemophilus</i> disease:</b> After 24 hours of appropriate antibiotic therapy <b>Pertussis:</b> after 5 days of treatment</p>	<p><b>Non-detected patients under investigation for COVID-19, can be removed from isolation after 24-hour reassessment-and consultation with Infectious Disease Physician. Change in patient condition or abnormal labs can indicate isolation need.</b></p> <p><b>Consult Infection Prevention for discontinuing and for Droplet Precautions needs.</b></p>	<p><b>TB:</b> when not symptomatic (coughing stops) and the results of three sputum smears for AFB have been reported as negative</p> <p><b>Measles:</b> when scabs are gone</p> <p><b>Chickenpox (Varicella):</b> until lesions are crusted</p> <p><b>Disseminated Herpes Zoster:</b> until lesions crusted and dry</p>

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Facilities and Environmental Services Protection	 <p>Always wear gloves and gown when entering the patient room that is on contact precautions</p>	 <p>Always wear gloves and gown when entering the patient room that is on Contact-D precautions</p> <p>Hands <b>MUST</b> be cleansed with soap and water upon exiting pt. room or environment</p>	 <p>Wear a standard surgical mask when entering the room - This does not require fit testing</p> <p>If you think you will have contact with any type of body fluids, you should wear gown and gloves</p>	 <p><b>Face mask required to enter every COVID room/area</b></p> <p>N95 (if fit tested within the last year) with face shield or goggles, gown &amp; gloves or CAPR, with gown, and gloves <b>to enter all COVID patient rooms.</b></p>	 <p>CAPR or N95(if fit tested within the past year) is require</p> <p>If you think you will have contact with any type of body fluids or if patient is in Contact or Contact-D precautions, you should wear gown and gloves</p>