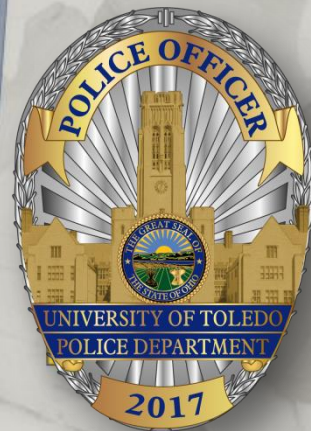


The University of Toledo

POLICE DEPARTMENT

PRESENTS

PERSONAL SAFETY & SELF DEFENSE



09/14/2017	6:30 PM – 8:00 PM	HSC Morse Center Fitness Room
09/20/2017	2:00 PM – 4:00 PM	Rec Center Maple Room
10/26/2017	6:30 PM – 8:00 PM	Rec Center Double Meeting Room
11/14/2017	6:30 PM – 8:00 PM	Rec Center Double Meeting Room

**FREE AND OPEN TO UNIVERSITY OF TOLEDO STUDENTS & STAFF
WEAR COMFORTABLE CLOTHING & TENNIS SHOES
ATTENDEES ARE ENCOURAGED TO STRETCH & HYDRATE
ATTENDEES MUST SIGN A LIABILITY RELEASE FORM**

**FOR MORE INFORMATION E-MAIL UTPD:
UTPOLICE@UTOLEDO.EDU**