



# UTPD

## PERSONAL SAFETY AND SELF DEFENSE

### MONDAY

**September 17, 2018**

8 - 9:30 p.m.

Rec Center Oak Room

### THURSDAY

**OCTOBER 4, 2018**

8 - 9:30 p.m.

Rec Center Oak Room

### WEDNESDAY

**OCTOBER 17, 2018**

8 - 9:30 p.m.

Rec Center Oak Room

### WEDNESDAY

**NOVEMBER 28, 2018**

8 - 9:30 p.m.

Rec Center Oak Room

**FOR MORE INFORMATION**

**E-MAIL UTPD:**

*UTPOLICE@UTOLEDO.EDU*

**Join the UT Police Department  
to learn more about personal  
safety and how to employ basic  
self-defense tactics.**

- Free and open to University of Toledo students & staff
- Wear comfortable clothing & tennis shoes
- Attendees are encouraged to stretch & hydrate

*All attendees must sign a liability release form to participate.*

