

Winter Walking Safety at UT

Helpful Tips:

- **** Wear proper foot gear with aggressive tread such as shoe covers or low-heeled boots**
- **Stick to cleared or salted parts in snowy/icy weather**
- *** Use handrails where available**
- *** Walk slowly**
- *** Take small steps to increase balance**
- Report snowy/icy walkways to ext. 5353 on the Health Science Campus or ext. 1000 on the Main Campus

Interesting Facts:

- Slip and fall injuries are the third-largest cause of workplace injuries
- * Approximately 300,000 winter walking related worker injuries per year
- * On average, a slip and fall accident costs \$28,000
- * More than one million people experience a slip or fall per year
- **Slips and falls are the largest reason for emergency room visits**
- Winter falls cause 1,500 deaths per year

