5/4/2017 Curriculum Tracking

# The University Of Toledo

# **Existing Graduate Course Modification Form**

\* denotes required fields

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Contact Person*: Sarah Franci	Phone	530-2771	(xxx-xxxx)	Email:
sarah.francis@utoledo.edu				
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Dept/Academic Unit*:		Dept/Academi		
Psychology	▼	Psychology		▼
Course Alpha/Numeric*: PSY	-	Course Alpha/	Numeric: PS	SY -
6810		6810		
Course Title: Child and Adolescent Therapy Pract	ticum	Course Title:	m I	
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## x: Catalog Description (only if changed) 75 words max:

Supervision of psychotherapy with children and adolescents seen through the University of Toledo Psychology Clinic.

This first-year practicum course includes observation of and entry-level participation in a practicum team providing supervision of clinical services provided to children, adolescents, and/or adults seen through the University of Toledo Psychology Clinic.

Has		
course	• Yes	○ No
content	e ies	O NO
changed?		

If course content is changed, give a brief topical outline of the revised course below( less than 200 words)

The proposed course is designed to provide students in the first year of their clinical training program with the experience of being a student member of a practicum supervision team. First year students will be expected to observe senior program students present their clinical cases to the supervision group, receive supervision feedback from the course instructor and student peers, and formulate plans for clinical care. First-year participation in this course will also entail providing assistance to the supervision group in the form of activities such as literature searches or other forms of clinical support.

Proposed effective term\*: 201740 (e.g. 201140 for 2011 Fall)

File Type	View File
Syllabus	<u>View</u>
Attachment	<u>View</u>
List any course or courses to be	

List any course or courses to be deleted.	Effective Date:	
	Effective Date:	

Comments/Notes:

This course is designed to be offered by a range of faculty members. As such, the specific reading list and course schedule will vary from instructor to instructor. This course can be taken twice in the fall and spring semesters of the student's first year.

## Rationale:

Please see attached document entitled "Rationale for 6810".

# Approval:

Department Curriculum Authority:	Rickye Heffner	Date 2017/01/10
Department Chairperson:	Kim L. Gratz	Date 2017/01/10
College Curriculum Authority or Chair:	David Black	Date 2017/01/27
College Dean:	Barbara Schneider	Date 2017/03/30
Graduate Council:	Constance schall, GC mtg 4/18/17	Date 2017/04/19
Dean of Graduate Studies:	Amanda C. Bryant-Friedrich	Date 2017/05/01
Office of the Provost:		Date

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## **Administrative Use Only**

<b>Effective Date:</b>	(YYYY/MM/DD)
CIP Code:	
<b>Subsidy Taxonomy:</b>	

Program Code:	
Instructional Level:	

# **Registrar's Office Use Only**

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<b>Banner Subject Code:</b>	
<b>Banner Course Number:</b>	
Banner Term Code:	
<b>Banner Course Title:</b>	

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Psychology 6/7810 Clinical Practicum I

The University of Toledo College of Arts and Letters Department of Psychology

PSY 6/7810 Fall, 2017 University Hall 1610 Class Time: TBD

**Contact Information** 

Instructor:
Email:
Office location:
Office hours:

### **Course Catalog Description**

This first-year practicum course includes observation of and entry-level participation in a practicum team providing supervision of clinical services provided to children, adolescents, and/or adults seen through the University of Toledo Psychology Clinic.

## **Practicum Overview**

The purpose of this practicum is to provide an introduction to participation in a clinical supervision team. As a first-year student in this practicum course, your role will be largely observational. In this course you will be provided with the opportunity to observe more advanced second-, third-, and fourthyear students (a) present their assessment and/or therapy cases to the supervising psychologist, (b) develop and articulate case conceptualizations of assessment and/or therapy clients, (c) receive feedback and supervision on case conceptualization, assessment, and treatment planning from psychologist and peer supervisors, and (d) incorporate evidence-based assessment and/or therapeutic techniques into their clinical service plans. In an active role, you may be asked to assist the student clinical trainees in conducting literature searches of the evidence base, serving as a clinical confederate to assist in the delivery of clinical services, and other activities as deemed appropriate. The touchstone of this practicum will be the use of empiricism to guide how we approach and work with clients. Practicum meetings will be organized such that a thematic area will be discussed, and the following week the application of some of this material will be presented by the clinical trainees in the course of clinical case supervision. Each meeting will include ample time for clinical trainees to discuss clients and to problem-solve clinical challenges in a group or individual supervision format. This practicum also intends to serve as a supportive environment to express your views and questions regarding psychotherapy, supervision, and consultation, as well as to take time to commit to your professional development as a psychologist.

## **Required readings**

Please note that this is not an exhaustive list of readings for this course. Additional readings may be assigned depending on clinical issues that arise with clients, questions about specific topics, or student interest in gaining additional knowledge on specific cognitive-behavioral treatments. Electronic or hard copies will be provided to students.

Asnaani, A., & Hofmann, S. G. (2012). Collaboration in multicultural therapy: Establishing a strong therapeutic alliance across cultural lines. *Journal of clinical psychology*, 68(2), 187-197.

Bernal, G., Jiménez-Chafey, M. I., & Domenech Rodríguez, M. M. (2009). Cultural adaptation of treatments: A resource for considering culture in evidence-based practice. *Professional Psychology: Research and Practice*, 40, 361-368.

Blume, A. W., & Lovato, L. V. (2010). Empowering the disempowered: Harm reduction with racial/ethnic minority clients. *Journal of clinical psychology*, 66(2), 189-200.

Giota, K. G., & Kleftaras, G. (2014). Mental health apps: innovations, risks and ethical considerations. *E-Health Telecommunication Systems and Networks*, *3*, 19-23.

Kanter, J. W., Manos, R. C., Bowe, W. M., Baruch, D. E., Busch, A. M., & Rusch, L. C. (2010). What is behavioral activation?: A review of the empirical literature. *Clinical Psychology Review*, *30*, 608-620.

Linehan, M. M. (1997). Validation and psychotherapy. In A. C. Bohart & L. S. Greenberg (Eds), *Empathy reconsidered: New directions in psychotherapy* (pp. 353-392). Washington DC: American Psychological Association.

Olatunji, B. O., Deacon, B. J., & Abramowitz, J. S. (2009). The cruelest cure? Ethical issues in the implementation of exposure-based treatments. *Cognitive and Behavioral Practice*, *16*(2), 172-180.

## **Course Goals**

By the end of the semester, you should:

- Have a beginning awareness of ethical considerations regarding the practice and content of psychotherapy
- Be familiar with the importance of diversity and individual differences when working with clients
- Have a beginning understanding of the central principles pertaining to supervision generally

## **Learning Outcomes**

Based on these practicum goals, the desired learning outcomes include:

- Interacting as a member of a supervision team
- Engage in group supervision in a manner consistent with a first-year practicum student

#### Grading

No grade will be assigned for this course.

## Policy Statement on Non-Discrimination on the basis of Disability (ADA)

The University is an equal opportunity educational institution. Please read <u>The University's Policy</u> Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act Compliance.

#### **Academic Accommodations**

The University of Toledo is committed to providing equal access to education for all students. If you have a documented disability or you believe you have a disability and would like information regarding academic accommodations/adjustments in this course please contact the <u>Student Disability Services</u> Office.

## **Practicum Expectations**

- Students will attend all practicum meetings. If a student is unable to attend a practicum meeting, s/he will let the course instructor know in advance of the scheduled meeting time when possible.
- Students come prepared to provide any relevant information that has been requested of them.
- Students will demonstrate a commitment to participating in a supervision team designed to provide competent client care.

#### **Course Schedule**

Week	Reading to be completed prior to class	Topic
1		Syllabus and practicum introduction
2		Empirically-supported principles
3	Giota, K. G., & Kleftaras, G. (2014)	Ethics
4	Olatunji, B. O., Deacon, B. J., & Abramowitz, J. S. (2009)	Ethics
5	Asnaani, A., & Hofmann, S. G. (2012)	Cultural competency
6	Bernal, G., Jiménez-Chafey, M. I., & Domenech Rodríguez, M. M. (2009)	Cultural competency
7	Blume, A. W., & Lovato, L. V. (2010)	Cultural competency
8	Linehan, M. M. (1997)	Validation
9	Kanter, J. W., Manos, R. C., Bowe, W. M., Baruch, D. E., Busch, A. M., & Rusch, L. C. (2010)	Behavioral activation
10		Third wave behavioral therapies
11		Supervision
12		Supervision

13	Psychological consultation
14	Psychological consultation
15	Observe student presentations
16	Observe student presentations

Rationale: This course is intended to be the first in a four-course sequence of practicum training courses. Each of these four courses will correspond to the student's year in the clinical training program (6810 for first year students, 6820 for second year students, 6830 for third year students, 6840 for fourth year students). The series of courses will be graded and sequential in terms of course content, such that each subsequent course will build upon the learning obtained in the previous course. These courses will be conducted concurrently, such that students enrolled in each course will be meeting in the same room at the same time; different expectations will be in place for each student depending upon their year in the program and the course in which they are enrolled. PSY 6810 is intended to be the introductory course in this series and is designed to provide novice graduate trainees with the experience of participating in a practicum supervision group. Students enrolled in this course will observe senior students (enrolled in 6820-6840) as they participate in clinical supervision; first-year students will be asked to complete assigned readings and assist senior students in any relevant activities to support their delivery of clinical services. Given that students enrolled in 6810 will not carry a client caseload, they will receive no credit for this course and no grade will be assigned.