

MAR 20 2015

The University Of Toledo

New Graduate Course Proposal

COLLEGE OF GRADUATE STUDIES

* denotes required fields

1. College*:
 Department*:
 2. Contact Person*: Phone: (xxx - xxxx) Email:
 3. Alpha/Numeric Code (Subject area - number)*: -

4. Proposed title*:
 Proposed effective term*: (e.g. 201140 for 2011 Fall)

5. Is the course cross-listed with another academic unit? Yes No

Approval of other academic unit (signature and title)

Is the course offered at more than one level? Yes No

If yes, an undergraduate course proposal form must also be submitted. If the undergraduate course is new, complete the [New Undergraduate Course Proposal](#); if the undergraduate course is existing, submit an [Undergraduate Course Modification Proposal](#).

6. Credit hours*: Fixed: or Variable: to

7. Delivery Mode:	Primary*	Secondary	Tertiary
a. Activity Type *	<input type="text" value="Lecture"/> <input type="button" value="v"/>	<input type="text" value="Clinic"/> <input type="button" value="v"/>	<input type="text" value="--SelectType--"/> <input type="button" value="v"/>
b. Minimum Credit Hours *	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text"/>
Maximum Credit Hours *	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text"/>
c. Weekly Contact Hours *	<input type="text" value="3"/>	<input type="text" value="4"/>	<input type="text"/>

8. Terms offered: Fall Spring Summer

Years offered: Every Year Alternate Years

9. Are students permitted to register for more than one section during a term? No Yes

May the courses be repeated for credit? No Yes Maximum Hours

10. Grading System*:
 Normal Grading (A-F, S/U, WP/WF, PR, I)
 Satisfactory/Unsatisfactory (A-C, less than C)
 Grade Only (A-F, WP/WF, PR, I)
 Audit Only
 No Grade

11. Prerequisites (must be taken **before**): i.e. C or higher in (BIOE 4500 or BIOE 5500) and C or higher in MATH 4200

NURS 5740 ^
v

PIN (Permisson From Instructor) PDP (Permission From Department)

Co-requisites (must be taken **together**):

NURS 5680 AND NURS 5690 ^
v

12. Catalog Description* (75 words Maximum)

The first course in the Psychiatric-Mental Health Nurse Practitioner track focuses on preparing the student in the advanced practice role of assessment, diagnosis, and treatment planning of select acute and chronic psychiatric disorders and mental health care needs of individuals across the lifespan. ^
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13. Attach a syllabus and an electronic copy of a complete outline of the major topics covered. Click [here](#) for template.

File Type	View File
Attachment	View

Syllabus	View
Attachment	View

14. Comments/Notes:

The Master of Science in Nursing program has added a focused track- Psychiatric-Mental Health Nurse Practitioner. This is the first of 3 theory/clinical courses in this track. All of the other courses in the MSN program remain the same with the same number of credit hours. See the Plan of Study attached.

Per Graduate Dean request, this course is being crossed listed with NURS 7610; emails from college along with various approval levels attached.

15. Rationale:

The Psychiatric Mental Health focus for the MSN has been changed from a Clinical Nurse Specialist to a Nurse Practitioner.

Course Approval:

Department Curriculum Authority:	<input type="text" value="Cheryl Gies"/>	Date	<input type="text" value="2015/01/20"/>
Department Chairperson:	<input type="text" value="Kelly Phillips"/>	Date	<input type="text" value="2015/01/20"/>
College Curriculum Authority or Chair:	<input type="text" value="Susan Sochacki"/>	Date	<input type="text" value="2015/01/20"/>
College Dean:	<input type="text" value="Timothy Gaspar"/>	Date	<input type="text" value="2015/01/23"/>
Graduate Council:		Date	<input type="text" value="5-7-15"/> ^{GC} 3.24.2015
Dean of Graduate Studies:		Date	<input type="text" value="5-7-2015"/>
Office of the Provost :	<input type="text"/>	Date	<input type="text"/>

[print](#)

Administrative Use Only

Effective Date:  (YYYY/MM/DD)
CIP Code:
Subsidy Taxonomy:
Program Code:
Instructional Level:

Registrar's Office Use Only

Processed in Banner on: 
Processed in Banner by:
Banner Subject Code:
Banner Course Number:
Banner Term Code:
Banner Course Title:

The University of Toledo
College of Nursing

NURS 5610
Psychiatric-Mental Health Nurse Practitioner Theory and Clinical I: Adult

Course Credit and Clock Hours

7 Credit Hours

3 Clock Hours Theory/Week 12 Clock Hours Clinical/Week =
180 Clock Hours Clinical/Semester

Prerequisite

NURS5740 Advanced Health Assessment

Prerequisite or Corequisite

NURS5680 Advanced Physiology & Pathophysiology

NURS5690 Advanced Pharmacotherapeutics

Faculty

Course Description

The first course in the Psychiatric-Mental Health Nurse Practitioner track focuses on preparing the student in the advanced practice role of assessment, diagnosis, and treatment planning of select acute and chronic psychiatric disorders and mental health care needs of individuals across the lifespan. Students will be introduced to clinical approaches and methods for assessing and evaluating adults. The course will stress the importance of the diagnostic reasoning process, use of diagnostic criteria, standardized measurement tools, and evidence-based treatment guidelines. Health promotion, management, and disease prevention are emphasized through the integration of nursing and related theories and scientific knowledge including the application of risk assessments, health behavior guidelines, growth and development across the lifespan, the use of screening instruments, and knowledge of primary, secondary, and tertiary prevention activities.

The course provides an overview of individual therapy utilized by the advanced nurse practitioner. The theory, research, and practice of the following will be emphasized: psychoanalytic/psychodynamic, existential, humanistic, cognitive-behavioral, dialectical behavioral, feminist, postmodern, and brief. Major nursing theories will be explored as they apply to the psychiatric advanced nursing practice specialty. Applications across the life span and among culturally diverse populations are explored and discussed.

In the clinical setting, the student is provided with opportunities to apply concepts learned from the theory portion of the course. The focus is to develop cognitive and clinical skill competencies needed to provide comprehensive assessments of adults, children, and families and to apply diagnostic reasoning in order to provide optimum treatment and clinical management. During clinical experiences, comprehensive psychiatric assessments, diagnosis of common psychiatric illnesses and interventions will be accomplished. Students will be afforded the opportunity to provide care in multiple treatment modalities including individual psychotherapy, psychoeducation, crisis

management, and beginning psychopharmacology. Clinical experiences and sites will offer multicultural opportunities and emerging trends in the delivery of advanced practice psychiatric care.

Student Theoretical Learning Outcomes

1. Examine the history, issues, and trends of advanced psychiatric-mental health nursing practice within the boundaries provided by state licensing acts.
2. Analyze psychotherapeutic theories, nursing theories, and evidence-based nursing and other related research to determine interventions appropriate in meeting individual requirements for self-care across the lifespan.
3. Apply theoretical concepts of health promotion, clinical prevention, and population health with patients and families during developmental transitions and life-style adjustments in psychiatric practice across the lifespan.
4. Integrate traditional and complementary pharmacological interventions into the treatment and management of common illnesses.
5. Integrate social, cultural, explanatory models and spiritual components in patient-centered plans of care.
6. Demonstrate core professional values and ethical/legal standards in the implementation of the nurse practitioner role.
7. Identify and integrate evidence-based findings to the diagnosis and management of common illnesses in psychiatric practice across the lifespan.
8. Examine, evaluate, and demonstrate professional development in the role of the PMHNP in the diagnosis and management of health and wellness as well as common acute and chronic illnesses in psychiatric practice across the lifespan.
9. Analyze patient safety, quality indicators, and outcome improvement in the delivery of quality primary care to patients.

Student Clinical Learning Outcomes

1. Provide mental healthcare through health promotion, clinical prevention, and population health to patients and families during developmental transitions and life-style adjustments from birth through old age with special emphasis on the adult patient in this course.
2. Demonstrate integrated learning of clinical experience and course concepts by applying knowledge of common acute and chronic illnesses to diagnose and manage adult patients and their families in psychiatric practice across the lifespan and as health status varies.
3. Integrate knowledge of common acute and chronic psychiatric illnesses to diagnose and manage patients and families from birth through old age as health status varies with special emphasis on the adult patient in this course.
4. Integrate and apply individual therapy skills in those situations where appropriate for optimum treatment of the adult patient.
5. Integrate anticipatory guidance into the comprehensive treatment plans with respect to both primary and secondary prevention for patients and families from birth through old age with special emphasis on the adult patient in this course.
6. Integrate history and physical examination data with the knowledge of pathophysiology and psychopathology of common acute and chronic psychiatric disorders from birth through old age to develop appropriate differential diagnoses, and initiate appropriate customized interventions.
7. Integrate social, cultural, explanatory models and spiritual components in patient-centered plans of care.

Course Content

1. PMHNP role
 - a. Scope of practice
 - b. Professional/legal aspects of the role
 - c. Health promotion/disease prevention
2. Mental health care system in the US
3. Healthcare policy
4. Ethical/legal issues in psychiatric care
 - a. Confidentiality
 - b. Privilege
 - c. Involuntary treatment
 - d. Capacity and sanity
 - e. Duty to warn
 - f. Duty to protect
5. Theoretical core concepts
 - a. Non-nursing
 - b. Nursing
6. Assessment of acute and chronic illnesses
 - a. Fundamentals of interviewing
 - b. Therapeutic communication
 - i. Use of self
 - c. Other assessment /planning considerations
 - i. Incorporate cultural considerations/influences and being sensitive to
 1. Race
 2. Ethnicity
 3. Gender
 4. Age
 5. Religion
 6. Sexual orientation
 7. Socioeconomic status
 8. Disability
 - ii. Lifespan considerations
 - d. Psychiatric evaluation
 - i. Identifying demographic information
 - ii. Chief complaint/reason for referral
 - iii. History of present illness
 - iv. Past psychiatric history
 - v. Family psychiatric history
 - vi. Patient and family medical history
 - vii. Family/social/developmental history
 - viii. Functional assessment
 1. ADLs
 2. IADLs
 - ix. Patient and family substance abuse history
 - x. Legal history
 - e. Assessment during crisis
 - i. Crisis intervention
 1. Techniques of crisis intervention

- ii. Psychiatric emergencies
 - iii. Crises across the life span
 - iv. Evaluation of outcomes
- f. Review of physical exam
 - i. To identify common physical disorders that can mimic psychiatric disorders
 - ii. To identify common psychiatric disorders that can mimic or produce symptoms of other physical disorders
- g. Review of or referral for neurological exam if indicated
- h. Mental status exam
- i. Use of standardized assessment tools
 - i. For example
 - 1. MMSE
 - 2. DIS (Diagnostic Interview Schedule)
 - 3. MINI (Mini International Neuropsychiatric Interview)
 - 4. SCID (Structured Clinical Interview for DSM)
- j. Laboratory and diagnostic tests
 - i. Basic screening tests, neuroendocrine tests, blood levels of psychoactive agents, urine screens for substance abuse
- k. Imaging techniques: MRI, PET, SPECT, CT
- 7. Select psychiatric disorders across the lifespan
 - a. Mood disorders
 - b. Anxiety disorders
 - c. Schizophrenia and other psychotic disorders
 - d. Substance related disorders
- 8. Diagnostic reasoning and clinical decision making
 - a. Use of DSM-IV-TR
 - b. Coding diagnoses and procedure codes
 - c. Use of screening tools/standardized assessment tools
 - i. For example
 - 1. HAM-D
 - 2. HAM-A
 - 3. BPRS
 - 4. Y-BOCS
 - 5. YMRS
 - 6. PHQ-9
 - 7. SIGECAPS
 - 8. SADPERSONS
 - 9. SADPERSONAS
 - 10. SADCHILDREN
- 9. Individual therapy modalities
 - a. Psychoanalytic/ psychodynamic
 - b. Existential
 - c. Humanistic
 - d. Cognitive-behavioral
 - e. Dialectical behavioral
 - f. Feminist
 - g. Postmodern
 - h. Brief

10. Psychopharmacology and disease processes
 - a. Assessing the need for medication
 - b. Referral of appropriate clients for medication evaluation
 - c. Medication teaching and monitoring specific to people with mental disorders
 - d. Across the lifespan

The Following Psychiatric-Mental Health Nurse Practitioner Competencies Are Addressed and Built on Throughout the Three Specialty Courses

- I. Management of patient health/illness status through health promotion, health protection, disease prevention, and treatment
- II. The PMHNP-patient relationship
- III. The teaching-coaching function
- IV. The professional role
- V. Managing and negotiating healthcare delivery systems
- VI. Monitoring and ensuring the quality of healthcare practice
- VII. Providing culturally-competent care

Plan of Study Adult Gerontology and Psychiatric Mental Health NP tracks

Term I	Cr Hr	Term II	Cr Hr
NURS 5400 – Theoretical & Ethical Foundations of Nursing	3	NURS 5690 Advanced Pharmacotherapeutics	3
NURS 5680 Advanced Physiology & Pathophysiology	3	NURS 5910 Advanced Nursing Research	3
NURS 5740 Advanced Health Assessment	4	NURS 5530 Public Policy & Health Care	3
INDI 6000 Introduction to Biostatistical Methods	3	NURS 6310 Adult-Gero NP theory/clinical I (180 hours) or NURS 5610 Psych MH NP theory/clinical I (180 hours)	7 7
	13		16
Term III	Cr Hr	Term IV	Cr Hr
NURS 5190 Advanced Interpersonal Interventions	3	NURS 6140 Advanced Practice Nurse: Roles & Issues	2
NURS 5500 Family and Cultural Diversity Theories	3	NURS 6330 Adult-Gero NP theory/clinical III (270 hours) or NURS 5630 Psych MH NP theory/clinical III (270 hours)	8 9
NURS 6320 Adult-Gero NP theory /clinical II (180 hours) or NURS 5620 Psych MH NP theory/clinical II (180 hours)	7 7	Capstone (Field Experience, Thesis, or Comprehensive Exam)	3
	13		13-14