

APPROVED

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DEC 29 2011

If you wish to submit a new course, please login

COLLEGE OF GRADUATE STUDIES

The University Of Toledo NEW COURSE PROPOSAL

\* denotes required fields

1. College\*: Nursing
Department\*: College of Nursing

Level (check one)\*

- Undergraduate
Graduate

Will this course impact program requirements? Yes No

Type of course (check all that apply):

- Academic Skills Enhancement Writing Intensive (WAC) Honors
Univ. Core: English Hum Math Nat. Sciences Social Sciences
Multicultural: Diversity of US Culture Non-US Culture
Transfer module: Arts&Hum Engl Math Nat Sci & Phys Soc Sci

2. Contact Person\*: Susan Sochacki Phone: 419-383-5806 Email: susan.sochacki@utoledo.edu

3. Alpha/Numeric Code (Subject area - number)\*: NURS - 5280/7280

If this is a renumbering, please request an electronic copy of the old course approval through the Register's Office at x4865, and attach it to #15 in this form. Remember to delete the old course ID in #13.

4. Proposed title\*: Theories of Addictive Behavior
Proposed effective term: F 2013

5. Planned enrollment per section: 10 per term: 10

6. Is the course cross-listed with another academic unit? Yes No

Is the course offered at more than one level? Yes No
If yes to either question, please list additional Alpha/Numeric codes, and submit a separate New Course form or Course Modification form for the course(s) referenced below.

a. Nurs - 5280 b. c.

Approval of other academic unit (signature)
Name and title

If course is to be offered at more than one level, attach an explanation of the different requirements that students must meet for each level. If the requirements are the same for each level, justification must be provided.

7. Credit hours\*: Fixed: 2 or Variable: to

8. Delivery Mode: Primary\* Secondary Tertiary

a. Activity Type: Lecture Other/DL
b. Minimum Credit Hours: 2
Maximum Credit Hours: 2
c. Weekly Contact Hours: 2

† Choices are: Lecture, Recitation, Seminar, Regular Lab, Open Lab, Studio, Clinic, Field, Independent Study, Workshop, Computer Assisted Instruction, Other

9. Terms offered: Fall Spring Summer
Years offered: Every Year Alternate Years

10. Are students permitted to register for more than one section during a term? No Yes
May the courses be repeated for credit? No Yes 2 Maximum Hours

11. Grading System\*: Undergraduate Graduate

- Normal Grading (A-F,PS/NC,PR, I)
- Passing Grade/No Credit (A-C, NC)
- Credit/No Credit
- Grade Only (A-F, PR, I)
- Audit only
- No Grade
- Normal Grading (A-F,PS/NC,PR, I)
- Grade Only (A-F)
- Satisfactory/Unsatisfactory (G only)
- Audit only
- No Grade

12. Prerequisites (must be taken before): a.  -  b.  -  c.  -

PIN (Permission From Instructor)  PDP (Permission From Department)

Co-requisites (must be taken together): a.  -  b.  -  c.  -

13. If course is to replace an existing, course(s) will be deleted, and when should that deletion occur?  
Course to be removed from inventory Final Term to be offered ( YYYYT. i.e. use 20064 for Fall'06 )

	<u>Course to be removed from inventory</u>	<u>Final Term to be offered</u> ( YYYYT. i.e. use 20064 for Fall'06 )
a.	<input type="text"/> - <input type="text"/>	<input type="text"/>
b.	<input type="text"/> - <input type="text"/>	<input type="text"/>
c.	<input type="text"/> - <input type="text"/>	<input type="text"/>
d.	<input type="text"/> - <input type="text"/>	<input type="text"/>

14. Catalog description\* (30 words Maximum)

See attached

15. Attach an electronic copy of a complete outline of the major topics covered.

Syllabus: \*

Additional Attachment 1:

Additional Attachment 2:

16. Where does this course fit in the University/College/Department curriculum? (Be specific by course level, if applicable). Indicate prospective demand.

Third semester in BSN-DNP program (Elective)  
 PROPOSE DUAL NUMBERING NURS 5280/7280 to meet the needs of the Masters program (NURS 5280) and the BSN-DNP program (NURS 7280).

17. If the proposed course is similar to another course in the College or University, please describe the difference and provide a rationale for the duplication. (If this course duplicates material covered in another course within your department or college or in another college, attach a letter of endorsement from that area's dean and department chairperson indicating their support. Clarify the manner in which this course will differ).

18. If the course is intended to meet a University Undergraduate Core requirement, complete the following and submit a course syllabus using the template:

Please explain how this course fulfills the general education guidelines. (Guidelines are available in Faculty Senate Website)

**Course Approval:**

Department Curriculum Authority:  Date  /  /

Department Chairperson: *Deanne Smoller, Ph.D, RN* Date  /  /

College Curriculum Authority:  Date: Month  / Day  / Year

College Dean:  Date: Month  / Day  / Year

*After college approval, submit the original signed form to the Faculty Senate (UH 3320) for undergraduate-level courses; for graduate-level courses submit the original signed form to the Graduate School (UH3240). For undergraduate/graduate dual-level courses, submit the proposals to each office.*

Faculty Senate Undergrad. Curriculum Comm.:  Date: Month  / Day  / Year

Faculty Senate Core Curriculum Comm.:  Date: Month  / Day  / Year

Graduate Council:  Date: Month  / Day  / Year

Office of the Provost:  Date: Month  / Day  / Year

Registrar's Office:  Date: Month  / Day  / Year

**You will see a confirmation page after you press the "Submit" button. If you do not see the confirmation page, please call x 4320 or send an email to ProvostWebMaster.utoledo.edu. Thanks.**

**University of Toledo College of Nursing**  
**BSN to DNP Program**  
**Syllabus**

**NURS 5280/7280-** Theories of Addictive Behaviors (Elective)

**COURSE CREDIT AND CONTACT HOURS**

2 Credit Hours, 2 Theory hours

**PREREQUISITES:** None

**FACULTY:** TBA

**CATALOG DESCRIPTION:**

Research and treatment related to addictive behaviors are critiqued. Nursing interventions specific for addicted persons are evaluated. Implications of legal / social / health policies on services for this population are explored.

**COURSE OBJECTIVES:**

1. Synthesize selected theories and research to determine theoretically-based nursing interventions specific for assisting addicted clients in meeting their demand for self-care.
2. Explore legal and ethical issues influencing care and services to addicted persons.
3. Analyze social issues and health policies related to legal and illegal substances.
4. Contrast community health services that address primary, secondary, and tertiary prevention of and treatment of addicted persons.
5. Critique the philosophical bases of self-help groups.
6. Investigate the issue of substance abuse and dependence within the nursing profession.

**The University of Toledo, College of Nursing**  
**NURS 5280/7280 THEORIES OF ADDICTIVE BEHAVIORS**  
**MSN/BSN to DNP Program**

**Course Number:**

N5280 (MSN)

N7280 (BSN to DNP)

**Course Title:**

Theories of Addictive Behaviors

**Course Credit and Clock Hours:**

NURS 5280/7280 2 Credit Hours (Theory)

Online

**Prerequisites:**

None. Required for psychiatric-mental health graduate nursing majors. Elective open to other graduate students.

**Faculty:**

Joanne Ehrmin PhD, RN

Professor

Office: Room 3326 - CB Telephone: 419-383-5837 (Office)

E-mail: [joanne.ehrmin@utoledo.edu](mailto:joanne.ehrmin@utoledo.edu)

Office Hours: By appointment

**Catalog Description:**

Research and treatment related to addictive behaviors are critiqued. Nursing interventions specific for addicted persons are evaluated. Implications of legal / social / health policies on services for this population are explored.

**Course Objectives:**

- 1.Synthesize selected theories and research to determine theoretically-based nursing interventions specific for assisting addicted clients in meeting their demand for self-care.
- 2.Explore legal and ethical issues influencing care and services to addicted persons.
- 3.Analyze social issues and health policies related to legal and illegal substances.
- 4.Contrast community health services that address primary, secondary, and tertiary

prevention of and treatment of addicted persons.

5. Critique the philosophical bases of self-help groups.

6. Investigate the issue of substance abuse and dependence within the nursing profession.

### **Teaching Strategies:**

Teaching strategies for this class will include online discussion, student-led formal presentations, and selected audio-visual media.

### **Required Text:**

Naegle, M. A., & D'Avanzo, C. E. (2001). *Addictions and substance abuse: Strategies for advanced practice nursing*. Upper Saddle River, NJ: Prentice Hall.

### **Recommended Text**

American Psychological Association (2009). *Publication manual of the American Psychological Association* (6th ed.) Washington, DC: Author.

- **APA Format will be expected for all discussions on the Discussion Board.**

**Under Course Resources on Blackboard, there are several APA guides, including APA Write On 2010, that will be helpful.**

The following web links also give you access to the most basic information about citations and reference lists in APA style. It is **strongly recommended** that you have access to the full publication manual. Some Internet sources on APA includes the following:

<http://www.unc.edu/depts/wcweb/handouts/apa.html> :

[http://owl.english.purdue.edu/handouts/research/r\\_apa.html](http://owl.english.purdue.edu/handouts/research/r_apa.html)

<http://www.apastyle.org/>

<http://www.docstyles.com/apastyle.htm>

### **Evaluation Strategies:**

Evaluation strategies for this course will include discussion board entries, written papers and scholarly presentations. All students will be expected to take a leadership role within the course by their online participation and their formal presentations, and required to attend three self help groups related to addictions.

Students are expected to abide by the University Of Toledo College Of Nursing Academic Honesty Policy found student handbook.

Faculty reserve the right to change the course requirements in exceptional circumstances with fair notice to the students.

The University of Toledo abides by the Americans with Disabilities Act (equal and timely access) and Section 504 of the Rehabilitation Act of 1973 (non-discrimination on the basis of disability). If you have a disability and are in need of academic accommodations but have not yet registered with the Office of Accessibility (OA) (Rocket Hall 1820; 419.530.4981; [officeofaccessibility@utoledo.edu](mailto:officeofaccessibility@utoledo.edu)) please contact the office as soon as possible for more information and/or to initiate the process for accessing academic accommodations. I /We also encourage students with disabilities receiving accommodations through OA to discuss these with me/us, after class or during office hours, so that I/we may be better informed on how to assist you during the semester.

**Student Grades will be based on the Following Graded Activities:**

**Graded Activities: MSN**

Graduate Students		
Assignment	Points	Date Due
Discussion Board including Article Summaries posted on discussion board	50 %	Minimum 2 postings per Week
Scholarly Presentation R/T Seminar Topic & Lead Discussion Group for the Week	30 %	Sign Up Will be Posted
Attend 3 self-help groups <ul style="list-style-type: none"> <li>• 1 AA group</li> <li>• 1 Al- Anon group</li> <li>• 1 Group of your choosing related to addictions or addictive behaviors</li> </ul>	S/U	TBA
Self-Help Experience Paper	20 %	TBA
Total Points	100 %	

**Graded Activities: BSN to DNP**

<b>Graduate Students</b>		
<b>Assignment</b>	<b>Points</b>	<b>Date Due</b>
Discussion Board including Article Summaries posted on discussion board	50 %	Minimum 2 postings per Week
Scholarly Presentation R/T Seminar Topic & Lead Discussion Group for the Week •	25 %	Sign Up Will be Posted
Attend 3 self-help groups • 1 AA group • 1 Al- Anon group • 1 Group of your choosing related to addictions or addictive behaviors	S/U	TBA
Scholarly Paper ** Clear topic with faculty	15 %	TBA
Self-Help Experience Paper	10 %	TBA
Total Points	100 %	

**Grading Scale:**

90 – 100% = A  
80 – 89% = B  
70 – 79% = C  
60 – 69% = D  
<60% = F

**Criteria for Evaluating Assignments****Expectations for Posting to the Discussion Board**



Faculty will normally post discussion questions for the week no later than Monday at 12 Noon. Student posts are also expected by Monday at noon. It is an expectation that you will post 1 time based on the topic, questions and activities for that Module, and then a minimum of 1 time in response to a peer post.

Each week your postings will be evaluated on the following criteria

1. Is it substantive? Are you posting messages that expand on ideas that arise from your readings or from comments made by your classmates?
2. Is it based on scholarly thought? Are your ideas and opinions informed by the readings assigned from class or other pertinent literature or experts (in other words more than just opinion or experience). Have you identified the source of your ideas or opinions?
3. Does your posting invite further discussion?
4. Is it timely? Is it posted in enough time for classmates to read, think about it and offer a response? Four brilliant entries posted Sunday night at 10 PM do not benefit the class.
5. Is it readable? Are grammar and spelling correct? Have you cited references appropriately?

Please keep the following in mind as you post:

1. The goal is to have a lively and stimulating exchange of ideas. This means it is essential that you do the readings and post on time.
2. OPINIONS ARE WELCOMED, but should be respectfully stated.
3. The topics of addictions, substance abuse, and chemical dependency are emotionally laden. Some people feel strongly about addictions and how people with substance abuse problems should be treated. All postings should be respectful of other people's opinions and experiences. Hopefully everyone will be comfortable posting and we will have honest, open, and stimulating discussions.
4. The discussion board is password protected and no one outside the course should have access to it.

### **Guidelines for posting article summaries:**

Some weeks you may be asked to select an article and post summaries on the discussion board. The articles should be relevant to course content. The articles should come from peer reviewed Nursing journals (not lay magazines or websites) and have been published after 2005. Put the article reference citation at the beginning of the posting. Use APA format.

1. Summarize in a paragraph, the purpose and conclusions of the article.
2. Describe what the article made you think about, how it made you think differently, or what question it raised for you. Invite your classmates to respond to you.

### **Guidelines for Attendance at 12 -Step Self-Help Meetings:**

**All students** will attend three (3) self-help groups (one AA, one Al-Anon, and a second AA or another group related to addictions). You should attend an OPEN meeting, which means anyone can attend. A CLOSED meeting is only for members of the group. For example, one would need to be an "alcoholic" in order to attend that AA meeting.

1. Information on local AA meetings is available through the local AA website <http://www.area55aa.org/>
2. Information on local Al-Anon meetings is available through the Ohio Al-Anon website <http://www.ohioal-anon.org/>

Before attending your first meeting, however, read McGee (2000) and Naegle and D'Avanzo (pp. 286-287, 365-366). This assignment provides you an opportunity to more fully understand the philosophy of Alcoholics Anonymous (AA), increase understanding of its concepts, and gain an appreciation of the recovery process separate from the clinical setting. All students will share their experience with the 12-step groups for Module 7 Discussion.

### **Guidelines for Self-Help Experience Paper:**

All students will write a 3 to 4 page description of their experience in attending the self-help groups. In his paper, compare and contrast the groups as you personally experienced them; discuss the value of 12-steps for recovering individuals. Discuss how you will specifically incorporate this experience in your nursing practice. Demonstrate objectivity and critical thinking; integrate course readings and seminar discussions. Use APA format.

### **Scholarly Paper: (BSN to DNP Students)**

Address an addiction issue pertinent to nursing. Consult nursing and psychosocial literature for a theoretical and research basis for understanding the issue being studied. Seek a theoretical or research foundation to support any lay publications (e.g., self-help books) being utilized. Emphasize the role of nursing in relation to this issue. Length of paper should approximate 15-20 pages double spaced (excluding title page and references). Because the quality of the paper is expected to be high; anticipate utilizing a minimum of 15 references from peer reviewed journals, with a strong emphasis on the nursing literature. Do not use secondary references and avoid lay literature and websites created for the lay consumer.

The following criteria will be used to determine the grade for the scholarly paper:

#### **7 pts Content:**

The problem is clearly identified and adequately explained. The impact of the problem on a specific population is well defined. An understanding of the role of US policy on the problem is clearly demonstrated. The significance to nursing is clear and based on relevant theoretical and research literature. The role of nursing is clearly described.

#### **20 pts Critical Thinking and Analysis:**

Approach to the problem is creative but based on the literature and information presented. Approach to the problem flows logically. Original thinking is demonstrated. Synthesis of the literature is demonstrated. Conclusions are logical and supported by the information presented.

Ideas are logically developed. Demonstrates critical analysis and synthesis of theoretical and research based literature. Using relevant literature, a creative and original approach to the issue is explored. The conclusion flows logically based on the information presented. The recommendations and conclusions are related to nursing.

#### **8 pts Grammar and Format:**

Paper is well organized and paper has an introduction and a conclusion. Purpose of the paper is clearly stated and ideas flow logically. Correct use of grammar, spelling and APA format, in text and in Reference List. Reference list demonstrates use of nursing literature and predominant use of scholarly articles from peer reviewed journals. References are accurately cited using APA format. Cites and quotes references accurately using APA format. Reference list reflects a scholarly exploration of the issue through the predominant use of peer reviewed journal articles, not lay literature. Nursing

literature is well represented.

### **35 pts Total**

#### **Scholarly Presentation [Dates TBA- See Course Schedule]**

Select a topic related to addictions. Topics are to relate to a weekly seminar scheduled and have been approved by the faculty. Your presentation should include: (1) learning objectives for your presentation and (2) a reference list in APA format that includes those references provided by the faculty plus those you wish to add. Your presentation should be posted to the discussion board no later than the Sunday night preceding the week of the scheduled discussion.

It is the job of the individual(s) presenting to formulate and post discussion questions related to their presentation as well as to moderate the discussion.

The following criteria will be used to determine the grade for the scholarly presentation:

Scholarly Presentation Grade will be determined by:

- 5 pts Self-Assessment
- 20 pts Faculty Evaluation
- 25 pts Total

#### Faculty evaluation criteria

- 6 pts Demonstrates comprehensive knowledge of topic Cites relevant nursing literature (in addition to reading list). Critical analysis and synthesis of relevant knowledge is demonstrated
- 6 pts Content is nursing-focused and nursing-based.
- 6 pts Provides stimulating discussion questions and moderates online discussion well
- 2 pts The presentation was posted on time. Interesting method of presentation. Demonstrates organization. Cites references accurately and appropriately throughout presentation. Reference list provided. Correct use of APA format

#### Self Evaluation Criteria

- Did you include the required elements?
- Do you think the information your presented was accurate and stimulated participant learning?
- Do you think your questions fostered stimulation discussion?
- Do you think your presentation would be of benefit to practicing nurses?
- Did you learn anything new while you prepared this presentation?