



Exercise Science HPFP

Dr. Scheuermann and Dr. Suzanne Wambold created the Human Performance and Fitness Promotion (HPFP) concentration

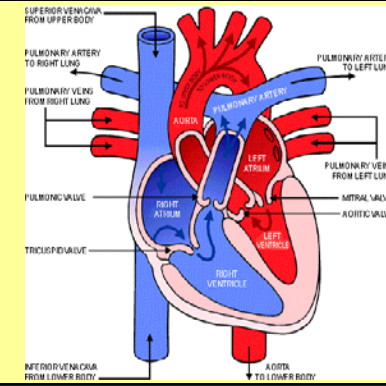
Students in this concentration are eligible to sit for the NSCA, CSCS credential and the ACSM, CPT, HFS, and CES credentials

As part of the strategic plan – a UT HPFPA was formed



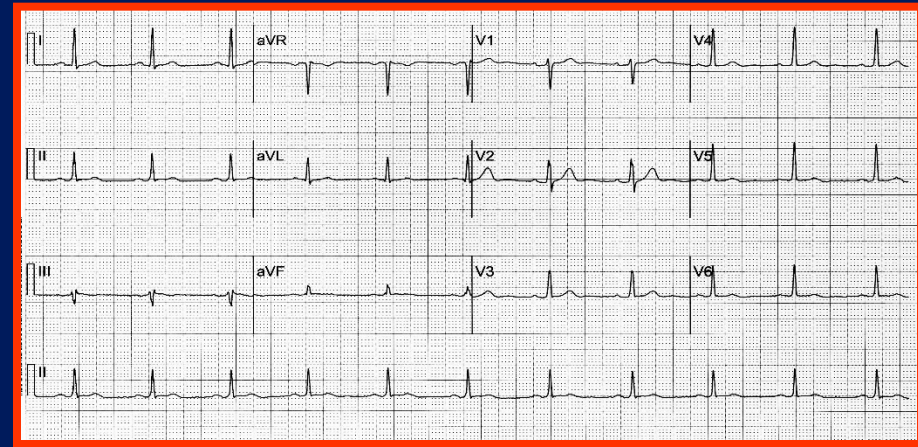


Exercise Science HPFP

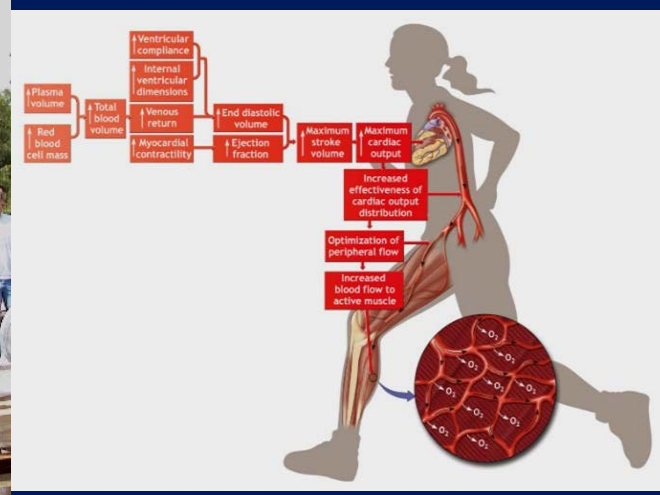


Course work includes:

- EKG interpretation
- 500 Internship hours
- Facilities Management
- Stress Testing and interpretation
- Concepts of Health and Exercise Fitness
- Professional Responsibilities in the Fitness Industry



Exercise Science HPFP



Course work ALSO includes:

- Endurance Conditioning & Lab
- Strength and Conditioning & Lab

Exercise Science HPFP



Students assist with Body Composition, complete medical clearance forms, and create exercise prescriptions

EXERCISE IS MEDICINE

OR SAID ANOTHER WAY

**MEDICINE
IS
EXERCISE**

