Chest Physiotherapy

Setting: ☐ Lab □ Clinical
Evaluator: ☐ Peer □ Instructor

Conditions (describe): _________________________________________________________
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Equipment Used
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Equipment and Patient Preparation
1. Verifies, interprets, and evaluates physician’s order or protocol; determines lobes/segments
to be drained by reviewing chest x-ray results, progress notes, and diagnosis; scans chart for
any possible contraindications
2. Scans chart for diagnosis and any other pertinent data and notes
3. Selects, gathers, and assembles the necessary equipment: blood pressure manometer,
percussor (if needed), and pulse oximeter
4. Coordinates therapy before meals and tube feedings or 1 to 1 ½ hours after meals
5. Washes hands and applies standard precautions and transmission-based isolation procedures
as appropriate
6. Identifies patient, introduces self and department
7. Explains purpose of the procedure and confirms patient understanding

Assessment and Implementation
8. Assesses patient: pulse, respirations, blood pressure, auscultation, pulse oximetry, level of
dyspnea, level of cooperation, and color
9. Instructs (demonstrates) patient in diaphragmatic breathing, segmental expansion, and coughing
10. Positions patient for segmental/lobar drainage, beginning with most dependent portions first
11. Reassesses patient response and tolerance
12. Modifies position to accommodate patient’s response, if needed
13. Encourages maintenance of proper breathing pattern
14. Performs percussion over properly identified areas as indicated
15. Performs expiratory vibration over correct area during expiration, if needed
16. Maintains position for appropriate time interval (3 to 15 min) as tolerated
17. Encourages and assists patient with cough expectoration
18. Examines (collects) sputum
19. Repositions patient and repeats procedure as indicated and tolerated
20. Returns patient to comfortable position
21. Reassesses patient
22. Maintains/processes equipment
23. Disposes of infectious waste and washes hands
24. Records pertinent data in chart and departmental records
25. Notifies appropriate personnel and makes any recommendations or modifications to patient
care plan as indicated

Signature of Evaluator ________________________________________________________
Signature of Student _________________________________________________________

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**PERFORMANCE RATING SCALE**

5 EXCELLENT – FAR EXCEEDS EXPECTED LEVEL, FLAWLESS PERFORMANCE  
4 ABOVE AVERAGE – NO PROMPTING REQUIRED, ABLE TO SELF-CORRECT  
3 AVERAGE – THE MINIMUM COMPETENCY LEVEL, NO CRITICAL ERRORS  
2 IMPROVEMENT NEEDED – PROBLEM AREAS EXIST; CRITICAL ERRORS, CORRECTIONS NEEDED  
1 POOR AND UNACCEPTABLE PERFORMANCE – GROSS INACCURACIES, POTENTIALLY HARMFUL

<table>
<thead>
<tr>
<th>PERFORMANCE CRITERIA</th>
<th>SCALE</th>
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<tbody>
<tr>
<td>1. DISPLAYS KNOWLEDGE OF ESSENTIAL CONCEPTS</td>
<td>5 4 3 2 1</td>
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<tr>
<td>2. DEMONSTRATES THE RELATIONSHIP BETWEEN THEORY AND CLINICAL PRACTICE</td>
<td>5 4 3 2 1</td>
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<td>3. FOLLOWS DIRECTIONS, EXHIBITS SOUND JUDGEMENT, AND DEMONSTRATES ATTENTION TO SAFETY AND DETAIL</td>
<td>5 4 3 2 1</td>
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<td>4. EXHIBITS THE REQUIRED MANUAL DEXTERITY</td>
<td>5 4 3 2 1</td>
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<tr>
<td>5. PERFORMS PROCEDURE IN A REASONABLE TIME FRAME</td>
<td>5 4 3 2 1</td>
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<tr>
<td>6. MAINTAINS STERILE OR ASEPTIC TECHNIQUE</td>
<td>5 4 3 2 1</td>
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<tr>
<td>7. INITIATES UNAMBIGUOUS GOAL-DIRECTED COMMUNICATION</td>
<td>5 4 3 2 1</td>
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<td>8. PROVIDES FOR ADEQUATE CARE AND MAINTENANCE OF EQUIPMENT AND SUPPLIES</td>
<td>5 4 3 2 1</td>
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<td>9. EXHIBITS COURTEOUS AND PLEASANT DEEMOR</td>
<td>5 4 3 2 1</td>
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<tr>
<td>10. MAINTAINS CONCISE AND ACCURATE RECORDS</td>
<td>5 4 3 2 1</td>
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**ADDITIONAL COMMENTS:** INCLUDE ERRORS OF OMISSION OR COMMISSION, COMMUNICATIVE SKILLS, AND EFFECTIVENESS OF PATIENT INTERACTION:

**SUMMARY PERFORMANCE EVALUATION AND RECOMMENDATIONS**

SATISFACTORY PERFORMANCE – Performed without error or prompting, or able to self-correct, no critical errors.

_______ LABORATORY EVALUATION. SKILLS MAY BE APPLIED/OBSERVED IN THE CLINICAL SETTING.

_______ CLINICAL EVALUATION. STUDENT READY FOR MINIMALLY SUPERVISED APPLICATION AND REFINEMENT.

UNSATISFACTORY PERFORMANCE – Prompting required; performed with critical errors, potentially harmful.

_______ STUDENT REQUIRES ADDITIONAL LABORATORY PRACTICE.

_______ STUDENT REQUIRES ADDITIONAL SUPERVISED CLINICAL PRACTICE.

**SIGNATURES**

STUDENT: _______________________________  EVALUATOR: _______________________________

DATE: _______________________________  DATE: _______________________________