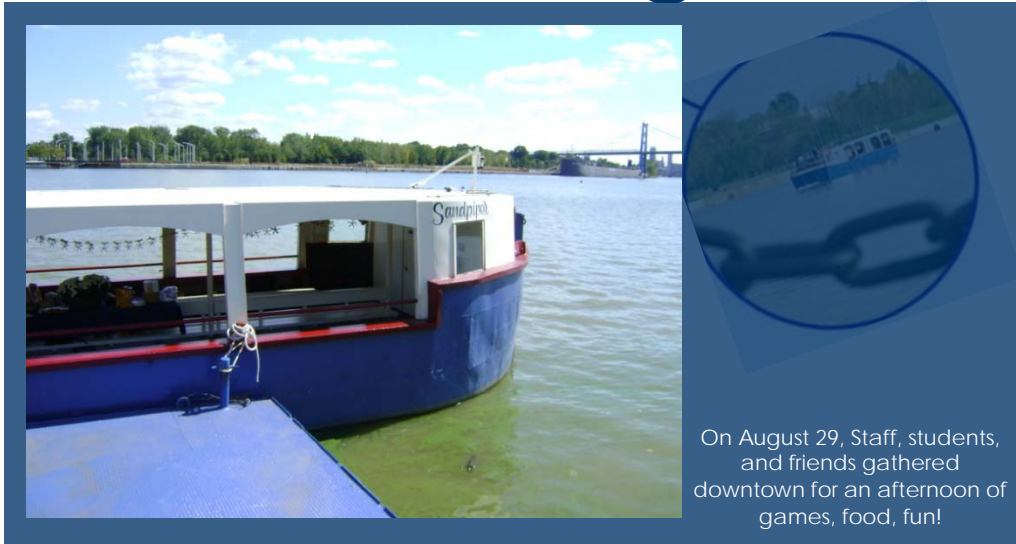




Chi Sigma Iota



On August 29, Staff, students, and friends gathered downtown for an afternoon of games, food, fun!

In this addition:

- 2009-2010 CSI Officers
- How to get Involved
- Upcoming Events

"CSI is an honor society dedicated to promoting excellence in the profession of counseling."

A Great Get-A-Way: Welcome Back Cruise 2009!

The 2nd annual "Welcome Back" Sandpiper cruise was held on Saturday, August 29th, 2009 from 2:00-4:00pm. The cruise, which was co-sponsored by Chi Sigma Iota and the Counselor Education and School Psychology Department, was a fun and relaxing way to usher in the new school year. Faculty, staff, students, and their family members gathered at the docks in downtown Toledo for an

afternoon of food, drink, fun, and prizes, while cruising down the scenic Maumee River.

The Sandpiper is a 100-Passenger cruise vessel located on the Maumee River in Toledo, Ohio. The boat is available for private and public rides from May through October. All are welcome, so please plan on attending the 3rd annual Sandpiper cruise next fall!

A Message from the President

Hello everyone, and welcome back to another school year at UT! My name is Stephanie Calmes, and I am the current president of the Alpha Omega Chapter of Chi Sigma Iota. I want to take this opportunity to tell you a bit about myself and my background. I am in my second year of the Doctoral program in Counselor Education, and I work as a graduate assistant for the department. I am not new to this department, though, as I graduated from UT with my Master's Degree in Community Counseling in 2006. In addition, I have a Bachelor's degree in psychology from Miami University of Ohio (Go Redhawks!). Right now, I am busy finishing up my classes, writing, teaching an undergraduate

counseling class, and doing research with faculty as part of my GA duties.

I would also like to say "thanks a bunch" to Carrie VanMeter, last year's CSI chapter president, who has graciously agreed to stay on as the current chapter vice-president. With Carrie, Allison, Jon, and Drs. Laux and Harper all on board, this year is sure to run smoothly and productively for CSI. We have planned to continue some of the traditional CSI fundraisers and activities, but I am also excited for the new events that we are adding this year. I hope that you all join us for our upcoming scheduled CSI events, and I look forward to meeting you as well! Feel free to contact me at:

scalmes@rockets.utoledo.edu.

2009-2010 Chi Sigma Iota President, Stephanie Calmes



Meet Your Other CSI Officers. . .



Carrie VanMeter, Vice-President

Hello it's me again, Carrie VanMeter. Last year I served as CSI President and enjoyed the group so much that I stayed on to be the Vice President! Unfortunately, I will be done with my degree next year and will not be able to be a CSI officer again. I have learned so much being a part of CSI and believe anyone would benefit from being an officer! Next year I am hoping to be hired as a professor at some far off exotic educational institute like The University of Hawaii :) On a personal note, I absolutely love dogs and have decided to finally get myself a puppy for my birthday in March! I am a known pug lover but I am currently taking suggestion on the breed I should get due to health issues associated with pugs. I look forward to enjoying my last year here at UT and giving as much to CSI as possible.



Jon Borland, Treasurer

Hello and welcome back to another exciting year of classes, football games, internships, papers, and of course, CSI. It was a big surprise to be nominated for the Treasurer position (thanks Dean Benjamin!) at last spring's banquet, but the role transition has been smooth and I enjoy working with Stephanie, Carrie, Allison, and Drs. Laux and Harper. We have been working hard to come up with some new, creative programming and fundraising events for our members. Along with that, I am happy to report that we are operating in the black and we will be providing rooms again this year at AOCC for a very nominal fee. If you have any questions about the treasury or would like to share some fundraising ideas, please feel free to contact me.



Allison Sandrock, Secretary

Wow! Where does the time go? It seems like just yesterday I was reading about last year's Chi Sigma Iota officers. Anyway, my name is Allison Sandrock and I am the current Secretary of the Alpha Omega Chapter. I am a full-time student in my second year of the Community Counseling Program and plan to graduate this summer! Aside from classes, I am a graduate assistant with the Division of Student Affairs working on assessing the campus leadership programs, a practicum student at Harbor, and enjoy exercising and volunteering. I am thankful for this opportunity to get involved with the department, my major, and our community this year. There are some great events planned, so don't miss out and get involved in CSI today!

. . .And your CSI Advisors!

Dr. John Laux, Ph.D., LPCC-S, LICDC



Hi and welcome to the Fall 2009 newsletter. Just to tell you a little about myself, I was born and raised here in the Toledo area. I left at age 18 and was gone 15 years before this opportunity at UT opened up. My wife, Audrey, who is herself a UT alum, and I have been very happy to be back in the area. We have two sons: Nickolas is 7 and Christopher (CJ) is 4. They are frequent attendees at CSI events.

I have been at UT since the Fall of 2001. I love being here! I tend to teach the Internship, Advanced Personality, and some doctoral courses. I also coordinate the admissions process, so I get to meet people when they first come into the program and then I will often not see them until about two years later. Active participation in CSI events is a great way for me to stay in touch during the time between.

Teaching and research/writing are the favorite aspects of my work as a professor. My areas of interest include resilience, substance use, personality disorders, training issues, and personality assessment. I have worked as a counselor in a variety of treatment settings including the Cincinnati VAMC, a community mental health center, a campus counseling center, and an inpatient chemical dependence treatment center. I am very excited to help other people achieve their career and academic goals. If you have an idea you'd like to discuss, please do not hesitate to contact me. I'd love to hear your thoughts.

Chi Sigma Iota UPCOMING EVENTS



VOLUNTEER TO SUPPORT CSI

Volunteers are still needed on October 10, 2009 to help raise money for CSI. Help make and serve food, socialize, and enjoy the sights and sounds of the game when you join us for this beneficial fund raiser!

ALL OHIO CONFERENCE

11/4/2009- 11/6/2009 in Columbus, Ohio
Plan on attending!!

TOY DRIVE

Are you looking for a way to give back this holiday season? Plan on participating in Chi Sigma Iota's annual Toy Drive. A collection box will be located in the Department's office between Thanksgiving and the end of the semester to collect new or gently used toys. If you wrap the toy, please specify which gender would benefit most from the toy. Wrapping is not necessary though as we will have a toy wrapping party and actually deliver the toys to the Lucas County Drug Court before Christmas. If you have questions, please email Stephanie Calmes at : scalmes@rockets.utoledo.edu.



Dr. Holly Harper, Ph.D., PC, NCC



Hello! I am an Assistant Professor in the Department of Counselor Education and School Psychology and Chi Sigma Iota Alpha Omega Chapter Co-Faculty Advisor. This is my second year at the University of Toledo. During the course of my first year, I was supportive to Alpha Omega student members and active in the Alpha Omega chapters various meetings and activities. The welcome back cruise, preparation for fundraising, donating to the annual toy drive, participating in the Halloween party, and involvement in the initiation banquet at the end of the academic year to name a few.

I have worked as a professional counselor and have experience practicing in medical residency programs, schools, community mental health centers, and crisis intervention. Some of my research is published in the Journal of Contemporary Psychotherapy in the area of integrated health care and has an accepted publication in the Journal of College Counseling. I have presented at the national, regional, and state levels. Currently, I serve as Past-President of the Ohio Association for Counselor Education and Supervision (OACES) and as Secretary of the North Central Association for Counselor Education and Supervision (NCACES) and am involved in state and regional associations in leadership positions. I am very excited about the new leadership and the many activities planned for this year.

Counselor Education and School Psychology Department Highlights. . .

The faculty and staff have been very busy in the months between this and the last newsletter. Faculty members continue to present papers at state, regional, and national conferences. And, faculty members are well-represented among many of the most prestigious counseling journals and publications! Many faculty members include departmental graduate students in the research and writing efforts. Do not hesitate to let any of the faculty members know if you have interests in helping out with a research project or submitting an idea for a presentation to an upcoming counseling conference.

Data from the Counselor, Social Worker, and Marriage and Family Therapist Board regarding recent pass-rates for State of Ohio licensure are in. These data indicated that our Department has a 100% first time pass rate for all four of our licensure

examinations this past year (School Psychology, School Counselor, Counseling, and Clinical Counselor). In case you are wondering, the national pass rates for the NCE and NCMHCE were 91.7% and 71.1%, respectively.

We are pleased to note that Dr. Holly Harper, co-advisor Chi Sigma Iota's Alpha Omega chapter successfully completed her year as president of the Ohio Association for Counselor Education and Supervision. In this position, Dr. Harper served as the chief officer of the largest group of professors and supervisors in Ohio. Her duties included the planning, promotion, and execution of the annual OACES conference in Columbus, Ohio, where several CESP faculty and students made presentations.



WE NEED YOU!!

Your chapter of CSI needs you! CSI is continuing our yearly tradition of fundraising during the fall semester by working concession stands at several UT football games. We have signed up for 2 football games this semester, and volunteers are always needed to help run the booths. The first football game was held on Friday, September 11th at 9:00pm, with the UT Rockets winning at home against Colorado. The second football game is scheduled for Saturday, October 10th at 7:00pm, when the Rockets will host Western Michigan. Volunteers are still needed to help with this event, which directly benefits our chapter of CSI. Please contact Stephanie at scalmes@rockets.utoledo.edu if you are able to volunteer with us. Thanks in advance for your willingness to be a part of CSI's annual fundraising!

Ohio Association of Counselor Education and Supervision Conference (OACES):

Other highlights at this conference included:

- The election of CSI-AO president **Stephanie Calmes** to the position of OACES secretary.
- **Dr. John Laux**, co-CSI advisor to the position of president elect.
- Most notably, **Dr. Paula Dupuy** received the OACES award for the Counselor Educator of the Year. Congratulations Dr. Dupuy!!

All-Ohio Conference 2009

It's that time of year again! Time for counselors from all over the state to come together for the All-Ohio Counseling Conference, which will be held at the Hilton at Easton in Columbus, Ohio November 4-6. For those of you who do not know, this is a highly educational conference and a great place to make connections in both the clinical and school fields of counseling.

Of the 19 colleges and universities represented by faculty members making presentations at the AOCC, UT faculty and students account for a total of 8 different sessions, and only OSU and OU account for more sessions. The Department has a grand tradition of holding a reception each year on Thursday evening. This year's reception will begin at 7:00 p.m. The location is TBA. Please come and join us and share in our libations and refreshments.

Sessions cover several topics of interest, including: various techniques and interventions in schools; new data on domestic violence; and dealing with grief and loss with children. The cost for student registration (even if you are not a member of the Ohio Counseling Association) is only \$50 for the conference sessions on Thursday and Friday.

Also, every year the Alpha Omega chapter of CSI reserves a couple rooms for its members, which runs \$147 per night. This year we are opening them up to any UT student for a one-time payment of the following rates:

- **Non-CSI Member: \$50**
- **Active CSI Members: \$25**
- **Active CSI Members who have helped fund raise: \$10**

If you are interested, please contact Dr. Laux so we know how many rooms to reserve. This is one conference you will not want to miss-- mark your calendars and plan on attending!

To register online, please visit

<http://www.ohiocounseling.org/aocc.htm>

CSI Leadership Positions Available

Chi Sigma Iota

Department of Counselor
Education and School Psychology

E-Mail:

scalmes@rockets.utoledo.edu

Web Site:

<http://www.csi-net.org/>

HAVE YOU PAID YOUR DUES?

Local dues are \$10
and can be paid to
Jon Borland, Dr. Laux,
or Sue Martin.
National dues can be
paid through
www.csi-net.org



Are you looking for a way to become involved and make a difference? If you are, then CSI wants **you!** We are in need of a President, Vice President, Secretary, and Treasurer for the 2010-2011 academic year. Holding an office is a great way to get experience with leadership and learn about how organizations work. CSI is a group that is recognized at the American Counseling Association conference and offers great opportunities to continue working with CSI at the national level. If you are at all interested, please contact any of the current officers and they will be happy to answer questions about their positions. Being an officer for CSI is not as time consuming as one might think and it is a great chance to get to know more people in the counseling department. The deadline for tossing your hat in the ring will be announced next semester, but let an officer know if you are interested! Feel free to come to a meeting and see what CSI is all about.

2009-2010 Student of the Year Award Criteria



Description of the Award

CSI recognizes students nationally for excellence and leadership in the counseling profession. The Alpha Omega chapter wants to acknowledge student members at the chapter level for excellence in contribution to making the Alpha Omega chapter a success. The Chi Sigma Iota Alpha Omega Chapter **Student of the Year Award** recognizes the active contribution of a student member as evidenced by their active participation in chapter events throughout the academic year. The award is presented at the CSI Alpha Omega chapter initiation banquet at the conclusion of each academic year. **This year the initiation is scheduled for April 2nd, 2010 in the Student Union Room 2592.**

Requirements and Procedures for Applying

A peer or faculty member must nominate the Alpha Omega student member. The student must be an active member of the chapter and an active participant in the chapter's events of the 2009-2010 academic year. The Faculty Advisors will review the nominations and determine the award recipient.

CSI Student Members

Nominated students will be required to electronically submit a brief description of their active involvement in CSI and support for why he/she is a solid candidate for the award.

Nominators

The peer or faculty member should submit electronically a brief statement explaining why this student qualifies for the award based on their active contribution to the chapter this year. **All nominations must be received by March 19th, 2010.**

Promoting Excellence in the Profession of Counseling

How Can YOU Get Involved in Chi Sigma Iota?

Do you want to develop your professional leadership? Become involved in professional service? Participate in community service opportunities? If so, **join the Chi Sigma Iota Alpha Omega Chapter!** The Alpha Omega CSI chapter at the University of Toledo was established in 1986 and is one of the fastest growing chapters in the nation. In order to obtain membership in Chi Sigma Iota, you must meet the following criteria:

1. Be a Professional Counselor or a graduate student in a counselor education degree program
2. Have completed a semester of graduate coursework in a counselor education degree program
3. Have earned a grade point average of 3.5 or better on a 4.0 grading system.

If this describes you, we encourage you to join this prestigious honor society! Visit the CSI website at www.csi-net.org and click on the membership link to complete the application process. Contact any CSI member for more information!