

## RECREATION & LEISURE STUDIES UNDERGRADUATE PROGRAM PLAN OF STUDY

**Student Information:** Name: \_\_\_\_\_ Social Security: \_\_\_\_\_ Date: \_\_\_\_\_

**University Status:**  Entering Freshman  Readmit  Continuing  Dual Degree  UWD  Transfer

**Transfer Information:** Transfer from \_\_\_\_\_ Transfer hours \_\_\_\_\_  
(Outside of the University of Toledo)

<i>University of Toledo Skill Areas Curriculum Courses</i>						<b>Credit Hours: 9</b>
Course Number	Course Name	Prerequisite Requirement	Date Completed	Approved Substitution	Grade	Credit Hours
ENGL 1110	College Composition I					3
ENGL 2960	Organizational Report Writing	ENGL 1110				3
<b>Courses:</b> MATH 1180-2600						

<i>University of Toledo Competency Curriculum Courses: Humanities / Fine Arts</i>						<b>Credit Hours: 7</b>
Select one elective course from the University Catalog.						
Course Number	Course Name	Prerequisite Requirement	Date Completed	Approved Substitution	Grade	Credit Hours
COMM 3840	Interpersonal Communication					4

<i>University of Toledo Competency Curriculum Courses: Social Sciences</i>						<b>Credit Hours: 6</b>
Course Number	Course Name	Prerequisite Requirement	Date Completed	Approved Substitution	Grade	Credit Hours
PSY 1010	Principles of Psychology					3
SOC 1750	Social Problems					3

<i>University of Toledo Competency Curriculum Courses: Natural Sciences</i>						<b>Credit Hours: 6 - 7</b>
(Select one non-BIOL course from the University Catalog including one laboratory)						
Course Number	Course Name	Prerequisite Required	Date Completed	Approved Substitution	Grade	Credit Hours
BIOL 1140	Biol. Aspects of Human Cons. (Recommended)					3
	Natural Science Lab Elective: Course:					

<i>University of Toledo Competency Curriculum Courses: Multicultural Studies</i>						<b>** Credit Hours: 3 - 6</b>
Select one Diversity of U.S. Culture Multicultural Studies courses and one Other Than U.S. Multicultural Studies courses. Note: Student may satisfy one of the two multicultural requirements with at most one course that simultaneously fulfills a second area of the University core.						
Course Number	Course Name	Prerequisite Required	Date Completed	Approved Substitution	Grade	Credit Hours

**Select One (A, B, or C) From the Following Support Curricula and 14-15 Hours of Approved Electives**

<b>(A) Recreation and Leisure Studies Support Curriculum Courses</b>						<b>Credit Hours: 23</b>
<b>Note: Some support core courses require prerequisites, junior standing, or both.</b>						
<b>Course Number</b>	<b>Course Name</b>	<b>Prerequisite Required</b>	<b>Date Completed</b>	<b>Approved Substitution</b>	<b>Grade</b>	<b>Credit Hours</b>
RCA 1010	Sports and Physical Activity Elective (2 Courses)					2
RCA 1020	Aquatic Activity Elective					2
RCA 1030	Popular Outdoor Pursuit Elective (2 Courses)					2
PSY 2510	Lifespan Developmental Psychology	PSY 1010				3
COMM 2600	Public Presentations					3
HEAL 1500	First Aid					2
HEAL 2500	Personal Health					3
BUAD 3030	Managerial & Behavioral Processes in Org.					3
GEPL 3710	Urban Environments					3
<b>Note: RCRT 2310 may be substituted for one RCA 1010 or 1030 support course listed above, not to exceed one credit hour.</b>						

<b>(B) YMCA Professional Studies Concentration</b>						<b>Credit Hours: 23</b>
<b>Note: YMCA Professional Studies Concentration requires 23 credit hours as assigned below.</b>						
<b>Note: YMCA Professional Studies Concentration is taken in place of RLS Recreation and Leisure Studies Support Curriculum Courses.</b>						
<b>Course Number</b>	<b>Course Name</b>	<b>Prerequisite Required</b>	<b>Date Completed</b>	<b>Approved Substitution</b>	<b>Grade</b>	<b>Credit Hours</b>
BUAD 2040	Financial Accounting Information					3
BMGT 2700	Managing Diversity in the Workplace					3
ECON 1150	Principles of Macroeconomics					3
ECON 1200	Principles of Microeconomics					3
BUAD 3010	Principles of Marketing	ECON 1150 ECON 1200				3
RCRT 2310	Volunteerism					1
PSY 2510	Lifespan Development Psychology	PSY 1010				3
HEAL 2500	Personal Health					3
RCA 1010 or 1030	Sports and Physical Activity Elective					1

<b>(C) Optional Program</b>						<b>Credit Hours: 23</b>
<b>Note: Optional Program course requires 23 credit hours of RLS: Program Electives.</b>						
<b>Note: Optional Program course selections must be approved by a student's Academic Advisor and the PHRS Department Chair.</b>						
<b>Note: Optional Program is designed by both the student and Academic Advisor and is taken in place of the RLS Support Curriculum Courses.</b>						
<b>Course Number</b>	<b>Course Name</b>	<b>Prerequisite Required</b>	<b>Date Completed</b>	<b>Approved Substitution</b>	<b>Grade</b>	<b>Credit Hours</b>

<b>Program Electives</b>						<b>Credit Hours: 14 -15</b>
<b>Note: Select any combination courses from SOC, PSY, COMM, HEAL, BUAD, GEPL, or other field with advisor approval.</b>						
<b>Course Number</b>	<b>Course Name</b>	<b>Prerequisite Required</b>	<b>Date Completed</b>	<b>Approved Substitution</b>	<b>Grade</b>	<b>Credit Hours</b>

<b>Pre-Recreation and Leisure Studies Curriculum Courses (PRLS)</b>						<b>Credit Hours: 18</b>
Note: Students are required to obtain a minimum grade of a "C" in all Pre Recreation and Leisure Studies RLS RCRT courses.						
Course Number	Course Name	Prerequisite Required	Date Completed	Approved Substitution	Grade	Credit Hours
RCRT 1300	Introduction to Recreation and Leisure					3
RCRT 1310	Recreation Programming					3
RCRT 2300	Rec. Leadership and Group Dynamics.					3
RCRT 3310	Rec. & Adapt. for Special Populations.					3
RCRT 3940	Recreation Application Experience	* See Below				3
<b>* Note: RCRT 3940 Required Prerequisites: RCRT 1300, RCRT 1310, RCRT 2300, RCRT 3310, and RCRT 3710</b>						

<b>Recreation and Leisure Studies Professional Sequence Curriculum Courses</b>						<b>Credit Hours: 22</b>
Note: Students may begin professional sequence courses <i>only</i> after being formally accepted into the RLS program.						
Note: Students are required to obtain a minimum grade of a "C" in all Professional Sequence RLS RCRT courses.						
Course Number	Course Name	Prerequisite Required	Date Completed	Approved Substitution	Grade	Credit Hours
RCRT 3710	Adventure Programming in Rec. & RT	RCRT 1310 & 2300				3
RCRT 4340	Leisure Recreation & Aging	*RECT/ RLS or JS RCRT 1310 & 2300				3
RCRT 4330	Administration in Rec. and Rec. Therapy	*RECT/ RLS or JS				3
RCRT 4430	Interpretive Services	* RLS or JS				3
RCRT 4440	Park and Recreation Planning	* RLS or JS				3
RCRT 4450	Research Application in Rec. & RT	*RECT/ RLS or JS				3
RCRT 4520	Urban Park and Open Space Admin.	* RLS or JS				3
RCRT 4530	Recreation Policy and Leadership	* RLS or JS				3
RCRT 4850	Internship Preparation	*RECT/ RLS & SS				1
<b>* Note: Required prerequisites for students to take RLS Professional Sequence curriculum courses are: (1) RLS program acceptance, (2) RECT program acceptance, or (3) Junior Standing [minimum 60 credit hours completed].</b>						
<b>* Note: Required prerequisites for students to take RCRT 4850 includes Senior Standing [minimum 90 credit hours completed].</b>						

<b>Culminating Experience Curriculum Courses</b>						<b>Credit Hours: 12</b>
Note: Students may begin Culminating Experience Curriculum courses <i>only</i> after completion of <u>ALL</u> RLS RCRT course work.						
Note: Students must have maintained a minimum 2.5 GPA to be eligible to begin taking Culminating Experience courses.						
Course Number	Course Name	Prerequisite Required	Date Completed	Approved Substitution	Grade	Credit Hours
RCRT 4770	Project Design	* See Below				2
RCRT 4780	Project Evaluation	* See Below				2
RCRT 4930	Senior Internship	* See Below				4
RCRT 4930	Senior Internship	* See Below				4
<b>* Note: Required prerequisites for RLS majors to begin taking Internship Curriculum courses: (a) completion of ALL RCRT required course work, and (b) 2.5 GPA.</b>						

## A minimum of 124 Credit Hours is required for RLS graduation.

The University of Toledo's College of Health and Human Services and the above named student hereby agree that the course requirements or approved substitutions listed on the curriculum sheet must be satisfactorily completed in order to be considered eligible for graduation within the RLS program.

Students must meet the general graduation requirements listed in the University of Toledo Health and Human Services College bulletin in effect as of the date of this Agreement, including the requirements of a minimum 2.0 grade point average overall and a minimum 2.5 grade point average in the RLS major area. Students must complete at least 64 hours at the 2000 course level or above; 32 hours must be at the 3000 to 4000 course level.

This agreement must be revalidated if the student is not enrolled in the College for two or more consecutive semesters, excluding summer.

Student Signature

Date

Advisor Signature

Date