



# RECREATIONAL THERAPY: Degree Requirements

Name \_\_\_\_\_ SS# \_\_\_\_\_ Date \_\_\_\_\_

Entering Freshman    Readmit    Continuing    Dual Degree    UWD    Transfer

Transfer from \_\_\_\_\_ Transfer hours \_\_\_\_\_  
(Outside of the University of Toledo)

Course Number	Course Name	Pre-Req. *Co-Req.	Date Completed	Approved Sub.	Grade	Credit Hours
<b>Core Curriculum:</b> Students must earn a C average or higher in the core curriculum.						
<b>Skills Area (9 hours)</b>						
ENGL 1100 or 1110	Introduction to Writing or Composition I					3
ENGL 2960	Organizational Report Writing	Comp. I				3
MATH 1180	Mathematics for Liberal Arts					3

<b>Competency Areas</b> Students may satisfy one of the two multicultural requirements with at most one course that simultaneously fulfills a second area of the core.						
<b>Humanities/Fine Arts (6 hours)</b> (select one additional course from the University Catalog; no more than one course from any discipline):						
AED 3300	Crafts in Art					3
						3

<b>Social Sciences (6 hours)</b> (select one additional course from the University Catalog; no more than one course from any discipline):						
PSY 1010	Principles of Psychology					3
SOC 1010	Introduction to Sociology					3

<b>Natural Sciences (9 hours)</b> (select one additional course from the University Catalog; no more than one course from any discipline)						
KINE 2560 and 2570	Anatomy & Physiology I (3) and Anatomy & Physiology II (3)					3
BIO 1120	Survey of Biology (recommended)					3

<b>Multicultural Studies (6 hours)</b> select one course from Diversity of U.S. Culture and one from Other Than U.S. (Non-Western) for a total of 6 hours from the University Catalog:						
						3

<b>Pre-professional Support Courses (27 hours)</b>						
HEAL 1800	Medical Terminology					3
PSY 2200	Abnormal Psychology	PSY 1010				3
PSY 2400	Cognitive Psychology	PSY 1010				3
PSY 2510	Lifespan Developmental Psychology	PSY 1010				3
PSY 2700	Social Psychology	PSY 1010				3
RCRT 1300	Principles of Recreation					3
RCRT 1310	Recreation Programming	RCRT 1300				3
RCRT 2300	Rec Leadership & Group Dynamics					3
RCRT 3310	Recreation & Adaptation for Special Populations					3

Acceptance into the pre-professional Recreational Therapy courses requires completion of RCRT 1300, 1310, 2300, 3310, PSY 2200, 2510 & HEAL 1800 with a B- or higher in each course.

**Pre-professional Recreational Therapy Courses (15 hours)**

RCRT 4720	Introduction to Therapeutic Recreation					3
RCRT 4730	Medical & Clinical Aspects in TR					3
RCRT 4740	Assessment & Documentation in TR					3
RCRT 4750	Group Dynamics & Leadership in RT					3
RCRT 4790	Medical & Clinical Aspects of Therapeutic Rec II					3

Acceptance into the professional sequence requires: (1) completion of RCRT 4720, 4730, 4740, 4750 and 4790 with a B- or higher in each course; (2) 77 semester hours with a GPA of 2.5 or higher; (3) 100 experience hours (50 hours will be completed during pre-professional coursework); (4) three letters of recommendation and (5) completion of the Recreational Therapy Professional Sequence Application.

**Professional Sequence Courses (41 hours)** Students must make a B- or higher in all RCRT Courses

RCRT 4340	Leisure Recreation & Aging	RCRT 1310, 2300				3
RCRT 4330	Administration in Recreation & Rec Therapy	RECT Prog Acceptance				3
RCRT 4450	Research Applications in Rec & Rec Therapy	RECT Prog Acceptance				3
RCRT 4600	RT Intervention: Craft Therapy	RCRT 1310, 4720				1
RCRT 4610	RT Intervention: Horticulture Therapy	RCRT 1310, 4720				1
RCRT 4620	RT Intervention: Pet Assisted Therapy	RCRT 1310, 4720				1
RCRT 4630	RT Intervention: Play & Humor Therapy	RCRT 1310, 4720				1
RCRT 4640	RT Intervention: Therapeutic Groups	RCRT 1310, 4720				1
RCRT 4650	RT Intervention: Therapeutic Riding	RCRT 1310, 4720				1
RCRT 4660	RT Intervention: Fitness & Relaxation Therapy	RCRT 1310, 4720				1
RCRT 4670	RT Intervention: Leisure Education	RCRT 1310, 4720				1
RCRT 4680	RT Intervention: Assistive Technology & Techniques	RCRT 1310, 4720				1
RCRT 4690	RT Intervention: Aquatic Therapy	RCRT 1310, 4720				1
RCRT 4700	Introduction to Creative Art Therapies					3
RCRT 3710	Adventure Programming in Rec & Rec Therapy	RCRT 1310, 2300				3
RCRT 4770	Project Design: Recreational Therapy	RECT Prog Acceptance				2
RCRT 4780	Project Evaluation: Recreational Therapy	RECT Prog Acceptance				2
RCRT 4800	Clinical: Physical Rehabilitation	RCRT 4730, 4740 & 4750				1
RCRT 4810	Clinical: Psychiatric Rehabilitation	RCRT 4730, 4740 & 4750				1
RCRT 4820	Clinical: Mental Retardation/Developmental Disability	RCRT 4730, 4740 & 4750				1
RCRT 4830	Clinical: Geriatric	RCRT 4730, 4740 & 4750				1
RCRT 4840	Clinical: Pediatric	RCRT 4730, 4740 & 4750				1
RCRT 4850	Internship Preparation: Recreational Therapy	RECT Prog Acceptance				1
RCRT 4940	Recreational Therapy Internship	RCRT 4800-4840				8

**Choose one or more of the following tracks:**

Psychology	Pediatrics	Therapeutic Arts	Pre-Masters of Occupational Therapy
Geriatrics	Communication	General	

**Psychology Minor (9 hours)** Students must apply to the College of Arts & Sciences for minor.

**Select three courses from the following:** **PSY 3200** Personality and Individual Differences, **3210** Clinical Psychology, **3220** Psychopathology of Childhood, **3400** Cognitive Neuropsychology, **3500** Adolescence, **3510** The Adult Years or **3700** Small Group Behavior

PSY						3
PSY						3
PSY						3

**Pediatric (6 hours)**

**Select two courses from the following:** **AED 4140** Art Education for Special Child, **4240** Adaptive Methods in Therapeutic Art for the Child; **SLP 2400** Communication Disorders, **3030** Normal Language Acquisition; **PSY 3220** Psychopathology of Childhood

						3
						3

**Geriatric (6 hours)**

HEAL 3800	Death & Dying					3
HEAL 4560	Health Problems of Aging					3

**Communication (6 hours)**

**Select two courses from the following:** **SLP 2400** Communication Disorders, **3010** Clinical Phonetics, **3020** Anatomy & Physiology of Speech and Hearing Mechanism, **3030** Normal Language Acquisition; **SPED 3670** American Sign Language I, **SPED 3680** American Sign Language II

						3
						3

**General (6 hours)**

**Select two courses from any Track Courses or other elective courses approved by advisor.**

						3
						3

**Therapeutic Arts (9 hours)**

AED 4560	Introduction to Therapeutic Art					3
AED 4300	Media & Methods in Therapeutic Art					3
<b>Select one course from the following:</b> <b>AED 4140</b> Art Education for the Special Child, <b>4240</b> Adaptive Methods in Therapeutic Art for Child or <b>4280</b> Therapeutic Art for Adult Populations.						
AED						3

**Pre-Occupational Therapy (6 hours)**

AED 4560	Introduction to Therapeutic Art					3
<b>Select one course from any Track Course or other elective course approved by advisor.</b>						
						3

