



Recreation & Leisure / Recreational Therapy Studies Library Resource Guide

Finding Books

You can find books in the UT Library catalog (<http://utmost.cl.utoledo.edu/search>) or the OhioLINK Central Catalog by using keywords for your topic or use the subject headings and related topics such as those listed below. More help is available from the UT Library Catalog Guide: <http://www.utoledo.edu/library/help/guides/docs/utmost.pdf>

Some examples of subject headings are:

Exercise	Older people Recreation	Physical Fitness
Exercise therapy	People with Disabilities	Physical Therapy Modalities
Leisure	Rehabilitation	Recreation
Leisure industry	Physical education and	Recreation leadership
Leisure Psychological	training	Recreational therapy
Aspects	Physical education for	
Leisure Social Aspects	children	

Finding Articles

For journal articles, newspaper articles, and magazine articles, we suggest you search the UT Libraries' Research Databases: <http://www.ohiolink.edu/resources.cgi?by=subject> These sources lead to more full-text than do Google, Google Scholar, Yahoo, etc. An excellent search is a keyword one that combines 2 concepts. Note the use of the AND to connect our two concepts:

Example keyword search: **Elderly and “exercise therapy”**

Academic Search Complete

Covers scholarly publications in all areas of study.

Ageline

Ageline, produced by AARP, is a database covered issues related to aging and older adults, including social, behavioral, and economic perspectives of aging, as well as health, health care, and health behaviors. It does not cover clinical medicine or the biological/physiological aspects of aging.

Business Source Complete

Full text covering scholarly business journals

CINAHL

Covers the literature of nursing and allied health.

Education Research Complete

The definitive online resource for education research

Electronic Journal Center (OhioLINK)

Full text of 7000+ research journals.

Health Source: Nursing/Academic Edition

Covers many medical disciplines for students and professionals - particularly nursing and allied health.

MEDLINE 2003- (current)

The best source for articles covering the health sciences

Reference Sources

Americans at Play: demographics of outdoor recreation & travel (1997)	GV191.4 .W45
Dictionary of Rehabilitation (1995)	RM930 .D455
Dictionary of the Sport and Exercise Sciences (1991)	GV558 .D53
Educators' Guide to Free Health, Physical Education & Recreation Materials (2006)	LB1587.A3 E32x
Encyclopedia of Human Nutrition (2005; 4 volumes)	QP141 .E526
Encyclopedia of Mental and Physical handicaps (1991)	RC570 .T88
Mosby's Handbook of Herbs & Supplements and their Therapeutic Uses (2003)	RM666.H33
M67x	
The Ohio Nature Almanac: an encyclopedia	QH105.O3 O35
Physical Education Activity Handbook (2006)	GV361 .S295
Quick Reference Dictionary for Physical Therapy (2003)	RM696.5 .Q53
Resources for People with Disabilities & Chronic Conditions (2002)	HV1553 .R482
Sports Science Handbook: the essential guide (2005; 2 vol.)	GV558 .J46

Internet Resources

It is important to remember when searching for information on the 'free web' that there is no 'quality control' or editor. The information you find may be biased, neither accurate nor dependable.

The following is a list of sites that have been reviewed in terms of their authority, objectivity, and accuracy. They can provide you with objective and reliable information.

American Therapeutic Recreation Association	http://atra-online.com/cms/
Michigan Therapeutic Recreation Association	http://www.mtra-tr.org/
National Council on Therapeutic Recreation Certification	http://www.nctrc.org/
National Therapeutic Recreation Society	http://www.nrpa.org/
Therapeutic Recreation Ontario	http://www.trontario.org/