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❑ 1: [Minerva Anesthesiol.](#) 2008 Sep;74(9):475-9.



A prospective, randomized, double-blind comparison between parecoxib and ketorolac for early following nasal surgery.

[Leykin Y.](#) [Casati A.](#) [Rapotec A.](#) [Dal Sasso M.](#) [Barzan L.](#) [Fanelli G.](#) [Pellis T.](#)

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BACKGROUND: The aim of this prospective, randomized, double-blind study was to compare the efficacy of parecoxib for endoscopic turbinate and sinus surgery, with the non-selective non-steroid anti-inflammatory drug (NSAID), ketorolac. MET with an ASA physical status I-II, receiving functional endoscopic sinus surgery (FESS) and endoscopic turbinectomy after local anesthesia with 1% mepivacaine, were randomly assigned to receive intravenous administration of either 40 mg parecoxib (N.=25) or 30 mg ketorolac. The discontinuation of anaesthesia and then every 8 h postoperatively. A blinded observer recorded the incidence and severity of postoperative pain in the postanesthesia care unit (PACU), as well as 10, 20, and 30 min after PACU admission. Thereafter, observations continued at 12 h and 24 h after surgery. **RESULTS:** The area under the curve of the visual analogue scale (AUCVAS) calculated during the first 24 h was 669 (28-1 901) in the Ketorolac group and 413 (26-1 413) in the Parecoxib group (P=0.54). Rescue morphine analgesia was required by 11 patients (44%) in the Ketorolac group (P<0.05); while mean morphine consumption was 5 +/- 2 mg in the Parecoxib group and 11 patients (44%) in the Ketorolac group (P<0.05); while mean morphine consumption was 5 +/- 2 mg in the Ketorolac group and 11 patients (44%) in the Ketorolac group, respectively (P<0.05). No differences in the incidence of side effects were recorded between the two groups. Patient satisfaction was similarly high in both groups, and all patients were discharged uneventfully 24 h after surgery. **CONCLUSION:** For endoscopic nasal surgery and local infiltration with 1% mepivacaine, parecoxib administered before discontinuing general anesthesia is as effective as ketorolac in treating early postoperative pain.

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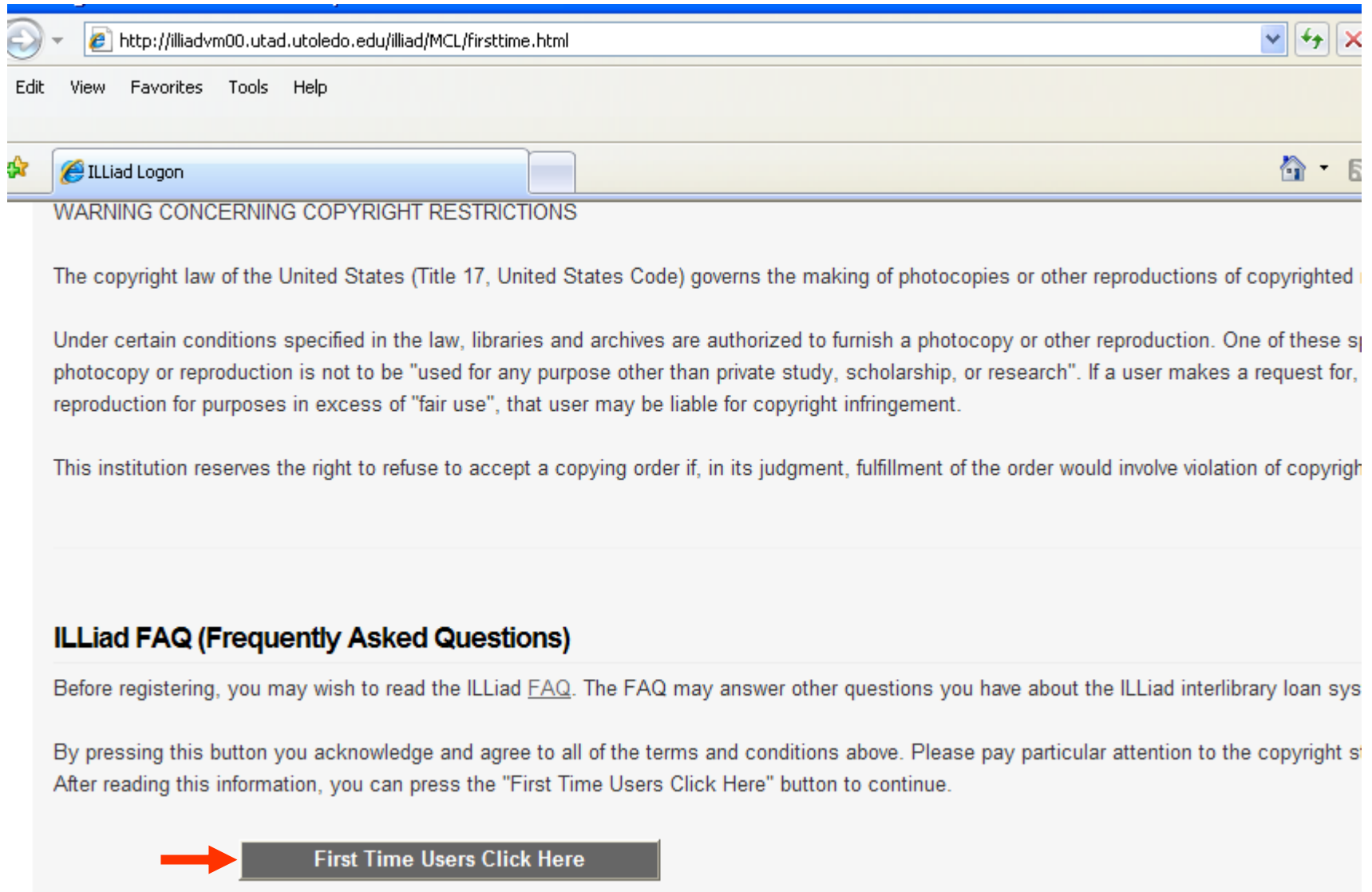
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