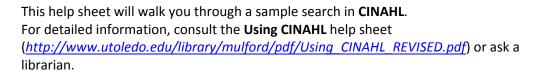
## **Step-by-Step Searching in CINAHL**





1 Access	<ul> <li>Access CINAHL through the UT Libraries website: <a href="http://www.utoledo.edu/library">http://www.utoledo.edu/library</a></li> <li>You can find the link to CINAHL in the Research Databases by Name or Subject pages under the Quick Links menu on the left side of the page</li> </ul>
2 Starting the search	<ul> <li>Sample topic: treating hypertension in elderly patients with diabetes</li> <li>On CINAHL'S Advanced Search page, type in hypertension in the first box</li> <li>Make sure Suggest Subject Terms is checked</li> <li>Click the Search button</li> </ul>
<b>3</b> Using Subheadings	<ul> <li>From the resulting list of subject headings, check the box next to Hypertension</li> <li>Check the boxes next to Hypertension, Explode and Major Concept (Explode will include narrower ways to describe hypertension and Major Concept will limit our search to citations that have hypertension as the main focus)</li> <li>Under the Subheadings column on the right side of the screen, check off</li> </ul>
and Combining Search	<ul> <li>Drug Therapy/DT</li> <li>Prevention And Control/PC and</li> <li>Therapy/TH</li> <li>Toward the bottom of the screen, click Browse Additional Terms</li> <li>In the box, delete hypertension and enter diabetes and click Browse</li> <li>From the resulting list of subject headings, check the box next to Diabetes Mellitus and the Explode option</li> </ul>
Terms	<ul> <li>In the far right column in the box, choose</li> <li>Click the</li> </ul> Search Database <ul> <li>button to view results</li> </ul>
4 Limits	<ul> <li>To narrow and refine your search results, under Refine your Results on the left side of the screen, click Show More to see all available limits</li> <li>Under Age Groups, select Aged: 65+ years to limit to articles focusing on the elderly</li> <li>Choose other limits as necessary</li> <li>After selecting your limits, click Search</li> </ul>
<b>5</b> Fall-text	<ul> <li>For each article reference, you will see specific links for connecting to the full-text</li> <li>You may see PDF Full Text or HTML Full Text links, or links directly from the journal publisher such as JAMA JAMA Full Text</li> <li>If you do not see any of the above links, always be sure to click Find It! to look up the article in both our online and print journal collections</li> <li>Is the article from a journal we don't have? Request a copy from another library. After clicking Find It, click the link that says Get a copy via interlibrary loan.</li> </ul>

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