INTRODUCTION: THE MOST POWERFUL CONCEPT IN MEDICINE

THE LOW ENERGY STATE
WHO USES ENERGY?

- BRAIN
- MUSCLES
- PRIMARY ACTIVE TRANSPORT
- HEART
- MEMBRANE MOVEMENT

- RAPIDLY DIVIDING CELLS
  - SKIN
  - HAIR
  - GI
  - RESPIRATORY
  - RENAL(PCT)
  - BLADDER
  - ENDOMETRIUM
  - ENDOTHELium
  - BREASTS
  - SPERM
  - GERM CELLS
  - CUTICLES
  - BONE MARROW
    - RED BLOOD CELLS
    - WHITE BLOOD CELLS
    - PLATELETS
PRESENTATION OF A DISEASE

• When it bothers the patient enough, he or she will see the doctor as soon as possible
  – **Weakness** so that the patient can not go to work
  – **Shortness of breath** scares people; they think they might die
SIGNS OF DISEASE: WHAT YOU CAN SEE

• TACHYPNEA and DYSPNEA
SYMPTOMS: THE PATIENT’S COMPLAINTS

• WEAKNESS
• SHORTNESS OF BREATH
MOST COMMON INFECTIONS

• PULMONARY INFECTIONS
• URINARY TRACT INFECTIONS
OTHER COMPLICATIONS

- **Dry skin**
- **Hair** dry and brittle
- **Nails** brittle
- **Bone marrow** suppressed
  - Anemia
  - Leukopenia
  - Thrombocytopenia
COMPLICATIONS, cont

- **Endothelium** – atrophic
- **Endometrium** – atrophic
- **Breasts** – atrophic
- **Sperm count** – low
- **GI** – nausea, vomiting and diarrhea
- **Renal** – PCT shuts down
- **Bladder** – atrophic; leads to UTIs
- **Respiratory** – weak cough > infections
- **Germ cells** – unable to replicate > leads to skin and GI cancers
- **CNS**: MR (children) and dementia (adults)
- **CV** – heart failure
MOST COMMON CAUSE OF DEATH?

HEART FAILURE!!!
ANYTIME YOU CAN CONNECT TO THE LOW ENERGY STATE …

• APPLY THE ENTIRE CONCEPT
• THIS ACCOUNTS FOR APPROXIMATELY 98% OF ILLNESSES
• WHENEVER IN DOUBT > ASSUME IT IS A LOW ENERGY STATE

STOP GUESSING!!!
YOU HAVE BEEN EMPOWERED