**University of Toledo Medical Center**

**Department of Orthopaedic Surgery**

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***Release Date:*** *April 2021***Termination Date** *July 30, 2022*

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**Learning Objectives: Participants will be able to:**

* *Describe common orthopaedic concerns*
* *Review new treatment options available for common orthopaedic injuries.*

**April 2021 Orthopaedic Monthly Questions**

Please check the appropriate answer and mail back to the CME office to receive credit.

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| 1. What structure is released in trigger finger and trigger thumb?
2. A1 Pulley
3. Transverse Carpal Ligament
4. A2 Pulley
5. Collateral Ligament
6. What is the usual treatment for whiplash injury?

A) Soft Collar B) Muscle Relaxant C) Therapy D) All of the Above 1. If a patient is unable to do the O.K. Sign, what nerve is injured?A) Axillary Nerve

 B) Ulnar Nerve C) Anterior Interosseous Nerve D) Posterior Interosseous Nerve | 1. What does Terry-Thomas Sign of the wrist indicate?
2. Lunate Injury
3. Scapholunate Ligamentous Injury
4. Scaphoid Nonunion
5. Carpal Tunnel Syndrome
6. What nerve injury causes medial winging of the scapula?
7. Long Thoracic Nerve
8. Axillary Nerve
9. Anterior Interosseous Nerve
10. Radial Nerve
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**Bibliographic References:**

\* Giugale JM, Fowler JR. Trigger Finger: Adult and Pediatric Treatment Strategies. Orthop Clin North Am. 2015 Oct;46(4):561-9. doi: 10.1016/j.ocl.2015.06.014. Epub 2015 Aug 13. PMID: 26410644.

\* Schofferman J, Bogduk N, Slosar P. Chronic whiplash and whiplash-associated disorders: an evidence-based approach. J Am Acad Orthop Surg. 2007 Oct;15(10):596-606. doi: 10.5435/00124635-200710000-00004. PMID: 17916783.

\* Stanbury SJ, Elfar JC. Perilunate dislocation and perilunate fracture-dislocation. J Am Acad Orthop Surg. 2011 Sep;19(9):554-62. doi: 10.5435/00124635-201109000-00006. PMID: 21885701.

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