**University of Toledo Medical Center**

**Department of Orthopaedic Surgery**

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***Release Date:*** *July 2020***Termination Date** *July 30, 2022*

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**Learning Objectives: Participants will be able to:**

* *Describe common orthopaedic concerns*
* *Review new treatment options available for common orthopaedic injuries.*

**July 2020 Orthopaedic Monthly Questions**

Please check the appropriate answer and mail back to the CME office to receive credit.

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| --- | --- |
| 1. A flat foot deformity can result from the rupture of the:
2. Tibialis Anterior
3. Flexor hallucis longus
4. Posterior tibial tendon
5. Deltoid ligament
6. What is the proper treatment of ankle sprains?
7. X-ray and Injection
8. Casting
9. Surgery
10. Physical Therapy and Functional Bracing
11. What is the most important structure injured in peroneal tendon subluxation?A) Inferior Peroneal Retinaculum

 B) Anterior Tibiofibular Ligament 1. Superior Peroneal Retinaculum
2. Deltoid Ligament
 | 1. At what level does Type C Weber Classification Fracture occur?
2. Above the Syndesmosis
3. Below the Syndesmosis
4. At the Syndesmosis
5. At the level of the knee joint

1. What injury is most common in the Lauge-Hansen classification?
2. Supination-External Rotation
3. Pronation-External Rotation
4. Supination-Adduction
5. Pronation-Abduction
 |

**Bibliographic references:**

\* Acute Ankle Sprain: Conservative or Surgical Approach 2016 February, 1 (2): 34-44 PMID: 28461926 in Foot & Ankle- Ankle Sprain. Al-Mohrej, OA.

\* Peroneal Tendon Disorders 2017 June, 2 (6): 281-292 PMID: 28736620 in Foot & Ankle. Davda, K.

\* Supination Adduction Ankle Fractures 2020 January 80, PMID: 31932039 in Injury 2020. Haller, JM.

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