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I. CURRENT ACADEMIC POSITION:

Assistant Professor
Department of Psychiatry, Uni of Toledo
3000 Arlington Avenue
Toledo OH 43614

II. EDUCATION & TRAINING:

POSTGRADUATE TRAINING IN USA

July 2013- June 2015: Fellow in Child & Adolescent Psychiatry at IOL/HH Hartford CT.

July 2010 – June 2013: Resident, General Psychiatry at University of Medicine & Dentistry of New Jersey (UMDNJ) Newark NJ
(Now Rutgers University)

POST-GRADUATE TRAINING & PROFESSIONAL WORK IN INDIA

Apr 2007 – Apr 2010: Senior Registrar, Psychiatry
Lady Hardinge Medical College & Associated Hospitals
(LHMC), New Delhi, India

Jun 2006 - Apr2007: Research Assistant
Drug De-Addiction Centre, New Delhi, India

Apr 2003- May 2006: Resident in General Psychiatry
Jawaharlal Institute of Postgraduate Medical Education
& Research (JIPMER), Pondicherry, India

MEDICAL SCHOOL

Sept 1996- Feb 2002: Dr MGR Medical University, Chennai, India
(Medical school included one year of internship).

III. CERTIFICATION AND LICENSURE:

- Diplomat of ABPN- Sept 2015
- Connecticut Medical License, April 2013 to present
- USMLE Step 3 Score- 84/215, Feb 2010
- ECFMG Certified, Sep 2009
- USMLE Step 2 Score -95/223, Aug 2009
- USMLE Step 1 score- 99/244, Sep 2008
- Doctorate of Medicine (MD, Psychiatry), India, May 2006
- Bachelor of Medicine & Bachelor of Surgery (MBBS), India, May 2002

IV. ACADEMIC & TEACHING ACTIVITIES:

UTMC/Toledo

- Supervising and teaching 3rd year medical student rotating in child & adolescent psychiatry.
- Supervising and teaching child & adolescent psychiatry residents in outpatient and inpatient psychiatry services at Kobacker Centre.
- Supervising and teaching adult psychiatry resident on Consultation-Liaison psychiatry services once a week.
- Teaching year long course to residents- *“DSM-5 and its critical evaluation”*.

IOL/Hartford Hospital

- Clinical teaching of resident doctors and medical students rotating through child & adolescent psychiatry department.
- Attending weekly grand rounds.
- Monthly journal club attendance and presentation.
- Did didactic teaching course on *“Developmental Evaluation of Children”*.
- Doing ongoing research project- *“The effect of pharmacotherapy on trauma-related sleep disturbances in paediatric population”*.

UMDNJ, Newark, New Jersey

- Bed side teaching of psychiatry interns and medical students
- Seminar Presentations: On topics including *“Are atypical antipsychotics better than older typical antipsychotics”*; *“Psychiatry Interview Skills and Mental state Exam”*
- Senior Clinician Mini- Grand Round presentation: *“Legal Issues in ECT treatment for patients declared incompetent by Court of Law”*

LHMC, New Delhi, India

- Conducted *“Beginner’s Course on ECT treatment”* for psychiatry residents, medical students and nursing students.
- Did seminar on *“Introductory Course on Mental Health Act of India”* for psychiatry interns and medical students.

- Bed side teaching of psychiatry residents and medical students.

JIPMER, Pondicherry, India

- Monthly seminar presentations on various sections including psychopathology, phenomenology, psycho-pharmacology, rating instruments in psychiatry services and individual psychiatry disorders.
- Monthly journal article presentation.
- Bedside teaching of psychiatry interns and medical students.

V. WORK EXPERIENCE:

IOL/Hartford Hospital

- Diagnostic evaluation, treatment planning and working with multidisciplinary team for treatment of child and adolescent patients in different settings- inpatient, outpatient, emergency room, therapeutic school and consultation-liaison services.
- Follow up outpatient medication management clinic.
- Outpatient long and short term Individual psychotherapy.
- Rotations in various community psychiatry services including school consultation services and Intensive in home services.
- Rotation through various clinics in the hospital including -Partial hospital program; Eating disorder program; Anxiety Disorder clinic; Neurology.

UMDNJ, Newark, New Jersey

- Detailed assessment, diagnosis and management of patients in both inpatient & outpatient settings at University Hospital (UH) Newark, Hackensack University Medical Centre (HUMC) Hackensack, Veteran Affairs (VA) Hospital East Orange & Greystone Park Psychiatry Hospital (GPPH) in NJ.
- Emergency management and triage of patients in psychiatry emergency department of above hospitals except GPPH.
- Administered bilateral and unilateral ECT treatment to patients under close supervision of attending psychiatrist during 2 month rotation at UH Newark.

LHMC, New Delhi, India

- As assistant in-charge of outpatient services, my duties included triage, initial assessment, treatment, and follow up of psychiatry patients. Each week nearly 30 new patients and 60 follow up patients were seen. Worked as team leader in the management of 12 bed inpatient psychiatry unit with minimal supervision.
- As chief resident, I was actively involved in bed-side clinical teaching and other teaching activities for residents and medical students.
- As assistant in-charge of ECT treatment program, I oversaw planning and administering of nearly 80 ECT treatments to eligible patients independently.

- Served weekly as on-call team leader for emergency psychiatry and consultation-liaison services with minimal supervision.

JIPMER, Pondicherry, India

- This psychiatry residency training consisted of both outpatient and inpatient training in roughly equal measure where outpatient training started from the first day of the residency. On an average, I would complete detailed initial assessment of 2 new patients every other day in outpatient department which were subsequently presented to the chief resident and attending psychiatrist. For continuity of care, I personally followed these patients in my outpatient clinic throughout my residency. Afternoons were devoted to bedside team rounds and teaching on the inpatient service where I typically cared for 10 inpatients at a time.
- Special emphasis was given to making diagnoses in strict accordance with ICD-10, applying relevant rating scales and doing bedside neuropsychological tests.
- For one year, I attended weekly child guidance clinic.
- From my first year of residency, I received training in ECT treatment and management of ECT side effects. I administered nearly 200 ECT treatments under gradually decreasing supervision.

VI. PROFESSIONAL MEMBERSHIP:

- American Academy of Child & Adolescent Psychiatry, 2013 to present
- American Medical Association, 2013 to present
- American Psychiatry Association, 2011 to present
- Indian Psychiatry Association, 2006 to present

VII. RESEARCH EXPERIENCE & PEER-REVIEWED PUBLICATIONS:

Ongoing Work

- *Effect of pharmacotherapy on trauma related sleep problems in children and adolescents.* A work in progress with Dr. Robert Sahl MD and Dr. Michael Stevens PhD at Institute of Living.
- *Severe Sexual paraphilia in young adolescents- Case Discussion and Review.* A work at manuscript writing stage.
 - *Severe Impulsive-Compulsive behaviours side effects with Aripiprazole*
At writing stage

Peer-reviewed original research articles

- Goyal R, Arroyave A; Malik S. Urticaria and Angioedema Secondary to Methylphenidate Exposure. Accepted for publication in Journal of Child & Adolescent Psychopharmacology

- Goyal R, Ali Z. Severe Neurotoxicity Associated With Low Level Serum Lithium & Risperidone After Twenty-Five Years Of Uncomplicated Lithium Therapy. Accepted for publication in Journal of Clinical Psychopharmacology.
- Goyal, R. and S. H. Devi (2014). "A Case of Aripiprazole Induced Tardive Dyskinesia in a Neuroleptic-Naïve Patient with Two Years of Follow Up." *Clinical Psychopharmacology and Neuroscience*.2014; 12(1): 69-71.
- Ray R, Vaswani M, Deb KS, Sethi H, Chopra A, Kishore N, Goyal R. "Post marketing surveillance of sublingual buprenorphine naloxone combination tablets." *Indian J Physiol Pharmacol* 2012; 56(4): 359–366.
- YPS Balhara, Goyal R. An unusual Presentation of Dhat Syndrome. *J Neuropsychiatry Clin Neurosci*. 2012; 24(3): E19-E20
- YPS Balhara, Goyal R: Culture bound syndromes: Need to relook, relabel and include? *Asian journal of psychiatry* 2011; 4 (1): 75.
- Arora G, Goyal R: Sexual Side Effects of Milnacipran. *J Neuropsychiatry Clin Neurosci* .2011 Fall; 23:4:E33
- Goyal R, Chandrasekaran R, Nanda MR: Propranolol-responsive akathisia following acute encephalitis. *Gen Hosp Psychiatry* 2007 May; 29 (3): 273-4
- Madugula A, Chandrasekaran R, Rakesh G: Homatropine and psychosis in Weill-Marchesani syndrome. *J Am Acad Child Adolesc Psychiatry*. 2006 Jul; 45(7): 769-70
- Goyal R, Sameer M, Chandrasekaran R: Mania secondary to right-sided stroke - responsive to Olanzapine. *Gen Hosp Psychiatry* 2006 May-Jun; 28(3): 262-3
- MD Dissertation: “Predictors of suicidal ideation in patients suffering from major depressive disorder”. Faculty Advisor: Dr. Ramamurthy Chandrasekaran, MD, JIPMER, India. It was presented at Indian Psychiatry Society meet 2005.

VIII. LANGUAGES SPOKEN

- Hindi and Punjabi – Can read, write and speak fluently.
- Tamil – Can speak well.