

CURRICULUM VITAE
THE UNIVERSITY OF TOLEDO - COLLEGE OF MEDICINE

9/17/2014

PERSONAL INFORMATION

Name: Angele V. McGrady

EDUCATION AND TRAINING

1963 B.S. (Biology), Chestnut Hill College, Philadelphia, Pennsylvania
1966 M.S. (Physiology), Michigan State University, East Lansing, Michigan
1972 Ph.D. (Biology), University of Toledo, Toledo, Ohio
1984 M.Ed. (Guidance & Counseling), University of Toledo, Toledo, Ohio

EMPLOYMENT – last 20 years

2000-present Director of Medical Education, Department of Psychiatry, University of Toledo, Toledo, Ohio, Full-time; Salaried
1995-present Professor, Department of Psychiatry, University of Toledo, Toledo, Ohio, Full-time; Salaried
1995-present Adjunct Professor, Department of Physiology and Molecular Medicine, University of Toledo, Toledo, Ohio, Full-time; Salaried
2001- 2007 Administrative Director, Complementary Medicine Center, University of Toledo, Toledo, Ohio, Full-time; Salaried
1994-1995 Associate Professor, Department of Psychiatry, Medical College of Ohio, Toledo, Ohio, Full-time; Salaried
1982-present Associate Status: University of Toledo Medical Center, aka Medical College of Ohio Hospital, Toledo, Ohio, Full-time; Salaried
1982-1994 Adjunct Associate Professor, Department of Psychiatry, Medical College of Ohio, Toledo, Ohio, Full-time; Salaried
1979-1994 Associate Professor, Department of Physiology, Medical College of Ohio, Toledo, Ohio, Full-time; Salaried
1972 – present Graduate Faculty, University of Toledo, College of Medicine, aka Medical College of Ohio, regular status

CERTIFICATIONS/LICENSURES

1981 Biofeedback Certification Institute of America
Number 0338 (Next renewal date 2016)

1986 State of Ohio License: Professional Clinical Counselor
Number E 097 (Next renewal date 11/2014)

2013 Sports Counseling Certificate

California University of Pennsylvania, California, PA

NATIONAL AND INTERNATIONAL PROFESSIONAL SOCIETIES AND ACTIVITIES

a. Memberships

American Psychological Association, Health Psychology Division: Associate Status
Association for Applied Psychophysiology and Biofeedback
Society for Behavioral Medicine

b. Activities: National and International - selected

Chair: Council of State Societies, Biofeedback Society of America, 1987-1988

Executive Board: Association for Applied Psychophysiology and Biofeedback, 1989-1992

Special task force to create the Academy of Training in Biofeedback, Association for Applied Psychophysiology and Biofeedback, 1991-1992

President, Association for Applied Psychophysiology and Biofeedback, 1995-1996

Center for the Advancement of Health, Health and Behavior Alliance, Washington, DC,

Scientific Advisory Board: 2001-2005

Oakwood Complementary Medicine Center, Warren, Michigan, Advisory Board: 2001-2003

Reviewer of Training Programs, Biofeedback Certification Institute of America, 2002-2006

CONSULTING: RECENT PAST AND CURRENT

University of Toledo Athletic Department: Life skills and performance enhancement: softball, men's tennis, women's tennis, freshmen football, freshmen men's and women's basketball
Lourdes University: women's lacrosse

AWARDS AND COMMENDATIONS - Selected

Dean's Award for Teaching Excellence, Medical College of Ohio, 1997.

Distinguished Scientist Award presented by Association for Applied Psychophysiology and Biofeedback, April, 2000.

EDITORIAL BOARDS, JOURNAL REVIEWER.

Editorial Board: *Applied Psychophysiology and Biofeedback* - current

Associate Editor: *Biofeedback and Self-Regulation*, 1991-1994, 1996-1997

Associate Editor: *Applied Psychophysiology and Biofeedback*, 1997-2005

Editorial Board: *Journal of Behavioral Medicine*, 1994-2005

Reviewer for: *Journal of Behavioral Medicine, Psychosomatic Medicine, Alternative Therapies, Journal of Nervous and Mental Disease, Applied Psychophysiology and Biofeedback, Journal of Women's Health, Patient Education and Counseling*

STUDY SECTIONS, REVIEWER PANELS - Selected

Ad Hoc Reviewer: National Center for Complementary and Alternative Medicine, Clinical Study Section, 6/2002, 3/2003, 6/2003

Ad Hoc Reviewer: National Heart, Lung, & Blood Institute, Clinical Trials Review Committee, 10/2004

Ad Hoc Reviewer: National Institutes of Mental Health, B/Start Program, 1/2005

LECTURES, SEMINARS, SYMPOSIA, VISITING PROFESSORSHIPS

Professional (last 10 years)

Association for Applied Psychophysiology and Biofeedback Annual Mtg., Savannah, Georgia, March, 2014. Biofeedback in Cardiovascular Disease

Association for Applied Psychophysiology and Biofeedback Annual Mtg., Savannah, Georgia, March, 2014. Wellness Programming in Healthy and Ill Individuals

Toledo Hospital 10th Annual Integrative Medicine Conference. October 2013, Toledo Ohio. Biofeedback, Relaxation Therapy: Theory and Clinical Applications.

University of Toledo, Department Of Psychiatry, Psychopharmacology Update, September, 2013. Psychophysiological Therapies in Chronic Illness

34th Forum for Behavioral Science in Family Medicine. Chicago, Ill. Sept. 19-22, 2013 Research.

Association for Applied Psychophysiology and Biofeedback Annual Mtg., Portland, Oregon, March 2013. Effects of a Brief Intervention for Entering Third Year Medical Students

Association for Applied Psychophysiology and Biofeedback Annual Mtg., Portland, Oregon, March 2013. Biofeedback in Chronic Health Conditions

Biofeedback Society of Texas – invited speaker. 38th National Conference October 12-14, 2012. Austin Texas. 8 hours of presentation in large group.

33th Forum for Behavioral Science in Family Medicine. Chicago, Ill. Sept. 27-30, 2012. Title: Designing, Implementing and Evaluation Wellness Programs for Medical Students. Brennan, J. McGrady, A. Lecture/discussion 60 minutes.

Nineteenth Annual University of Toledo/BGSU Symposium on Research in Psychiatry, Psychology & Behavioral Science, University of Toledo Health Science Campus, 21st Annual Symposium. April 11, 2013 “Effects of a Brief Intervention for Entering Third Year Medical Students. McGrady, A. Brennan, J. Rapport, D., Schaefer, P. Whearty, K.

Nineteenth Annual University of Toledo/BGSU Symposium on Research in Psychiatry, Psychology & Behavioral Science, University of Toledo Health Science Campus, “An analysis of treatment outcomes of bipolar disorder patients at an academic medical center treated by psychiatric resident and attending physicians”, by Paul, P., McGinnis, R., McGrady, A., Whearty, K., & Rapport, D., April 19, 2012.

American Psychiatric Association, San Francisco, CA, “A comparison of treatment outcomes bipolar disorder patients at an Academic Medical Center treated by psychiatric resident and attending physicians”, Panchajanya, P., McGinnis, R., McGrady, A., Whearty, K., & Rapport, D., October 27, 2011.

Association for Applied Psychophysiology and Biofeedback Annual Mtg., Baltimore, MD, “Pathways to Illness, Pathways to Health: An Intervention Model Workshop, March 7-10, 2012, (with Don Moss Ph.D.)

The University of Toledo, Department of Orthopedics, Orthopedic Update Conference Series. “Biofeedback”, September 26, 2009

Bakken Heart-Brain Summit, Chicago, Illinois. “Biofeedback in Hypertension and Diabetes”, October 15-17, 2009.

The University of Toledo, College of Law. “Life Skills for Law Students: Managing Stress and Maintaining Focus”, March 26, 2008.

St. Luke’s Hospital, Maumee, Ohio “Depression in Cardiovascular Disease,” Toledo Area Academy of Professional Psychologists. January 18, 2008.

The University of Toledo, Department of Psychiatry Grand Rounds, Toledo, OH, “Mind Body Therapies in Chronic Pain – Thirty Years of Research, December 13, 2007.

Wood County Hospital, Bowling Green, Ohio. “Mind-Body Therapies in Chronic Pain: Evidence for Efficacy”, September, 2007.

Toledo Edison Retirees, Toledo, OH. “Stress Management for Seniors”, July, 2007

13th Annual BGSU/UT/MUO Symposium on Research in Psychiatry, Psychology & Behavioral Science, “Effects of Neurofeedback Treatment on Children with Behavioral

Attention and Concentration Problems”, by Donlin, J., Prodent, C., McGrady, A., Fine, T., March 30, 2006.

American Psychological Association, Toronto, Canada, “Biofeedback in Chronic Illness”, symposium chaired by Paul Lehrer Ph.D. August, 2004.

MCO, Department of Psychiatry Grand Rounds, Toledo, OH “Biofeedback Therapy in the Metabolic Syndrome”, January 22, 2004.

MCO, Dana Center, Hilton Hotel, Toledo, OH, “Women and Headaches: Biofeedback Techniques for Migraine”, April 17, 2004.

11th Annual Research Symposium in Psychiatry, Psychology & Behavioral Science Poster Session, MCO Dana Ctr., “The Millon Behavioral Health Inventory: Relationship to outcomes in Migraine Headache Patients, April 15, 2004.

PAST AND CURRENT RESEARCH SUPPORT, TRAINING GRANTS – last 10 years

Ohio Tobacco Use Prevention and Control Foundation, Thomas Fine, M.A., LPCC and Angele McGrady, Ph.D., Walter Edinger, Ph.D., Marijo Tamburrino, M.D., \$13,000, 11/1/02-10/31/04.

Lovell Foundation: through Complementary Medicine Center, Susan Pocotte, Ph.D., Principal Investigator; Angele McGrady, Ph.D., Administrator, \$13,800, 1/03-12/04.

Lovell Foundation: through Complementary Medicine Center, Ann Smith, RN, Ph.D., Sanford Kimmel, M.D., Co-Principal Investigators; Angele McGrady, Ph.D., Administrator, \$32,000, “Therapeutic Touch in Treatment of Osteoarthritis of the Knee”, 6/03 –12/04.

Ohio Department of Mental Health, Christine Prodent, Ph.D: PI., Thomas Fine MA LPCC , A. McGrady, Ph.D. co-investigators. “The Effects of Neurofeedback Treatment on Children with Behavioral, Attention and Concentration Problems”. \$29,232 (total \$58,464) 5/14/04-12/31/06. Dr. McGrady assumed the role of PI in January, 2006.

David C. and Lura M. Lovell Foundation Grant. \$25,000, Dr. McGrady, PI, “Wellness Initiative for Future Health Care Providers”, 2006-2010

David C. and Lura M. Lovell Foundation Grant: \$25,000. Dr. McGrady, PI. Transitioning from Classroom to Clinic. 2010-2104

Academy of Educators, University of Toledo. Julie Brennan Ph.D. PI. Building Resiliency in Family Medicine Residents. 2014-2015; \$5000

BIBLIOGRAPHY

Publications: peer reviewed: selected – last 20 years

35. McGrady, A. Effects of group relaxation training and thermal biofeedback on blood pressure and related physiological and psychological variables in essential hypertension. *Biofeedback and Self-Regulation*, 19(1), 51-66, 1994.
36. McGrady, A., Wauquier, A., McNeil, A., Gerard, G. Effect of biofeedback-assisted relaxation on migraine headache and changes in cerebral blood flow velocity in the middle cerebral artery. *Headache*, 34:424-428, 1994.
37. Wauquier, A., McGrady, A., Aloe, L., Klausner, T., Collins, B. Changes in cerebral blood flow velocity associated with biofeedback-assisted relaxation treatment of migraine headaches are specific for the middle cerebral artery. *Headache*, 35(6):358-362, 1995.
38. Weaver, M.T., McGrady, A. A provisional model to predict blood pressure response to biofeedback-assisted relaxation. *Biofeedback and Self-Regulation*, 20(3):229-240, 1995.
39. Roberts, G., McGrady, A. Racial and gender effects on the relaxation response: Implications for the development of hypertension. *Biofeedback and Self-Regulation*, 21(1):51-62, 1996.
40. Cohen, B.L., Conran, P.B., McGrady, A., Nelson, L. Effects of biofeedback-assisted relaxation on asthma severity and immune function. *Pediatric Asthma, Allergy & Immunology*, 10(2):71-78, November 2, 1996.
41. McGrady, A. Good news–bad press: Applied psychophysiology in cardiovascular disorders. *Biofeedback and Self-Regulation*, 21(4):335-346, 1996.
42. McGrady, A., Graham, G., Bailey, B. Biofeedback-assisted relaxation in insulin-dependent diabetes: A replication and extension study. *Annals of Behavioral Medicine*, 18(3):185-189, 1996.
43. McGrady, A., Bush, E.G., Grubb, B. Outcome of biofeedback-assisted relaxation for neurocardiogenic syncope and headache: A clinical replication series. *Applied Psychophysiology and Biofeedback*, 22(1): 63-72, 1997.
44. McGrady, A., Lynch, D., Nagel, R., Zsembik, C. Application of the High Risk Model of Threat Perception to a Primary Care Population. *Journal of Nervous and Mental Disease*, 187(6):369-375, 1999.

45. Lynch, D., McGrady, A., Nagel, R., Zsembik, C. Somatization Disorder in Primary Care. Comparing 5 Methods of Classification. *Primary Care Companion Journal of Clinical Psychiatry*, 1(3):85-89, 1999.
46. McGrady, A., Horner, J. Role of Mood in Biofeedback-Assisted Relaxation Therapy in IDDM. *Applied Psychophysiology and Biofeedback*, 24(1):79-88, 1999.
47. McGrady, A.V., Andrasik, F., Davies, T., Striefel, S., Wickramasekera, I., Baskin, S., Penzien, D.B., Tietjen, G. Psychophysiological Therapy for Chronic Headache in Primary Care. *Primary Care Companion Journal of Clinical Psychiatry*, 1(4):96-102, 1999.
48. Kern-Buell, C.L., McGrady, A.V., Conran, P.B., Nelson, L.A. Asthma Severity, Psychophysiological Indicators of Arousal and Immune Function in Asthma Patients Undergoing Biofeedback-assisted Relaxation. *Applied Psychophysiology and Biofeedback* 25(2): 79-89, 2000.
49. Birk, T., McGrady, A., MacArthur, R.D., Khuder, S. The effects of massage therapy alone and in combination with other complementary therapies on immune functions and quality of life in HIV. *The Journal of Alternative and Complementary Medicine* 6(5): 405-414, 2000.
50. McGrady, A., Kern-Buell, C., Khuder, S., Grubb, B.P. Psychological and physiological factors associated with tilt table testing for neurally mediated syncopal syndromes. *Pacing and Clinical Electrophysiology* 24(3): 296-301, 2001.
51. McGrady, A. A commentary on problems inherent in assessment of biofeedback efficacy studies. *Applied Psychophysiology and Biofeedback* 20(55), 111-112, 2002.
52. McGrady, A.V., Kern-Buell, C., Bush, E., Devonshire, R., Claggett, A.L., Grubb, B.P. Biofeedback-assisted relaxation therapy in neurocardiogenic syncope: A pilot study. *Applied Psychophysiology and Biofeedback* 28(3):183-192, 2003.
53. Vasudeva, S., Claggett, A.L., Tietjen, G.E., McGrady, A.V. Biofeedback-assisted relaxation in migraine headache: Relationship to cerebral blood flow velocity in the middle cerebral artery. *Headache* 43:245-250, 2003.
54. McGrady, A., Lynch, D., Nagel, R., Wahl, E. The high risk model of threat perception in a family practice population. *The Journal of Nervous and Mental Disease* 191:255-259, 2003.
55. Nagel, R., McGrady A, Lynch D., Wahl, E. Patient-physician relationship and service

- utilization: Preliminary findings. *Primary Care Companion J Clin Psychiatry* 5(1):15-18, 2003.
56. McGinnis, R.A., McGrady, A., Cox, S.A., Grower-Dowling, K.A. Biofeedback-assisted relaxation in type 2 diabetes. *Diabetes Care* 28:2145-2149, 2005.
 57. McGinnis, R.A., McGrady, A., Cox, S.A., Grower-Dowling, K.A. Biofeedback-assisted relaxation therapy effective in treatment of type 2 diabetes. *Endocrine Today*, 3(10):32, 2005.
 58. Lynch, D.J., McGrady, A., Alvarez, E., Forman, J. Recent life changes and medical utilization in an academic family practice. *The Journal of Nervous and Mental Disease* 193(9):633-635, 2005.
 59. McGrady, A. Introduction to the special issue on primary care. *Biofeedback* 34(4): 1-3, 2006.
 60. McGrady, A, McGinnis, R, Badenhop, D, Bentle, M, Chapman, B. Rajput, M. Effects of depression on adherence and outcome of cardiac rehabilitation programs. *Annals of Behavioral Medicine* 33:S120, 2007.
 61. Lynch, D.J., McGrady, A.V., Nagel, R.W., Wahl, E.F. The patient-physician relationship and medical utilization. *Primary Care Companion J Clin Psychiatry* 9(4):266-270, 2007.
 62. McGrady, A., Brennan, J., Lynch D. Effects of wellness programs in family medicine. *Applied Psychophysiology and Biofeedback* 34:121-126, 2009.
 63. McGrady, A., Lynch, D.J., Nagel, R.W., & Tamburrino, M. Coherence between physician diagnosis and patient self reports of anxiety and depression in primary care. *Journal of Nervous and Mental Disease* 198(6): 420-424, 2010.
 64. McGrady, A. The effects of biofeedback in diabetes and essential hypertension. *Cleveland Clinic Journal of Medicine* 77(3): S68-S71, 2010.
 65. McGrady, A., McGinnis, R., Badenhop, D., Bentle, M. & Rajput, M. Effects of depression and anxiety on adherence to cardiac rehabilitation, *Journal of Cardiopulmonary Rehabilitation and Prevention* 29(6):358-364, Nov./Dec., 2009.

66. McGrady, A., Lynch, D.J., Nagel, R.W., & Tamburrino, M. Coherence between physician diagnosis and patient self reports of anxiety and depression in primary care. *Journal of Nervous and Mental Disease* 198(6):420-424., 2010.
67. McGrady, A. The effects of biofeedback in diabetes and essential hypertension. *Cleveland Clinic Journal of Medicine* 77(3):S68-S71, 2010.
68. Brennan, J., McGrady, A., Lynch, D.J., & Whearty, K. Stress management intervention for first year medical students. *Annals of Behavioral Science and Medical Education* 16(2): 15-19, 2010.
69. Williams, K.S., Wryobeck, J.M., Edinger, J.W., McGrady, A., Fors, G.H., Zary N. Assessment of competencies using virtual patient technology. *Academic Psychiatry*. 35 (5): 328-330, 2011.
70. Knox, M., Lentini, J., Cummings, T., McGrady, A., Whearty, K., & Sancrant, L. Game-based biofeedback for pediatric anxiety and depression. *Mental Health in Family Medicine* 8: 195-203, 2011.
71. Brennan, J., McGrady, A., Whearty, K., Lynch D., Rapport D., & Schaefer, P. Emotional status of third year medical students and their responses to a brief intervention. *Annals of Behavioral Science and Medical Education* 18 (2): 10-14, 2012.
72. McGrady, A., Brennan, J., Lynch, & Whearty, K. A. (2012). Wellness program for first year medical students. *Applied Psychophysiology and Biofeedback*, 37(4): 253-60.
73. Rapport, D. Paul, P. McGrady, A. Kaplish, D. McGinnis, R. Whearty, K. (2013). Comparison of outcomes in bipolar disorder patients at an academic medical center treated by psychiatric residents and attending physicians. *Academic Psychiatry*, 37:5, September-October.

c. Book Chapters

1. McGrady, A.V. (1995). Biofeedback in Diabetes Mellitus. In: Schwartz, M. (Ed.), Biofeedback - A Practitioner's Guide, 2nd Edition, Guilford Press.
2. McGrady, A.V. and Bailey, B.K. (1995). Biofeedback in Essential Hypertension. In: Schwartz, M. (Ed.), Biofeedback - A Practitioner's Guide, 2nd Edition, Guilford Press.

3. McGrady, A.V. and Horner, J. (1998). Complementary/Alternative Therapies in General Medicine: Diabetes Mellitus. In: J.W. Spencer, J.J. Jacobs (Eds.), Complementary/Alternative Medicine, St. Louis, Mosby, Inc.
4. McGrady, A.V. (2001). Biofeedback in the Neurologic Disorders. In: Weintraub, M. (Ed.) Alternative and Complementary Treatment in Neurologic Illness, (pp. 156-165), New York, Harcourt Company.
5. McGrady, A., Bourey, R., Bailey, B. (2003). The metabolic syndrome: Obesity, Type 2 diabetes, hypertension, and hyperlipidemia. In D. Moss, A. McGrady, A., T.C. Davies, & L. Wickramasekera (Eds.), Handbook of mind-body medicine for primary care. (pp. 275-297), Thousand Oaks, CA: Sage Publications, Inc.
6. McGrady, A., Linden, W. (2003). Biobehavioral treatment of essential hypertension. In M. Schwartz & F. Andrasik (Eds.) Biofeedback-A Practitioner's Guide, 3rd Ed., (382-467), New York, Guilford Press.
7. McGrady, Bailey, B. (2003). Diabetes Mellitus. In: M. Schwartz & F. Andrasik (Eds.) Biofeedback- A Practitioner's Guide, 3rd Ed.), (727-749). New York, Guilford Press.
8. McGrady A. (2003). Psychophysiological foundations of the mind-body therapies. In D. Moss, A. McGrady, A, T.C. Davies, & L. Wickramsekera (Eds.), Handbook of mind-body medicine for primary care. (pp.43-55). Thousand Oaks, CA: Sage Publications, Inc.
9. McGrady, A.V., Kleshinski, M. (2003). Complementary/Alternative therapies in general medicine: Diabetes Mellitus. In: John Spencer, Joe Jacobs (Eds.), Complementary and Alternative Medicine: An Evidence Based Approach, 2nd Ed. (pp.241-245). Thousand Oaks, CA: Sage Publications, Inc.
10. McGrady, A., Utz, S. (2004). Diabetes: Behavioral Treatment. In: N. Anderson, Encyclopedia of Health & Behavior. (pp.241-244). Thousand Oaks, CA: Sage Publications, Inc.
11. McGrady, A. (2004). Biofeedback in Cardiovascular Disease. In: W.H. Frishman, M.I. Weintraub, M.S. Micozzi, (Eds.), Complementary and Integrative Therapies for Cardiovascular Disease (pp. 135-150). St. Louis: Mosby.
12. McGrady, A., Gevirtz, R. (2004). Module 5 Autonomic Nervous System, Part II: Specific Biofeedback Applications. In: Andrew Crider & Doil Montgomery, (Eds), Introduction to Biofeedback, Home Study Course, (pp. 1-51)Wheat Ridge, Colo.:AAPB.

13. McGrady, A. & McGinnis, R. (2005). Psychiatric disorders in patients with syncope. In: B. Grubb, B.Olshansky, (Eds), Syncope: Mechanisms and Management , 2nd Ed. (pp. 214-224) Walden, Mass: Blackwell Futura.
14. McGrady, A., Grower-Dowling, K. (2006). Relaxation and stress reduction for people with diabetes mellitus. In: M. Ferreira & G. Lang (Eds.), Indigenous Peoples and Diabetes: Community Empowerment and Wellness (pp.387-406), Durham, NC: Carolina Academic Press.
15. McGrady, A. (2007). Relaxation and Meditation. In: Luciano L'Abate (Ed.), Low-Cost Approaches to Promote Physical and Mental Health (pp.161-175), New York,NY: Springer Science Media.
16. McGrady, A., Fine, T., Prodent, C. (2007). The effects of neurofeedback treatment on children with behavioral, attention and concentration problems: Preliminary results. In: Taft, B. & Roth, D. (Eds), New Research in Mental Health: 2004-2005 Biennium, Vol. 17 (pp. 147-153), Columbus, Ohio: Ohio Department of Mental Health.
17. McGrady, A. (2007). Psychophysiological mechanisms of stress: A foundation for the stress management therapies. In: Paul M. Lehrer, Robert L. Woolfolk & Wesley E. Sime (Eds), Principles and Practice of Stress Management, 3rd ed. (pp. 16-37), New York, NY: The Guilford Press.
18. McGrady, A., Giardino, N.D., & Andrasik, F. (2007). Stress management and relaxation therapies for somatic disorders. In: Paul M. Lehrer, Robert L. Woolfolk & Wesley E. Sime (Eds), Principles and Practice of Stress Management, 3rd ed. (pp. 682-702), New York, NY: The Guilford Press.
19. McGrady, A. (2008). Biofeedback. In: Michael I. Weintraub, Ravinder Mamtani & Marc S. Micozzi (Eds), Complementary and Integrative Medicine in Pain Management, (pp. 5-27), New York, NY: Springer Publishing Company.
20. Linden, W. & McGrady, A. (2014). Biofeedback in essential hypertension. In: Frank Andrasik & Mark Schwartz (Eds.), Biofeedback: A Practitioner's Guide 3rd ed., Guilford Press (in press).
21. McGrady, A. & Latia, D. (2014). Biofeedback in Diabetes Mellitus. In: Frank Andrasik & Mark Schwartz (Eds.), Biofeedback: A Practitioner's Guide 3rd ed., Guilford Press (in press).

d. Books or journals edited

1. Moss, D., McGrady, A., Davies, T.C., Wickramasekera, I. (2003). Handbook of Mind-

Body Medicine for Primary Care. (1st ed.). Thousand Oaks, CA: Sage Publications Inc.

2. McGrady, A., Moss, D. (2013). Pathways to Illness, Pathways to Health
Springer Publishing, New York, New York.

TEACHING RESPONSIBILITIES

Medical students: First year, third year, fourth year medical students: Behavioral Science, Complementary Medicine, mentoring research

Physician assistant students: Behavioral Science, supervision of graduate projects

Residents in Psychiatry: Sleep medicine, Stress management, clinical supervision

Undergraduate student athletes: stress management, performance enhancement, life skills