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**CURRICULUM VITAE**  
**THE UNIVERSITY OF TOLEDO – COLLEGE OF MEDICINE**

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**PERSONAL INFORMATION:**

Name: Alina Rais, M.D.

**EDUCATION AND TRAINING:**

1980 – 1984 M.D. – Carol Davilla Institute  
Bucharest, Romania

**POSTGRADUATE MEDICAL EDUCATION (RESIDENCIES, FELLOWSHIPS):**

**Residency**

1985 – 1986 ASAF Harophe Hospital  
Trifin, Israel  
Internship

1986 - 1992 Ness Ziona Mental Health Institute  
Ness Ziona, Israel  
Resident – General Psychiatry

1997 - 1998 University of North Dakota  
Grand Forks, ND  
Resident, PGY-4 – General Psychiatry

1999-2000 McGraw Medical Center  
Northwestern University Medical School  
Chicago, IL  
Clinical Fellowship – Geriatric Psychiatry

**EMPLOYMENT:**

April 1992 – Ness Ziona State Hospital  
December 1994 Ness Ziona, Israel  
Director of Anxiety and Stress Disorders Outpatient Clinic  
Attending Psychiatrist  
Full-time, salaried

June 1994 - SUNY - Buffalo  
August 1995 Buffalo, New York  
Department of Psychiatry  
Research Assistant

	Full-time, salaried
June 1994 - August 1995	SUNY – Buffalo Buffalo, New York Department of Psychiatry Research Assistant Full-time, salaried
August 1995 - February 1997	Pregnancy and Personal Leave
August 2000 - June, 2008	University of Toledo University Medical Center Department of Psychiatry Assistant Professor Director, Geriatric Psychiatric Unit Full-time, salaried
June, 2008 – Present	University of Toledo University Medical Center Department of Psychiatry Associate Professor, Clinical Educator Track Full-time, salaried
July, 2009 – 2011	Arrowhead Behavioral Health 1725 Timberline Road Maumee, OH 43537 Geriatric Psychiatry Physician
January, 2010 – Present	University of Michigan Medical School Department of Psychiatry Veterans Administration Medical Center Adjunct Clinical Associate

**CERTIFICATIONS/LICENSURES:**

**Boards**

Psychiatry  
Israeli Scientific Council  
1992, Permanent

**Boards**

Psychiatry  
American Board of Psychiatry and Neurology  
May, 2004

**Boards**

Geriatric Psychiatry  
 American Board of Psychiatry and Neurology  
 April, 2006

Board Eligible in Psychosomatic Medicine

**Licensure:**

North Dakota State Medical Board  
 1998 - 2001

Ohio State Medical Board  
 August, 2000 – present

**English Language Certification:**

USMLE Steps 1-3, Passed 9/94-5/98  
 ECFMG Certificate, 1997  
 TOEFL, Passed 4/97  
 SPEX, Passed, 9/98

**NATIONAL & INTERNATIONAL PROFESSIONAL SOCIETIES & ACTIVITIES:**

2000 – present Member, American Association of Geriatric Psychiatry  
 2000 – present Member, American Neuropsychiatric Association  
 2000 – present Member, American Association of University Professors

**AWARDS AND COMMENDATIONS:**

2012 – Residents Teaching Award  
 2011 – Residents Teaching Award

**MENTORING:****Psychotherapy Supervisor and/or Advisor**

2007-2008 Tracy Cummings, M.D.  
 2007-2008 Habeeb Arar, M.D.  
 Gayle Ruggiero, M.D., Resident

2005-2006 Ryan Travis, M.D., Resident  
 Amy Riese, M.D., Resident  
 Syed Imam, M.D., Resident  
 Anjum Iqbal Mobin, M.D., Resident

Lubna Izzathulah, M.D., Resident  
 July, 2003 Anupama Trighatia, M.D., Resident  
 2009-2011 Sajjad Sarwar, M.D.  
 2010-2011 Divja Singh, M.D.

**Teaching Responsibilities:**

2000 – Present Attending for Residents  
 Geriatric Psychiatric Service  
 The University of Toledo Medical Center

2000 – Present Attending for 3rd and 4th year students  
 Geriatric Psychiatric Service  
 The University of Toledo Medical Center

2000 – Present Medical Students - Department of Psychiatry Clerkship Didactics  
 Lecture: “Psychosis due to a medical condition; depression due to a medical condition”

2000 – Present Social workers, nurses  
 Geriatric Psychiatric Unit  
 University Medical Center  
 Medical and behavioral management of dementia patients

2001 - Present Residents - Department of Psychiatry Didactics  
 Lecture: “Geriatric Psychiatry”

2005 - Present Physician Assistant Course, Behavioral Science  
 Lecture: “Psychiatric Disorders of the Elderly”

2005 - Present Attending for Residents  
 Geriatric Psychiatry Consultation-Liaison Service  
 The University of Toledo Medical Center

**COMMUNITY SERVICE AND ORGANIZATIONS:**

Member, Toledo Alzheimer’s Association

**COMMITTEES:**

The University of Toledo Health Science Campus

2009 – present      Representative, College of Medicine Council  
 2006                    Member, Cultural Competency Task Force

The University of Toledo Medical Center

2000 – 2011          Member, Center for Successful Aging Committee  
 2006 – present        Member, Credentials Committee

Department of Psychiatry

2000 – present        Member, Residency Training Committee  
 2003 – present        Member, Resident Psychotherapy Supervisors Committee  
 2004 – 2005            Member, Consultation-Liaison Psychiatrist Search Committee  
 2006 – 2008            Member, Adult Outpatient Psychiatrist Search Committee  
 2006 – present        Member, Continuing Medical Education Committee

**INVITED LECTURES, SEMINARS, SYMPOSIA, VISITING PROFESSORSHIPS:**

"How to manage behavioral problems in dementia patients", Bowling Green Manor,  
 November, 2001

"The Geriatric Psychiatry Center: History and future directions", Medical College of Ohio,  
 Grand Rounds, March , 2002

"Dementia Related Problems", Foundation Park Nursing Home, July, 2002

"Geriatric psychiatry services and how to improve the referral process", Medical College of  
 Ohio, Department of Medicine, General Internal Medicine Division, May, 2003

"Behavioral Problems and Dementia", Darlington House, June, 2003

"Behavioral Modification in Dementia Patients", Whitehouse Nursing Home, August, 2003

"Geriatric depression, (Cerebrovascular Model of Late Life Depression)", Medical College of  
 Ohio, Grand Rounds, March, 2004

"Dementia and delirium; Geriatric Depression", Medical College of Ohio, Leroy Rodgers  
 Lecture Symposium, May, 2004

"Geriatric psychiatry services and how to improve the referral process, and antidepressive  
 medications", Medical College of Ohio, Department of Family Medicine, September, 2004

"Atypical anti-depressive medication", Medical College of Ohio, Family Practice, October,  
 2004

"Delirium", Department of Orthopedics – residents, Medical University of Ohio, May, 2005

“Treatment challenges of neuropsychiatry symptoms and dementia: The utility of IM Ziprasidone with geriatric inpatients” The University of Toledo, Health Science Campus, Grand Rounds, October, 2006

“Treatment of neuropsychiatric symptoms in Parkinson’s”, Fifi’s Restaurant, Toledo physicians and other multiple health care providers, sponsored by Novartis, November, 2006.

“Geriatric Depression”, Henry County Hospital, Napoleon, Ohio, October, 2007.

“Geriatric Depression”, Fulton County Health Center, Wauseon, Ohio, November, 2007.

“Geriatric Depression”, Firelands Regional Health Center, Sandusky, Ohio, December, 2007.

“Geriatric Depression”, Bowling Green Manor, Bowling Green, Ohio, December 2007.

“Psychiatric Problems in Post-Menopausal Elderly Women”, Obstetrics/Gynecology Grand Rounds, University of Toledo, February 7, 2008.

“Assessment of Depression in Geriatric Patients”, 12th Annual Geriatric Medicine Symposium, Update on Assessment and Screening in Older Adults, Dana Conference Center, February 29, 2008.

“Geriatric Depression”, Bryan Hospital, Bryan, Ohio, April 22, 2008.

“Dementia in the Elderly”, Social Workers Symposium, Health Education Bldg., May 21, 2008.

“Cross Cultural Aspects of Dementia”, Psychiatry Grand Rounds, University of Toledo, November 13, 2008.

“Dementia Update”, St. Charles Hospital, Oregon, Ohio, February 20, 2009.

“Assessment of Depression in a Geriatric Population”, Northwest Ohio College, Community Psychiatry Speaker’s College, March 3, 2009.

“Dementia Update for Primary Care Physicians, Findlay, Ohio, May 27, 2009.

“Dementia Update”, Wood County Hospital Staff Meeting, June 9, 2009.

“Dynamic Pharmacotherapy of Depression”, Psychopharmacology Update, Dana Center, September 25, 2009.

“Update on Alzheimer’s Dementia”, 20<sup>th</sup> Annual Statewide Geriatric Medicine Conference, Saltfork State Park, Ohio, October 16, 2009.

“Geriatric Depression”, Arrowhead Behavioral Health, April, 2010.

“Neuropsychiatry presentation of neurological disorders”, Neurology and Psychiatry Case Conference, July, 2010

“Mental Illness in the Elderly”, Dana Center, University of Toledo, September, 2010

“Verbal and Psychological Abuse”, Long-Term Ombudsman Program, French Quarter, Holiday Inn Perrysburg, November 9, 2010

“Mental Illness in the Geriatric versus the Younger Population”, 15<sup>th</sup> Annual Geriatric Medicine Symposium, Mental Health Issues and Aging, University of Toledo, Dana Center, March 4, 2011

“Update on Dementia and Alzheimer’s Disease”, Wood County Hospital, Bowling Green, Ohio, May 3, 2011

“Assessment of Depression in the Elderly”, Bryan Community Hospital, Bryan, Ohio, August 24, 2011.

“Assessment of Depression in the Elderly”, Wood County Hospital, Bowling Green, Ohio, May 3, 2011.

“Assessment of Depression in the Elderly”, Tiffin Elmwood Assisted Living, April 13, 2011

“Anxiety Spectrum Disorders in the Elderly”, 22nd Annual Statewide Geriatric Medicine Conference, Salt Fork, Ohio, October 14-16, 2011

“Dementia Update”, Elder Forum, Wood County Senior Center, Bowling Green, OH, December 14, 2011

“Anxiety in the Elderly”, Grand Rounds, University of Toledo, March 1, 2012

“Cognitive Impairment or Normal Aging: How do I know if I’m really losing it or I’m just getting older?”, Toledo Chapter of Hadassah, Jewish Community Center, October 11, 2012.

**SPECIAL/INVITED PRESENTATIONS AT NATIONAL AND INTERNATIONAL MEETINGS:**

Rais, A. "Behavioral cognitive treatment in a resistant case of feathers phobia". B. Schaffel Scientific Communications Session, Tel Aviv, Israel, June, 1991.

Tamburrino, M., Rais, A., Rais, T., Williams, K.S., Singh, T., Klaus, D. Poster presentation, "The control of acute psychosis or agitation in a geriatric population: Use of intramuscular Ziprasidone." Proceedings, 160th Annual Meeting of the American Psychiatric Association, San Diego, California, May 19-24, 2007.

Rais, A., Williams, K., Rais, T., Singh, T., Tamburrino, M. "The control of acute psychosis or agitation in a geriatric population: Use of intramuscular Ziprasidone". American Association for Geriatric Psychiatry 2008 Annual Meeting, Orlando, Florida, March 14-17, 2008.

Shrestha, N., Kimmel, S., Rais, T., Rais, A. Poster presentation, "Atypical neuroleptics malignant syndrome in an adolescent". Neuroleptic Malignant Syndrome (NMS) Meeting, 2008.

**CONSULTATIVE ACTIVITIES:**

Geriatric Psychiatry Consultations

2000 – 2008	Darlington House Toledo, OH
2000 – 2008	Foundation Park Toledo, OH
2000 – 2008	Heartland of Perrysburg Perrysburg, OH
2000 – 2008	Parkcliffe Assisted Living Toledo, OH
2000 – 2007	Kingston Residence of Perrysburg Perrysburg, OH
2000 – 2008	Wolf Creek Assisted Living Toledo, OH
2000 – 2008	Jewish Family Services Sylvania, OH



2005 – present	Bowling Green Manor Bowling Green, OH
2005 – 2008	Whitehouse Manor Whitehouse, OH
2005 – 2008	Arbor of Waterville Waterville, OH
2006 – present	Little Sisters of the Poor Oregon, OH
2008 – 2008	Heritage Nursing Center Bowling Green, OH
2008 – 2008	Blakely Nursing Center Bowling Green, OH
2008 – 2008	Waterford Commons Toledo, OH
2007 - 2008	Laurels of Toledo Toledo, OH
2008 – present	Woodhaven Assisted Living Bowling Green, Ohio
July, 2008 – 2011	Arrowhead Geriatric Psychiatry Inpatient Unit Toledo, Ohio
2010 – present	Veterans Administration Hospital, Toledo Campus
2011 – present	Geriatric Center at Lutheran Village of Wolf Creek

### **MAJOR RESEARCH INTERESTS:**

Dementia related issues  
Clinical pharmacology related to dementia

### **PAST RESEARCH SUPPORT:**

1994-1996                      Clinical efficacy of Ziprasidone in treating psychotic patients  
Pfizer – Amount awarded - unknown  
Uriel Halbrach, M.D., CPI  
Dept. of Psychiatry, SUNY - Buffalo

Role: Research Assistant

2005 – 2006            Use of intramuscular Ziprasidone for the control of acute psychosis or agitation in a geriatric population: An open label pilot study  
 \$5,000 and free drugs furnished by Pfizer  
 Purpose: To assess the safety and efficacy of IM Ziprasidone use in the control of acute psychosis and agitation in a geriatric psychiatry inpatient unit  
 Principal Investigator: Alina Rais, M.D.  
 Statisticians: Theodor Rais, M.D., Sandra Puczynski, Ph.D.  
 Coordinator: Barbara Kvale, R.N.

## **BIBLIOGRAPHY**

### **ARTICLES PUBLISHED IN SCIENTIFIC JOURNALS:**

Rais, T., Rais, A. Acute psychosis with paranoid features in a young patient with Usher's Syndrome, A Case Report, <http://www.priory.com/psych/ushers.htm>, Psychiatry on Line, October, 2006.

Rais, T., Rais, A. Erythema multiforme associated with the use of Fluoxetine. <http://www.priory.com/psych/ushers.htm>, Psychiatry on Line, p4, December, 2006

Singh, T., Rais, A., Rais, T. Toxoplasmosis and psychiatric disorders, <http://www.priory.com/psych/ushers.htm>, Psychiatry on Line, p6, March 2007.

Rais, A. Treatment of pervasive aggression in a patient with 47 XYY karyotype. <http://www.priory.com/psych/ushers.htm>, Psychiatry on Line, September, 2007.

Rais, A., Singh, T. & Rais, T. The genetics of schizophrenia, the small RNA's and the recourse to the method, <http://www.priory.com/psych/ushers.htm> Psychiatry on Line, October, 2007.

Singh, T., Rais, A. Subtypes of depression, <http://www.priory.com/psych/ushers.htm>, Psychiatry on Line, February, 2008.

Rais, A., Kimmel, S., Shrestha, N. & Rais, T. Atypical neuroleptics malignant syndrome in an adolescent. Journal of Child and Adolescent Psychopharmacology, 18 (2):215-220, 2008.

Singh, T. & Rais, A. Cases that test your skills. When the pain decreased, her troubles began. (Methadone for control of acute and chronic pain in elderly population), Current Psychiatry, 7 (4), April, 2008.

Rais, A. R., Williams, K., Rais, T., Singh, T. & Tamburrino, M.T. "Use of intramuscular Ziprasidone for the control of acute psychosis of agitation in an inpatient geriatric population: An open label pilot study", *Psychiatry*, 7(1), 2010.

**PUBLISHED LETTERS TO THE EDITOR:**

Rais, T., Rais, A. Letter to the Editor. Hair loss associated with long term sertraline treatment in a teenager. *Psychiatry*, 7(2):52-53, 2005.

Rais, T., Rais, A., Singh, T. Letter to the Editor. Risperidone induced enuresis in an adult. *Psychiatry*, 4 (1):17, Jan., 2007.

Rais, A. Rais, T. Participation to plaintiff deposition: Optional or necessary? *Current Psychiatry*, 2008.

8/2012