Title of Clerkship: Sleep Medicine Elective – UTMC Elective Year(s): Fourth Year Internal Medicine Department: Clinical ✓ Basic Science Type of Elective: Non-Clinical/Research Regional Center for Sleep Medicine Clerkship Site: 4041 W. Sylvania Avenue, Suite #202 Toledo, Ohio Course Number: MEDI728 Blocks Available: All except June, July, August and November Number of Students/ Block: Faculty: Jeffrey Hammersley, M.D., Youngsook Yoon, M.D., Ragheb Assaly, M.D., Dan Olson, M.D., Ph.D., Andre Aguillon, M.D., Dawn-Alita Hernandez, M.D., Fadi Safi, M.D. Elective Description/ This 4-week elective will provide a general overview of sleep medicine. Students will be exposed to many different sleep disorders and how they can affect a person's general Requirements: health or be caused by other medical diseases or medications. 4 weeks Length of Clerkship: Links to Core **Educational Course Objectives** At the end of this elective, the student will be able to: Competencies: MK-5, MK-3 Identify the major problems encountered in sleep medicine, such as Narcolepsy and Obstructive Sleep Apnea. PC-1, PC-2, PC-3 Demonstrate how to take a sleep history and perform a sleep physical. MK-5, MK-6 Describe the basics of insomnia circadian rhythms and the use of sleep-altering medications Professionalism: UT/COM students will meet or exceed the institutional standards for professionalism as stated in the current Educational Program Objectives and the current Educational Course Objectives for the Sponsoring Department. Instructional Methods: 1. Small group - clinical skills 2. Interpretation of lab data 3. Diagnostic tests – use/interpretation 4. Lecture/media 5. Independent study 6. Outpatient rounds **Evaluation Methods:** 1. Attendance 2. Case presentation

3. Case write-up

4. Faculty/resident evaluation

5. Narrative

Prerequisites: Successful completion of required Internal Medicine Clerkship

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