

**Title of Clerkship:** Sports Medicine Elective – UTMC Family Medicine  
**Elective Type:**  
**Department:** Family Medicine  
**Clerkship Site:** UTMC Family Medicine  
**Course Number:** FMMD  
**Blocks available:** All blocks  
**Number of students per block:** 1  
**Faculty:** David Weldy, M.D. and others who provide clinical services related to sports medicine  
**Elective Description/ Requirements:** This is a 4 week elective in Family Medicine with a strong emphasis on activity medicine as it relates to sports medicine. Students spend time in UTMC Sports Medicine Clinic, Family Medicine Clinic, Orthopedic Clinic with the option of private orthopedics office. Students will also spend time with sports oriented physical therapists, athletic trainers, and exercise physiologists. Students may also attend high school and college athletic contests and community sporting events as they are available.

**Length of Clerkship:** 4 weeks

**Links to EPOs** **Educational Course Objectives:**  
MK-4, MK-5, MK-6, PBL-7 1. Perform basic preseason physical exam.  
MK-4, MK-5, MK-6, PBL-7 2. Describe basic assessment of activity related injuries.  
MK-8, MK-4 3. Describe basic rehabilitation for common activity related injuries.  
PC-4 4. Develop basic exercise prescription for:  
a. aerobic fitness  
b. weight loss  
c. strength training/body building  
d. disease specific modifications  
MK-1, MK-2, MK-4 5. Explain basic concepts of sports performance enhancement for high school athletes.  
SBP-2 6. Discuss the role of the family physician acting as team physician for high school and community athletes.  
7. Discuss modifications of exercise for geriatric and other special populations (gender, disease, physical and and mental challenged).

**Professionalism:** UT/COM students will meet or exceed the institutional standards for professionalism as stated in the current Educational Program Objectives and the current Educational Course Objectives for the Sponsoring Department.

**Instructional Methods:**  
1. Mentored clinical practice  
2. Community experience  
3. Selected readings  
4. Lectures

**Evaluation methods employed:** (please make selection from CurrMIT list)

1. Faculty observation and assessment of clinical skills
2. Oral examination
3. Written evaluation

**Prerequisites:** Successful completion of the third year required Family Medicine clerkship.

**Clerkship Director:** Michelle Boose, MD, MPH

**Clerkship Coordinator:** Lindsey Brillhart  
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**Special Requirements:**

**AAMC Hot Topics** 8, 29, 34  
**Addressed in this**

**Elective Clerkship:**  
(please make selection from attached Hot Topic list)