

Title of Clerkship: Complementary and Integrative Medicine

Elective Type: Clinical

Department: Family Medicine

Clerkship Site: Varies

Course Number: FMMD719

Blocks available: All

Number of students per

block: One

Faculty: Multiple

**Elective Description/
Requirements:**

The purpose of the Complementary and Integrative Medicine (CIM) rotation is to prepare medical students to communicate knowledgeably and effectively with patients in regards to their use of these modalities. The format of the rotation will consist of both clinical and academic components.

The clinical component will consist of observation of the integration of CIM therapies in clinical practice. Students will spend time in the clinical setting with both UT/COM faculty and community preceptors. CIM topics to be covered during the rotation will include, acupuncture, yoga, massage therapy, chiropractic. Reiki and herbal counseling are subject to availability.

The academic component will involve reading assignments and review of projects. At a minimum, each participant will be required to do a comprehensive review of the literature in regards to a given herbal or nutritional supplement. A written summary of the research will be presented at the end of the rotation. The student will also be required to utilize the literature in regard to the treatment of two common clinical problems utilizing complementary and integrative therapies from experiences in the clinic in addition to another three cases or from a designated list. A written summary of the five cases will be submitted.

Evidence-based literature is to be used whenever available.

The student is also required to take a written take home test.

Length of Clerkship: 4 weeks

Links to EPOs

K6, K9, K12, K14, S2,
S11, S5, P1, P2, P3, P4,
P5, P7

Educational Course Objectives:

1. Identify the potential uses/misuses of common herbal or nutritional supplements.
2. Identify potential uses of acupuncture as recognized by the National Institute of Complementary and Alternative Medicine.
3. Discuss the differences between biofeedback, therapeutic touch and/or Reiki.
4. Explain the theoretical basis of yoga. Attendance at one yoga session is required.
5. Discuss the use of yoga, massage therapy and chiropractic in musculoskeletal disorders.

Professionalism:

UT/COM students will meet or exceed the institutional standards for professionalism as stated in the current Educational Program Objectives and the current Educational Course Objectives for the Sponsoring Department.

Instructional Methods:

1. Independent study.
2. Community experience
3. Case studies.

Evaluation methods employed: *(please make selection from CurrMIT list)*

1. Faculty assessment of clinical skills.
2. Written papers/projects.
3. Oral debriefing.
4. Attendance
5. Examination

Prerequisites:

Successful completion of third year required Family Medicine clerkship.

Clerkship Director:

Paul Schaefer, M.D.

Clerkship Coordinator:

Lindsey Brillhart

Phone Number:

419-383-5557

Email:

Lindsey.Brillhart@utoledo.edu

Special Requirements:

Student must contact the course director at least one month before the beginning of the clerkship if they have an interest in a particular modality. Special arrangements can then be made to ensure adequate exposure to this area of interest.

AAMC Hot Topics

Addressed in this

Elective Clerkship:

*(please make selection from
attached Hot Topic list)*