<table>
<thead>
<tr>
<th><strong>Title of Clerkship:</strong></th>
<th>Sleep Medicine Elective – UTMC (4 weeks)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Elective Type:</strong></td>
<td>Fourth Year Elective</td>
</tr>
<tr>
<td><strong>Department:</strong></td>
<td>Internal Medicine</td>
</tr>
<tr>
<td><strong>Clerkship Site:</strong></td>
<td>Regional Center for Sleep Medicine</td>
</tr>
<tr>
<td><strong>Course Number:</strong></td>
<td>MEDI728</td>
</tr>
<tr>
<td><strong>Blocks available:</strong></td>
<td>Not available during the months of June, July or August.</td>
</tr>
<tr>
<td><strong>Number of students per block:</strong></td>
<td>2</td>
</tr>
<tr>
<td><strong>Faculty:</strong></td>
<td>Jeffrey Hammersley, M.D., Raymond Bourey, M.D., Joseph Shaffer, Ph.D., Youngsook Yoon, M.D., Ragheb Assaly, M.D.</td>
</tr>
<tr>
<td><strong>Elective Description/Requirements:</strong></td>
<td>This 4 week elective will provide a general overview of sleep medicine. Students will be exposed to many different sleep disorders and how they can affect a person’s general health or be caused by other medical diseases or medications.</td>
</tr>
<tr>
<td><strong>Length of Clerkship:</strong></td>
<td>4 weeks</td>
</tr>
</tbody>
</table>

**Links to EPOs**

**Educational Course Objectives:**

1. Classify the major problems encountered in sleep medicine, such as Narcolepsy and Obstructive Sleep Apnea.
2. Demonstrate how to take a sleep history and perform a sleep physical.
3. Describe the basics of insomnia circadian rhythms and the use of sleep-altering medications.

**Professionalism:**

UT/COM students will meet or exceed the institutional standards for professionalism as stated in the current Educational Program Objectives and the current Educational Course Objectives for the Sponsoring Department.

**Instructional Methods:**

1. Small group – clinical skills
2. Interpretation of lab data
3. Diagnostic tests – use/interpretation
4. Lecture/media
5. Independent study
6. Outpatient rounds

**Evaluation methods employed:**

1. Attendance
2. Case presentation
3. Case write-up
4. Faculty/resident evaluation
5. Narrative

**Prerequisites:**

Successful completion of required Internal Medicine Clerkship

**Clerkship Director:**

Christopher Lynn, M.D.

**Clerkship Coordinator:**

Carol Hendrzak

**Phone Number:**

419-383-5022

**Email:**

carol.hendrzak@utoledo.edu

**Special Requirements:**

None

**AAMC Hot Topics Addressed in this Elective Clerkship:**

4. Clinical Problem Solving and Decision Making