Title of Clerkship: Sleep Medicine Elective – UTMC

**Elective Type: Fourth Year Elective** Interdisciplinary Department:

Clerkship Site: Regional Center for Sleep Medicine

**Course Number: MFDI728** 

**Blocks available:** Number of students per Not available during the months of June, July or August.

block:

Faculty: Jeffrey Hammersley, M.D., Raymond Bourey, M.D., Joseph Shaffer, Ph.D., Youngsook Yoon, M.D., Ragheb Assaly, M.D.,

Dan Olson, M.D., Ph.D.

**Elective Description/** 

Requirements:

This 4 week elective will provide a general overview of sleep medicine. Students will be exposed to many different sleep disorders and how they can affect a person's general health or be caused by other medical diseases or medications.

Length of Clerkship:

Links to EPOs

**Educational Course Objectives:** 

- 1. Classify the major problems encountered in sleep medicine, such as Narcolepsy and Obstructive Sleep Apnea.
- 2. Demonstrate how to take a sleep history and perform a sleep physical.
- 3. Describe the basics of insomnia circadian rhythms and the use of sleep-altering medications.

**Professionalism:** 

UT/COM students will meet or exceed the institutional standards for professionalism as stated in the current Educational Program Objectives and the current Educational Course Objectives for the Sponsoring Department.

Instructional Methods:

- Small group clinical skills
- 2. Interpretation of lab data
- 3. Diagnostic tests use/interpretation
- 4. Lecture/media 5. Independent study
- 6. Outpatient rounds

**Evaluation methods employed:** 

- 1. Attendance
- 2. Case presentation
- 3. Case write-up
- 4. Faculty/resident evaluation
- 5. Narrative

Successful completion of required Internal Medicine Clerkship Prerequisites:

**Clerkship Director:** Christopher Lynn, M.D.

**Clerkship Coordinator:** 

**Phone Number:** 

Melissa Hansen

419-383-5022 melissa.hansen@utoledo.edu

Email:

**Special Requirements:** None

**AAMC Hot Topics** Addressed in this **Elective Clerkship:** 

4. Clinical Problem Solving and Decision Making