

## **The University of Toledo, College of Medicine and Life Sciences, Office of Student Affairs**

### Personal Statement

#### **Difference between CV and Personal Statement:**

- CV states your accomplishments in a concise and efficient format.
- Personal statement is a reflection of your personality, who you are and the type of resident you will be.

#### **What to include in a Personal Statement:**

- Why you selected the specialty; be specific as to what you like, (procedural, environment, continuity of care, etc.)
- What makes you a good fit for that specialty; why did you choose this career path
- What do you bring to the program, what do you have to offer, how will you enhance the program
- What are you looking for in a program (community vs academic, research, participation in outreach and medical missions)
- Include areas/skills not included on CV (leadership examples, team building skills, teaching experiences, how you deal with stressful situations, problem solving, patient interaction and communication.

Ask faculty in your specialty to review your personal statement.

The AEC is also a good resource to review for grammar and corrections.