Still inspiring change

Dr. Angela Davis, an activist, scholar and author, spoke at UT’s Black History Month Kickoff Luncheon Feb. 4 in a packed Thompson Student Union Auditorium. “There are those who assume Black History Month is for black people alone,” Davis said, adding that black history is the struggle for freedom, which is intertwined with other fights for justice and inspires many groups to seek fairness. She said the month is celebrated because it offers lessons about the courageous liberation struggles in not only black history but also the history of America. A prominent civil rights activist since the 1960s, Davis has been involved with the Black Panther Party and the Communist Party USA. She is a Distinguished Professor Emerita of History of Consciousness at the University of California at Santa Cruz, where she also led the Feminist Studies Department. Her books include “Women, Race and Class” and “Angela Davis: An Autobiography.” The luncheon was presented by the UT Division of Student Affairs, the UT Office of Diversity and Inclusion, the Toledo chapter of the Links Inc., and the Study Hour Club.

Speaker to discuss the value of promises Feb. 16

By Kim Goodin

T he day Alex Sheen buried his father, he also started an international movement.

Then a 25-year-old working in corporate software, Sheen was asked by his family to eulogize his father, UT alumnus Wei Min “Al” Sheen, a pharmacist who passed away in September 2012.

Calling Al Sheen an “average man who was exceptional at one thing,” Sheen of Lakewood, Ohio, said his father was someone who kept his promises. “Too often, we say things like ‘I’ll get to it’ and ‘tomorrow,’” Sheen noted in an excerpt from his website, becauseisaidiwould.com. “One day, there is no tomorrow. The promises we make and keep and those we choose to dishonor define us and this world.”

That day in 2012, he handed out the first of his promise cards, nondescript pieces of paper that remind people of the value of commitment.

Sheen will have plenty of promise cards during his public lecture Thursday, Feb. 16, in Doermann Theater. During the free, public event, the final of the 2016-17 Jesup Scott Honors College Distinguished Lecture Series, Sheen will discuss the importance of accountability and the effect of a simple kept promise in today’s society. “Because I said I would” will begin at 7 p.m.

Sheen said handing out the first promise cards “set off a chain of events to the scope of which I may never understand.” The purpose of the cards is simple; house a written promise as a tangible reminder to fulfill a pledge. Since 2012, becauseisaidiwould has distributed more than 5.6 million promise cards to people in 153 countries.

Some of the promises, Sheen said, are small: “Keep my room clean” and “Sincerely compliment someone every day.” Others have the capability to enact change and even save lives.

A woman donated a kidney to an acquaintance. A teenage girl testified against her attacker. A man with terminal cancer left daily “napkin” notes for his daughter so she would have comfort after his death. On YouTube, another man confessed, “I killed a man,” explaining he was the drunk driver whose actions resulted in the death of a stranger. The accused’s promise? “I will take full responsibility for what I have done.” While the man is in prison, the video he made with Sheen has been viewed by millions and has spurred thousands of promise cards from people pledging not to drink and drive.

Vice president for advancement named to lead fundraising, marketing

By Meghan Cunningham

A fundraiser with more than 15 years of experience in higher education development has been selected to lead The University of Toledo’s Division of Advancement.

Michael Harders, vice president of university advancement and development for Kennesaw State University in Georgia, will join the University as vice president for advancement Monday, March 20.

“The work that the Division of Advancement does to elevate UT’s fundraising and messaging to our campus, alumni and external communities is important to the University’s success achieving our goals,” UT President Sharon L. Gaber said. “Mike’s experience and commitment to building a culture of philanthropy will provide strong leadership in this area, which is focused on elevating UT’s reputation.”

The Division of Advancement includes Alumni Relations, Development, Marketing and Communications, and Special Events. It was created in 2015 with the merger of UT’s Institutional Advancement Division and External Affairs Division.

“I am honored for the opportunity to work with President Gaber and the University of Toledo community to advance the vision and strategic priorities of this outstanding university at this important moment in the institution’s history,” Harders said. “It’s an exciting time at UT as it completes its strategic plan and continues efforts to grow fundraising and alumni engagement for the University.”

“I look forward to collaborating with the campus community, to learning the philanthropic interests of the supporters of the institution, and to working with continued on p. 2
More than 400 protesters gathered in front of the Thompson Student Union Jan. 30 and marched on Main Campus to protest President Donald Trump’s executive order suspending the entry of individuals from certain countries into the United States for 90 days. Chants of “UT unity” echoed across Centennial Mall. The protest was organized by the Muslim Student Association and the Gamma Nu chapter of the Iota Phi Theta Fraternity Inc. “The march was important because we don’t want anyone to feel alone,” said Keith A. Boggs, vice president of Iota Phi Theta and the Student African American Brotherhood. “You can learn so many things being around a diverse group of people, not just about them, but also about yourself. It can lead people to be more empathetic and bring out the best in them.”

“The protest was about sending a message of support to our fellow students of solidarity to our university, and of resistance to our community and country,” Hedyeh Elahinia, co-president of the Muslim Student Association, said. “I want people to remember how strong we are when we are together. Unity strengthens our communities, and our movements are greater when they are based on alliance. If we have each other’s backs, if we love and support one another, then no one can divide us, and no executive action can undermine our togetherness.”

Value of promises

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Sheen practices what he preaches. His own list of promises is current, visible and ranges from the innocuous — “Watch ‘Gone With the Wind’” — to the exceptional. He has walked 240 miles across Ohio to support victims of sexual violence, spent 24 hours picking up trash in the Cleveland area, provided 24 hours of free rides for those who have been drinking, and raised enough funds to send 20 cancer-stricken children to Walt Disney World, all on the spark of a promise.

Alex’s work is the perfect antidote to our busy lives, during which we forget to think about meeting longer term goals and commitments to ourselves and to others,” said Dr. Heidi Appel, dean of the Jesup Scott Honors College. “Turning this into a social movement was a brilliant step to help us collectively meet our promises, and provides great inspiration for would-be social entrepreneurs among our students.”

Sheen’s movement has expanded to include the development of city chapters and outreach to schools, businesses and other organizations. His message remains uncomplicated: Accountability. Character. Hope.

“Make and keep a promise,” Sheen wrote on his website, “to improve yourself, your family or your community. If you need a promise card to make the commitment real, we will send you one. The world is in need, so you are needed.”

To reserve a free ticket to the lecture, go to u Toledo.edu/honorslecture.

Vice president

continued from p. 1

the talented professionals in the Division of Advancement as we strive together to support our students and faculty, and enhance our facilities and programs for the benefit of our state, nation and world.”

During his time at Kennesaw State since 2012, Harders tripled the amount of annual support to the university with significant growth in annual giving and alumni participation and donations.

He previously served as executive director of development for Missouri State University, where he coordinated its “Our Promise” comprehensive campaign, which exceeded its $125 million fundraising goal. He also was senior director of development for the Kansas State University Foundation.

Harders, who is moving to Toledo with his wife, Leigh, and children, Josephine and Henry, earned his bachelor’s degree in history and political science from Kansas State University.

Inspiring talk

Jemele Hill, award-winning national sports journalist and analyst on ESPN, shared her story with more than 700 who attended UT’s 33rd Annual Conference for Aspiring Minority Youth Jan. 28 in the Thompson Student Union. The Detroit native talked of her love of the library and books and said reading was a lifetime hobby. She told the seventh- and eighth-graders, high school students, parents and community members she had no way to afford college until she discovered a scholarship program called Detroit Compaq. She told the students, “You can be a role model for the children who are coming behind you.”

Hill spent some one-on-one time with local parents and community members who attended the conference. She talked of her love of the library and books and said reading was a lifetime hobby. She told the seventh- and eighth-graders, high school students, parents and community members she had no way to afford college until she discovered a scholarship program called Detroit Compaq. She told the students, “You can be a role model for the children who are coming behind you.”

Hill and Michael Smith, former co-hosts of ESPN’s “His and Hers,” are scheduled to debut “SC6” on ESPN’s “SportsCenter” at 6 p.m. Feb. 6. The conference was sponsored by Toledo Excel, which is based in the Office of Multicultural Student Success and the Division of Student Affairs, and the UT Joint Committee, which consists of representatives from UT, Toledo Public and parochial schools, and civic and community leaders from the city of Toledo. For 28 years, Toledo Excel has provided college preparation and scholarships to underrepresented students, including African, Asian, Hispanic and Native Americans.

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UTC3 donors celebrate at breakfast

By Christine Wasserman

Nearly 150 UT faculty, staff and retirees celebrated their pledges to the 2016 University of Toledo Community Charitable Campaign (UTC3) at a breakfast held in their honor Jan. 31 in the Savage Arena Grogan Room. Pledges from 709 donors totaled $134,568, which will assist nearly 220 nonprofit organizations throughout our community.

President Sharon L. Gaber thanked donors for living UT’s mission, as well as for setting an example for UT students. “They see firsthand the importance of charity, of volunteering, and of aligning their passion with purpose,” she said.

“Sometimes we may take issue with our day-to-day responsibilities,” said Dr. Kaye M. Patten, UTC3’s chairperson and senior vice president for student affairs. “But, we should never lose sight of how many good people there are who are unemployed, fighting a chronic disease, or maybe have a child struggling with an addiction.

“This campaign is a good reminder to be grateful for our own blessings, and to help those who are struggling just to get by,” Patten emphasized.

The breakfast included many prize giveaways — a Rocket helmet; myriad restaurant gift certificates; a hotel getaway package; UT umbrellas, T-shirts, picture boxes, mugs and portfolios; a Toledo Zoo membership, Walleye tickets and more — all donated by UT departments and external vendors.

Additionally, donors who attended the breakfast were presented with their complimentary UTC3 T-shirts, emblazoned with the campaign’s theme, “I Simply Give,” and UT’s crest. Individuals who made a UTC3 pledge but could not attend the breakfast will receive their free UTC3 T-shirt through interoffice mail within the next 10 days.

CHECK IT OUT: President Sharon L. Gaber, left, and UTC3 Chairperson Kaye M. Patten held a check Jan. 31 at a breakfast to honor UT faculty, staff and retirees who pledged nearly $135,000 for 220 community nonprofits. They were joined by UTC3 Committee members, from left, Kelly Andrews, Michelle Peterson, Kathy Wilson, Laura Nowacki, Elissa Falcone and Vicki Riddick.

University assessing national trend toward transportation management systems

By Christine Wasserman

During the last couple of decades, managing traffic and parking congestion on campuses has become an increasing challenge for universities. Society’s dependence on cars is heavily reflected on university campuses. Vehicles not only have been the focus of transportation systems, but also have strongly influenced the university planning process.

Especially when situated in metropolitan areas, universities have struggled to provide access and mobility without destroying campus qualities as distinct communities that offer tranquility, park-like settings to foster learning.

More recently, a combination of factors — such as declining air quality, increased traffic congestion, institutional financial challenges, lack of land for parking, and the high cost of constructing and maintaining parking garages — have led many universities to implement transportation and parking management systems that include alternative ways of commuting.

Offering a solution for many of these issues, the newest university transportation systems have included market prices for demand parking, expanded transit access, park-and-ride lots, bike share programs, bus shuttles, and walking and carpooling programs.

The primary question many campuses currently face is: How has our university encouraged a shift from cars to other modes of transportation, especially to bicycling and walking, to promote a more sustainable campus?

“As the second largest employer in the city of Toledo, The University of Toledo has an obligation to ensure its transportation and parking system promotes long-term sustainability, while also balancing the needs of our students, faculty, staff and visitors,” said Larry Kelley, executive vice president for finance and administration.

As such, UT officials continue looking at ways to alleviate congestion in high-demand lots on its Main and Health Science campuses, as well as to ensure more equitable rates among its drivers. To meet these goals, the University announced in 2016 that it will implement a new parking management system in fall semester 2017, as some other universities already have done with effective results.

One such institution is Texas Tech University.

“We launched a parking demand management program in 2007, and it has certainly helped Texas Tech University manage parking demand and provide our customers with a wider set of options,” said Eric S. Crouch, TTU managing director for transportation and parking services.

“We worked closely with our stakeholders to develop the system. While there were some concerns early on, drivers appreciated being able to balance price and convenience based on their individual needs.

“We’ve also seen an increase in the number of people riding bikes and buses, which has helped Texas Tech reduce its environmental footprint,” Crouch added.

“Currently, 54 percent of our student body travels to campus by means other than a single-occupancy vehicle.

“So, implementing the new parking system has been very successful in improving Texas Tech University’s financial and environmental sustainability, while also balancing customer needs with available resources.”

The new UT parking system will promote alternative methods of commuting, as well as make parking fees more equitable among students, faculty and staff.

“We’re looking at offering additional options for UT commuters, as well as strategies aimed at influencing commuter transportation modes and frequency of trips,” Kelley said.

When asked to provide their input, nearly 5,000 University of Toledo faculty, staff and students responded to a transportation survey in December. Their feedback is being used to develop improved options for commuters. Specific information about the new UT parking management system will be released as details are finalized.
Researchers across region can apply for federal innovation grant funding at UT

By Christine Billau

A new grant program called The University of Toledo Rocket Fuel Fund is accepting applications from researchers throughout northwest Ohio in need of resources to help develop new technology and gain the edge they need to succeed.

Applications will be accepted three times a year through 2019. The first deadline is Monday, May 1.

Faculty researchers at UT, other academic institutions and nonprofit research organizations in the 18-county region are eligible to apply for federal innovation grant money awarded to the University last year.

The U.S. Department of Commerce awarded UT $500,000 to help researchers in the region launch startup companies, move ideas to market, and spur job creation. UT matched the three-year grant with an additional $767,903 for the Rocket Fuel Fund.

“The UT Rocket Fuel Fund is an unusual and exciting program because grant funding will be available for any researcher at institutions throughout northwest Ohio, not only UT,” said Anne Izzi, licensing associate at UT’s Office of Technology Transfer. “It’s only done in a handful of areas across the country. This was a very competitive grant process.”

UT is one of 27 out of 215 applicants in the U.S. that received a portion of the $15 million i6 Challenge grant through the Economic Development Administration’s Regional Innovation Strategies program.

The selected recipients of UT Rocket Fuel Fund grants will be awarded up to $50,000 each to enhance the scope or patentability of inventions, and improve market potential through targeted research, customer discovery, and development of a prototype and business model.

“This is an incredible opportunity for UT faculty and academic researchers throughout the northwest Ohio region to apply for this funding for further development of their cutting-edge innovation and help move their new technologies toward commercialization, including women and minorities who are typically underrepresented in innovation and entrepreneurship,” Izzi said.

To apply, go to utohio.edu/rocketinnovations/rocketfuelfund.html.

Students: Apply for Phi Kappa Phi scholarships

The University of Toledo chapter of the Honor Society of Phi Kappa Phi is accepting applications for its Awards of Excellence scholarships for UT students who will be returning to the University fall semester.

Four awards of $500 will be presented.

To be eligible, students must have a GPA of 3.6 or higher or equivalent. Each applicant must submit a resumé, a 500-word essay, and two letters of recommendation.

The deadline for submitting applications is Wednesday, March 15.

Applicants do not need to be a member of Phi Kappa Phi to be eligible for the scholarship. Graduate students also are encouraged to apply.

The application form is available at http://bit.ly/UTPKPScholarship or by contacting Page Armstrong at 419.530.6059, Barbara Floyd at 419.530.2170 or Wade Lee at 419.530.4490.

Diversity and inclusion associate director hired

Jennifer M. Pizio has accepted the position of diversity and inclusion associate director in the Office for Diversity and Inclusion.

In this new position, she will work closely with Dr. Willie McKether, vice president for diversity and inclusion, to implement UT’s Strategic Diversity Plan released in 2016.

Pizio, a Toledo resident, was previously employed at Mercy College of Ohio. She was director of academic services from 2004 to 2007, associate dean of students from 2007 to 2014, and dean of students from 2014 to 2016.

“Jennifer will make vital contributions to strengthening the environment of diversity throughout our campuses,” McKether said. “While at Mercy College, she was immersed in campus communities, and her experience in working collaboratively with students, faculty and administration makes her an important member of our team. She’ll be able to hit the ground running.”

Pizio earned a bachelor of arts degree in psychology from California State University at Fullerton, a master of arts degree in sociology from the University of Texas at El Paso, and has completed course work toward a doctoral degree in higher education administration at UT.

She began her work at UT in January.
Celebrate Year of the Rooster Feb. 13

By Ashley Diel

The Confucius Institute will hold its eighth annual Chinese New Year celebration Monday, Feb. 13, from 11 a.m. to 2 p.m. in the Thompson Student Union Auditorium.

“Students will have an opportunity to learn about the Spring Festival and the various Chinese traditions through demonstrations and hands-on activities,” said Xinren Yu, international program coordinator in the Confucius Institute.

Those who attend the event will get to take part in more than a dozen activities and cultural experiences, including lantern painting, string piano playing, Chinese calligraphy, a Chinese tea ceremony, paper cutting and more.

Several games such as ring toss, rope jumping and pingpong also will be available for students to play. There also will be a New Year photo booth where students will be able to have their pictures taken.

There will be lots of prizes for students to win at the event, and a free lunch will be provided.

The Chinese New Year is the most important holiday for the Chinese and is a time for family reunions. Many of the traditional rites and activities during the Chinese New Year are meant to bring good luck to the household and long life to the family.

The Confucius Institute serves northwest Ohio by providing education in Chinese language and culture. It also offers opportunities for cultural exchange between China and the United States.

For more information or questions, call the Confucius Institute at 419.530.7750 or email ConfuciusInstitute@utoledo.edu.

Students: Attend leadership conference Feb. 11

Frank Kitchen, “the life and leadership connoisseur,” will visit The University of Toledo to give the keynote talk at a conference titled “Next Generation Leadership” Saturday, Feb. 11.

The free event for UT students will take place from 9 a.m. to 3:30 p.m. in Memorial Field House.

“I educate, elevate and empower everyone to live fresh by challenging people to be difference-makers and life-changers who create positive and productive environments others want to be a part of,” Kitchen said.

He does this by sharing his own story, that of a husband, father, entrepreneur, professional speaker and author. Over the years, Kitchen has held several jobs: children’s birthday party entertainer; toy store manager; actor; model; comedian; author; exhibit guide, trail host and train driver at the Phoenix Zoo; and student activities assistant director, diversity director and orientation director at Lakeland Community College in Florida.

“Every occupation provided me with the leadership opportunities that impacted my life and the lives of the people I worked with in positive ways,” he said.

Dr. Phillip “Flapp” Cockrell, associate vice president for student affairs and dean of students, encouraged students to attend the conference to hear Kitchen.

“Frank Kitchen’s presentations are inspirational and uplifting,” Cockrell said. “He motivates everyone to be the best he or she can be, and that’s something we want for all students at the University. Our ultimate goal is to provide our students with leadership training that will aid them in their personal and professional endeavors.”

The conference also will feature speakers from the University and community. Topics will include cultural competency and leadership, and leveraging leadership on LinkedIn.

Students can register on OrgSync: orgsync.com/130102/forms/236670. Space is limited.

For more information, contact leadership@utoledo.edu or call 419.530.4944.

African Americans and mental health topic of Feb. 8 discussion

“Real Talk: Mental Health in the Black Community” will be presented Wednesday, Feb. 8, at 6:30 p.m. in Thompson Student Union Room 2500.

“It’s a subject that usually isn’t addressed, so we thought it was important to talk openly and honestly about it,” David Young, director of UT’s Toledo Excel Program, said.

Dr. Steven Kniffley Jr., assistant professor in the School of Professional Psychology at Wright State University in Dayton, Ohio, will be the guest speaker.

“I will be discussing the various causes and impact of mental health stigma in the black community,” he said. “The goals of the presentation include discussing the hidden challenges individuals in the black community have experienced identifying and seeking treatment for mental health issues; exploring how constructs such as racism and discrimination have uniquely impacted the experience of mental health in black individuals; and providing tips and tools for getting family and friends help if they are struggling with mental health issues.”


Sponsored by the Office of Multicultural Student Success, the talk is one of UT’s events scheduled for Black History Month.

For more information on the free, public event, contact Young at 419.530.3815 or david.young@utoledo.edu.
Wanted: Outstanding Teacher Award

Nominations are being accepted for the Edith Rathbun Outreach and Engagement Excellence Award.

It’s time to recognize a deserving colleague who has distinguished himself or herself through exceptional community outreach and excellence in community-engaged scholarship, whether in research, teaching or professional service.

Each recipient of the Edith Rathbun Outreach and Engagement Excellence Award will receive a $750 award. Two awardees will be chosen.

The Rathbun Excellence Award was endowed through a generous and growing gift from Edith Rathbun and further gifts from campus and community donors. It recognizes outstanding outreach and engagement scholarship in any field, discipline or area at The University of Toledo. Full-time faculty members in all colleges are eligible to receive the award.

The deadline to submit nominations is Friday, Feb. 24.

The one-page nomination form is available online at utoledo.edu/offices/provost/adviser_award/index.html.

Winners will be recognized at the UT Outstanding Adviser Awards Reception Monday, April 17, at 5:30 p.m. in the Thompson Student Union Ingman Room.

The Outstanding Adviser Award was developed in 1986 for advisers who effectively demonstrate interpersonal skills; educate and empower students to make informed academic decisions; prioritize their commitments to maximize academic success; and who are knowledgeable of UT policies and resources.

The UT Outstanding Adviser Award nominations will take place Monday, April 17, at 5:30 p.m. in the Thompson Student Union Ingman Room.

For further information, contact Gottgens at johan.gottgens@utoledo.edu or 419.530.8451.

Outstanding Adviser Award nominations due Feb. 17

Do you know an outstanding adviser at The University of Toledo?

The deadline to nominate someone for the 2017 Outstanding Adviser Award is 5 p.m. Friday, Feb. 17.

“The Outstanding Adviser Award is for academic advisers who have gone above and beyond to help empower their students,” said Dr. Hans Gottgens, UT professor and undergraduate academic adviser in the Department of Environmental Sciences and chair of the Outstanding Adviser Award Selection Committee. “We are looking for nominations from students because they are the ones who work directly with advisers and whose academic lives are affected the most by outstanding advisers. Alumni, faculty and staff also are encouraged to submit a nomination.”

The online nomination form is at utoledo.edu/offices/provost/adviser_award.

Past recipients of the award are not eligible; a list of winners is online with the nomination form.

The Outstanding Adviser Award will be selected by the committee after those nominated submit their philosophy statements to show how they advise their students.

“There will be two recipients of the Outstanding Adviser Award, each receiving $1,500,” Gottgens, who won the award in 2015, said. “The philosophy statements are important; they demonstrate the objectives an adviser has when working with students and what academic advising means to them.”

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Winners will be recognized at the UT Outstanding Awards Reception Monday, April 17, at 5:30 p.m. in the Thompson Student Union Ingman Room.

The selection committee is composed of faculty members who served on the Scholarship of Engagement subcommittee of UT’s former Council on Outreach and Engagement.

For more information, contact Penny Thiessen in the Office of Research and Sponsored Programs at penny.thiessen@utoledo.edu or 419.530.6171.

The shoe must go on

The University of Toledo? You know an outstanding adviser at the University of Toledo?

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The deadline to nominate someone for the 2017 Outstanding Adviser Award is 5 p.m. Friday, Feb. 17.

“The Outstanding Adviser Award is for academic advisers who have gone above and beyond to help empower their students,” said Dr. Hans Gottgens, UT professor and undergraduate academic adviser in the Department of Environmental Sciences and chair of the Outstanding Adviser Award Selection Committee. “We are looking for nominations from students because they are the ones who work directly with advisers and whose academic lives are affected the most by outstanding advisers. Alumni, faculty and staff also are encouraged to submit a nomination.”

The online nomination form is at utoledo.edu/offices/provost/adviser_award.

Past recipients of the award are not eligible; a list of winners is online with the nomination form.

The Outstanding Adviser Award will be selected by the committee after those nominated submit their philosophy statements to show how they advise their students.

“There will be two recipients of the Outstanding Adviser Award, each receiving $1,500,” Gottgens, who won the award in 2015, said. “The philosophy statements are important; they demonstrate the objectives an adviser has when working with students and what academic advising means to them.”

The Outstanding Adviser Award was developed in 1986 for advisers who effectively demonstrate interpersonal skills; educate and empower students to make informed academic decisions; prioritize their commitments to maximize academic success; and who are knowledgeable of UT policies and resources.

The UT Outstanding Adviser Award will take place Monday, April 17, at 5:30 p.m. in the Thompson Student Union Ingman Room.

For further information, contact Gottgens at johan.gottgens@utoledo.edu or 419.530.8451.
Healthy U to host expert panel Feb. 9

The University of Toledo’s Healthy U will host a Health and Wellness Panel Thursday, Feb. 9, from 12:30 to 1 p.m. in the Student Recreation Center Oak Room.

A panel of health and wellness professionals, including a registered dietitian, certified personal trainer and physical therapist, will be available to share tips and answer questions regarding nutrition, exercise and injury prevention.

All UT employees are welcome to attend the free event.

Those who are not able to attend can stream via Facebook Live on the Healthy U Facebook page.

“We encourage you to join the discussion during the Health and Wellness Panel to learn more about getting on the right path for a healthier new year,” Andrea Masters, assistant director of community wellness and health programs, said.

For more information, contact Masters at andrea.masters2@utoledo.edu.
University of Toledo Head Coach Jason Candle announced Feb. 1 that the Rockets have signed 23 student-athletes to their 2017 football recruiting class. The class is ranked No. 1 in the Mid-American Conference by 247 Sports, Scout.com and Rivals.

“I feel like this is a complete class,” Candle said. “We signed at least one player at each position. We addressed some needs on the defensive front. That was a high-priority for us. But mostly we are looking at character, young men who fit into our program and are passionate about football. Our staff did a really good job of fostering relationships and bringing the right kind of players into our program.”

This is the second recruiting class for Candle as head coach. His 2016 class was ranked No. 2 in the MAC by 247 Sports and No. 3 by Rivals and Scout.com.

Before taking over as Toledo’s head coach in December 2015, Candle had been an assistant on the Rockets’ staff since 2009. In 2010, Candle was named one of the top recruiters in the nation by Rivals, the only coach from the MAC to make the list that season. He was named Mid-American Conference Recruiter of the Year in both 2011 and 2012 by Scout.com.

Candle and his staff recruited heavily in Ohio and surrounding states, but they also signed talent further from Toledo. Twelve signees came from Ohio, two from Pennsylvania, one from Michigan, one from Kentucky and one from Illinois. The Rockets went south for six recruits, signing four players from Alabama and two from Florida.

“The state of Ohio and a four-hour radius from campus will always be our home base,” Candle said. “But we will also go where we need to find players. Playing on TV and in bowl games definitely helps expose your brand to different parts of the country. I don’t think it’s a coincidence that we signed six players from Alabama and Florida, states where we’ve played our last three bowl games.”

Read more and see videos of recruits at utrockets.com.