Name of Policy: **College of Medicine & Life Sciences:** THE UNIVERSITY OF **Assigned Education Hours for Medical Students During Clinical Clerkships Policy Number:** 3364-81-04-004-00 **Revision date:** February 28, 2024 **Approving Officer:** Dean, College of Medicine & Life Sciences Original effective date: July 26, 2011 Associate Dean for Clinical **Responsible Agent:** Undergraduate Medical Education Scope: College of Medicine M.D. Program New policy proposal Minor/technical revision of existing policy Major revision of existing policy  $\boxtimes$ Reaffirmation of existing policy

# (A) Policy statement

The Office of Medical Education in the College of Medicine will ensure that there is an appropriate balance of assigned educational activities during clinical clerkships and time that is deemed necessary for student self-directed learning/study.

Student assigned educational hours for each clerkship must be set and monitored taking in account the effects of fatigue and sleep deprivation on learning clinical activities and student health and safety.

#### Definition

Student assigned educational hours are defined as all clinical activities (both hospital and outpatient) and academic activities related to the clerkship. These hours include time spent in the hospital, time spent in the ambulatory setting, time spent on-call and all scheduled academic activities such as lectures or conferences. Student assigned educational hours **do not** include reading/studying and preparation time spent away from the hospital/clinical site(s).

## (B) Purpose of policy

- (1) To enhance and protect the educational objectives of the student educational programs.
- (2) To avoid excessive service demands and time spent in scheduled clerkship activities.
- (3) To assure that student assigned educational hours and on-call time periods are not excessive.
- (4) To ensure that the structuring of student schedules are focused on the educational needs of the student.

### (C) Scope

This policy applies to Medical students in the clinical portion of the M.D. program in the College of Medicine and Life Sciences.

#### (D) Procedure

- (1) The student's scheduled activities must not exceed eighty (80) hours per week.
- (2) The student must not be scheduled for assigned educational activities for more than thirty (30) consecutive hours. No new patients may be assigned to the student after 24 hours of assigned educational hours.
- (3) The student must have at least 24 consecutive hours (1 day) of non-scheduled time per week.
- (4) The student may not be scheduled in the Emergency Department for more than twelve (12) consecutive hours. There must be adequate rest time between scheduled Emergency Department activities.
- (5) Medical students should never have required educational activities longer than the duty hours of the PGY2 and above residents.
- (6) Students of the College of Medicine will be released from all class and clinical responsibilities on each of the official university holidays. A break from academic activities will be provided between and/or within semesters as deemed appropriate during each academic year
- (7) Students will log their assigned educational hours each week in their Web-based clinical logging system.
- (8) The student assigned educational time will be periodically reviewed by the clerkship director at intervals including during the formative mid-clerkship evaluation.

### Approved by:

/s/

Christopher Cooper, M.D. Dean, College of Medicine and Life Sciences

#### March 11, 2024

Date

Review/Revision Completed by:

Associate and Assistant Deans for Clinical Medical Education Clinical Curriculum Committee Executive Curriculum Committee,

# **Policies Superseded by This Policy:**

3364-81-04-014-01

Initial effective date: 07/01/04

#### **Review/Revision Date:**

- 01/09/06
- *04/22/07*
- 07/26/11
- *04/15/15*
- *08/30/18*
- 01/10/2020
- *3/11/2024*

**Next review date:** 03/11/2027