


<b>Name of Policy: Alertness Management/Fatigue Mitigation</b>		 <b>Effective date: 06/06/17</b>
<b>Policy Number: 3364-86-043-00</b>		
<b>Approving Officer: Dean, College of Medicine and Life Sciences</b>		
<b>Responsible Agent: Director, Graduate Medical Education</b>		
<b>Scope: UT College of Medicine Residency Programs</b>		
<input type="checkbox"/> New policy proposal	<input checked="" type="checkbox"/>	<input type="checkbox"/> Minor/technical revision of existing policy
<input type="checkbox"/> Major revision of existing policy	<input type="checkbox"/>	<input type="checkbox"/> Reaffirmation of existing policy

POLICY


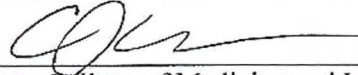
All Residency and Fellowship programs sponsored by The University of Toledo must develop education for all program faculty, residents and fellows to recognize the signs of fatigue and sleep deprivation.

PURPOSE

To assure residents and fellows maintain alertness to provide safe patient care.

PROCEDURE

1. The program must:
  - a) educate all faculty members and residents to recognize the signs of fatigue and sleep deprivation;
  - b) educate all faculty members and residents in alertness management and fatigue mitigation processes; and,
  - c) encourage residents to use fatigue mitigation processes to manage the potential negative effects of fatigue on patient care and learning (i.e. naps, exercise, caffeine, or back-up call schedules).
  
2. Each program must have a process to ensure continuity of patient care in the event that a resident may be unable to perform his/her patient care responsibilities due to excessive fatigue.
  
3. The program, in partnership with its Sponsoring Institution must ensure adequate sleep facilities and/or safe transportation options for residents who may be too fatigued to safely return home.

Approved By:  Chair, Graduate Medical Education Committee   Dean, College of Medicine and Life Sciences  <i>Review/Revision Completed by:          Graduate Medical Education Committee</i>	Policies Superseded by This Policy: <ul style="list-style-type: none"> <li>• None</li> </ul> Initial effective date: 6/7/2011  Review/Revision Date: <i>Reviewed 6/4/13, Reviewed 6/2/15, Revised 6/6/17</i>  Next review date: 6/2019
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