

<p><b>Name of Policy:</b> <a href="#">Student-athlete medical policy</a></p> <p><b>Policy Number:</b> 3364-35-07</p> <p><b>Approving Officer:</b> President</p> <p><b>Responsible Agent:</b> Athletic Director</p> <p><b>Scope:</b> Athletic Department -Sports Medicine – Main Campus</p>	 <p><b>Revision date:</b> July 12, 2011  <b>Effective date:</b> February 1, 2008</p>								
<table border="0"> <tr> <td><input type="checkbox"/></td> <td>New policy proposal</td> <td><input type="checkbox"/></td> <td>Minor/technical revision of existing policy</td> </tr> <tr> <td><input checked="" type="checkbox"/></td> <td>Major revision of existing policy</td> <td><input type="checkbox"/></td> <td>Reaffirmation of existing policy</td> </tr> </table>		<input type="checkbox"/>	New policy proposal	<input type="checkbox"/>	Minor/technical revision of existing policy	<input checked="" type="checkbox"/>	Major revision of existing policy	<input type="checkbox"/>	Reaffirmation of existing policy
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(A) Policy statement

The University of Toledo is committed to following all applicable laws and regulations related to the medical treatment and care of student-athletes.

(B) Purpose of policy

The purpose of this policy is to provide guidance to athletics staff, coaches, and student-athletes in the treatment and care of student-athletes.

(C) Policy

The department of athletics shall maintain a comprehensive athletic training program to ensure quality health care for its student-athletes.

(D) Procedures

(1) Athletic insurance coverage

Insurance coverage for any injury or any covered accident or illness sustained while participating in an intercollegiate sport at the University of Toledo is a secondary accident policy. Participation is defined as periods of official, organized athletic participation while under the general supervision of authorized university personnel or outside practice in preparation for intercollegiate participation. Parental or guardian insurance is the primary coverage. This means that the medical provider will send medical bills incurred, as the result of injury or any covered accident or illness in an intercollegiate sport, directly to the primary company or the athlete’s home address. The University of Toledo policy will be secondary, thus assisting in the remainder of the medical bill after the primary coverage has responded. This is only the case when the injury is sustained during participation in practice or contest of an athlete’s given sport.

- (2) Pre-participation examination
  - (a) Freshman and transfer students

First time participants and/or transfer students must undergo a physical examination prior to their participation in intercollegiate athletics. The pre-participation examination must be completed before organized participation (practice, conditioning, weight lifting, etc.) begins and must be completed by a University of Toledo team physician.
  - (b) Upper-class students

Student-athletes returning from the previous season must undergo an annual health appraisal, otherwise known as a physical update. A certified athletic trainer will do the appraisal and will be reviewed by a University of Toledo team physician. Any identified problems will be referred to either the team physician or the student medical center at the University of Toledo. Any student-athlete that has been out of collegiate competition for a year must undergo a complete physical examination prior to participation.
  - (c) Auditions/Try-outs

The Athletic Department will not be responsible for an injury that may occur during an audition or try-out prior to the pre-season physical examination. A release and waiver must be signed before any athlete can participate in an audition or try-out. A student wishing to try-out for a team must also provide proof of primary medical insurance and a physical from a physician within the past six (6) months. Walk-on student athletes are required to provide proof of a prior test, waive their right to testing, or be tested at their own expense prior to any participation in team sanctioned activities
- (3) Injury/illness evaluation and treatment

An injury or illness sustained during supervised practice or contest must be reported as soon as possible to the sports medicine staff. An athletic trainer will do a primary evaluation. If the trauma or illness is beyond the athletic trainer's scope of practice, the student-athlete will then be referred to one of the team physicians or the University of Toledo Medical Center. A program of treatment and management will be prescribed. It is the student-athlete's responsibility to schedule treatment. The sports medicine staff cannot be held liable if the student-athlete does not comply with the program that is prescribed. The decision to return to athletic participation

will be made by the Sports Medicine Staff.

(4) Referral and outside consultation

The University of Toledo team physician may determine that further evaluation is needed in the treatment of an injury. Appointments for such referrals will be made by one of the University of Toledo certified athletic trainers. Any unauthorized referral will be the sole responsibility of the student-athlete involved. If the student-athlete, their parents or guardian, spouse and/or coach seek outside care of any injury, the athletic department is not financially responsible for any and all charges pertaining to the unauthorized referral.

The student-athlete will not be permitted to participate, after outside consultation, until:

- (a) A detailed written report has been received from the consulting physician;
- (b) An evaluation is made by the Sports Medicine Staff, and it has been determined that the athlete can demonstrate the necessary skills needed to resume participation.

Should a student-athlete request a “second opinion”, the University of Toledo will follow the insurance guidelines stated above, provided a member of the University of Toledo sports medicine staff sets up the referral. Any outside “second opinions” not authorized by the University of Toledo sports medicine staff will not be covered under the University of Toledo’s secondary insurance policy.

(5) Corrective lenses

The repair of glasses or the replacement of contact lenses will be provided by the athletic department if damage or loss was the result of participation during supervised practice or contests. The damage or loss must be reported immediately. All student-athletes who wear glasses are required to wear safety frames and lenses. The athletic department is not responsible for lost contact lenses outside of supervised participation.

(6) Illness

Should a student-athlete become sick at any time during the year, they are to immediately report their illness to a member of the University of Toledo sports medicine staff. A staff member will review their condition and determine the appropriate referral. The University of Toledo’s secondary insurance policy does not cover illness (cold, flu, gastro-intestinal illness, etc.).

- (7) Termination of participation  
The University of Toledo is no longer responsible for the care of an injury once a student-athlete completes his or her eligibility or has made a decision to no longer participate as a varsity student-athlete. This statement holds true unless arrangements have been made prior to the time of termination regarding the care of an injury. The student athlete is also responsible for completing an Exit Health Questionnaire from the Sports Medicine Staff.
- (8) Pregnant athlete  
A varsity student-athlete must report her pregnancy to a team physician as soon as possible to eliminate any health risks to both the mother and the fetus. All information pertaining to the pregnancy will be treated as a physician and patient confidential transaction. The student-athlete, her personal physician, and the University of Toledo team physician will weigh the danger of athletic participation. If the decision is made to allow the pregnant student-athlete to participate, a document of understanding and waiver must be signed.
- (9) Pre-existing medical condition(s)/injury  
Any or all pre-existing or undisclosed injuries or medical conditions must be reported and documented to the University of Toledo sports medicine team. This must be done prior to, or at the time of the initial physical examination. The University of Toledo will not be financially responsible for any bills that are generated by a pre-existing condition or an undisclosed medical condition.
- (10) Body piercing  
Any body piercing (i.e. ears, nose, tongue, eyebrow, etc.) may not be worn during participation of intercollegiate athletics at The University of Toledo. Any injury resulting from wearing a piercing is the sole responsibility of the student- athlete.
- (11) Nutritional supplements  
The University of Toledo sports medicine staff discourages the use of any/all nutritional supplements. If a student-athlete chooses to take a supplement, he or she acknowledges the risk of losing their eligibility to participate in intercollegiate athletics if they test positive for an NCAA banned substance that may be found in any substance that is taken, regardless of the reason or purpose for taking such supplements. Student-athletes will be asked to complete a form and disclose all consumed nutritional supplements during the beginning of the year compliance meeting.

(12) ADHD Medications

The University of Toledo Sports Medicine Department requires that all student-athletes taking ADHD medication provide proper documentation of required materials per NCAA policy and guidelines. Any student-athlete that is unable to meet all guidelines must immediately begin the remaining testing and/or further evaluation necessary; failure to do so will result in the inability to participate in any in-season or off-season competition. In addition, an annual clinical evaluation is required should the condition continue over multiple years of participation.

Minimum Requirements per NCAA Policy:

- (a) Description of the evaluation process with identifies the assessment tools and procedures
- (b) Statement of the diagnosis, including when it was confirmed
- (c) History of ADHD treatment (previous and ongoing)
- (d) Statement that a non-banned ADHD alternative has been considered if a stimulant is currently prescribed
- (e) Statement regarding follow-up and monitoring visits

<p>Approved by:</p> <p><u>/s/ laj</u> Lloyd A. Jacobs, M.D. President</p> <p><u>July 12, 1011</u> Date</p> <p><i>Review/Revision Completed by: Athletic Department</i></p>	<p>Policies Superseded by This Policy:</p> <ul style="list-style-type: none"> <li>• <i>Previous 3364-35-07, effective date February 1, 2008</i></li> </ul> <p>Initial Effective Date: February 1, 2008 Review/Revision Date: July 12, 2011 Next review date: July 12, 2014</p>
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