


Name of Policy: Use of Restraints During Invasive Procedure in the Cardiovascular/Electrophysiology Lab Policy Number: 3364-102-05 Approving Officer: Chief Operating Officer Responsible Agent: Director of Cardiovascular Services, Medical Director, Cardiovascular Lab Scope: University of Toledo Medical Center		 Effective date: 03/4/2025 Original effective date: 10/02/1996	
Key words: Restraints, Invasive Procedure, Cardiovascular Lab, Electrophysiology, Immobilization			
<input type="checkbox"/>	New policy proposal	<input type="checkbox"/>	Minor/technical revision of existing policy
<input type="checkbox"/>	Major revision of existing policy	<input checked="" type="checkbox"/>	Reaffirmation of existing policy

(A) Policy statement

Restraints will only be implemented when the least restrictive methods have been employed and are determined ineffective for preventing the patient from harming themselves or contaminating a sterile field.

(B) Purpose of policy

It is the practice of The University of Toledo Medical Center (UTMC) to utilize the clinically appropriate use of restraints in a manner that protects the patient's rights, dignity, and well-being. Refer to Patients' Rights and Responsibilities policy, #3364-100-60-02.

(C) Procedure

The need for patient restraint/immobilization during and invasive Cardiovascular Lab Electrophysiology Lab (CVL/EP) imaging procedure will be assessed by the Physician, Registered Nurse, and/or both in an effort to maintain a safe, sterile, and quality exam and/or procedure. If restraint/immobilization is deemed necessary, the least restrictive restraints will be used.

- (1) UTMC staff will adhere to applicable Joint Commission Standards, organizational policies as well as federal and state law.
- (2) All staff with direct patient contact will receive restraint training/education at least annually in the proper use of restraint applications.
- (3) The need for restraints during the procedure will be explained to the patient before the restraints are applied.
- (4) The restraints will be applied by the RN or RT in the room before the start of the procedure.
- (5) The patient is continuously monitored and assessed throughout the case; this includes BP, HR, RR, SPO2, cardiovascular and respiratory assessment, level of consciousness and level of pain.
- (6) The restraints will be removed at the end of the procedure before the patient leaves the room.

<p>Approved by:</p> <p>/s/</p> <hr/> <p>Todd Korzec, RN, BSN Director, Cardiovascular Services</p> <p>3/24/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Ehab Eltahawy, MD Medical Director, Cardiovascular Lab</p> <p>3/24/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Christine Stesney-Ridenour, FACHE Chief Operating Officer</p> <p>3/24/2025</p> <hr/> <p>Date</p> <p><i>Review/Revision Completed by: Director, Cardiovascular Services</i></p>	<p>Policies Superseded by This Policy:</p> <ul style="list-style-type: none">• <i>None</i> <p>Initial effective date: 10/2/1996</p> <p>Review/Revision Date:</p> <p>09/23/2011 07/2014 03/2017 03/2020 03/2022 03/24/2025</p> <p>Next review date: 3/24/2028</p>
--	---