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| Name of Policy: Nuclear Medicine Policy for Adult Patients Policy Number: 3364-106-N14 Approving Officer: Chief Operating Officer Responsible Agent: Director of Cardiovascular Services, Medical Director, Non-Invasive Cardiac Imaging Scope: University of Toledo Medical Center | |  Effective date: 3/24/2025 Original effective date: 12/1992 | |
| Key words: Radiation, Nuclear Testing, Stress Test, Adult Patients, Imaging | | | |
| <input type="checkbox"/> | New policy proposal | <input type="checkbox"/> | Minor/technical revision of existing policy |
| <input type="checkbox"/> | Major revision of existing policy | <input checked="" type="checkbox"/> | Reaffirmation of existing policy |

(A) Policy Statement

The Licensed, Registered Nuclear Medicine Technologist and the Cardiac Stress Lab NP/RN will consider the patient’s age, mental, and physical status when performing any Nuclear Medicine imaging procedure and cardiac stress test on a patient, 18 years or older. The adult patient will be treated in a respectful manner to ensure that quality care is given, and quality results are achieved.

(B) Purpose of Policy

Establish guidelines for the proper treatment and care of adult patients undergoing Cardiac Nuclear Imaging procedures and Cardiac Stress Testing.

(C) Procedure

1. The Nuclear Technologist will explain the cardiac imaging procedure to the patient and family member or guardian.
2. The cardiac stress lab NP/RN will explain the cardiac stress test procedure along with the possible risks and side effects to the patient, family, power of attorney, or guardian and obtain signed consent to perform the procedure.
3. Procedures will be explained to the patient in terms that are comprehensible, taking into consideration the age, mental and physical status of the patient.
4. The cardiac stress lab NP/RN will contact the physician in charge if anti-anxiety medication is required.
5. Anti-anxiety medication must be administered by the registered nurse in charge. Sedation is not to be used.
6. If unable to perform the procedure, the cardiac stress lab NP/RN will notify the patient’s nurse and physician.

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| <p>Approved by:</p> <p>/s/</p> <hr/> <p>Todd Korzec, RN, BSN Director, Cardiovascular Services</p> <p>1/31/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Samer Khouri, MD Medical Director, Non-Invasive Cardiac Imaging</p> <p>3/7/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Christine Stesney-Ridenour, FACHE Chief Operating Officer</p> <p>3/24/2025</p> <hr/> <p>Date</p> <p><i>Review/Revision Completed by: Director, Cardiovascular Services</i></p> | <p>Policies Superseded by This Policy:</p> <ul style="list-style-type: none">• <i>None</i> <p>Initial effective date: 12/1992</p> <p>Review/Revision Date:</p> <p>12/92 12/95 7/97 3/99 8/99 7/01 5/04 7/07 8/10 6/13 3/16 3/19 2/22 3/24/2025</p> <p>Next review date: 3/24/2028</p> |
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