


<b>Name of Policy:</b> Resuscitation for Exercise Stress Testing  <b>Policy Number:</b> 3364-106-S04  <b>Approving Officer:</b> Chief Operating Officer  <b>Responsible Agent:</b> Director of Cardiovascular Services, Medical Director, Non-Invasive Cardiac Imaging  <b>Scope:</b> University of Toledo Medical Center		  <b>Effective date:</b> 3/24/2025  <b>Original effective date:</b> 12/1991	
Key words: Stress Test, Resuscitation, Exercise, Recovery, Cardiac or Respiratory Event			
<input type="checkbox"/>	New policy proposal	<input type="checkbox"/>	Minor/technical revision of existing policy
<input type="checkbox"/>	Major revision of existing policy	x	Reaffirmation of existing policy

**(A) Policy Statement**

All patients will have full resuscitation status from the beginning of the exercise/stress testing, through the recovery period, and until they leave the Heart Station

**(B) Purpose of Policy**

To be able to treat any cardiac or respiratory event during and immediately following the exercise/stress testing procedure.

**(C) Procedure**

1. When the patient or decision maker’s signature is obtained prior to exercise testing, the patient or decision maker will be made aware of the potential need for advanced cardiac life support (ACLS) and that all measures will be carried out as necessary.
2. If the patient or decision-maker does not agree to ACLS measures, the test will not be performed, and the attending physician will be notified.
3. Inpatients with DNRCC or DNRCC-arrest categories of care must be agreeable to ACLS during testing and until the test is complete. A notation in the progress notes and an order must be written by the ordering physician documenting the revoking of the DNR status. This status change takes place from the beginning of testing until the test is complete. The patient or decision-maker’s agreement to this temporary change must also be documented.
4. Outpatients will document agreement to full ACLS status by signing the Patient Education/Information Sheet or the Informed Consent Form.
5. The revoking of any DNR status will be for the time period from the beginning of the exercise test until the patient leaves the Heart & Vascular Center.

3364-106-S04 Resuscitation for Exercise Stress Testing

<p>Approved by:</p> <p>/s/</p> <hr/> <p>Todd Korzec, RN, BSN Director, Cardiovascular Services</p> <p>3/6/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Samer Khouri, MD Medical Director, Non-Invasive Cardiac Imaging</p> <p>3/7/2025</p> <hr/> <p>Date</p> <p>/s/</p> <hr/> <p>Christine Stesney-Ridenour, FACHE Chief Operating Officer</p> <p>3/24/2025</p> <hr/> <p>Date</p> <p><i>Review/Revision Completed by: Director, Cardiovascular Services</i></p>	<p><b>Policies Superseded by This Policy:</b></p> <ul style="list-style-type: none"><li>• <i>None</i></li></ul> <p>Initial effective date: 12/1991</p> <p>Review/Revision Date:</p> <p>12/91 9/92 8/93 8/95 10/95 9/97 3/99 4/01 6/02 8/02 5/03 5/05 5/07 8/10 6/13 3/16 3/19 3/22 3/24/2025</p> <p>Next review date: 3/24/2028</p>
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