Name of Policy:	Outpatient Nutrition Counseling	
Policy Number:	3364-140-30	
Department:	Kidney Transplant Administration (Nursing Service)	THE UNIVERSITY OF TOLEDO
Approving Officer:	Chief Nursing Officer Director, Renal Transplant Program	•
Responsible Agent:	Transplant Administrator/Coordinators Director, Food & Nutrition/Registered Dietician	Effective Date: May 1, 2021
Scope:	The University of Toledo Medical Center	Initial Effective Date: October 23, 2007
New policy proposal Major revision of existing policy X Minor/technical revision of existing policy Reaffirmation of existing policy		

(A) Policy Statement

Patients undergoing evaluation for renal transplant and potential living kidney donation, will be evaluated by a Registered Dietician to determine the need for nutrition education.

(B) Purpose of Policy

To identify patients who may benefit from further nutrition assessment and education related to their disease condition or to improve their nutrition status.

(C) Procedure

- 1. Transplant Recipient Candidates and Potential Living Kidney Donors will have a nutritional evaluation by the Registered Dietician in the pre-evaluation process. The Dietician will document this evaluation in the electronic medical record. If warranted by the Nutritional evaluation, further nutrition assessment and counseling can be ordered.
- 2. Post-Transplant Recipients and Living Donor Patients will have involvement of the Registered Dietician during multidisciplinary rounds and the discharge planning process.

Approved by:		Review/Revision Date: 12/2007
Todd Stec RN Interim Chief Nursing Officer	Date	1/9/2009 1/12/2010 12/4/12 4/15/15 3/15/17 5/1/2018
Michael Rees, MD Director, Renal Transplant	Date	5/3/2021
Review/Revision Completed By: Transplant Administrator Director, Food & Nutrition		Next Review Date: 5/1/2024
Policies Superseded by This Policy:		