

Nursing Service / Cardiovascular Service Line Guidelines for Remote Cardiac Monitoring Station (RCMS)

<u> Citle:</u>	Telemetry	Cardiac	Monitoring	Functions #1

Responsibility: RCMS Monitor Technician

Purpose of Guidelines: To describe the patient who can safely be monitored on nursing units

using telemetry cardiac monitoring.

Procedure:

- 1. A physician's order for telemetry monitoring of a patient will initiate the following:
 - a. The unit will notify the RCMS of the order and provide the name, MRN, the admitting diagnosis, and the patient's room number.
 - b. RCMS will assign a telemetry for the designated patient.
 - c. The unit will be responsible for picking up the telemetry unit from RCMS.
 - d. When no longer required, **the unit** will be responsible for returning the cleaned telemetry to RCMS. Leads need to be cleaned and placed in the labeled dedicated bins located in each unit.
- 2. Waveforms will be monitored in RCMS and rhythm strips will be documented according to guideline #4.
- 3. The RCMS Monitor Technicians will notify the RN of rhythm changes. The RN is responsible for notifying the physician of the change.
- 4. To avoid requests for telemetry exceeding the supply, RCMS will evaluate all patients after 72 hours for the following:
 - > Non-compliant patients
 - > No change in rhythm
 - ➤ No increase in baseline ectopy
 - ➤ No lethal arrhythmia
 - > Arrhythmia free
 - ➤ No red alarms
 - *The charge RN of the unit will be notified, who will then communicate with the physician as to whether or not the telemetry can be discontinued.
- 5. RNs shall make RCMS aware if any antiarrhythmic drug is given IV push whenever possible.

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