Name of Policy:	Leave of Absence Medicine Protocol			
Policy Number:	3364-122-08			
Department:	Nursing Service – Kobacker Inpatient Psychiatric Hospital	THE UNIVERSITY OF TOLEDO		
Approving Officer:	Chief Nursing Officer and Medical Director			
Responsible Agent:	Nursing Director Child/Adolescent Inpatient Unit			
Scope:	The University of Toledo Medical Center	Effective Date: 6/1/2022 Initial Effective Date: 7/1983		
New policy proposal Minor/technical revision of existing policy   Major revision of existing policy X   Reaffirmation of existing policy				

## (A) Policy Statement

The parents/guardian and/or the patients shall have adequate instruction regarding medication therapy prior to leaving the hospital on an approved leave-of-absence.

## (B) **Purpose of Policy**

To provide patient/family with accurate information about his or her medication and ensure that the medication is taken properly.

## (C) Procedure

- 1. Legal guardian must complete consent for LOA, listing who will take and return patient.
- 2. In preparation for the leave of absence, patient instruction about medications should be done prior to time of departure. Patient teaching must be documented in the patient's electronic medical record (EMR).
- 3. Patient teaching must be appropriate to the children/adolescent's developmental level, intellectual ability and readiness to learn.
- 4. Parents will be responsible for home administration of medication, and this must be reviewed before the child/adolescent will be allowed to leave the unit.
- 5. Written instructions specifying the medication name, side effects, dosage and times of administration will be given to the patient/parents.
- 6. The RN will ask the patient/parent to verbalize their understanding of the medication, and document this in the EMR.
- 7. LOA medications will be ordered from the Pharmacy as soon as LOA orders are written.
- 8. Medications will be given to parent/guardian. Medications should be identified by name, dosage and time of administration.
- 9. Parents/guardian will be given unit phone number for use if a concern or problem should arise.
- 10. Document medication in the EMR by making a notation "LOA".

11. Upon completion of the LOA, assess patient's behaviors. Ask parent/guardian to describe his medication administration at home, any problems, missed/date dosages, etc.; document in the EMR.

Approved by:	Review/Revision Date:		
		7/1984	5/15/16
		12/85	6/15/2019
/s/		10/1986	6/2022
Tamara Cerrone, BSN, RN Dat		1987	
Nursing Director Child/Adolescent Inpatient Unit		1988	
		1989	
		1990	
		6/92	
/s/		5/95	
Tanvir Singh, MD Date		4/1996	
Medical Director, Kobacker Inpatient Unit	5/97		
Professor Psychiatry	5/98		
		4/99	
		8/2001	
		1/02	
/s/		3/2004	
Kurt Kless, MSN, MBA, RN, NE-BC	Date	3/2007	
Chief Nursing Officer		5/17/2010	
		4/7/2014	
Review/Revision Completed By:			
Nursing Director Child/Adolescent Inpatient Unit, Laurel Hummel BSN, RN,			
Lauret Hummet BSN, RN, Kobacker UBC		Next Review Date: 6/2025	
Policies Superseded by This Policy: 1-M-08			