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| **Name of Policy:** | **Home Sleep Apnea Testing (HSAT) Using Philips Respironics Alice NightOne** |
| **Policy Number:** | 3364-171-03-02 |
| **Department:** | Sleep Disorders |
| **Approving Officer:** | Senior Hospital Administrator |
| **Responsible Agent:** | Director, Sleep Disorders |
| **Scope:** | The University of Toledo Medical Center Pulmonary Services Department |

THE UNIVERSITY OF TOLEDO MEDICAL CENTER

**Effective Date: 03/17/2023**

Initial Effective Date: 03/17/2023

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| X New policy proposal | _____ Minor/technical revision of existing policy |
| _____ Major revision of existing policy | _____ Reaffirmation of existing policy |

## (A) Policy Statement

The Sleep Lab will perform Home Sleep Apnea Testing (HSAT) according to American Academy of Sleep Medicine (AASM) using the Philips Alice NightOne (ANO) device to diagnose obstructive sleep apnea (OSA).

## (B) Purpose of Policy

The Sleep Lab will perform a HSAT when either a provider specifically orders the procedure or in the event the insurance provider will not approve a formal Polysomnogram (PSG) in a lab setting but will approve HSAT.

## (C) Procedure

All qualified and trained technologists are responsible for patient education, set up of equipment, returned receipt and subsequent disinfection (per hospital policy) of the machine and download of study data. All machines are stored in the secured (locked) lab office area.

Upon receiving an order, the Sleep Lab will perform HSAT. via the Respironics Alice NightOne device. All orders and patient information by direct referral providers will be reviewed for appropriateness and approved by the Medical Director or designee prior to testing.

Whenever possible, sleep staff will be trained/in serviced by equipment manufacturer representatives of used in the sleep lab. When equipment manufacturer representatives are not available to train the entire staff, the manager will be train and in turn, train the staff, with the approval of the Medical Director.

The ANO device will be tagged with a unit number and this number will be included in the patient's chart to be used for reporting and identifying equipment malfunctions.

All patients scheduled to receive HSAT will have a face to face with a Sleep Technologist prior to testing. If a patient cannot participate in the face to face due to unusual circumstances, the patient's representative may take their place. During the session, the patient will receive verbal and written instruction on the following: use, troubleshooting, and the process of returning the equipment to the sleep lab. The patient will receive the ANO device during this encounter. The patient will be instructed to transport the device to and from the facility in the provided container.

See Home Sleep Apnea Testing (HSAT) using Philips Respironics Alice NightOne

| **Approved by:** | | **Review/Revision Date:** 03/23 |
|---|---|---|
| /s/<br>Michael Taylor<br>Director, Pulmonary Services | 03/20/2023<br>Date | |
| /s/<br>Andre Aguillon, M.D.<br>Medical Director | 03/19/2023<br>Date | |
| /s/<br>Russell Smith<br>Senior Hospital Administrator | 03/20/2023<br>Date | |
| *Review/Revision Completed By:*<br>*Director, Sleep Disorders Center* | | **Next Review Date: 03/26** |
| **Policies Superseded by This Policy:** | | |

*It is the responsibility of the reader to verify with the responsible agent that this is the most current version of the policy.*