MBTI and Major Choice

People tend to be attracted to and are most satisfied with careers that provide them with the opportunity to express and use their preferences. The second (Sensing or Intuition) or third (Thinking or Feeling) letters of your MBTI type may be most related to what major or career you choose. The table below shows what you prefer to focus on, how you might use your abilities and then some sample majors and career areas that are related to these combinations.

You should also realize that ANY type can be successful in ANY major or career.

<table>
<thead>
<tr>
<th></th>
<th>ST</th>
<th>SF</th>
<th>NF</th>
<th>NT</th>
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</thead>
<tbody>
<tr>
<td>Focus on: Facts</td>
<td>Focus on: Facts</td>
<td>Focus on: Possibilities</td>
<td>Focus on: Possibilities</td>
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<tr>
<td>Ability used in: technical skills with facts &amp; objects</td>
<td>Ability used in: practical help and services for people</td>
<td>Ability used in: understanding and communicating</td>
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<tr>
<td>Handle with: applying facts and experience</td>
<td>Handle with: meeting the daily needs of people</td>
<td>Handle with: understanding the aspirations of people</td>
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<tr>
<td>Academic majors focusing on:</td>
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<tr>
<td>Applied sciences, business administration, accounting and banking, law enforcement, skilled trades, engineering, construction</td>
<td>Health care, community service, teaching, supervision, religious work, office work, sales</td>
<td>Counseling and human services, psychology, behavioral science, literature, art &amp; music, health care, teaching</td>
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The following page lists a few of the majors at The University of Toledo for each of the sixteen types. You will notice overlap between types and majors which simply reiterates the theme that any type preferences can be successful in any major/career.

Action Steps

- Look through a list of UT majors and compare the ones you are interested in or are considering to the majors and focus areas for your MBTI type.
**MBTI and Major Choice**

Sources: Introduction to Type & Introduction to Type in College

<table>
<thead>
<tr>
<th>ISTJ</th>
<th>ISFJ</th>
<th>INFJ</th>
<th>INTJ</th>
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</thead>
</table>
| Accounting  
Biology  
Criminal Justice  
Finance  
Exercise Science  
Geology  
Medical Technology  
Civil engineering |
| Criminal Justice  
Psychology  
Finance  
History  
Medical Technology  
Religious Studies  
Social Work |
| Art  
Communication  
Psychology  
Latin American Studies  
Marketing  
Nursing  
Physical Education  
Sociology  
Urban Studies |
| Biochemistry  
Psychology  
Finance  
Mathematics  
Sociology  
Urban Studies  
Environmental Sciences  
Business Management  
Technology |

<table>
<thead>
<tr>
<th>ISTP</th>
<th>ISFP</th>
<th>INFP</th>
<th>INTP</th>
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</table>
| Biology  
Finance  
Law and Social Thought  
Geology  
Economics  
Theatre  
Mathematics |
| Art  
Psychology  
Exercise Science  
Law and Social Thought  
Foreign Languages  
Nursing |
| Management  
History  
Medical Technology  
Foreign Languages  
Music  
Psychology  
Religious Studies  
Social Work |
| Chemistry  
Information Systems  
Criminal Justice  
Economics  
Finance  
History  
Legal Secretarial  
Technology  
Physics |

<table>
<thead>
<tr>
<th>ESTP</th>
<th>ESFP</th>
<th>ENFP</th>
<th>ENTP</th>
</tr>
</thead>
</table>
| Art  
Biology  
Information Systems  
Medical Technology  
Environmental Studies  
Theatre |
| Psychology  
Exercise Science  
Geology  
Nursing  
Speech Language Pathology  
Social Work |
| Anthropology  
Art  
Chemistry  
Early Childhood Education  
Marketing  
Foreign Languages  
Sociology  
Communication |
| Information Technology  
Communication  
Criminal Justice  
Finance  
Mechanical Engineering  
Technology  
Marketing  
History |

<table>
<thead>
<tr>
<th>ESTJ</th>
<th>ESFJ</th>
<th>ENFJ</th>
<th>ENTJ</th>
</tr>
</thead>
</table>
| Mechanical Engineering  
Public Relations  
Music  
Accounting  
Finance  
Political Science |
| Psychology  
Marketing  
Nursing  
Physical Education  
Religious Studies  
Social Work  
Speech Language Pathology |
| Communication  
Psychology  
Management  
Marketing  
Public Relations  
Urban Studies  
Foreign Languages |
| Economics  
Secondary Education (AYA)  
Management  
International Business  
Political Science  
Sociology  
Anthropology |