

Kim L. Gratz
Curriculum Vitae

Business Address: Department of Psychology
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University of Toledo
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Toledo, OH 43606
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KLGatz@aol.com

Current Position: Professor and Chair
Department of Psychology
University of Toledo

EDUCATION

Doctor of Philosophy **UNIVERSITY OF MASSACHUSETTS BOSTON**, Boston, MA
June 2003
Clinical Psychology
Dissertation Chair: Lizabeth Roemer, Ph.D.
Dissertation: A theoretically-based etiological model of deliberate self-harm: The role of childhood maltreatment, affect intensity/reactivity, emotional inexpressivity, and emotion dysregulation in self-harm behavior

Master of Arts **UNIVERSITY OF MASSACHUSETTS BOSTON**, Boston, MA
June 2000
Clinical Psychology
Faculty Advisor: Sheree Conrad, Ph.D.
Master's Thesis: The measurement, functions, and etiology of deliberate self-harm

Bachelor of Arts **TULANE UNIVERSITY, Newcomb College**, New Orleans, LA
May 1996
Major: Gender Social Psychology, with honors
Faculty Advisors: Beth Willinger, Ph.D., Janet Ruscher, Ph.D.
Honor's Thesis: The indirect and direct aggression of men toward female and male provocateurs

HONORS AND AWARDS

2015 Mid-Career Investigator Award, North American Society for the Study of Personality Disorders
2014 Gold Level (over \$1,000,000 in extramural funding), Excellence in Research Award, University of Mississippi Medical Center
2014 Women's History Awards Honoree, Circle of Hope for Depression Awareness
2011 ABCT 2011 Self Help Book Seal of Merit Winner
2009 Silver Level (over \$500,000 in extramural funding), Excellence in Research Award, University of Mississippi Medical Center
2009 Research Teacher of the Year Award, Psychology Residency Training Consortium, University of Mississippi Medical Center
2009 Best Poster Presentation, Mississippi Psychological Association
2005 Young Investigator's Award, National Education Alliance for Borderline Personality Disorder

2001 Clinical Psychology Book Award for Outstanding Master's Thesis, University of Massachusetts Boston
 2000 Student Researcher Award, Disaster and Trauma Special Interest Group, Association for Advancement of Behavior Therapy
 1996 Graduated Summa Cum Laude with honors in Gender Social Psychology
 1996 The Shelley W. Coverman Memorial Award in Recognition of Excellence in Empirical Social Science Research in Women's Studies
 1996 Phi Beta Kappa, Alpha of Louisiana at Tulane University
 1996 Who's Who Among Students in American Universities and Colleges
 1992-1996 Dean's List/Tulane Honors Program
 1995 Martha Gilmore Robinson Scholarship
 1994 Zida Cole Benedict Scholarship

ACADEMIC POSITIONS

2016-present	Professor and Chair Department of Psychology University of Toledo
2015-2016	Director, Division of Gender, Sexuality, and Health Department of Psychiatry and Human Behavior University of Mississippi Medical Center
2014-2016	Professor with tenure Director, Personality Disorders Research Department of Psychiatry and Human Behavior University of Mississippi Medical Center
2010-2014	Associate Professor Director, Personality Disorders Research Department of Psychiatry and Human Behavior University of Mississippi Medical Center
2008-2010	Assistant Professor Director, Personality Disorders Research Department of Psychiatry and Human Behavior University of Mississippi Medical Center
2005-2008	Director, Personality Disorders Division Center for Addictions, Personality, and Emotion Research, University of Maryland, College Park
2005-2008	Research Assistant Professor Department of Psychology, University of Maryland, College Park
2004-2005	Assistant Research Psychologist Center for the Treatment of Borderline Personality Disorder, McLean Hospital/Harvard Medical School, Boston, MA

CLINICAL AND RESEARCH EXPERIENCE

- 2009-2016 **Director**
Dialectical Behavior Therapy Clinic
University of Mississippi Medical Center, Jackson, MS
- 2008-present **Licensed Clinical Psychologist (#48 831)**
Mississippi Board of Psychology
- 2003-2005 **Staff Therapist**
Dialectical Behavior Therapy Program, Outpatient Clinic
McLean Hospital, Boston, MA
- 2003-2004 **Clinical and Research Fellow**
Center for the Treatment of Borderline Personality Disorder,
McLean Hospital/Harvard Medical School, Boston, MA
- 2002-2003 **Psychology Intern**
McLean Hospital/Harvard Medical School, Boston, MA
- 2001-2002 **Graduate Research Assistant**
Department of Psychology
University of Massachusetts Boston
- 2000-2001 **Psychology Trainee**
Behavioral Health Partial Hospital Program
McLean Hospital/Harvard Medical School, Boston, MA
- 2000 **Co-Counselor**
Educational Cultural Heritage Alliance Educational Tours, Italy
- 1999-2000 **Psychology Trainee**
Counseling Center
University of Massachusetts Boston
- 1996-1998 **Psychiatric Counselor**
Masters and Johnson Trauma, Dissociative Disorders, and Sexual
Compulsivity Programs
River Oaks Hospital, New Orleans, LA
- 1994-1996 **Research Assistant**
Department of Sociology
Tulane University, New Orleans, LA
- 1994-1995 **Research Assistant**
Department of Psychology
Tulane University, New Orleans, LA
- 1994 **Coca-Cola Summer Scholar/Researcher**
Tulane University, New Orleans, LA

TEACHING AND SUPERVISORY EXPERIENCE

- 2014-2016 **Graduate Faculty**
 School of Graduate Studies in the Health Sciences
 University of Mississippi Medical Center, Jackson, MS
- 2012 **Lecturer**
 Psychiatry Residency Training Program
 University of Mississippi Medical Center, Jackson, MS
Course: Group Therapy (CBT Group Therapy Lecture)
- 2010-2015 **Primary Supervisor**
 Dialectical Behavior Therapy (DBT) Rotation
 Psychology Residency Training Consortium
 University of Mississippi Medical Center, Jackson, MS
- 2010 **Instructor**
 Psychiatry Residency Training Program
 University of Mississippi Medical Center, Jackson, MS
Course: Acceptance-based Behavioral Therapies
- 2009-2015 **Faculty Advisor/Primary Clinical Supervisor**
 Adult Cognitive Behavioral Therapy Clinic
 Psychiatry Residency Training Program
 University of Mississippi Medical Center, Jackson, MS
- 2009-2012 **Lecturer**
 Psychiatry Residency Training Program
 University of Mississippi Medical Center, Jackson, MS
Course: DSM-IV (Cluster B Personality Disorders Lecture)
- 2009-2015 **Lecturer**
 Psychiatry Residency Training Program
 University of Mississippi Medical Center, Jackson, MS
Course: Advanced Psychopathology (Personality Disorders Lecture)
- 2009-2014 **Lecturer**
 Psychology Residency Training Consortium
 University of Mississippi Medical Center, Jackson, MS
Course: Psychology CE Seminar (Self-Harm Lecture; DBT Lecture)
- 2008-2015 **Clinical Supervisor**
 Psychology Residency Training Consortium
 University of Mississippi Medical Center, Jackson, MS
- 2007 **Ad-hoc Clinical Supervisor**
 Clinical Psychology Program, Department of Psychology
 University of Maryland, College Park

- 2006 **Clinical Laboratory Supervisor (Graduate Level)**
Clinical Psychology Program, Department of Psychology
University of Maryland, College Park
- 2005-2006 **Seminar Instructor (Graduate Level)**
Center for Addictions, Personality, and Emotion Research
University of Maryland, College Park
Seminar: Fundamentals of Acceptance and Commitment Therapy
- 2003-2005 **Research Supervisor**
Psychosocial and Personality Research Program
McLean Hospital/Harvard Medical School, Boston, MA
- 2001-2002 **Peer Supervisor**
Counseling Center
University of Massachusetts Boston
- 2001-2002 **Research Lab Supervisor**
Department of Psychology
University of Massachusetts Boston
- 2001 **Instructor**
Department of Psychology
University of Massachusetts Boston
Course: Psychology of Women.
- 2000-2002 **Graduate Research Mentor**
University of Massachusetts Boston
- 1998-1999 **Teaching Assistant**
Department of Psychology
University of Massachusetts Boston
Course: Introductory Psychology

COMMITTEES AND UNIVERSITY SERVICE

- 2015-2016 *Faculty Advisor*, Gay Straight Alliance, University of Mississippi Medical Center
- 2015-2016 *Member*, Psychiatry Executive Committee, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center
- 2015-present *Member*, Dissertation Committee, Clinical Psychology Program, Drexel University, Philadelphia, PA [Stephanie Manasse, M.S., “A Behavioral Measure of Affective Distress Intolerance: Development of a New Paradigm and Validation in Individuals with and without Binge Eating Pathology”]
- 2013-2016 *Member*, Promotions and Tenure Committee, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center
- 2013 *Member*, Education Working Group, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center

- 2013 *Member*, Clinical Working Group, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center
- 2013-2014 *Faculty Research Mentor*, University Scholars Program, Jackson State University, Jackson, MS [Dr. Michael Moore, Department of Psychology]
- 2013-2014 *Member*, Master's Thesis Committee, Clinical Psychology Program, University of Houston, Houston, TX [Allison Kalpakci, B.A., "Shame and Borderline Personality Disorder in Adolescents"]
- 2012-2014 *External Examiner*, Dissertation Committee, Clinical Psychology Program, Fielding Graduate University, Santa Barbara, California [Pamela Dobbins, M.A., "Five Facets of Mindfulness and Deliberate Self-Harm In Adolescents"]
- 2011-2014 *Member*, Dissertation Committee, Clinical Psychology Program, Simon Fraser University, Vancouver, BC, Canada [Brianna Turner, M.A., "Untangling the Impact of Social Context on Non-suicidal Self-injury"]
- 2011-2016 *Member*, Review Committee, Intramural Research Support Program, University of Mississippi Medical Center
- 2010-2016 *Member*, Quality Enhancement Proposal (QEP) Assessment Committee, University of Mississippi Medical Center
- 2010-2012 *Co-Chair*, Dissertation Committee, Clinical Psychology Program, Jackson State University, Jackson, MS [Lindsey Davis, M.A., "Protective Factors for Deliberate Self-harm among African-American Young Adults"]
- 2010-2014 *Member*, Dissertation Committee, Clinical Psychology Program, American University, Washington, DC [Alisa Breetz, M.A., "Emotion- and Self-Dysregulation in Self-harm"]
- 2010-2011 *Member*, Quality Enhancement Proposal (QEP) Development Committee, University of Mississippi Medical Center
- 2009-2016 *Member*, Institutional Review Board, University of Mississippi Medical Center
- 2009-2012 *Member*, Psychology Residency Training Consortium Postdoctoral Fellowship Selection Committee, University of Mississippi Medical Center
- 2008-2012 *Member*, Psychology Residency Training Consortium Selection Committee, University of Mississippi Medical Center
- 2008-2010 *Member*, Psychiatry Residency Research Council, University of Mississippi Medical Center
- 2008-2010 *Member*, Committee for Drug Abuse Research Strategic Planning, University of Mississippi Medical Center
- 2008-2009 *Member*, Grand Rounds Committee, University of Mississippi Medical Center
- 2007-2009 *Member*, Master's Thesis Committee, Clinical Psychology Program, American University, Washington, DC [Alisa Breetz, B.A., "Implicit Theories of Emotion and Fear of Emotion: Testing of Mediating and Moderating Models"]
- 2007-2008 *Member*, Dissertation Committee, Clinical Psychology Program, University of Maryland, College Park, MD [Samantha Rodman, M.A., "Mechanisms Underlying Interpersonal Dysfunction in Borderline Personality Disorder: The Roles of Fear of Positive Evaluation and Fear of Abandonment"]

2006-2008 *Co-Chair*, Dissertation Committee, Clinical Psychology Program, University of Maryland, College Park, MD [Autumn Paulson, M.A., “Examining Potential Mechanisms for Increasing Emotional Willingness”]

GRANTS

Current

“Implicit Measurement of Motivations for Non-Suicidal Self-Injury”

Principal Investigators: Alexander Chapman, Ph.D. and Kim L. Gratz, Ph.D.

Agency: Canadian Institutes of Health Research (Neurosciences, Mental Health, and Addiction)

Type and Number: Operating Grant 343892

Period: July 31, 2015 – July 30, 2019

Total Subcontract Costs: \$307,486 (Canadian)

“A Biopsychosocial Model of Emotion Processes Determining the Role of Overcontrolling Parenting in the Stability of Inhibited Temperament”

Principal Investigator: Elizabeth Kiel, Ph.D.

Role on Project: Co-Investigator (with subcontract to UMC)

Agency: National Institute of Child Health and Human Development

Type and Number: R15 HD076158

Period: May 1, 2013 – April 30, 2016 (no-cost extension through April 30, 2017)

Total Subcontract Costs: \$78,730

“Effects of Maternal Interpretation Biases on Child Anxiety and Related Responses”

Principal Investigator: Andres Viana, Ph.D.

Role on Project: Co-Investigator

Agency: National Institute of Mental Health

Type and Number: R21 MH101309

Period: May 1, 2014 – April 30, 2016 (no-cost extension through April 30, 2017)

Total Direct Costs: \$275,000

“Genetics in the Relation between PTSD and Trauma Cue-Evoked Cocaine Attentional Bias”

Principal Investigator: Matthew T. Tull, Ph.D.

Role on Project: Co-Investigator

Agency: NIH/NICRR-Center for Psychiatric Neuroscience COBRE

Type: P20

Period: October 15, 2015 – October 14, 2017

Total Direct Costs: \$100,000

“Nonsuicidal Self-Injury in Veterans”

Principal Investigator: Nathan A. Kimbrel, Ph.D.

Role on Project: Consultant

Agency: Clinical Science Research and Development Service of the Department of Veterans Affairs

Type and Number: Merit Award 1I01CX001486

Period: January 1, 2017 – December 31, 2020

Total Direct Costs: \$990,000

Completed Research Support

“Sexual Revictimization: Emotional and Psychosocial Mediators”

Principal Investigator: David DiLillo, Ph.D.

Role on Project: Co-Investigator (with subcontract to UMC)

Agency: National Institute of Child Health and Human Development

Type and Number: R01 HD062226

Period: July 15, 2010 – June 30, 2015 (no-cost extension through June 30, 2016)

Total Subcontract Costs: \$682,500

“Emotion Regulation and Self-harm in Borderline Personality Disorder”

Principal Investigators: Alexander Chapman, Ph.D. and Kim L. Gratz, Ph.D.

Agency: Canadian Institutes of Health Research (Neurosciences, Mental Health, and Addiction)

Type and Number: Operating Grant 222112

Period: October 1, 2010 – September 30, 2014 (no-cost extension through September 30, 2015)

Total Subcontract Costs: \$341,675 (Canadian)

“The Acute Alcohol-Suicide Attempt Relation as a Function of Alcohol Dependence”

Principal Investigator: Courtney Bagge, Ph.D.

Role on Project: Co-Investigator

Agency: National Institute of Alcohol Abuse and Alcoholism

Type and Number: R21 AA020017

Period: August 1, 2012 – July 31, 2014 (no-cost extension through July 31, 2015)

Total Direct Costs: \$215,000

“Development of an Intervention for Non-Suicidal Self-Injury in Young Adults”

Principal Investigator: Margaret Andover, Ph.D.

Role on Project: Consultant

Agency: National Institute of Mental Health

Type and Number: K23 MH082824

Period: August 15, 2008 – July 31, 2013 (no-cost extension through July 31, 2014)

Total Direct Costs: \$935,000

“Risk-Taking Following Trauma Cue Exposure in Substance Users with PTSD”

Principal Investigator: Matthew T. Tull, Ph.D.

Role on Project: Co-Investigator

Agency: National Institute on Drug Abuse

Type and Number: R21 DA030587

Period: July 15, 2011 – May 31, 2013 (no-cost extension through May 31, 2014)

Total Direct Costs: \$275,000

“Serotonin, Impulsivity and Suicide Attempts”

Principal Investigator: Courtney Bagge, Ph.D.

Role on Project: Collaborator

Agency: NIH/NCCR-Center for Psychiatric Neuroscience COBRE

Type and Number: P20 RR017701

Period: August 1, 2010 – July 31, 2012 (no-cost extension through July 31, 2013)

Total Direct Costs: \$100,000

“Psychopathology of Child Anxiety: Temperament, Cognitive, and Parent Influences”

Principal Investigator: Andres Viana, Ph.D.

Role on Project: Co-Investigator

Agency: University of Mississippi Medical Center

Type: Intramural Research Support Program Grant

Period: May 1, 2012 – April 30, 2013

Total Direct Costs: \$29,633

“Alcohol and Suicide Attempts: A Case-Crossover Pilot Study”

Principal Investigator: Courtney Bagge, Ph.D.

Role on Project: Co-Investigator

Agency: American Foundation for Suicide Prevention

Type: Pilot Research Grant

Period: November 1, 2010 – October 30, 2012

Total Direct Costs: \$30,000

“Developing an Emotion Regulation Group Therapy for Self-Harm among Women with BPD”

Principal Investigator: Kim L. Gratz, Ph.D.

Agency: National Institute of Mental Health

Type and Number: R34 MH079248

Period: September 10, 2008 – May 31, 2011

Total Direct Costs: \$405,000

“Development of a Brief Adjunctive Group Therapy Targeting Risky Sexual Behaviors among Substance Users in Residential Treatment”

Principal Investigators: Matthew T. Tull, Ph.D. and Kim L. Gratz, Ph.D.

Agency: Mississippi Department of Health

Type: Research Support Grant

Period: July 1, 2009 – June 30, 2010

Total Direct Costs: \$131,150

“PTSD and Predictors of Drug Use Treatment Drop-Out”

Principal Investigator: Matthew T. Tull, Ph.D.

Role on Project: Co-Investigator

Agency: National Institute of Drug Abuse

Type and Number: R21 DA022383

Period: April 1, 2008 – March 31, 2010

Total Direct Costs: \$275,000

“Self-Injury in Youth: Consolidating Definitional, Methodological, & Ethical Perspectives for Research”

Principal Investigator: Nancy L. Heath, Ph.D.

Role on Project: Collaborator

Agency and Type: Social Sciences and Humanities Research Council, Research Development Initiatives

Period: 2007 – 2009

Total Direct Costs: \$30,000

“Distress Tolerance Treatment for Inner-City Drug Users”

Principal Investigator: Marina A. Bornovalova, M.A.

Role on Project: Primary Co-Mentor

Agency: National Institute of Drug Abuse

Type and Number: R36 DA021820 (Drug Abuse Dissertation Research)

Period: October 1, 2006 – September 30, 2008

Total Direct Costs: \$100,000

“Development of a Behavioral Measure of Emotion Regulation for Individuals with Borderline Personality Disorder”

Principal Investigator: Kim L. Gratz, Ph.D.

Agency: McLean Hospital/Harvard Medical School

Type: Research Endowment Support Grant

Period: July 1, 2004 – August 31, 2005

Total Costs: \$51,300

“Development of an Emotion Regulation Group Intervention for Self-Harm Behavior among Women with Borderline Personality Disorder”

Principal Investigator: Kim L. Gratz, Ph.D.

Agency: McLean Hospital/Harvard Medical School

Type: Psychosocial Fellowship

Period: July 1, 2003 – June 30, 2005

Total Costs: \$100,000

“A Theoretically-Based Etiological Model of Deliberate Self-Harm: The Role of Childhood Maltreatment, Affect Intensity/Reactivity, Emotional Inexpressivity, and Emotion Dysregulation in Self-Harm Behavior”

Principal Investigator: Kim L. Gratz, M.A.

Agency: University of Massachusetts Boston

Type: Office of Research and Sponsored Programs Dissertation Support Grant

Period: June 1, 2001 – April 1, 2002

Total Costs: \$1,500

“The Measurement, Functions, and Etiology of Deliberate Self-Harm”

Principal Investigator: Kim L. Gratz, B.A.

Agency: University of Massachusetts Boston

Type: Spayne Memorial Research Grant

Period: September 1, 1999 – May 31, 2000

Total Costs: \$500.

“Effects of the Changing Economic Context on the Lives of Women”

Principal Investigator: Kim L. Gratz

Agency: Newcomb College, Tulane University

Type: Newcomb Foundation Grant

Period: September 1, 1994 – July 31, 1995

Total Costs: \$400

“Differences in Attitudes toward Maternal Employment: A Longitudinal Study of Mothers and their Daughters”

Principal Investigator: Kim L. Gratz

Agency and Type: Coca-Cola Foundation Grant

Period: June 1, 1994 – September 1, 1994

Total Costs: \$2000

PROFESSIONAL MEMBERSHIPS

Association for Behavioral and Cognitive Therapies (formerly, AABT)

North American Society for the Study of Personality Disorders
International Society for the Study of Self-injury

PROFESSIONAL ACTIVITIES

- 2016-present *Member*, Board of Directors, North American Society for the Study of Personality Disorders
- 2016-present *Member*, Research Facilitation Committee, Association for Behavioral and Cognitive Therapies
- 2015-2016 *Chair*, Membership Committee, North American Society for the Study of Personality Disorders
- 2015-present *Member*, Steering Committee, North American Society for the Study of Personality Disorders (NASSPD) Annual Conference
- 2014-2015 *Member*, International Advisory Board for International Society for the Study of Personality Disorders (ISSPD) 2015
- 2014 *Invited participant*, Expert Think Tank on Early Identification, Prevention, and Treatment of Child and Adolescent BPD, Sponsored by the National Education Alliance for Borderline Personality Disorder (NEA-BPD), New York, NY
- 2013-2014 *Expert panel member*, Redevelopment of Mental Health First Aid Guidelines for Suicidal Ideation and Behaviour and Non-Suicidal Self-Injury for the National Health and Medical Research Council Clinical Practice Guidelines and Mental Health First Aid Australia, Population Mental Health Group, Melbourne School of Population and Global Health, University of Melbourne
- 2013 *Expert examiner*, Doctor of Philosophy, Swinburne University of Technology, Australia
- 2013 *Expert examiner*, Doctor of Philosophy, University of Newcastle, Australia
- 2013 *Expert examiner*, Doctor of Psychology (Clinical Psychology), Deakin University, Australia
- 2012-2015 *Chair*, Research Facilitation Committee, Association for Behavioral and Cognitive Therapies
- 2012 *Expert external reviewer*, Research Grants Council, Hong Kong, China
- 2012 *Expert examiner*, Doctorate in Clinical Psychology, Deakin University, Australia
- 2012 *Expert examiner*, Doctor of Psychology (Clinical Psychology), University of Tasmania, Australia
- 2010 *Expert examiner*, Doctor of Psychology (Clinical Psychology), The University of Queensland, Australia
- 2010 *Expert grant reviewer*, Israel Science Foundation, Israel
- 2010 *Expert external reviewer*, Research Grants Council, Hong Kong, China
- 2010 *Expert grant reviewer*, Austrian Science Fund, Vienna, Austria
- 2009 *Member*, Scientific Review Committee, World Congress of Behavioral and Cognitive Therapies
- 2009-2012 *Member*, Research Facilitation Committee, Association for Behavioral and Cognitive Therapies

- 2009 *Expert examiner*, Doctoral Examinations Unit, Monash Research Graduate School, Monash University, Australia
- 2009 *Expert grant reviewer*, Health Research Board, Ireland
- 2007-2009 *Member*, Awards Committee, National Education Alliance for Borderline Personality Disorder (NEA-BPD)
- 2007 *Grant reviewer*, Grant Agency of the Academy of Science of the Czech Republic
- 2006-present *Founding Member*, International Society for the Study of Self-injury
- 2006-present *Member*, Program Committee, Association for Behavioral and Cognitive Therapies
- 2006-2008 *Chairperson*, Definition and Label Workgroup, International Society for the Study of Self-injury
- 2004-2005 *Coordinator*, McLean Hospital Borderline Personality Disorder Family Workshop Series
- 2003-2004 *Coordinator*, Personality Disorders Case Conference Series, Psychosocial and Personality Research Program, McLean Hospital

EDITORIAL POSITIONS

Editorship

- 8/2013- *Journal of Contextual Behavioral Science*
Associate Editor
Publisher: *Elsevier*
- 8/2010- *the Behavior Therapist*
Associate Editor
Publisher: *Association for Behavioral and Cognitive Therapies*
- 12/2008-12/2015 *Personality Disorders: Theory, Research, and Treatment*
Section Editor, Commentaries and On-line Content
Publisher: *American Psychological Association*

Editorial Board

- 12/2008- *Personality Disorders: Theory, Research, and Treatment*

Ad Hoc Reviewer (past two years)

Journal of Abnormal Psychology
Journal of Consulting and Clinical Psychology
Psychological Bulletin
Assessment
Archives of General Psychiatry
Psychological Assessment
Development and Psychopathology
Journal of Abnormal Child Psychology
Journal of Clinical Child and Adolescent Psychology
Journal of Research on Adolescence
Psychological Medicine

Pediatrics
Journal of Personality Disorders
Comprehensive Psychiatry
Psychiatry Research
Journal of Psychiatric Research
Behavior Therapy
Journal of Psychopathology and Behavioral Assessment
Journal of Social and Clinical Psychology
Motivation and Emotion
Journal of Clinical Psychology
Cognitive Therapy and Research

INTENSIVE TRAININGS PROVIDED

Gratz, K. L., & Tull, M. T. (2016, October). *Emotion Regulation Group Therapy: Intensive Training Workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Gothenburg, Sweden.

Gratz, K. L., & Tull, M. T. (2016, September). *Supervising Emotion Regulation Group Therapy: Supervision Training Workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Stockholm, Sweden.

Gratz, K. L., & Tull, M. T. (2015, September). *Emotion Regulation Group Therapy: Intensive Training Workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Stockholm, Sweden.

Gratz, K. L., & Tull, M. T. (2016, April). *Emotion Regulation Group Therapy: Intensive Training Workshop*. Intensive training workshop sponsored by the Research Trust of Victoria University of Wellington, Wellington, New Zealand.

Gratz, K. L., & Tull, M. T. (2016, April). *Supervising Emotion Regulation Group Therapy: Supervision Training Workshop*. Intensive training workshop sponsored by the Research Trust of Victoria University of Wellington, Wellington, New Zealand.

Gratz, K. L., & Tull, M. T. (2015, November). *Supervising Emotion Regulation Group Therapy: Supervision Training Workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Stockholm, Sweden.

Gratz, K. L., & Tull, M. T. (2015, November). *Emotion Regulation Group Therapy: Intensive Training Workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Stockholm, Sweden.

Gratz, K. L., & Tull, M. T. (2015, March). *Supervising Emotion Regulation Group Therapy: Supervision Training Workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Stockholm, Sweden.

Gratz, K. L., & Tull, M. T. (2015, March). *Emotion Regulation Group Therapy: Intensive Training Workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Stockholm, Sweden.

Gratz, K. L., & Tull, M. T. (2014, October). *Targeting Emotion Dysregulation in Treatment: An Acceptance-based Emotion Regulation Group Therapy*. Intensive training workshop sponsored by the Department of Psychology, University of Notre Dame, South Bend, IN.

Gratz, K. L., & Tull, M. T. (2014, March). *Targeting Emotion Dysregulation in the Treatment of Deliberate Self-harm: An Acceptance-based Emotion Regulation Group Therapy*. Intensive training workshop sponsored by HUMAN ACT, Copenhagen, Denmark.

Gratz, K. L., & Tull, M. T. (2014, March). *Targeting Emotion Dysregulation in the Treatment of Deliberate Self-harm: An Acceptance-based Emotion Regulation Group Therapy*. Intensive training workshop sponsored by HUMAN ACT, Stockholm, Sweden.

Gratz, K. L., & Tull, M. T. (2013, August). *Emotion Regulation Group Therapy for Deliberate Self-Harm: Training Workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Lund, Sweden.

WORKSHOPS AND INVITED PRESENTATIONS

Gratz, K. L. (2016, March). *Targeting emotion regulation in the treatment of self-harm in borderline personality disorder: Efficacy, effectiveness, and transportability of an emotion regulation group therapy*. Invited presentation for the Boston University Clinical Psychology Colloquium, Boston, MA.

Gratz, K. L. (2015, October). The unique relation of borderline personality disorder features to risky behaviors in adolescents. In M. Zanarini (Chair), *Invited Symposium: Adolescents at Risk for BPD*. Invited symposium presented at the annual meeting of the International Society for the Study of Personality Disorders, Montreal, Canada.

Gratz, K. L. (2015, April). *Emotion regulation group therapy for deliberate self-harm among women with borderline personality disorder: From the ivory tower of Mississippi to the trenches of Sweden*. Invited presentation for the Department of Psychiatry and Human Behavior Grand Rounds, University of Mississippi Medical Center, Jackson, MS.

Gratz, K. L. (2015, March). *Targeting emotion regulation in the treatment of self-harm: Current research on the efficacy, effectiveness, and transportability of an acceptance-based emotion regulation group therapy*. Invited presentation given at the first annual conference of the Southeastern Chapter of the Association for Contextual Behavioral Science, Lafayette, LA.

Gratz, K. L. (2015, March). *Maternal borderline personality and related emotional dysfunction: Impact on parenting and infant emotion regulation*. Invited presentation for the Department of Psychology, Tulane University, New Orleans, LA.

Gratz, K. L., & Tull, M. T. (2014, June). *An innovative approach to treating self-harm: Acceptance-based emotion regulation group therapy*. Invited clinical pre-conference workshop given at the annual meeting of the International Society for the Study of Self-injury, Chicago, IL.

Gratz, K. L. (2014, March). *Emotion regulation in borderline personality and related pathology*. Invited presentation for the Department of Neurobiology and Anatomical Sciences Seminar Series, University of Mississippi Medical Center, Jackson, MS.

Gratz, K. L., & Tull, M. T. (2013, November). *Acceptance-based emotion regulation group therapy for deliberate self-harm among women with borderline personality pathology*. Workshop given at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Gratz, K. L. (2013, July). *Deliberate self-harm in youth: Myths and effective interventions*. Invited presentation for the 25th Annual Lookin' to the Future Conference of Southern Christian Services for Children and Youth, Natchez, MS.

Gratz, K. L. (2013, June). *Randomized controlled trial and nine-month follow-up of an acceptance-based emotion regulation group therapy for deliberate self-harm among women with borderline personality pathology*. Invited Keynote Address given at the annual meeting of the International Society for the Study of Self-injury, Vancouver, Canada.

Gratz, K. L. (2013, March). *Targeting emotion regulation in the treatment of deliberate self-harm among women with borderline personality pathology: Efficacy of an acceptance-based emotion regulation group therapy*. Invited presentation for the National Education Alliance for Borderline Personality Disorder's Teleconference Series.

Gratz, K. L. (2012, October). *Efficacy of an acceptance-based emotion regulation group therapy for self-harm among women with borderline personality pathology: Randomized controlled trial and nine-month follow-up*. Invited Keynote Address given at the First Swedish National Conference on Self-Harm, Stockholm, Sweden.

Gratz, K. L., & Tull, M. T. (2012, October). *Targeting emotion regulation in the treatment of deliberate self-harm among women with borderline personality pathology: An acceptance-based emotion regulation group therapy*. Invited workshop sponsored by the Swedish National Self-Harm Project, Stockholm, Sweden.

Gratz, K. L. (2012, April). *The role of emotion dysregulation in the pathogenesis and treatment of borderline personality disorder and related behaviors*. Invited workshop for the annual meeting of the Louisiana Academy of Medical Psychologists, Baton Rouge, LA.

Gratz, K. L., & Dixon-Gordon, K. L. (2012, April). *The rising problem of deliberate self-harm: Myths, functions, and effective interventions*. Invited workshop for the 5th Annual Mississippi School for Addiction Professionals, Hattiesburg, MS.

Gratz, K. L. (2012, February). *The role of distress tolerance and emotion regulation in BPD and self-injury*. Invited Teleconference for the Florida Borderline Personality Disorder Association.

Gratz, K. L., & Lavender, J. M. (2011, April). *Understanding and treating self-harm in adults*. Invited workshop for the 4th Annual Mississippi School for Addiction Professionals, Hattiesburg, MS.

Gratz, K. L. (2010, September). *Targeting emotion regulation: Treatment applications and research support*. Invited workshop for the annual conference of the Mississippi Psychological Association, Biloxi, MS.

Gratz, K. L. (2009, December). *Targeting emotion regulation: Treatment applications and research support*. Invited workshop for Pine Grove Behavioral Health and Addiction Services and Forrest General Hospital Psychology Services, Hattiesburg, MS.

Gratz, K. L. (2009, October). *The role of emotion dysregulation in the treatment of borderline personality disorder and deliberate self-harm*. Invited presentation for the Clinical Psychology Program of Jackson State University, Jackson, MS.

Gratz, K. L. (2009, October). *Understanding deliberate self-harm: What it is, why people do it, and treatments that can help*. Invited presentation for Millsaps College, Jackson, MS.

Gratz, K. L. (2009, June). *Freedom from self-Harm: Debunking myths and answering questions*. First Invited Teleconference for the Florida Borderline Personality Disorder Association.

Gratz, K. L. (2008, December). *The role of emotion dysregulation in borderline personality disorder and deliberate self-harm: Theoretical foundations, research findings, and treatment advances*. Invited presentation for Forrest General Psychology Services and Southern Mississippi Psychology Internship Consortium, Hattiesburg, MS.

Gratz, K. L. (2007, December). *The role of emotion dysregulation in borderline personality disorder and deliberate self-harm: Research findings and treatment advances*. Invited presentation for the Department of Psychiatry and Human Behavior Grand Rounds, University of Mississippi Medical Center, Jackson, MS.

Gratz, K. L. (2007, November). *The role of emotion dysregulation in borderline personality disorder and deliberate self-harm: Research findings and treatment advances*. Invited address for the Clinical Psychology Program of American University, Washington DC.

Gratz, K. L. (2007, September). *Borderline personality disorder: Emerging research and novel treatments*. Invited presentation for the Metro Washington BPD Education and Support Group.

Lejuez, C. L., & **Gratz, K. L.** (2006, September). *Personality disorders among substance users: Description, diagnosis, and treatment*. Invited workshop for the Community Action Group of Washington DC.

Gratz, K. L. (2006, July). *Understanding deliberate self-harm: Risk factors, underlying mechanisms, and treatment advances*. Invited presentation to the National Institute of Mental Health's Branch Innovations in Research Seminar Series, Bethesda, MD.

Gratz, K. L. (2005, October). *Preliminary data on an acceptance-based emotion regulation group intervention for deliberate self-harm among women with borderline personality disorder*. Invited presentation for the 4th annual conference of the National Education Alliance for Borderline Personality Disorder's, Borderline Personality Disorder: Historical and Future Perspectives, Boston, MA.

Gratz, K. L. (2005, April). *The treatment of clients with deliberate self-harm*. Invited presentation for the University of Massachusetts Boston Counseling Center, Boston, MA.

Gratz, K. L. (2005, April). *Current research on emotional avoidance and acceptance, and its implications for treatment interventions*. Invited presentation for the Women's Treatment Program at McLean Hospital, Boston, MA

Gratz, K. L. (2004, July). *Preliminary data on an acceptance-based emotion regulation group for deliberate self-harm among women with borderline personality disorder*. Special invited

presentation to the NIMH International Think Tank for the Most Effective Treatment of Borderline Personality Disorder, Baltimore, MD.

Gratz, K. L. (2004, April). *Emotional functioning in borderline personality disorder*. Invited presentation for the McLean Hospital Family Workshop Series, Boston, MA.

Gratz, K. L. (2001, November). *Deliberate self-harm: What it is and what can be done about it*. Invited Address for the annual conference of the Coalition Organized for Health Education in Schools, Worcester, MA.

PUBLICATIONS

Books

Tull, M. T., **Gratz, K. L.**, & Chapman, A. L. (in press). *The cognitive behavioral coping skills workbook for PTSD* (authored). Oakland, CA: New Harbinger Publications.

Chapman, A. L., & **Gratz, K. L.** (2015). *The dialectical behavior therapy skills workbook for anger: Using DBT mindfulness and emotion regulation skills to manage anger* (authored). Oakland, CA: New Harbinger Publications.

Chapman, A. L., & **Gratz, K. L.** (2013). *Borderline personality disorder: A guide for the newly diagnosed* (authored). Oakland, CA: New Harbinger Publications.

Chapman, A. L., **Gratz, K. L.**, & Tull, M. T. (2011). *The dialectical behavior therapy skills workbook for anxiety: Breaking free from worry, panic, PTSD, and other anxiety symptoms* (authored). Oakland, CA: New Harbinger Publications.

Gratz, K. L., & Chapman, A. L. (2009). *Freedom from self-harm: Overcoming self-injury with skills from DBT and other treatments* (authored). Oakland, CA: New Harbinger Publications.

Chapman, A. L., & **Gratz, K. L.** (2007). *The borderline personality disorder survival guide: Everything you need to know about living with BPD* (authored). Oakland, CA: New Harbinger Publications.

Peer-reviewed Journal Articles (N = 148)

** indicates Gratz as author of correspondence when not first author*

Bjureberg, J., Ljótsson, B., Tull, M. T., Hedman, E., Sahlin, H., Lundh, L-G., Bjärehed, J., DiLillo, D., Messman-Moore, T., Gumpert, C. H., & **Gratz, K. L.** (in press). Development and validation of a brief version of the Difficulties in Emotion Regulation Scale: The DERS-16. *Journal of Psychopathology and Behavioral Assessment*.

Capron, D. W., Bujarski, S. J., **Gratz, K. L.**, Anestis, M. D., Fairholme, C. P., & Tull, M. T. (in press). Suicide risk among male substance users in residential treatment: Evaluation of the depression-distress amplification model. *Psychiatry Research*.

Dixon, L. J., Tull, M. T., Lee, A. A., Kimbrel, N. A., & **Gratz, K. L.** (in press). The role of emotion-driven impulse control difficulties in the relation between social anxiety and aggression. *Journal of Clinical Psychology*.

Gratz, K. L., Moore, K. E., & Tull, M. T. (in press). The role of emotion dysregulation in the presence, associated difficulties, and treatment of borderline personality disorder. *Personality Disorders: Theory, Research, and Treatment*.

Gratz, K. L., Weiss, N. H., McDermott, M. J., DiLillo, D., Messman-Moore, T. L., & Tull, M. T. (in press). Emotion dysregulation mediates the relation between borderline personality disorder symptoms and later physical health symptoms. *Journal of Personality Disorders*.

Jaffe, A. E., Steel, A. L., DiLillo, D., Hoffman, L., **Gratz, K. L.**, & Messman-Moore, T. L. (in press). Victim alcohol intoxication during a sexual assault: Relations with subsequent PTSD symptoms. *Violence and Victims*.

Kiel, E. J., Viana, A. G., Tull, M. T., & **Gratz, K. L.** (in press). Emotion socialization strategies of mothers with borderline personality disorder symptoms: The role of maternal emotion regulation and interactions with infant temperament. *Journal of Personality Disorders*.

Knorr, A. C., Tull, M. T., Anestis, M. D., Dixon-Gordon, K. L., Bennett, M. F., & **Gratz, K. L.** (in press). The interactive effect of major depression and nonsuicidal self-injury on current suicide risk and lifetime suicide attempts. *Archives of Suicide Research*.

Lavender, J. M., Tull, M. T., DiLillo, D., Messman-Moore, T. L., & **Gratz, K. L.** (in press). Development and validation of a state-based measure of emotion dysregulation: The State Difficulties in Emotion Regulation Scale (S-DERS). *Assessment*.

McDermott, M. J., Fulwiler, J. C., Smitherman, T. A., **Gratz, K. L.**, Connolly, K. M., & Tull, M. T. (in press). The relation of PTSD symptoms to migraine and headache-related disability among substance dependent inpatients. *Journal of Behavioral Medicine*.

Schoenleber, M., Berghoff, C. R., Tull, M. T., DiLillo, D., Messman-Moore, T., & **Gratz, K. L.** (in press). Emotional lability and affective synchrony in borderline personality disorder. *Personality Disorders: Theory, Research, and Treatment*.

Tull, M. T., **Gratz, K. L.**, McDermott, M. J., Bordieri, M. J., Daughters, S. B., & Lejuez, C. W. (in press). The role of emotion regulation difficulties in the relation between PTSD symptoms and the learned association between trauma-related and cocaine cues. *Substance Use and Misuse*.

Tull, M. T., McDermott, M. J., & **Gratz, K. L.** (in press). Marijuana dependence moderates the effect of posttraumatic stress disorder on trauma cue reactivity in substance dependent patients. *Drug and Alcohol Dependence*.

Turner, B. J., Cobb, R. J., **Gratz, K. L.**, & Chapman, A. L. (in press). The role of interpersonal conflict and perceived social support in nonsuicidal self-injury in daily life. *Journal of Abnormal Psychology*.

Turner, B. J., Wakefield, M., **Gratz, K. L.**, & Chapman, A. L. (in press). Characterizing interpersonal difficulties among young adults who engage in nonsuicidal self-injury using a daily diary. *Behavior Therapy*.

Weiss, N. H., Tull, M. T., Dixon-Gordon, K. L., & **Gratz, K. L.** (in press). Assessing the negative and positive emotion-dependent nature of risky behaviors among substance dependent patients. *Assessment*.

Gratz, K. L., Chapman, A. L., Dixon-Gordon, K. L., & Tull, M. T. (2016). Exploring the association of deliberate self-harm with emotional relief using a novel Implicit Association Test. *Personality Disorders: Theory, Research, and Treatment*, 7, 91-102.

Khazem, L. R., Houtsma, C., **Gratz, K. L.**, Tull, M. T., Green, B. A., & Anestis, M. D. (2016). Firearms matter: The moderating role of firearm storage in the association between current suicidal ideation and likelihood of future suicide attempts among United States military personnel. *Military Psychology*, 28, 25-33.

Bardeen, J. R., Tull, M. T., Dixon-Gordon, K. L., Stevens, E. N., & **Gratz, K. L.** (2015). Attentional control as a moderator of the relationship between difficulties accessing effective emotion regulation strategies and distress tolerance. *Journal of Psychopathology and Behavioral Assessment*, 37, 79-84.

Bardeen, J. R., Tull, M. T., Stevens, E. N., & **Gratz, K. L.** (2015). Further investigation of the association between anxiety sensitivity and posttraumatic stress disorder: Examining the influence of emotional avoidance. *Journal of Contextual Behavioral Science*, 4, 163-169.

Buckholdt, K. E., Parra, G. R., Anestis, M. D., Lavender, J. M., Jobe-Shields, L. E., Tull, M. T., & **Gratz, K. L.** (2015). Emotion regulation difficulties and maladaptive behaviors: Examination of deliberate self-harm, disordered eating, and substance misuse in two samples. *Cognitive Therapy and Research*, 39, 140-152.

Buckholdt, K. E., Weiss, N. H., Young, J., & **Gratz, K. L.** (2015). Exposure to violence, posttraumatic stress symptoms, and borderline personality pathology among adolescents in residential psychiatric treatment: The influence of emotion dysregulation. *Child Psychiatry and Human Development*, 46, 884-892.

Dixon-Gordon, K. L., Weiss, N. H., Tull, M. T., DiLillo, D., Messman-Moore, T. L., & **Gratz, K. L.** (2015). Characterizing emotional dysfunction in borderline personality, major depression, and their co-occurrence. *Comprehensive Psychiatry*, 62, 187-203.

Fossati, A., **Gratz, K. L.**, Borroni, S., Maffei, C., Somma, A., & Carlotta, D. (2015). The relationship between childhood history of ADHD symptoms and DSM-IV borderline personality disorder features among personality disordered outpatients: The moderating role of gender and the mediating roles of emotion dysregulation and impulsivity. *Comprehensive Psychiatry*, 56, 121-127.

Gratz, K. L., Bardeen, J. R., Levy, R., Dixon-Gordon, K. L., & Tull, M. T. (2015). Mechanisms of change in an emotion regulation group therapy for deliberate self-harm among women with borderline personality disorder. *Behaviour Research and Therapy*, 65, 29-35.

Gratz, K. L., Dixon-Gordon, K. L., Chapman, A. L., & Tull, M. T. (2015). Diagnosis and Characterization of DSM-5 Nonsuicidal Self-injury Disorder Using the Clinician-Administered Nonsuicidal Self-injury Disorder Index. *Assessment, 22*, 527-539.

Gratz, K. L., Kiel, E. J., Latzman, R. D., Moore, S. A., Elkin, T. D., Megason, G. C., & Tull, M. T. (2015). Complex interrelations of trait vulnerabilities in mothers and their infants. *Infancy, 20*, 306-338.

Gratz, K. L., Weiss, N. H., & Tull, M. T. (2015). Examining emotion regulation as an outcome, mechanism, or target of psychological treatments. *Current Opinion in Psychology, 3*, 85-90.

Kimbrel, N. A., **Gratz, K. L.,** Tull, M. T., Morissette, S. B., Meyer, E. C., DeBeer, B. B., Silvia, P. J., Calhoun, P. C., & Beckham, J. C. (2015). Non-suicidal self-injury as a predictor of active and passive suicidal ideation among Iraq/Afghanistan veterans. *Psychiatry Research, 227*, 360-362.

Lavender, J. M., Green, D., Anestis, M. D., Tull, M. T., & **Gratz, K. L.** (2015). Negative affect, negative urgency, thought suppression, and bulimic symptoms: A moderated mediation analysis in a sample at-risk for bulimic symptoms. *European Eating Disorders Review, 23*, 246-250.

Lavender, J. M., Happel, K., Anestis, M. D., Tull, M. T., & **Gratz, K. L.,** (2015). The interactive role of distress tolerance and eating expectancies in bulimic symptoms among substance abusers. *Eating Behaviors, 16*, 88-91.

Tull, M. T., Bardeen, J. R., DiLillo, D., Messman-Moore, T., & **Gratz, K. L.** (2015). A prospective investigation of emotion dysregulation as a moderator of the relation between posttraumatic stress symptoms and substance use severity. *Journal of Anxiety Disorders, 29*, 52-60.

Watkins, L. E., Franz, M. R., DiLillo, D., **Gratz, K. L.,** & Messman-Moore, T. L. (2015). Does drinking to cope explain links between emotion-driven impulse control difficulties and hazardous drinking? A longitudinal test. *Psychology of Addictive Behaviors, 29*, 875-884.

Weiss, N. H., ***Gratz, K. L.,** & Lavender, J. M. (2015). Factor structure and initial validation of a multidimensional measure of difficulties in the regulation of positive emotions: The DERS-Positive. *Behavior Modification, 39*, 431-453.

Weiss, N. H., Tull, M. T., Davis, L. T., Searcy, J., Williams, I., & **Gratz, K. L.** (2015). A preliminary experimental investigation of emotion dysregulation and impulsivity in risky behaviors. *Behaviour Change, 32*, 127-142.

Weiss, N. H., Tull, M. T., Sullivan, T. P., Dixon-Gordon, K. L., & **Gratz, K. L.** (2015). Posttraumatic stress disorder symptoms and risky behaviors among trauma-exposed inpatients with substance dependence: The influence of negative and positive urgency. *Drug and Alcohol Dependence, 155*, 147-153.

Whalen, D. J., Kiel, E. J., Tull, M. T., Latzman, R. D., & ***Gratz, K. L.** (2015). Maternal borderline personality disorder symptoms and convergence between observed and reported infant negative emotional expressions. *Personality Disorders: Theory, Research, and Treatment, 6*, 229-238.

Whalen, D. J., Malkin, M. L., Freeman, M. J., Young, J., & *Gratz, K. L. (2015). Brief report: Borderline personality symptoms and perceived caregiver criticism in adolescents. *Journal of Adolescence*, *41*, 157-161.

Wolz, I., Agüera, Z., Granero, R., Jiménez-Murcia, S., Gratz, K. L., Menchón, J. M., & Fernández-Aranda, F. (2015). Emotion regulation difficulties in disordered eating: Examining the psychometric properties of the Difficulties in Emotion Regulation Scale among Spanish adults and its interrelations with personality and eating disorder severity. *Frontiers in Psychology – Eating Behavior*, *6*:907.

Anestis, M. D., Kleiman, E. M., Lavender, J. M., Tull, M. T., & Gratz, K. L. (2014). The pursuit of death versus escape from negative affect: An examination of the nature of the relationship between emotion dysregulation and both suicidal behavior and non-suicidal self-injury. *Comprehensive Psychiatry*, *55*, 1820-1830.

Anestis, M. D., Tull, M. T., Lavender, J. M., & Gratz, K. L. (2014). The mediating role of non-suicidal self-injury in the relationship between impulsivity and suicidal behavior among inpatients receiving treatment for substance use disorders. *Psychiatry Research*, *218*, 166-173.

Bardeen, J. R., Dixon-Gordon, K. L., Tull, M. T., Lyons, J. A., & Gratz, K. L. (2014). An investigation of the relationship between borderline personality disorder and cocaine-related attentional bias following trauma cue exposure: The moderating role of gender. *Comprehensive Psychiatry*, *55*, 113-122.

Bardeen, J. R., Tull, M. T., Stevens, E. N., & Gratz, K. L. (2014). Exploring the relationship between positive and negative emotional avoidance and anxiety symptom severity: The moderating role of attentional control. *Journal of Behavior Therapy and Experimental Psychiatry*, *45*, 415-420.

Bordieri, M. J., Tull, M. T., McDermott, M. J., & Gratz, K. L. (2014). The moderating role of experiential avoidance in the relationship between posttraumatic stress disorder symptom severity and cannabis dependence. *Journal of Contextual Behavioral Science*, *3*, 273-278.

Chapman, A. L., Gratz, K. L., & Turner, B. J. (2014). Risk-related and protective correlates of non-suicidal self-injury and co-occurring suicide attempts among incarcerated women. *Suicide and Life-Threatening Behavior*, *44*, 139-154.

Dixon-Gordon, K. L., *Gratz, K. L., McDermott, M. J., & Tull, M. T. (2014). The role of executive attention in deliberate self-harm. *Psychiatry Research*, *218*, 113-117.

Dixon-Gordon, K. L., Tull, M. T., & Gratz, K. L. (2014). Self-injurious behaviors in posttraumatic stress disorder: An examination of potential moderators. *Journal of Affective Disorders*, *166*, 359-367.

Fergus, T. A., Bardeen, J. R., Gratz, K. L., Fulton, J. J., & Tull, M. T. (2014). The contribution of health anxiety to retrospectively-recalled emergency department visits within a sample of patients in residential substance abuse treatment. *Cognitive Behaviour Therapy*, *44*, 1-8.

Fossati, A., Gratz, K. L., Maffei, C., & Borroni, S. (2014). Impulsivity dimensions, emotion dysregulation, and borderline personality disorder features among Italian nonclinical adolescents.

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Fulton, J. J., Kiel, E. J., Tull, M. T., & **Gratz, K. L.** (2014). Associations between perceived parental overprotection, experiential avoidance, and anxiety. *Journal of Experimental Psychopathology*, 5, 200-211.

Gratz, K. L., Dixon-Gordon, K. L., & Tull, M. T. (2014). Predictors of treatment response to an adjunctive emotion regulation group therapy for deliberate self-harm among women with borderline personality disorder. *Personality Disorders: Theory, Research, and Treatment*, 5, 97-107.

Gratz, K. L., Kiel, E. J., Latzman, R. D., Elkin, T. D., Moore, S. A., & Tull, M. T. (2014). Maternal borderline personality pathology and infant emotion regulation: Examining the influence of maternal emotion-related difficulties and infant attachment. *Journal of Personality Disorders*, 28, 52-69.

Gratz, K. L., Tull, M. T., & Levy, R. (2014). Randomized controlled trial and uncontrolled 9-month follow-up of an adjunctive emotion regulation group therapy for deliberate self-harm among women with borderline personality disorder. *Psychological Medicine*, 44, 2099-2112.

McDermott, M. J., Tull, M. T., **Gratz, K. L.**, Houle, T. T., & Smitherman, T. A. (2014). Comorbidity of migraine and psychiatric disorders among substance dependent inpatients. *Headache*, 54, 290-302.

Schoenleber, M., ***Gratz, K. L.**, Messman-Moore, T., & DiLillo, D. (2014). Borderline personality disorder and self-conscious emotions in response to adult unwanted sexual experiences. *Journal of Personality Disorders*, 28, 810-823.

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Watkins, L. E., Jaffe, A. E., Hoffman, L., **Gratz, K. L.**, Messman-Moore, T. L. & DiLillo, D. (2014). The longitudinal impact of intimate partner aggression and relationship status on women's physical health and depression symptoms. *Journal of Family Psychology*, 28, 655-665.

Weiss, N. H., Tull, M. T., Dixon-Gordon, K. L., & **Gratz, K. L.** (2014). Extending findings of a relation between posttraumatic stress disorder and emotion dysregulation among African-American individuals: A preliminary examination of the moderating role of gender. *Journal of Traumatic Stress Disorders and Treatment*, 3 (1). doi: 10.4172/2324-8947.1000116

Weiss, N. H., Tull, M. T., & **Gratz, K. L.** (2014). A preliminary experimental examination of the effect of emotion dysregulation and impulsivity on risky behaviors among women with sexual assault-related posttraumatic stress disorder. *Behavior Modification*, 38, 914-939.

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Bagge, C. L., Lee, H-J., Schumacher, J. A., **Gratz, K. L.**, Krull, J. L., & Holloman, G. (2013). Alcohol as an acute risk factor for recent suicide attempts: A case-crossover analysis. *Journal of Studies on Alcohol and Drugs, 74*, 552-558.

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Muehlenkamp, J. J., Bagge, C. L., Tull, M. T., & ***Gratz, K. L.** (2013). Body regard as a moderator of the relation between emotion dysregulation and nonsuicidal self-injury. *Suicide and Life-Threatening Behavior, 43*, 479-493.

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Anestis, M., **Gratz, K. L.**, Bagge, C. L., & Tull, M. T. (2012). The interactive role of distress tolerance and borderline personality disorder in suicide attempts among substance users in residential treatment. *Comprehensive Psychiatry, 53*, 1208-1216.

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Chapters and Non-peer Reviewed Articles

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Anestis, M. D., Dixon-Gordon, K. L., & **Gratz, K. L.** (2014). Suicidal behavior and personality disorders. In D. A. Lamis & N. J. Kaslow (Eds.), *Advancing the science of suicidal behavior: Understanding and intervention* (pp. 405-420). Hauppauge, NY: Nova Science Publishers.

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Manuscripts Submitted for Publication

Charak, R., DiLillo, D., Messman-Moore, T. L., & **Gratz, K. L.** (2016). *Latent classes of lifetime sexual victimization characteristics in women in emerging adulthood: Differential relations with emotion dysregulation*. Manuscript submitted for publication.

Davis, L., T., Weiss, N. H., Tull, M. T., & ***Gratz, K. L.** (2015). *The relation of protective factors to deliberate self-harm among African-American adults: Moderating roles of gender and sexual orientation identity*. Manuscript submitted for publication.

Dixon, L. J., Tull, M. T., Lee, A. A., Kimbrel, N. A., & **Gratz, K. L.** (2016). *The role of emotion regulation difficulties in the relation between social anxiety and aggression*. Manuscript submitted for publication.

Dixon-Gordon, K. L., Tull, M. T., Hackel, L. M., & **Gratz, K. L.** (2016). *The influence of emotional state on learning from reward and punishment in borderline personality disorder*. Manuscript submitted for publication.

Moore, K. E., Tull, M. T., & **Gratz, K. L.** (2016). *Borderline personality disorder symptoms and criminal justice system involvement: The role of aggression and emotion dysregulation*. Manuscript submitted for publication.

Sahlin, H., Bjureberg, J., **Gratz, K. L.**, Tull, M. T., Hedman, E., Bjärehed, J., Jokinen, J., Lundh, L-G., Ljótsson, B., & Gumpert, C. H. (2015). *Emotion regulation group therapy for deliberate self-harm. A multi-site effectiveness study*. Manuscript submitted for publication.

Weiss, N. H., Connolly, K. M., **Gratz, K. L.**, & Tull, M. T. (2016). *The role of impulsivity dimensions in the relation between probable posttraumatic stress disorder and aggressive behavior among substance users*. Manuscript submitted for publication.

CONFERENCE PRESENTATIONS

Franz, M., Hein, C., Jaffe, A., Messman-Moore., T., **Gratz, K. L.**, & DiLillo, D. (2016, November). *Emotion dysregulation as a prospective predictor of PTSD following sexual assault*. Presentation to be given at the annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.

McConnell, A. A., Kaufman, J. S., Messman-Moore, T. L., **Gratz, K. L.**, & DiLillo, D. (2016, November). *Peritraumatic fear, injury, and rape acknowledgment mediate the relation between rape type and PTSD: A focus on substance-involved rape*. Poster to be presented at the annual meeting of the International Society for Traumatic Stress Studies, Dallas, TX.

Charak, R., Messman-Moore, T., McConnell, A., Cook, N., Eshelman, L. R., **Gratz, K. L.**, & DiLillo, D. (2016, October). *Revictimization and cumulative trauma impact on emotion regulation capacity and psychopathology among women with histories of child maltreatment and intimate partner violence*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Bhuptani, P. H., Kaufman, J., Messman-Moore, T. L., **Gratz, K. L.**, & DiLillo, D. (2016, May). *Rape disclosure: Role of victim-blaming responses, shame, and experiential avoidance*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Capron, D. W., Tull, M. T., & **Gratz, K. L.** (2016, March-April). Anxiety sensitivity cognitive concerns and suicidal behavior among residential substance users with and without depression. In L. J. Dixon (Chair), *Integrating health care: The evaluation and treatment of anxiety and depression in novel patient populations*. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.

Lee, A. A., Dixon, L. J., **Gratz, K. L.**, & Tull, M. T. (2016, March-April). The role of anxiety sensitivity: Predicting insomnia in patients with PTSD. In L. J. Dixon (Chair), *Integrating health care: The evaluation and treatment of anxiety and depression in novel patient populations*. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.

Tull, M. T., Brabec, S. C., Dixon, L. J., Ciarloni, E., Wheelless, L., Bardeen, J. R., Schoenleber, M., Konkle-Parker, D., **Gratz, K. L.**, & Marshall, G. D. (2016, March-April). Evaluation of a brief behavioral activation intervention for depression within two medical samples. In L. J. Dixon (Chair), *Integrating health care: The evaluation and treatment of anxiety and depression in novel patient populations*. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.

Wheelless, L., Dixon, L. J., Cohen, R., **Gratz, K. L.**, & Tull, M. T. (2016, March-April). *An examination of the moderating role of mindfulness in the relation between worry and anxiety symptom severity*. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.

Bjureberg, J., Sahlin, H., Hedman, E., Jokinen, J., Tull, M. T., **Gratz, K. L.**, Gumpert, C. H., & Ljótsson, B. (2015, November). Emotion regulation as a mechanism of change in the treatment of nonsuicidal self-injury in BPD. In B. Ljótsson and E. Hedman (Chairs), *Disseminating CBT: Clinical effectiveness trials for patients with common mental illness and non-suicidal self-injury*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Broadway, J., Jessor, M. A., Fairholme, C. P., **Gratz, K. L.**, & Tull, M. T. (2015, November). *Prevalence of sleep disturbance in substance-dependent populations: Opportunity for clinical intervention*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Chapman, A. L., **Gratz, K. L.**, Dixon-Gordon, K. L., Tull, M. T., & Turner, B. J. (2015, November). Implicit associations of nonsuicidal self-injury with emotional relief: The moderating role of emotional context. In M. D. Anestis (Chair), *Novel methods in the prediction of suicidal and non-suicidal self-directed violence*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Charak, R., Messman-Moore, T., **Gratz, K. L.**, & DiLillo, D. (2015, November). *Typologies of lifetime sexual victimization: Differential relations with emotion dysregulation in female emerging adults*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Charak, R., Steel, A., Messman-Moore, T., **Gratz, K. L.**, & DiLillo, D. (2015, November). *Differential associations between childhood emotional abuse and difficulties in emotion regulation among female emerging adults*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Cohen, R. T., Schoenleber, M., Tull, M. T., & **Gratz, K. L.** (2015, November). *Emotional responses to psychiatric hospitalization among patients admitted with and without suicidality*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Dixon, L. J., Tull, M. T., Kimbrel, N., Weiss, N. H., & **Gratz, K. L.** (2015, November). Predicting anger and hostility in social anxiety: The mediating role of emotion regulation. In M. J. McDermott (Chair), *Emotion regulation as a transdiagnostic mechanism: An examination of the mediating role of difficulties in emotion regulation across disorders*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Eshelman, L. R., McConnell, A., Messman-Moore, T. L., **Gratz, K. L.**, & DiLillo, D. (2015, November). *Emotion regulation among survivors of lifetime sexual violence: The impact of PTSD on emotion reduction, reactivity, and expressivity*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

Gratz, K. L. (2015, November). Invited panelist in P. J. Geiger (Moderator), *How to effectively balance irreverence and validation to reduce therapy interfering behavior*. Clinical round table presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Gratz, K. L., Chapman, A. L., Dixon-Gordon, K. L., & Tull, M. T. (2015, November). Exploring the association of nonsuicidal self-injury with emotional relief using a novel implicit association test. In M. D. Anestis (Chair), *Novel methods in the prediction of suicidal and non-suicidal self-directed violence*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Haliczer, L., Karnedy, C., Dixon-Gordon, K. L., Chapman, A. L., & Tull, M. T., & **Gratz, K. L.** (2015, November). *Differences in motives for nonsuicidal self-injury: A comparison of self-injurers with borderline personality disorder and depression*. Presentation given at the annual meeting of the Suicide and Self-Injury Special Interest Group of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Jaffe, A. E., Neukirch, C., DiLillo, D., Messman-Moore, T. L., & **Gratz, K. L.** (2015, November). *Is the risk for sexual revictimization cumulative? A prospective examination*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Kiel, E. J., Whalen, D. J., Premo, J. E., & **Gratz, K. L.** (2015, November). Parenting-specific emotion regulation difficulties in mothers varying in borderline personality symptoms. In E. J. Kiel and D. Whalen (Chairs), *Borderline personality disorder symptoms and the parent-child relationship*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

McConnell, A., Messman-Moore, T. L., Dykstra, R., **Gratz, K. L.**, & DiLillo, D. (2015, November). *A double-edged sword: The impact of combined type rape on posttraumatic stress disorder symptoms*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

McDermott, M. J., Tull, M. T., Messman-Moore, T. L., DiLillo, D., & **Gratz, K. L.** (2015, November). The mediating role of difficulties in emotion regulation in the relation between posttraumatic stress disorder symptoms and physical health symptoms. In M. J. McDermott (Chair), *Emotion regulation as a transdiagnostic mechanism: An examination of the mediating role of difficulties in emotion regulation across disorders*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

McHugh, R. K., **Gratz, K. L.**, & Tull, M. T. (2015, November). Anxiety sensitivity predicts reactivity to trauma cues in a substance-dependent sample. In R. K. McHugh (Chair), *Emotion reactivity and regulation in posttraumatic stress disorder*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Messman-Moore, T. L., Dykstra, R., Hoffman, L., **Gratz, K. L.**, & DiLillo, D. (2015, November). Changes in typical emotion dysregulation, hazardous drinking and using sex to cope predict risky sexual behavior and sexual revictimization among female emerging adults. In H. Orcutt (Chair), *Sexual violence and emotion dysregulation*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Messman-Moore, T. L., Kaplinska, J., Eshelman, L. R., Dykstra, R., **Gratz, K. L.**, & DiLillo, D. (2015, November). *Emotion regulation correlates of the dysfunctional sexual behavior scale in the original and revised Trauma Symptom Inventory: Implications for assessment*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

Moore, K. E., Tull, M. T., & **Gratz, K. L.** (2015, November). *Borderline personality disorder and criminal justice involvement: The role of emotion dysregulation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Sahlin, H., Bjureberg, J., Hedman, E., Jokinen, J., Tull, M. T., **Gratz, K. L.**, Ljótsson, B., & Gumpert, C. H. (2015, November). Emotion regulation group therapy for nonsuicidal self-injury: A Swedish nationwide effectiveness study. In B. Ljótsson and E. Hedman (Chairs), *Disseminating CBT: Clinical effectiveness trials for patients with common mental illness and non-suicidal self-injury*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Schoenleber, M., Berghoff, C. R., **Gratz, K. L.**, & Tull, M. T. (2015, November). *Temporal dynamics of emotion in posttraumatic stress disorder symptom clusters in a clinical sample*. Presentation given at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

Tull, M. T., Wheelless, L. E., Cohen, R., & **Gratz, K. L.** (2015, November). Emotion regulation strategies in response to trauma cue exposure in substance dependent patients with PTSD: Relations with negative affect, cravings, and cortisol reactivity. In R. K. McHugh (Chair), *Emotion reactivity and regulation in posttraumatic stress disorder*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Turner, B. J., Cobb, R. J., Chapman, A. L., & **Gratz, K. L.** (2015, November). The interpersonal context of nonsuicidal self-injury in daily life: Risk, resilience and reinforcement. In M. D. Anestis (Chair), *Novel methods in the prediction of suicidal and non-suicidal self-directed violence*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Turner, B. J., **Gratz, K. L.**, & Chapman, A. L. (2015, November). Individual differences in daily interpersonal functioning in NSSI versus controls. In S. Victor (Chair), *How do you get there from here? How environmental and person-level characteristics contribute to non-suicidal self-injury*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Weiss, N. H., Sullivan, T. P., Dixon-Gordon, K. L., **Gratz, K. L.**, & Tull, M. T. (2015, November). Posttraumatic stress disorder symptoms and risky behaviors: The influence of negative and positive urgency among substance use dependent patients. In N. H. Weiss (Chair), *Multi-method examination of positive emotion dysfunction as a mechanistic process underlying risky, self-destructive, and health compromising behaviors*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Zerubavel, N. & Messman-Moore, T. L., DiLillo, D. & **Gratz, K. L.** (2015, November). Fear of abandonment: An overlooked moderator in the relation of intimate partner violence to severity of dissociation. In C. J. E. Fleming (Chair), *Understanding trauma-related dissociation: Risk factors and outcomes*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Dixon-Gordon, K. L., Tull, M. T., & **Gratz, K. L.** (2015, October). The influence of emotional state on reinforcement learning in borderline personality disorder. In K. L. Gratz (Chair), *Innovations in research on emotional functioning in borderline personality disorder*. Symposium presented at the annual meeting of the International Society for the Study of Personality Disorders, Montreal, Canada.

Fisher, J. W., Schoenleber, M., Tull, M. T., & **Gratz, K. L.** (2015, October). *Using interpersonal disclosure to regulate shame related to psychiatric hospitalization*. Poster presented at the annual meeting of the Society for Research in Psychopathology, New Orleans, Louisiana.

Gratz, K. L., Weiss, N. H., McDermott, M. J., Messman-Moore, T. L., & DiLillo, D. (2015, October). The role of emotion dysregulation in the physical health consequences of borderline personality disorder. In K. L. Gratz (Chair), *Innovations in research on emotional functioning in borderline personality disorder*. Symposium presented at the annual meeting of the International Society for the Study of Personality Disorders, Montreal, Canada.

Tull, M. T., & **Gratz, K. L.** (2015, October). The influence of BPD on emotional responding and regulation in response to trauma cues among substance dependent patients with PTSD. In K. L. Gratz (Chair), *Innovations in research on emotional functioning in borderline personality disorder*. Symposium presented at the annual meeting of the International Society for the Study of Personality Disorders, Montreal, Canada.

Weiss, N. H., Tull, M. T., Dixon-Gordon, K. L., & **Gratz, K. L.** (2015, August). *Uncovering the negative and positive emotion-dependent nature of risky behaviors among substance use dependent patients*. Poster presented at the NIDA/NIAAA Division 28/50 Early Career Poster Session at the annual meeting of the American Psychological Association, Toronto, Canada.

Hayes, N., **Gratz, K. L.**, Styer, D., & Washburn, J. (2015, June). *Adapting emotion regulation group therapy for acute-care treatment of nonsuicidal self-injury*. Presentation given at the annual conference of the International Society for the Study of Self-Injury, Heidelberg, Germany.

Schoenleber, M., & **Gratz, K. L.** (2015, May). *Development of an evidence-based, cognitive-behavioral treatment for shame: Self-acceptance group therapy*. Presentation given at the annual meeting of the American Psychiatric Association, Toronto, Canada.

Bjureberg, J., Sahlin, H., Hedman, E., Jokinen, J., Tull, M. T., **Gratz, K. L.**, Gumpert, C. H., & Ljótsson, B. (2015, March). *Emotion regulation as a mechanism of change in the treatment of nonsuicidal self-injury in BPD*. Presentation given at the annual meeting of the North American Society for the Study of Personality Disorders, Boston, MA.

Gratz, K. L., Chapman, A. L., Dixon-Gordon, K. L., & Tull, M. T. (2015, March). *Examining the implicit association of deliberate self-harm with emotional Relief: The moderating role of borderline personality*. Presentation given at the annual meeting of the North American Society for the Study of Personality Disorders, Boston, MA.

Sahlin, H., Bjureberg, J., Hedman, E., Jokinen, J., Tull, M. T., **Gratz, K. L.**, Ljótsson, B., & Gumpert, C. H. (2015, March). *Emotion regulation group therapy for nonsuicidal self-injury: A Swedish nationwide effectiveness study*. Presentation given at the annual meeting of the North American Society for the Study of Personality Disorders, Boston, MA.

Schoenleber, M., & **Gratz, K. L.** (2015, March). *Open trial of an evidence-based intervention for shame among individuals with elevated BPD pathology: Self-acceptance group therapy*. Presentation to be given at the annual meeting of the North American Society for the Study of Personality Disorders, Boston, MA.

Dixon-Gordon, K. L., Whalen, D. J., Tull, M. T., DiLillo, D., Messman-Moore, T. L., & **Gratz, K. L.** (2014, November). *Characterizing emotional dysfunction in borderline personality disorder, major depression, and their co-occurrence*. In A. D. Neasciu (Chair), *Dysregulation of specific emotions in psychopathology: Novel findings from multimethod transdiagnostic studies*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Gratz, K. L. (2014, November). Invited discussant in J. R. Peters (Chair), *Anger and aggression in BPD: Using multidisciplinary approaches to explore predictors, functions, and outcomes*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Gratz, K. L. (2014, November). Invited panelist in M. Z. Rosenthal & C. M. Fang (Moderators), *Emotional dysfunction in BPD: Translating insights from recent laboratory research into clinical practice*. Panel discussion presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Jaffe, A. E., Hein, C., DiLillo, D., **Gratz, K. L.**, & Messman-Moore, T. L. (2014, November). *Does intimate partner sexual assault differ from other sexual assaults? An exploration of alcohol intoxication and blame*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Jaffe, A. E., Steel, A. L., Hoffman, L., DiLillo, D., **Gratz, K. L.**, & Messman-Moore, T. L. (2014, November). Victim alcohol intoxication during a sexual assault and subsequent PTSD symptoms. In A. E. Jaffe (Chair), *Victim intoxication during sexual trauma: Clarifying key questions*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

McDermott, M. J., Fulwiler, J. C., Tull, M. T., **Gratz, K. L.**, & Smitherman, T. A. (2014, November). Migraine and PTSD symptoms among inpatients with substance use disorders. In M. J. McDermott (Chair), *New directions in the multidisciplinary study of PTSD: An examination of novel and understudied risk and resiliency factors*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Steel, A. L., Dykstra, R. E., Hoffman, L., Messman-Moore, T. L., **Gratz, K. L.**, & DiLillo, D. (2014, November). *Microsystem risk factors for adult sexual victimization among victims of child sexual versus physical abuse*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Turner, B. J., Yiu, A., Austin, S. B., Chapman, A. L., Claes, L., **Gratz, K. L.** & Tull, M. T. (2014, November). *Non-suicidal self-injury and disordered eating: Relationships with emotion dysregulation and socialization of emotions*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Weiss, N. H., Tull, M. T., **Gratz, K. L.**, Williams-Christians, I., Searcy, J. S., & Sullivan, T. P. (2014, November). "Impulsive" or "dysregulated" behavior?: A prospective experimental examination of the effects of emotion dysregulation and impulsivity on risky behavior. In M. J. McDermott (Chair), *New directions in the multidisciplinary study of PTSD: An examination of novel and understudied risk and resiliency factors*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Weiss, N. H., Tull, M. T., **Gratz, K. L.**, & Sullivan, T. P. (2014, November). *Post-traumatic stress disorder symptoms and deliberate self-harm: A moderated mediation model of emotion dysregulation and childhood trauma in African-American adults*. Presentation given at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Chapman, A. L., **Gratz, K. L.**, Dixon-Gordon, K. L., Tull, M. T. & Turner, B. J. (2014, October). Implicit associations of self-injury with emotional relief: The moderating role of emotional context. In C. Schmahl (Chair), *Nonsuicidal self-injury: Epidemiological and experimental approaches*. Symposium presented at the 3rd Biennial International Congress on Borderline Personality Disorder, Rome, Italy.

Jaffe, A. E., Steel, A. L., Hoffman, L., DiLillo, D., **Gratz, K. L.**, & Messman-Moore, T. L. (2014, June). *PTSD symptoms associated with victim alcohol intoxication during a sexual assault*. Poster presented at the annual meeting of the Research Society on Alcoholism, Bellevue, WA.

Berg, H. S., Bjureberg, J., Hedman, E., Jokinen, J., Tull, M. T., **Gratz, K. L.**, Gumpert, C. H., & Ljótsson, B. (2014, June). *Emotion regulation as a mechanism of change in the treatment of nonsuicidal self-injury*. Presentation given at the annual conference of the International Society for the Study of Self-Injury, Chicago, IL.

Bjureberg, J., Berg, H. S., Hedman, E., Jokinen, J., Tull, M. T., **Gratz, K. L.**, Ljótsson, B., & Gumpert, C. H. (2014, June). *Emotion regulation group therapy for nonsuicidal self-injury: A Swedish nationwide effectiveness study*. Presentation given at the annual conference of the International Society for the Study of Self-Injury, Chicago, IL.

Gratz, K. L., Chapman, A. L., Dixon-Gordon, K. L., & Tull, M. T. (2014, June). *Development and validation of a novel implicit association task for examining the emotion-relieving function of DSH*. Presentation given at the annual conference of the International Society for the Study of Self-Injury, Chicago, IL.

Tull, M. T., Dixon-Gordon, K. L., Chapman, A. L., & **Gratz, K. L.** (2014, June). *Development and validation of the Clinician-administered Non-suicidal Self-injury Disorder Index*. Presentation given at the annual conference of the International Society for the Study of Self-Injury, Chicago, IL.

Dixon-Gordon, K. L., Whalen, D. J., Tull, M. T., DiLillo, D., Messman-Moore, T. L., & **Gratz, K. L.** (2014, April). *Characterizing emotional dysfunction in borderline personality disorder, major depression, and their co-occurrence*. Presentation given at the annual meeting of the North American Society for the Study of Personality Disorders, Boston, MA.

Gratz, K. L., Kiel, E. J., Viana, A. G., & Tull, M. T. (2014, April). *Maternal borderline personality pathology and emotion socialization: The roles of maternal emotion regulation and infant temperament*. Presentation given at the annual meeting of the North American Society for the Study of Personality Disorders, Boston, MA.

Messman-Moore, T. L., Barton, S. N., Eshelman, L. R., Dykstra, R., **Gratz, K. L.**, & DiLillo, D. (2014, March). *To tell or not to tell: The impact of negative social reactions to rape disclosure on the later development of PTSD symptoms among rape survivors*. Presentation given at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

Messman-Moore, T. L., Dykstra, R., Hoffman, L., **Gratz, K. L.**, & DiLillo, D. (2014, March). *Predicting sexual revictimization among female emerging adults: The impact of emotion dysregulation and using sex to cope on risky sexual behavior*. Presentation given at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

Barton, S., Dasgupta, S., Eshelman, L., Messman-Moore, T., Dykstra, R., **Gratz, K. L.**, & DiLillo, D. (2013, November). *The impact of child maltreatment and adult rape on somatic and PTSD symptoms in black and white women: Common and unique effects*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Dykstra, R. E., Steel, A. L., Cramer, C., Hoffman, L., Messman-Moore, T., **Gratz, K. L.**, & DiLillo, D. (2013, November). *From childhood maltreatment to adult sexual revictimization: Is early sexual abuse an essential component?* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Eshelman, L. R., Messman-Moore, T. L., Dykstra, R. E., **Gratz, K. L.**, & DiLillo, D. (2013, November). *Student status, substance use and substance problems: Relations to different types of rape*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Gratz, K. L., & Tull, M. T. (2013, November). *Randomized controlled trial and 9-month follow-up of an emotion regulation group therapy for deliberate self-harm among women with borderline personality pathology*. Spotlight Research Presentation given at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Gratz, K. L. (2013, November). Invited discussant in M. Tull (Chair), *New frontiers in the study of emotion regulation: Innovative laboratory-based methods for the study of emotional responding and regulation*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Knorr, A. C., Bennett, M., Tull, M. T., Dixon-Gordon, K., Anestis, M. D., & **Gratz, K. L.** (2013, November). *Examining the interactive effect of major depression and deliberate self-harm on current suicide risk*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

McDermott, M. J., Fulwiler, J. C., Tull, M. T., **Gratz, K. L.**, & Smitherman, T. A. (2013, November). *Comorbid migraine and PTSD among inpatients with substance use disorders: Examining the interactive effect of gender*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Barton, S., Kaplinska, J., Messman-Moore, T. L., Dykstra, R. E., **Gratz, K. L.**, & DiLillo, D. (2013, November). *Links between adult intimate partner violence and child maltreatment: The impact of maladaptive schemas and emotion dysregulation on revictimization*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.

Eshelman, L. R., Messman-Moore, T. L., Dykstra, R. E., **Gratz, K. L.**, & DiLillo, D. (2013, November). *Substance use, problems and sex-related alcohol expectancies: Differential predictors of substance-related and forcible rape*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.

Assavedo, B. L., Tull, M. T., **Gratz, K. L.**, & Anestis, M. D. (2013, June). *Examining the relationship between drug class and NSSI: Depressant usage and NSSI frequency*. Poster presented at the annual conference of the International Society for the Study of Self-Injury, Vancouver, Canada.

Dixon-Gordon, K., L., **Gratz, K. L.**, & Tull, M. T. (2013, June). *Specific emotions and deliberate self-harm: The unique role of anger*. Presentation given at the annual conference of the International Society for the Study of Self-Injury, Vancouver, Canada.

Moynahan, V. L., McDermott, M. J., Tull, M. T., **Gratz, K. L.**, Houle, T. T., & Smitherman, T. A. (2013, June). *Comorbidity of migraine and affective disorders among substance dependent inpatients*. Poster presented at the annual meeting of the International Headache Society and The American Headache Society, Boston, MA.

Bagge, C. L., Lee, H-J., Schumacher, J., **Gratz, K. L.**, Krull, J., & Holloman, G. (2013, June). *Acute alcohol use as a unique trigger for suicide attempts: A case-crossover analysis*. In C. Bagge & K.

Conner (Chairs), *Drinking in the event and suicidal behavior*. Symposium presented at the Annual meeting of the Research Society on Alcoholism, Orlando, FL.

Dougherty, D. M., Sheftall, A. H., Bagge, C. L., Swann, A. C., Mathias, C. W., Olvera, R. L., Lijffijt, M., Hill-Kapturczak, N., Austin, M. C., Coffey, S. F., **Gratz, K. L.**, Tull, M. T., & Stockmeier, C. A. (2013, April). *The impulsivity construct and its relationship to suicidal thoughts and behaviors*. Symposium presented at the annual conference of the American Association for Suicidology, Austin, TX.

Knorr, A., Anestis, M. D., Tull, M. T., & **Gratz, K. L.** (2013, April). *The role of emotion dysregulation in deliberate self-harm and suicide*. Poster presented at the annual conference of the American Association for Suicidology, Austin, TX.

Pennings, S. M., Anestis, M. D., Tull, M. T., Lavender, J. M., & **Gratz, K. L.** (2013, April). *The effect of NSSI on the relationship between emotion dysregulation and suicidal behavior*. Poster presented at the annual conference of the American Association for Suicidology, Austin, TX.

Pennings, S. M., Anestis, M. D., **Gratz, K. L.**, Lavender, J. M., & Tull, M.T. (2013, April). *Examining the relationship between posttraumatic stress disorder numbing symptoms and thwarted belongingness*. Poster presented at the annual conference of the American Association for Suicidology, Austin, TX.

Pennings, S. M., **Gratz, K. L.**, Tull, M. T., Lavender, J. M., & Anestis, M. D. (2013, April). *The role of NSSI in the relationship between distress tolerance and suicidal behavior*. Poster presented at the annual conference of the American Association for Suicidology, Austin, TX.

Gratz, K. L. (2013, April). *Randomized controlled trial and 9-month follow-up of emotion regulation group therapy for self-harm among women with borderline personality pathology*. Presentation given at the first annual meeting of the North American Society for the Study of Personality Disorders, Boston, MA.

Iturbide, M. I., Ryan, T. J., Harmes, E. J., DiLillo, D. K., Dykstra, R. E., Messman-Moore, T., & **Gratz, K. L.** (2013, April). *Alcohol use, emotion dysregulation, and dysfunctional sexual behaviors in African American women with a history of child abuse*. Poster presented at the biennial meeting of the Society of Research in Child Development, Seattle, WA.

Kiel, E. J., **Gratz, K. L.**, & Tull, M. T. (2013, April). The impact of borderline personality pathology on mothers' accuracy in anticipating their infants' emotional responses. In A. Luebke (Chair), *Parental psychopathology's effect on recognition of youth emotion and implications for youth emotional functioning and adjustment*. Symposium presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.

Gratz, K. L. (2013, April). *Clarifying the relationships between emotion dysregulation and posttraumatic stress symptoms*. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, San Diego, CA.

Borne, M. E. R., Tull, M. T., Pinkson, M., Naifeh, J., & **Gratz, K. L.** (2012, November). *An examination of associations between health anxiety and health-related behaviors among HIV-infected substance use disorder patients*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Byllesby, B. M., Ryan, T. J., Iturbide, M. I., Dykstra, R. E., DiLillo, D., Messman-Moore, T. L., & **Gratz, K. L.** (2012, November). *Impulsivity and posttraumatic stress disorder symptomatology in sexual assault victims*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Dixon-Gordon, K., L., **Gratz, K. L.**, & Tull, M. T. (2012, November). Multimodal assessment of emotional reactivity in borderline personality pathology: The moderating role of posttraumatic stress disorder symptoms. In M. S. Harned (Chair), *Disentangling the relationships among BPD, PTSD, and emotion dysregulation*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Gratz, K. L. (2012, November). Invited discussant in A. Aldao (Chair), *Emotion regulation flexibility and psychopathology*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Gratz, K. L. (2012, November). Invited discussant in M. J. Smoski (Chair), *Emotion regulation in psychopathology: What works for whom?* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Gratz, K. L., Bennett, M., Messman-Moore, T., & DiLillo, D. (2012, November). Borderline personality, posttraumatic stress disorder, and emotion dysregulation as prospective predictors of risky behaviors among community women. In M. S. Harned (Chair), *Disentangling the relationships among BPD, PTSD, and emotion dysregulation*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Harmes, E. J., Iturbide, M. I., Jaffe, A. E., Dykstra, R., **Gratz, K. L.**, Messman-Moore, T. L., & DiLillo, D. (2012, November). *Associations between sexual revictimization and multiple forms of emotion regulation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Johnson, E. C., Iturbide, M. I., Dykstra, R. E., DiLillo, D., Messman-Moore, T. L., & **Gratz, K. L.** (2012, November). *Relationship satisfaction among women with a history of child abuse: The contributions of PTSD symptoms and partner aggression*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Messman-Moore, T. L., Dykstra, R., Hoffman, L., DiLillo, D., & **Gratz, K. L.** (2012, November). Identifying risk factors for sexual revictimization in a prospective study of female emerging adults: The impact of emotion dysregulation and using sex to cope on risky sexual behavior. In K. Walsh & C. K. Danielson (Chairs), *Characterization and prediction of high-risk sexual behaviors: Implications for prevention and behavior change*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Ryan, T. J., Dykstra, R. E., Iturbide, M. I., Messman-Moore, T. L., **Gratz, K. L.**, DiLillo, D. (2012, November). *Do acknowledgment of victimization and self-blame predict current functioning among women who report rape?* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Tull, M. T., **Gratz, K. L.**, Naifeh, J. A., Evans, S. D., & Pinkston, M. M. (2012, November). Investigating the moderating role of distress tolerance on the effect of major depression on risky sexual

behavior among patients with substance use disorders. In K. Walsh & C. K. Danielson (Chairs), *Characterization and prediction of high-risk sexual behaviors: Implications for prevention and behavior change*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Tull, M. T., **Gratz, K. L.**, Coffey, S. F., Weiss, N. H., & McDermott, M. J. (2012, November). Examining the interactive effect of posttraumatic stress disorder, distress tolerance, and gender on residential substance use disorder treatment retention. In K. A. Johnson and S. G. Farris (Chairs), *Emotion and addictive behavior: Basic research and innovative clinical applications*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Weiss, N. H., **Gratz, K. L.**, & Tull, M. T. (2012, November). The moderating role of gender in the associations between borderline personality and posttraumatic stress disorder pathology and deliberate self-harm among African-Americans. In B. J. Turner & A. L. Chapman (Chairs), *Nonsuicidal self-injury disorder and BPD: Emerging evidence to inform diagnostic clarification*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Weiss, N. H., Tull, M. T., Borne, M. E. R., Bennett, M., & **Gratz, K. L.** (2012, November). *Emotion dysregulation mediates the relationship between PTSD and substance use severity among inpatients with substance use disorders*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Dixon-Gordon, K. L., Weiss, N. H., Tull, M. T., Chapman, A. L., & **Gratz, K. L.** (2012, September). *The role of emotion dysregulation in clinically-relevant outcomes*. Symposium presented at the 63rd annual meeting of the Mississippi Psychological Association, Gulfport, MS.

Borne, M. E. R., Tull, M. T., Pinkston, M. M., Naifeh, J. A., & **Gratz, K. L.** (2012, May). *Examining health anxiety and its association with health-related behaviors in HIV-infected patients*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Weiss, N. H., Borne, M., Tull, M. T., & **Gratz, K. L.** (2012, April). *Associations between PTSD and HIV-risk behaviors among substance dependent patients*. Poster presented at the annual meeting of the Anxiety Disorders Associations of America, Arlington, VA.

Aldao, A., Tull, M. T., **Gratz, K. L.**, & Mennin, D. S. (2011, November). *The behavioral approach system and the generation and regulation of emotion in generalized anxiety disorder*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Anestis, M. D., **Gratz, K. L.**, Bagge, C. B., & Tull, M. T. (2011, November). The interplay of distress tolerance and BPD in suicide attempts among substance users in residential treatment. In M. D. Anestis (Chair), *Emotion dysregulation in suicide: Evidence of a robust and paradoxical relationship*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Anestis, M., Lavender, J. M., Marshall-Berenz, E. C., **Gratz, K. L.**, Tull, M. T., & Joiner, T. (2011, November). *Evaluating distress tolerance measures: Interrelations and associations with*

impulsive behaviors. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Anestis, M. D., Tull, M. T., Bagge, C. B., & **Gratz, K. L.** (2011, November). The moderating role of distress tolerance in the relationship between PTSD symptom clusters and suicidal behavior among substance users in residential treatment. In A. C. McLeish (Chair), *Distress tolerance and substance use: Recent findings and treatment implications*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Gratz, K. L. (2011, November). Invited discussant in K. L. Bracken-Minor (Chair), *Nonsuicidal self-injury in underrepresented populations: Issues of ethnicity, gender, and psychopathology*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Gratz, K. L. (2011, November). Invited discussant in A. F. Haynos (Chair), *A transdiagnostic examination of the biosocial model of emotion dysregulation: Evidence from BPD and beyond*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Gratz, K. L. (2011, November). Invited panelist in M. Z. Rosenthal & N. R. Herr (Moderators), *BPD and emotional dysfunction: Translating and disseminating the science to improve health care*. Panel discussion presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Gratz, K. L., & Chapman, A. L. (2011, November). *Innovative investigations of emotion regulation as a mechanism of change in treatments for BPD and related pathology*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Gratz, K. L., Levy, R., & Tull, M. T. (2011, November). Emotion regulation as a mechanism of change in an acceptance-based emotion regulation group therapy for deliberate self-harm among women with borderline personality pathology. In K. L. Gratz & A. L. Chapman (Chairs), *Innovative investigations of emotion regulation as a mechanism of change in treatments for BPD and related pathology*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

McDermott, M. J., Davis, R., Smitherman, T. A., **Gratz, K. L.**, & Tull, M. T. (2011, November). *Migraine among substance dependent individuals in residential substance abuse treatment*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Viana, A. G., Kiel, E. J., Tull, M. T., & **Gratz, K. L.** (2011, November). Emotion socialization strategies of mothers with borderline personality pathology: The role of maternal emotion regulation and interactions with child temperament. In N. Herr (Chair), *When a parent, child, or partner has BPD: Understanding the impact on families and improving interventions*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Weiss, N. H., Tull, M. T., & **Gratz, K. L.** (2011, November). *Emotion dysregulation mediates the relationship between PTSD symptom severity and impulsive behaviors*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Weiss, N. H., Tull, M. T., & **Gratz, K. L.** (2011, September). *Underlying mechanisms in the association between PTSD and risky behaviors*. Symposium to be presented at the 62nd annual meeting of the Mississippi Psychological Association, Biloxi, MS.

Adams, C. E., **Gratz, K. L.**, & Tull, M. T. (2011, April). *The role of emotional nonacceptance in the relation between depressive symptoms and cigarette smoking*. Poster to be presented at the Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

Lavender, J. M., **Gratz, K. L.**, & Anderson, D.A. (2011, April). *Examining the relationship between emotion regulation difficulties, eating expectancies, and eating disorder symptoms in men*. Paper to be presented at the 2011 International Conference on Eating Disorders, Miami, FL.

Lavender, J. M., **Gratz, K. L.**, & Tull, M. T. (2011, April). *Exploring the relationship between facets of mindfulness and eating pathology in women*. Poster to be presented at the 2011 International Conference on Eating Disorders, Miami, FL.

Anestis, M. D., Tull, M. T., & **Gratz, K. L.** (2011, March). *The moderating role of distress tolerance in the relationship between posttraumatic stress disorder and suicidal behavior*. Poster to be presented at the annual meeting of the Anxiety Disorders Association of America, New Orleans, LA.

Viana, A.G., & **Gratz, K. L.** (2011, March). *Anxiety sensitivity, behavioral inhibition, and cognitive Biases: Structural equation modeling of direct and indirect pathways to anxiety*. Poster to be presented at the annual meeting of the Anxiety Disorders Association of America in New Orleans, LA.

Weiss, N., Tull, M. T., & **Gratz, K. L.** (2011, March). *Associations between CSA, emotion regulation difficulties, and probable PTSD status among substance abusers*. Poster to be presented at the annual meeting of the Anxiety Disorders Association of America, New Orleans, LA.

Breetz, A. A., **Gratz, K. L.**, Tull, M. T., & Ahrens, A. H. (2010, November). *Fear of positive emotion and preference for familiarity*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Fulton, J. J., Kiel, E. J., Tull, M. T., & **Gratz, K. L.** (2010, November). *The associations between parental overprotection, experiential avoidance, and anxiety*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Gratz, K. L., & Chapman, A. L. (2010, November). *Innovative approaches to the investigation of interpersonal dysfunction in borderline personality disorder*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Kiel, E. J., **Gratz, K. L.**, Moore, S. A., Latzman, R. D., & Tull, M. T. (2010, November). *The impact of borderline personality pathology on mothers' emotional and behavioral responses to infant affective expressions*. In K. L. Gratz & A. L. Chapman (Chairs), *Innovative approaches to the investigation of interpersonal dysfunction in borderline personality disorder*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Maack, D., Tull, M. T., & **Gratz, K. L.** (2010, November). *Behavioral inhibition predicts increased alerting on the Attention Network Task*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Maack, D., Tull, M. T., & **Gratz, K. L.** (2010, November). *Examining avoidance of negative emotions as a mediator of the association between behavioral inhibition and borderline personality disorder*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Maack, D., Tull, M. T., & **Gratz, K. L.** (2010, November). The contribution of behavioral inhibition to generalized anxiety disorder relative to other risk factors and cognitive-emotional vulnerabilities. In D. Maack (Chair), *Developments in BIS/BAS Research: Advancing Our Understanding of the Unique Role of BIS/BAS and Its Underlying Mechanisms*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Weiss, N. H., Fulton, J. J., Evans, S., Dehon, E., Davis, L. T., Tull, M. T., & **Gratz, K. L.** (2010, November). *Emotion regulation as a protective factor for posttraumatic stress symptoms among African Americans*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Weiss, N. H., Fulton, J. J., Moore, S. A., Martin, A., Tull, M. T., & **Gratz, K. L.** (2010, November). *The role of emotion regulation difficulties in the relation between PTSD symptoms and impulsivity among men*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Weiss, N. H., Fulton, J. J., **Gratz, K. L.**, & Tull, M. T. (2010, September). *Ethnicity moderates the relation between rape trauma and PTSD symptom severity*. Paper presented at the annual convention of the Mississippi Psychological Association, Biloxi, MS.

Fulton, J. J., Tull, M. T., Cain, A. S., & **Gratz, K. L.** (2010, August). *Associations between anxiety sensitivity, experiential avoidance, and eating disorder symptoms*. Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.

Weiss, N. H., Tull, M. T., & **Gratz, K. L.** (2010, August). *Crack/cocaine dependence, borderline personality disorder, gender, and risky sexual behavior*. Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.

Weiss, N. H., Tull, M. T., & **Gratz, K. L.** (2010, June). *An examination of borderline personality disorder, cocaine dependence, and gender in risky sexual behavior among substance users*. Poster presented at the annual meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

Gratz, K. L., & Tull, M. T. (2010, May). The role of emotional reactivity and dysregulation in BPD-relevant impulsive behaviors among substance users. In M. K. Suvak & K. L. Gratz (Chairs), *Emotion and borderline personality disorder: Recent laboratory investigations*. Symposium presented at the annual meeting of the Association for Psychological Science, Boston, MA.

Suvak, M. K., & **Gratz, K. L.** (2010, May). *Emotion and borderline personality disorder: Recent laboratory investigations*. Symposium presented at the annual meeting of the Association for Psychological Science, Boston, MA.

Bagge, C. L., Osman, A., Lamis, D., & **Gratz, K. L.** (2010, April). *Reasons for living as a mediator of the relation between suicidal ideation and attempts, hopelessness, and depressed mood.* Poster presented at the annual meeting of the American Association for Suicidology, Orlando, FL.

Brooks, R. J., Fulton, J. J., McDermott, M. J., Johnson, K., **Gratz, K. L.**, & Tull, M. T. (2010, March). *Risky sexual behavior: Effects of cocaine dependence, posttraumatic stress disorder, and gender.* Poster presented at the annual conference of the Southeastern Psychological Association, Chattanooga, TN.

Kiel, E. J., **Gratz, K. L.**, Moore, S. A., Latzman, R. D., & Tull, M. T. (2010, March). *Maternal emotion characteristics and the relation between infant inhibited temperament and parenting behavior.* Poster presented at the Biennial Meeting of the International Conference on Infant Studies, Baltimore, MD.

Bagge, C. L., Sher, K. J., & **Gratz, K. L.** (2009, November). *The relation between adolescent drinking and future suicide attempts: Moderation by race/ethnicity.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Breetz, A., **Gratz, K. L.**, Tull, M. T., & Lejuez, C. W. (2009, November). A laboratory-based examination of the relations between borderline personality disorder and reactions to social ostracism: The mediating role of emotion dysregulation. In R. J. Hempel & T. Lynch (Chairs), *Borderline personality disorder: Emotional reactivity and sensitivity.* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Cain, A. S., Skinner, J. B., & **Gratz, K. L.** (2009, November). *Binge eating outcomes from a preliminary dismantling study of dialectical behavior therapy for a mixed diagnostic group of women with binge eating disorder or bulimia nervosa.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Fuchs, C., West, L., **Gratz, K. L.**, Paulson, A., Rucker, L., Schorr, Y., Holowka, D. W., Tull, M. T., & Roemer, L. (2009, November). *A preliminary factor analysis of the Difficulties in Emotion Regulation Scale among individuals who identify as black.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Gratz, K. L. (2009, November). Invited discussant in H. Hazlett-Stevens & L. D. Pruitt (Chairs), *Looking across diagnostic category: The relationship between emotion regulation, chronic anxiety, and interpersonal functioning.* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Gratz, K. L., & Chapman, A. L. (2009, November). *Innovative approaches to the investigation of emotion regulation difficulties in diverse forms of psychopathology and functional impairment.* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Gratz, K. L., Tull, M. T., & Lejuez, C. W. (2009, November). A multimodal examination of emotion regulation difficulties as a function of co-occurring avoidant personality disorder among women with borderline personality disorder. In K. L. Gratz & A. L. Chapman (Chairs), *Innovative approaches to the investigation of emotion-regulation difficulties in diverse forms of psychopathology*

and functional impairment. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

McDermott, M. J., Brooks, R. J., **Gratz, K. L.**, & Tull, M. T. (2009, November). *The effect of posttraumatic stress disorder on residential substance abuse treatment drop-out: Examining the mediating role of emotion dysregulation.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

McDermott, M. J., **Gratz, K. L.**, Tull, M. T., & Lejuez, C. W. (2009, November). The role of neurocognitive factors in the development and maintenance of deliberate self-harm. In A. L. Chapman & C. Schmahl (Chairs), *The role of universal cognitive and neurobiological factors in deliberate self-harm.* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Paulson, A., **Gratz, K. L.**, Tull, M. T., & Lejuez, C. W. (2009, November). Acceptance as a strategy for increasing emotional willingness and goal-directed behaviors in female rape survivors. In D. W. Holowka (Chair), *Acceptance and mindfulness in the laboratory.* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Tull, M. T., McDermott, M. J., **Gratz, K. L.**, Coffey, S. F., & Lejuez, C. W. (2009, November). The effect of trauma-cue exposure on drug-related attentional bias among crack/cocaine users with PTSD. In R. C. Smith (Chair), *Treatment of comorbid PTSD and stimulant use disorders: Focus on functional relations and maintaining mechanisms.* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Tull, M. T., & **Gratz, K. L.** (2009, November). The effect of posttraumatic stress disorder and borderline personality disorder on trauma-related shame and guilt: The mediating role of emotional non-acceptance. In M. Harned (Chair), *Understanding the relationships among borderline personality disorder, PTSD, and trauma exposure: Mediating and moderating processes.* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Weiss, N. H., Tull, M. T., Bagge, C. L., & **Gratz, K. L.** (2009, September). *Associations between posttraumatic stress disorder and self-destructive behaviors among inpatient substance users in Mississippi.* Poster presented at the annual meeting of the Mississippi Psychological Association, Gulfport, MS.

Gratz, K. L., & Tull, M. T. (2009, July). A multimodal examination of emotion regulation difficulties as a function of anxious-inhibited temperament among individuals with borderline personality disorder. In R. D. Latzman & K. L. Gratz (Chairs), *Interrelations among emotion regulation, personality, and personality pathology: Multimodal assessments across the life-span.* Symposium presented at the first annual meeting of the Association for Research in Personality, Evanston, IL.

Latzman, R. D., & **Gratz, K. L.** (2009, July). *Interrelations among emotion regulation, personality, and personality pathology: Multimodal assessments across the life-span.* Symposium presented at the first annual meeting of the Association for Research in Personality, Evanston, IL.

Latzman, R. D., **Gratz, K. L.**, & Tull, M. T. (2009, July). Differential associations of BIS/BAS personality and emotion regulation: A multimodal investigation. In R. D. Latzman & K. L. Gratz (Chairs), *Interrelations among emotion regulation, personality, and personality pathology: Multimodal*

assessments across the life-span. Symposium presented at the first annual meeting of the Association for Research in Personality, Evanston, IL.

Neumann, A., van Lier, P. A. C., **Gratz, K. L.**, & Koot, H. M. (2009, April). *Assessment of emotion regulation difficulties in adolescents using the Difficulties in Emotion Regulation Scale (DERS)*. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.

Bagge, C. L., Sher, K. J., & **Gratz, K. L.** (2008, November). *Adolescent alcohol involvement and future suicide attempts: A developmental psychopathology perspective*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Breetz, A., Ahrens, A., Tull, M. T., & **Gratz, K. L.** (2008, November). *The moderating role of nonjudgmental acceptance in the relationship between implicit theories of emotion and fear of emotion*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Chapman, A. L., & **Gratz, K. L.** (2008, November). *The role of emotion regulation in deliberate self-harm and borderline personality disorder*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Gratz, K. L. (2008, November). The role of emotion dysregulation in deliberate self-harm: Theoretical foundations and empirical support. In E. D. Klonsky (Chair), *Data-driven theories of non-suicidal self-injury*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Gratz, K. L., Hepworth, C., Paulson, A., Clarke, S. E., Remington, B., & Lejuez, C. W. (2008, November). An experimental investigation of emotional willingness and physical pain tolerance in deliberate self-harm: The role of shame. In A. L. Chapman & K. L. Gratz (Chairs), *The role of emotion regulation in deliberate self-harm and borderline personality disorder*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Matusiewicz, A., **Gratz, K. L.**, McDermott, M. J., & Tull, M. T. (2008, November). *Predicting PTSD symptom severity following exposure to a potentially traumatic event: The role of temperamental vulnerabilities, emotion dysregulation, and experiential avoidance*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

McDermott, M. J., Tull, M. T., **Gratz, K. L.**, Matusiewicz, A., & Lejuez, C. W. (2008, November). *Examining distinct dimensions of emotion dysregulation as predictors of PTSD among crack/cocaine users in residential substance use treatment*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Soenke, M., Matusiewicz, A., McDermott, M. J., Tull, M. T., & **Gratz, K. L.** (2008, November). *An examination of childhood maltreatment, emotion dysregulation, and deliberate self-harm as a function of a borderline personality disorder and posttraumatic stress disorder diagnosis*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Soenke, M., McDermott, M. J., **Gratz, K. L.**, Jakupcak, M., & Tull, M. T. (2008, November). *The role of masculine gender role stress in posttraumatic stress disorder among male crack/cocaine*

users in residential substance abuse treatment. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Weissman, M., **Gratz, K. L.**, McDermott, M. J., Tull, M. T., & Lejuez, C. W. (2008, November). *The interrelationships of trait vulnerabilities, childhood abuse, and childhood borderline pathology*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Matusiewicz, A., **Gratz, K. L.**, Muehlenkamp, J., & Tull, M. T. (2008, March). *Examining the relationship between traumatic exposure and disordered eating: The roles of anxiety sensitivity, PTSD symptoms, and emotion dysregulation*. Poster presented at the annual conference of the Anxiety Disorders Association of America, Savannah, GA.

McDermott, M. J., Tull, M. T., Malouf, E. T., Daughters, S. B., Lejuez, C. W., & **Gratz, K. L.** (2008, March). *Examining the role of anxiety sensitivity and emotion dysregulation in PTSD among crack/cocaine users*. Poster presented at the annual conference of the Anxiety Disorders Association of America, Savannah, GA.

Soenke, M., Tull, M. T., & **Gratz, K. L.** (2008, March). *The mediating role of emotion dysregulation in the relationship between childhood maltreatment and generalized anxiety disorder*. Poster presented at the annual conference of the Anxiety Disorders Association of America, Savannah, GA.

Baruch, D., **Gratz, K. L.**, & Tull, M. T. (2007, November). *The role of the behavioral inhibition system in predicting panic attack history*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Breetz, A., Fishbein, M., Tull, M. T., & **Gratz, K. L.** (2007, November). *Mechanisms underlying deliberate self-harm within and outside of borderline personality disorder: The roles of mindfulness, emotion dysregulation, and experiential avoidance*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Breetz, A., Tull, M. T., & **Gratz, K. L.** (2007, November). *Exploring the relationship between childhood maltreatment and emotion dysregulation in adulthood*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Gratz, K. L. (2007, November). Invited discussant in H. M. Barrett-Model (Chair), *Examining clinically relevant emotion regulation difficulties in the laboratory*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Gratz, K. L., & Chapman, A. L. (2007, November). *Basic research on emotional responding in borderline personality disorder: Implications for clinical practice*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Gratz, K. L., Rosenthal, M. Z., Tull, M. T., & Lejuez, C. W. (2007, November). An experimental investigation of emotional reactivity in borderline personality disorder: The role of shame. In K. L. Gratz & A. L. Chapman (Chairs), *Basic research on emotional responding in borderline personality disorder: Implications for clinical practice*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Paulson, A., **Gratz, K. L.**, Fuchs, C., Rucker, L., Schorr, Y., Holowka, D., Tull, M. T., & Roemer, L. (2007, November). Examination of the factor structure underlying emotion regulation in asians/asian-americans. In M. T. Tull & L. Rucker (Chairs), *New frontiers in research on emotion regulation: Extending current conceptualizations to diverse populations*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Reynolds, E. K., **Gratz, K. L.**, Sargeant, M. N., Daughters, S. B., & Lejuez, C. L. (2007, November). *The relationship between emotional abuse and risk taking behavior in a community sample of youth*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Sargeant, M. N., Daughters, S. B., **Gratz, K. L.**, Bornovalova, M., & Lejuez, C. W. (2007, November). The relationship between distress tolerance and antisocial personality disorder among male inner-city treatment-seeking substance users. In H. M. Barrett-Model (Chair), *Examining clinically relevant emotion regulation difficulties in the laboratory*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Bornovalova, M. A., Tull, M. T., **Gratz, K. L.**, Levy, R., & Lejuez, C. W. (2007, June). *Extending models of deliberate self-harm and suicide to inner-city substance users*. Poster presented at the annual meeting of the College for Problems on Drug Dependence, Quebec, Canada.

Levine, S. A., Tull, M. T., & **Gratz, K. L.** (2007, March-April). *An examination of vulnerability factors for emotion dysregulation among individuals who experience uncued panic attacks*. Poster presented at the 27th annual meeting of the Anxiety Disorders Association of America, St. Louis, MO.

Tull, M. T., Levine, S. A., & **Gratz, K. L.** (2007, March-April). *An examination of the relationship between panic attacks and generalized anxiety disorder: The role of emotion dysregulation*. Poster presented at the 27th annual meeting of the Anxiety Disorders Association of America, St. Louis, MO.

Bornovalova, M., Daughters, S. B., **Gratz, K. L.**, & Lejuez, C. W. (2006, November). *Understanding the heterogeneity of BPD in a sample of inner-city drug users: Potential subtypes and clinical correlates*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Chapman, A. L., & **Gratz, K. L.** (2006, November). Deliberate self-harm and suicide attempts: Apples and oranges, or grapes from the same vine? In K. L. Gratz & A. L. Chapman (Chairs), *New directions in research on deliberate self-harm*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Gratz, K. L., Bornovalova, M., & Lejuez, C. W. (2006, November). Predictors of co-occurring borderline personality disorder among inner-city substance users: The role of childhood abuse and emotion dysregulation. In S. R. Axelrod & R. Sinha (Chairs), *Emotion dysregulation, borderline personality disorder, and addiction: Investigating precursors, mediators, and outcomes*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Gratz, K. L., & Chapman, A. L. (2006, November). Factors associated with the development and maintenance of deliberate self-harm among male undergraduates. In K. L. Gratz & A. L. Chapman (Chairs), *New directions in research on deliberate self-harm*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Gratz, K. L., & Chapman, A. L. (2006, November). *New directions in research on deliberate self-harm*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Paulson, A., Tull, M. T., Jakupcak, M., & **Gratz, K. L.** (2006, November). The relationship between posttraumatic stress symptom severity and aggressive behavior among men with traumatic exposure: The role of emotional avoidance and inexpressivity. In E. M. Forman & T. B. Kashdan (Chairs), *Experiential avoidance as a toxic mechanism in self-control, interpersonal, and emotion disturbances*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Tull, M. T., & **Gratz, K. L.** (2006, November). Relationship between anxiety sensitivity and depression: Examining the role of experiential avoidance and emotion dysregulation. In T. B. Kashdan & R. J. McNally (Chairs), *Expanding the frontiers of anxiety and depression: Self-regulation, psychological flexibility, and positive experiences*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Bornovalova, M. A., **Gratz, K. L.,** Delany-Brumsey, A., Paulson, A., & Lejuez, C. W. (2005, November). Emotional abuse, stress reactivity, and BPD among inner-city drug users. In M. Z. Rosenthal (Chair), *Emotional reactivity and regulation in borderline personality disorder*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Gratz, K. L., Rosenthal, M. Z., Tull, M. T., Lejuez, C. W., & Gunderson, J. G. (2005, November). An experimental investigation of emotion dysregulation in BPD. In M. Z. Rosenthal (Chair), *Emotional reactivity and regulation in borderline personality disorder*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Gratz, K. L., & Tull, M. T. (2005, November). *Heightened anxiety sensitivity in BPD and its relationship with experiential avoidance*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Lejuez, C. W., Bornovalova, M. B., Delany-Brumsey, A., Belendiuk, K., Nick, B., & **Gratz, K. L.** (2005, November). Relationship between distress tolerance and deliberate self-harm: Contributions of emotional vulnerability and invalidating environments. In M. K. Nock & E. Lloyd-Richardson (Chairs), *Why do people hurt themselves? Emerging conceptual and methodological approaches to the study of self-injury*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Rosenthal, M. Z., Gupta, S., **Gratz, K. L.,** & Lynch, T. (2005, November). *Do problems with emotion regulation mediate the relationship between shame and BPD symptoms?* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Gratz, K. L., & Tull, M. T. (2005, November). *Predictors of dissociation among abused and non-abused women*. Poster presented at the annual meeting of the International Society of Traumatic Stress Studies, Toronto, Canada.

Bornovalova, M. A., **Gratz, K. L.,** Kosson, D., Belendiuk, K., & Lejuez, C. W. (2005, October). *Distress tolerance as a predictor of borderline and antisocial personality disorders in a sample of inner-*

city substance users. Poster presented at the annual meeting of the Society for Research in Psychopathology, Miami, FL.

Tull, M. T., **Gratz, K. L.**, & Lacroce, D. (2005, March). *An examination of the role of anxiety sensitivity dimensions and emotional approach coping in panic-depression comorbidity*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Seattle, WA.

Gratz, K. L. (2004, November). Differences in emotional responding between female college students with and without current deliberate self-harm. In M. L. Rasmussen Hall (Chair), *Emotional responding and emotion regulation in self-harm*. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Gratz, K. L. (2004, November). Preliminary data on a time-limited emotion regulation group intervention for deliberate self-harm among women with borderline personality disorder. In S. Orsillo (Chair), *Acceptance-based behavioral therapies*. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Gratz, K. L., & Tull, M. T. (2004, November). *Predictive validity of the Difficulties in Emotion Regulation Scale: Associations with emotional response to emotionally evocative stimuli*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Gratz, K. L., & Tull, M. T. (2004, November). *Differential correlates of self-harm among abused and non-abused women*. Poster presented at the annual meeting of the International Society of Traumatic Stress Studies, New Orleans, LA.

Gratz, K. L., & Gunderson, J. G. (2004, October). Evaluations of change in a comprehensive step-down treatment program for borderline personality disorder. In J. G. Gunderson (Chair), *Effective psychiatric services for patients with borderline personality disorder*. Symposium presented at the annual meeting of the American Psychiatric Association Institute on Psychiatric Services, Atlanta, GA.

Gratz, K. L. (2003, November). *New directions in research on emotion regulation: Expanding our definitions and methods of assessment*. Panel discussion presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Gratz, K. L., & Tull, M. T. (2003, November). *Exploring the relationship between invalidating environments and emotional inexpressivity: Mediating roles of emotional avoidance, acceptance, and awareness*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Tull, M. T., **Gratz, K. L.**, & Jakupcak, M. (2003, November). *The role of fear of anxiety and experiential avoidance in negative emotional reactivity and intensity*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Gratz, K. L., & Tull, M. T. (2003, October). *The role of maltreatment and emotion dysregulation in dissociation*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

Gratz, K. L., & Roemer, L. (2002, November). Consequences of childhood maltreatment for the development of emotion regulation strategies. In J. Luterek (Chair), *Recent investigations of emotional*

functioning in trauma. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Gratz, K. L., Tull, M. T., Jakupcak, M., & Roemer, L. (2002, November). *The role of childhood maltreatment and emotion dysregulation in adult perpetration*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Tull, M. T., **Gratz, K. L.**, & Roemer, L. (2002, November). *The role of trauma-related symptoms and experiential avoidance in anxiety and depression among female sexual assault survivors*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Gratz, K. L. (2002, November). Impact of childhood maltreatment on emotional regulation and avoidance. In L. Roemer (Chair), *Trauma and emotional responding: New directions for research*. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

Roemer, L., Tull, M. T., **Gratz, K. L.**, McMillan, E., Luterek, J., & Orsillo, S. M. (2002, November). Peri- and post-traumatic responses: Emotional numbing and dysregulation. In L. Roemer (Chair), *Trauma and emotional responding: New directions for research*. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

Gratz, K. L., Tull, M. T., & Roemer, L. (2002, June). *The role of affect intensity and emotional inexpressivity in experiential avoidance and emotion dysregulation*. Poster presented at the annual meeting of the American Psychological Society, New Orleans, LA.

Schorr, Y., **Gratz, K. L.**, & Roemer, L. (2001, December). *The role of prolonged exposure and fear of emotions in PTSD symptomatology*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

Gratz, K. L. (2001, November). Emotion dysregulation and deliberate self-harm behavior. In L. Roemer (Chair), *The role of emotion dysregulation in adult psychopathology*. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Gratz, K. L. (2001, November). The role of childhood maltreatment, emotional vulnerability, and emotional inexpressivity in deliberate self-harm behavior. In J. Waltz (Chair), *The function of self-harm behavior: The roles of emotional experiencing and regulation*. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Gratz, K. L., Jakupcak, M., & Roemer, L. (2001, November). *Gender differences in the relationship between affect intensity and experiential avoidance*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Jakupcak, M., **Gratz, K. L.**, Salters, K., & Roemer, L. (2001, November). *Masculine gender role socialization and men's fear of emotions*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Pearson, J., Salters, K., **Gratz, K. L.**, & Roemer, L. (2001, November). *The role of fear of loss of control over emotions in dissociation and experiential avoidance*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Gratz, K. L. (2000, November). *Risk factors for deliberate self-harm among female and male college students*. Invited paper presented at the annual meeting of the Disaster and Trauma Special Interest Group of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Gratz, K. L. (2000, November). *The measurement of deliberate self-harm: Preliminary psychometric data on the Deliberate Self-Harm Inventory (DSHI)*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Gratz, K. L. (2000, November). *Risk factors for deliberate self-harm among female and male college students*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Gratz, K. L. (2000, April). *Gender differences in risk factors for deliberate self-harm*. Paper presented at the Graduate Student Research Conference, University of Massachusetts Boston.

Gratz, K. L. (1995, April). *Gender differences in perceptions of, and attitudes toward, sexual harassment*. Paper presented at the annual meeting of the Southern Sociological Society, Atlanta, GA.

Gratz, K. L. (1994, April). *Women's body perceptions: A field study at a coeducational university*. Paper presented at the annual meeting of the Southern Sociological Society, Raleigh, NC.

REFERENCES

References available upon request.