

CURRICULUM VITAE
Matthew Thomas Tull, Ph.D.

PERSONAL HISTORY

Business Address: Department of Psychology
Mail Stop 948
The University of Toledo
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Toledo, OH 43606
Email: matthew.tull@utoledo.edu
Voice: 419-530-4392

Birth Date and Place: December 21, 1975; Cleveland, Ohio

EDUCATION HISTORY

Ph.D., Clinical Psychology University of Massachusetts Boston, Boston, MA
December 2005 Boston, Massachusetts
Dates Attended: 9/2000 to 5/2005
Dissertation: *A Preliminary Investigation of Emotional Avoidance and Awareness among a Sample of Non-Treatment Seeking Panickers*
Dissertation Chair: Lizabeth Roemer, Ph.D.

M.A., Experimental Psychology Southern Methodist University, Dallas, TX
May 2000 Dallas, Texas
Dates Attended: 9/1998 to 5/2000
Thesis: *Reducing Distress Associated with a Past Stressful Event: The Effectiveness of Psychological Interventions in Facilitating the Coping Process* (defended 5/2000)
Faculty Advisor: Marjorie Hatch-Woodruff, Ph.D.

B.A., Cum Laude Wake Forest University, Winston-Salem, NC
May 1998 Winston-Salem, North Carolina
Major: Psychology

ACADEMIC/PROFESSIONAL POSITIONS

2016- **Full Professor**
Department of Psychology
The University of Toledo
Toledo, Ohio

2015-2016 **Executive Director, Center for Integrative Health**
University of Mississippi Medical Center
Jackson, Mississippi

- 2014-2016** **Associate Professor with Tenure**
Division of Psychology
Department of Psychiatry and Human Behavior
University of Mississippi Medical Center
Jackson, Mississippi
- 2014-2016** **Full Member, Graduate Faculty**
School of Graduate Studies in Health Sciences
University of Mississippi Medical Center
Jackson, Mississippi
- 2012-2016** **Clinical Psychologist with Full Clinical Privileges**
Mississippi State Hospital
Whitfield, Mississippi
- 2011-2016** **Associate Professor**
Division of Psychology
Department of Psychiatry and Human Behavior
University of Mississippi Medical Center
Jackson, Mississippi
- 2010-2013** **Adjunct Professor**
Department of Psychology
Jackson State University
Jackson, Mississippi
- 2010-2016** **Director, Anxiety Disorders Treatment Clinic**
Department of Psychiatry and Human Behavior
University of Mississippi Medical Center
Jackson, Mississippi
- 2009-2014** **Clinical Psychologist (Without Compensation)**
Mental Health
G.V. (Sonny) Montgomery VA Medical Center
Jackson, Mississippi
- 2008-2011** **Assistant Professor**
Division of Psychology
Department of Psychiatry and Human Behavior
University of Mississippi Medical Center
Jackson, Mississippi
- 2008-2016** **Director, Anxiety Disorders Research**
Department of Psychiatry and Human Behavior
University of Mississippi Medical Center
Jackson, Mississippi

- 2006-2008** **Assistant Professor (Research)**
 Clinical Psychology Program
 Department of Psychology
 University of Maryland
 College Park, Maryland
- 2005-2008** **Director, Emotion Division**
 Center for Addictions, Personality, and Emotion Research (CAPER)
 Department of Psychology
 University of Maryland
 College Park, Maryland
- 2005-2006** **Post-doctoral Fellow (T32 MH20048)**
 Center for Addictions, Personality, and Emotion Research (CAPER)
 Department of Psychology
 University of Maryland
 College Park, Maryland

CLINICAL AND RESEARCH EXPERIENCE

- 2017-** **Licensed Clinical Psychologist in Ohio**
 Ohio License Number P.07602
- 2008-2017** **Licensed Clinical Psychologist in Mississippi**
 Mississippi License Number 48-834
- 2005-2008** **Protocol Therapist, Behavioral Depression Treatment for Smoking Cessation (R01 DA018730; PI: Carl W. Lejuez, Ph.D.)**
 Center for Addictions, Personality, and Emotion Research, University of Maryland, College Park, MD
- 2004-2005** **Predocloral Psychology Intern/Teaching Fellow in Psychiatry**
 Boston Consortium in Clinical Psychology, VA Boston Healthcare System and Boston University School of Medicine, Boston, MA
Rotations: Outpatient Clinic, Residential Substance Abuse Treatment, National Center for PTSD (Behavioral Sciences Division)
Supervisors: Barbara W. Kamholz, Ph.D., Sandra B. Morissette, Ph.D., Jim Munroe, Ed.D., Suzy B. Gulliver, Ph.D., Glenn R. Trezza, Ph.D., Deborah J. Brief, Ph.D., Barbara Niles, Ph.D., Casey Taft, Ph.D.
- 2003-2005** **Senior Graduate Research Assistant**
 McLean Hospital/Harvard Medical School, Belmont, MA
Supervisor: John G. Gunderson, Ph.D.
- 2003-2004** **Protocol Therapist, Acceptance-Based Behavior Therapy for Generalized Anxiety Disorder (R21 MH63208; PI: Lizabeth Roemer, Ph.D.)**
 Center for Anxiety & Related Disorders, Boston University, Boston, MA

- 2003-2004** **Research Fellow**
Center for Anxiety & Related Disorders, Boston University, Boston, MA
Supervisors: Lizabeth Roemer, Ph.D., Sue Orsillo, Ph.D.
- 2002-2003** **Psychology Extern**
Behavioral Health Partial Hospital Program, McLean Hospital/Harvard
Medical School, Belmont, MA
Supervisors: Edmund C. Neuhaus, Ph.D., Roberto Olivardia, Ph.D., David
Stember, Ph.D.
- 2001-2002** **Psychology Trainee**
Counseling Center, University of Massachusetts Boston, Boston, MA
Supervisors: Paul Nestor, Ph.D., Brenda Hamady, LICSW
- 2000-2004** **Graduate Research Assistant**
Anxiety & Emotion Laboratory, Department of Psychology, University of
Massachusetts Boston, Boston, MA
Supervisor/Mentor: Lizabeth Roemer, Ph.D.
- 1998-2000** **Graduate Research Assistant**
Southern Methodist University, Dallas, TX
Supervisors: Marjorie Hatch-Woodruff, Ph.D., Matthew Ansfield, Ph.D.,
Stephen Drigotas, Ph.D.
- 1997-1998** **Research Assistant**
Wake Forest University Bowman Gray School of Medicine, Winston-
Salem, NC
Supervisor: David Goldston, Ph.D.
- 1996** **Mental Health Technician/Living Skills Instructor**
Collin County Mental Health Retardation Center, McKinney, TX

TEACHING EXPERIENCE

Courses

- 2017-** **Instructor – Undergraduate Courses**
Department of Psychology, University of Toledo, Toledo, OH
Courses: Abnormal Psychology
 Introduction to Clinical Psychology
 Principles of Psychology
 Science and Pseudoscience
 Learning and Motivation

- 2016-** **Instructor – Graduate Courses**
Clinical Psychology Doctoral Program, Department of Psychology,
University of Toledo, Toledo, OH
Courses: Cognitive Behavioral Therapy Practicum
Acceptance-based Behavioral Therapy
Cognitive Behavioral Therapy
Science of Emotion
Grant Writing
Experimental Psychopathology
Assessment (team taught)
Foundations of Clinical Practice I and II (team taught)
Foundations of Psychotherapy I and II (team taught)
- 2016** **Course Director and Instructor**
Department of Psychiatry and Human Behavior, University of Mississippi
Medical Center, Jackson, MS
Course: Clinical Applications of Cognitive Behavioral Principles (PGYII
Psychiatry Residents)
- 2014** **Instructor**
School of Medicine, University of Mississippi Medical Center, Jackson, MS
Course: Psychiatry 611 (Small Groups Interviewing Skills)
- 2011-2013** **Adjunct Professor**
Clinical Psychology Doctoral Program, Department of Psychology, Jackson
State University, Jackson, MS
Course: Research Methods and Professional Development Seminar
(Graduate)
- 2010-2015** **Course Director and Primary Supervisor**
Psychology Residency Training Consortium, University of Mississippi
Medical Center, Jackson, MS
Course: Anxiety Disorders Rotation
- 2010-2015** **Course Director**
Department of Psychiatry and Human Behavior, University of Mississippi
Medical Center, Jackson, MS
Course: Cognitive-Behavioral Therapy (PGYIII Psychiatry Residents)
- 2010-2015** **Course Director and Instructor**
Department of Psychiatry and Human Behavior, University of Mississippi
Medical Center, Jackson, MS
Course: Introduction to Clinical Research Methods (PGYI Psychiatry
Residents)

- 2009-2010** **Course Co-Director and Primary Supervisor**
 Psychology Residency Training Consortium, University of Mississippi
 Medical Center, Jackson, MS
Course: Community-based Dual Disorder Rotation (Emotional Disorders
 and HIV Focus)
- 2006-2008** **Assistant Professor (Research)**
 Department of Psychology, University of Maryland, College Park, MD
Courses: Abnormal Psychology
 Adult Interventions (Graduate)
 Clinical Research Methods (Graduate)
- 2003-2004** **Instructor**
 Department of Psychology, University of Massachusetts, Boston, MA
Course: Research Methods in Psychology (Undergraduate)
- 2000-2001** **Teaching Assistant**
 Department of Psychology, University of Massachusetts, Boston, MA
Courses: Personality, Statistics (Undergraduate)
- 2000** **Lab Instructor**
 Department of Psychology, Southern Methodist University, Dallas, TX
Course: Experimental Psychology (Undergraduate)
- 2000** **Teaching Assistant**
 Department of Psychology, Southern Methodist University, Dallas, TX
Course: Introduction to Psychology (Undergraduate)
- 1999** **Teaching Assistant**
 Department of Psychology, Southern Methodist University, Dallas, TX
Courses: Introduction to Clinical Psychology, Health Psychology

Lectures

- Lecturer (October 2015).** *Responsible conduct in research: Ethics in human research.* Lecture presented to Postdoctoral Fellows, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (March 2015).** *Ethical considerations in conducting research: Randomized controlled trials.* Lecture presented to the Psychology Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (November 2014).** *Anxiety disorders: Cognitive behavioral therapy.* Lecture presented to the PGYIII Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (April 2014).** *Ethical considerations in conducting research: Randomized controlled trials.* Lecture presented to the Psychology Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.

- Lecturer (April 2014).** *DSM-5: Other conditions that may be a focus of clinical attention.* Lecture presented to the PGYIII Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (February 2014).** *The DSM-5 anxiety disorders.* Lecture presented to the PGYIII Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (March 2013).** *Ethical considerations in conducting research: Randomized controlled trials.* Lecture presented to the Psychology Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (May 2011).** *HIV/AIDS and mental health: Co-occurrence and treatment implications.* Lecture presented to Psychology Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (December 2010).** *Cognitive behavioral therapy for the anxiety disorders.* Lecture presented to the PGYIII Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (August 2010).** *Classical conditioning.* Lecture presented to the PGYIII Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (April 2010).** *Research methods in psychiatry: Reviewing the literature.* Lecture presented to the PGYI Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (March 2010).** *Research methods in psychiatry: Formulating a research question.* Lecture presented to the PGYI Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (February 2010).** *Introduction to anxiety and stress management skills.* Lecture presented to the PGY III Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (February 2010).** *Progressive muscle relaxation for anxiety and stress reduction.* Lecture presented to the PGY III Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (November 2009).** *Cognitive behavioral therapy for the anxiety disorders.* Lecture presented to the PGYIII Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Lecturer (August 2009).** *Emotion regulation deficits and risk-taking propensity among substance users with PTSD.* Lecture presented to Psychology Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.

Lecturer (March 2009). *Emotional avoidance: Risk for psychopathology and treatment.* Lecture presented to Psychology Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.

Lecturer (November 2008). *Cognitive behavioral therapy for the anxiety disorders.* Lecture presented to the PGYIII Psychiatry Residents, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.

INVITED ADDRESSES

Tull, M.T. (August 2017). *Understanding the relation between PTSD and substance use disorders from an emotion regulation perspective.* Keynote speaker for the Center for Brain and Behavior Research annual research symposium, University of South Dakota, Vermillion, SD.

Tull, M.T. (August 2017). *Posttraumatic stress disorder and substance use disorder-relevant outcomes: Overview of data collected from CROSSWAEH.* Invited presentation for Oriana House, Akron, OH.

Tull, M.T. (March 2017). *Psychological recovery after breast cancer treatment.* Invited presentation for Triple Negative Breast Cancer Day, University of Toledo Medical Center Eleanor N. Dana Cancer Center, Toledo, OH.

Tull, M.T. (October 2014). *Addressing the problem of comorbidity in substance dependent patients: New initiatives and treatment.* Invited presentation for the Advisory Council of the Bureau of Alcohol and Drug Services, Mississippi State Department of Mental Health, Jackson, MS.

Tull, M.T. (March 2014). *Mental health, substance abuse, and HIV/AIDS.* Invited presentation for the Department of Infectious Diseases Grand Rounds, University of Mississippi Medical Center, Jackson, MS.

Tull, M.T. (April 2012). *Negative clinical outcomes associated with PTSD and substance use disorder comorbidity: Identifying potential mechanisms and targets for treatment.* Invited presentation for the Louisiana Academy of Medical Psychologists, Baton Rouge, LA.

Tull, M.T. (December 2011). *Assessing negative clinical outcomes and HIV-risk behaviors among substance users with posttraumatic stress disorder.* Invited presentation for the Collaboration for Research in Infectious Diseases, University of Mississippi Medical Center, Jackson, MS.

Tull, M.T. (August 2010). *Posttraumatic stress disorder and negative clinical outcomes among residential substance use disorder patients in Mississippi.* Invited presentation for the State Epidemiological Outcomes Workgroup, Mississippi State Department of Mental Health, Jackson, MS.

Tull, M.T. (April 2010). *Introduction to grant writing.* Invited presentation for the First Interdisciplinary Research Forum, Department of Psychology, Jackson State University, Jackson, MS.

- Tull, M.T.** (March 2010). *Novel approaches to understanding the underlying mechanisms and consequences of comorbid posttraumatic stress disorder and substance use disorders*. Invited presentation for the Department of Psychology, Jackson State University, Jackson, MS.
- Tull, M.T.** (November 2009). *Mental health disorders and related conditions among inpatient substance users in Mississippi*. Invited presentation for the State Epidemiological Outcomes Workgroup, Mississippi State Department of Mental Health, Jackson, MS.
- Tull, M.T.** (June 2009). *Substance use disorders, comorbidity, and HIV risk behaviors*. Invited presentation for the 33rd annual Mississippi School of Alcohol/Drug Prevention/Education Conference, Choctaw, MS.
- Tull, M.T.** (March 2009). *Acceptance-based behavioral therapies for the anxiety disorders*. Invited address for the Clinical Psychology Doctoral Program, Department of Psychology, University of Southern Mississippi, Hattiesburg, MS.
- Tull, M.T.** (October 2007). *Cognitive and emotional mechanisms underlying substance use in posttraumatic stress disorder*. Invited address for the Cognitive Psychology Seminar, Department of Psychology, University of Maryland, College Park, MD.
- Tull, M.T.** (January 2007). *Emotion regulation in the anxiety disorders*. Invited address for the Department of Psychology, American University, Washington, D.C.
- Tull, M.T.** (March 2004). *Emotion regulation and emotional responding: Contributions to understanding the emotional consequences of emotionally avoidant regulation strategies in psychopathology*. Invited address for the First Annual Scholastic Series Luncheon, Department of Psychology, University of Vermont, Burlington, VT.

WORKSHOPS AND TRAININGS

- Gratz, K.L., & **Tull, M.T.** (May 2018). *Emotion regulation group therapy: Intensive training workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Gothenburg, Sweden.
- Gratz, K.L., & **Tull, M.T.** (May 2018). *Supervising emotion regulation group therapy: Supervision training workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Gothenburg, Sweden.
- Gratz, K.L. & **Tull, M.T.** (November 2017). *Emotion regulation group therapy*. Workshop provided at the 9th National Conference on Suicide Research and Prevention, Oslo, Norway.
- Tull, M.T.** (December 2016). *Introduction to grant writing*. Workshop provided to the experimental and clinical psychology doctoral program graduate students, University of Toledo, Toledo, OH.
- Tull, M.T.** (November 2016). *Pre-doctoral grant funding opportunities*. Workshop provided to the experimental and clinical psychology doctoral program graduate students, University of Toledo, Toledo, OH.

- Gratz, K.L., & **Tull, M.T.** (October 2016). *Emotion regulation group therapy: Intensive training workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Gothenburg, Sweden.
- Gratz, K.L., & **Tull, M.T.** (September 2016). *Supervising emotion regulation group therapy: Supervision training workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Stockholm, Sweden.
- Gratz, K.L., & **Tull, M.T.** (September 2016). *Emotion regulation group therapy: Intensive training workshop*. Intensive training sponsored by the Swedish National Self-Harm Project, Stockholm, Sweden.
- Gratz, K.L., & **Tull, M.T.** (April 2016). *Emotion regulation group therapy: Training workshop*. Three day intensive workshop provided for the School of Psychology, Victoria University of Wellington, Wellington, New Zealand.
- Gratz, K.L., & **Tull, M.T.** (April 2016). *Emotion regulation group therapy: Training workshop*. Two day intensive supervisor workshop provided for the School of Psychology, Victoria University of Wellington, Wellington, New Zealand.
- Gratz, K.L., & **Tull, M.T.** (March 2015). *Emotion regulation group therapy: Training workshop*. Five day intensive workshop provided for the National Self-Harm Project, Stockholm, Sweden.
- Gratz, K.L., & **Tull, M.T.** (March 2015). *Emotion regulation group therapy: Supervisor training workshop*. Two day intensive workshop provided for supervisors in the National Self-Harm Project, Stockholm, Sweden.
- Gratz, K.L., & **Tull, M.T.** (October 2014). *Emotion regulation group therapy: Training workshop*. Two day intensive workshop provided for the University of Notre Dame, South Bend, IN.
- Gratz, K.L., & **Tull, M.T.** (June 2014). *Emotion regulation group therapy: Training workshop*. Workshop provided at the annual meeting of the International Society of the Study of Self-Injury, Chicago, IL.
- Gratz, K.L., & **Tull, M.T.** (March 2014). *Emotion regulation group therapy: Training workshop*. Two day intensive workshop provided for Human ACT, Copenhagen, Denmark.
- Gratz, K.L., & **Tull, M.T.** (March 2014). *Emotion regulation group therapy: Training workshop*. Two day intensive workshop provided for Human ACT, Stockholm, Sweden.
- Tull, M.T.** (January 2014). *Brief behavioral activation for depression and anxiety*. Workshop provided for the Asthma and Allergy Clinic, University of Mississippi Medical Center, Jackson, MS.
- Gratz, K.L. & **Tull, M.T.** (November 2013). *Acceptance-based emotion regulation group therapy for deliberate self-harm among women with borderline personality disorder*. Workshop provided at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

- Tull, M.T.** (September 2013). *Mental health, substance abuse, and HIV/AIDS*. Training provided for the Care and Management Overview of HIV Infection Continuing Education course, Delta Region AIDS Education and Training Center, Jackson, MS.
- Gratz, K.L., & **Tull, M.T.** (August 2013). *Emotion regulation group therapy: Training workshop*. Three day intensive workshop provided for the National Self-Harm Project, Lund, Sweden.
- Coffey, S.F., Connolly, K.M., & **Tull, M.T.** (July 2013). *Exposure therapy for anxiety disorders*. Second Annual Evidence Based Psychotherapy Institute, Division of Psychology, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Gratz, K.L., & **Tull, M.T.** (October 2012). *Targeting emotion regulation in the treatment of deliberate self-harm among women with borderline personality pathology: An acceptance-based emotion regulation group therapy*. Invited workshop for the National Self-Harm Project, Stockholm, Sweden.
- Tull, M.T.** (April 2012). *Best treatment practices for posttraumatic stress disorder*. Workshop provided for the 5th annual Mississippi School for Addiction Professionals, Hattiesburg, MS.
- Tull, M.T.** (September 2011). *Innovative cognitive-behavioral methods for the treatment of emotional disorders and substance use*. Workshop provided for the annual convention of the Mississippi Psychological Association, Biloxi, MS.
- Tull, M.T.** (May 2011). *Mental health disorders and HIV: Comorbidity and treatment implications*. Training provided for the Care and Management Overview of HIV Infection Continuing Education course, Delta Region AIDS Education and Training Center, Jackson, MS.
- Tull, M.T.** (April 2011). *Treatment of emotional disorders and substance use*. Workshop provided for the 4th annual Mississippi School for Addiction Professionals, Hattiesburg, MS.
- Tull, M.T.** (December 2010). *Withdrawal symptoms*. Training provided for the Country Oaks Recovery Center, Jackson, MS.
- Tull, M.T.** (December 2010). *Substance use disorders and severe mental illness*. Training provided for the Country Oaks Recovery Center, Jackson, MS.
- Tull, M.T.** (October 2010). *Contemporary issues in mental health and HIV*. Continuing education course sponsored by the Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, Mississippi.
- Tull, M.T.** (May 2010). *Mental health disorders and HIV: Comorbidity and treatment implications*. Training provided for the Care and Management Overview of HIV Infection Continuing Education course, Delta Region AIDS Education and Training Center, Jackson, MS.
- Tull, M.T.** (June 2009). *Contemporary issues in mental health and HIV*. Continuing education course sponsored by the Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.

Tull, M.T. (March 2009). *Trauma, PTSD, and substance use disorders: Interrelationships and treatment.* Workshop provided for the Country Oaks Recovery Center, Jackson, MS.

EDITORIAL ACTIVITIES

2020-present	Editorial Board <i>Psychology of Addictive Behavior</i>
2015-present	Associate Editor <i>Journal of Contextual Behavioral Science</i>
2014-present	Editorial Board <i>Current Opinion in Psychology</i>
2014	Section Editor Special issue on “Emotion Regulation,” <i>Current Opinion in Psychology</i>
2012-present	Editorial Board <i>Behavior Modification</i>
2011-present	Editorial Board <i>Cognitive Behaviour Therapy</i>
2010-2016	Associate Editor <i>the Behavior Therapist</i>
2009-present	Editorial Board <i>Journal of Anxiety Disorders</i>
2008-2010	Editorial Board <i>Psychotherapy: Theory, Research, Practice, Training</i>

DISSERTATION AND THESIS COMMITTEES

2020	Qualifying Exam Committee Member Hannah Here, Clinical Psychology Program, University of Toledo, Toledo, OH
2020	Qualifying Exam Committee Member Pallu Babu, Clinical Psychology Program, University of Toledo, Toledo, OH
2020	Qualifying Exam Committee Member Abigail Dempsey, Clinical Psychology Program, University of Toledo, Toledo, OH

- 2017** **Dissertation External Reviewer**
Dion Khlentzos, Center for Educational Research, School of Education,
Western Sydney University, Sydney, Australia
“Empathic Connection or Addictive Flight? Helping Fathers in Recovery
from Addiction Develop Empathic Relationships with their Children”
- 2017** **Dissertation Committee Co-Chair**
Linnie Wheelless, Clinical Psychology Program, Jackson State University,
Jackson, MS
“Examining the Role of Experiential Avoidance and Mindfulness in the
Relation between Anxiety and Worry”
- 2017** **Dissertation External Reviewer**
Ruth Tatnell, Faculty of Medicine, Nursing and Health Sciences Centre for
Developmental Psychiatry and Psychology, Department of Psychiatry, Monash
University, Melbourne, Australia
“Attachment and Emotion Regulation: Developmental Targets for NSSI
Prevention and Intervention”
- 2017** **Dissertation Committee Member**
Samantha Cain, Clinical Psychology Program, University of Toledo,
Toledo, OH
“The Role of Illness Representation in the Health of Type 2 Diabetes
Mellitus Patients”
- 2017** **Thesis Committee Member**
Nicole Christ, Clinical Psychology Program, University of Toledo, Toledo,
OH
“Psychophysiological Correlates in the Hybrid Model of PTSD”
- 2017** **Thesis Committee Member**
Alexander H. Buhk, Clinical Psychology Program, University of Toledo,
Toledo, OH
“The Physiological Effects of Generalized Anxiety Disorder and Emotion
Regulation”
- 2017** **Thesis Committee Member**
Xin Lv, Clinical Psychology Program, University of Toledo, Toledo, OH
“The Potential Effects Alcohol Use Disorder and Major Depressive
Disorder have on the Relationship between Posttraumatic Stress Disorder
and Suicidal Ideation”
- 2016** **Dissertation Committee Member**
Brianna Byllesby, Clinical Psychology Program, University of Toledo,
Toledo, OH
“The Moderating Effects of Emotion Regulation Strategies on the
Relationship between PTSD and Anger”

- 2016** **Dissertation Committee Member**
Emily Van Wasshenova, Doctoral Program in Health Education, University of Toledo, Toledo, OH
“Experiential Attitudes about Physical Activity in Older Adults”
- 2015** **Dissertation Advisory Committee Member**
Cassie Chandler, Graduate Program in Neuroscience, University of Mississippi Medical Center, Jackson, MS
“Involvement of Alpha5 GABAA Receptors in Aspects of Alcohol Relapse.”
- 2015** **Thesis Committee Member**
Brittney Assavedo, Clinical Psychology Program, University of Southern Mississippi, Hattiesburg, MS
“Examining the Association between Psychotropic Medication Usage and Suicidal Desire and Risk”
- 2014** **Dissertation Committee Member**
Meghan Borne, Clinical Psychology Program, Jackson State University, Jackson, MS
“Attitudes of Future Healthcare Providers towards Individuals Infected with HIV/AIDS”
- 2010** **Dissertation External Reviewer**
Patrick Welch, Clinical Psychology Program, University of Regina, Regina, Saskatchewan, Canada.
“The Relationship between Traumatic Stress and Pain Perception”
- 2010** **Dissertation Committee Co-Chair**
Nicole H. Weiss, Clinical Psychology Program, Jackson State University, Jackson, MS
“Examining Underlying Mechanisms in the Association between Rape-Related PTSD and Risky Behaviors: A Prospective Study”
- 2009** **Dissertation Committee Member**
Jessica J. Fulton, M.A., Clinical Psychology Program, University of Southern Mississippi, Hattiesburg, MS
“Does Psychopathy Predict Risky Sexual Behavior? A Longitudinal Study”
- 2009** **Dissertation Committee Member**
Shenell Evans, Clinical Psychology Program, Jackson State University, Jackson, MS
“The Impact of Posttraumatic Growth on HIV Treatment Adherence”

- 2017-present** **Member**
Department Personnel Committee, Department of Psychology, University of Toledo, Toledo, OH
- 2016-2017** **Member**
Graduate Student Fellowship, Award, and Grant Committee, Department of Psychology, University of Toledo, OH
- 2016-2017** **Member and Co-Chair**
Promotion Elaborations Committee, Department of Psychology, University of Toledo, Toledo, OH
- 2016-present** **Member**
Graduate Program Integration Workgroup, Department of Psychology, University of Toledo, Toledo, OH
- 2016-present** **Member**
Diversity Committee, Department of Psychology, University of Toledo, Toledo, OH
- 2016-present** **Member and Chair**
Website Committee, Department of Psychology, University of Toledo, Toledo, OH
- 2016** **Member**
Medical Advisory Committee, University Wellness Center, University of Mississippi Medical Center, Jackson, MS
- 2015-2016** **Member**
Advisory Council, Integrated Behavioral Health Program, School of Nursing, University of Mississippi Medical Center, Jackson, MS
- 2015** **Member**
Medical Director Search Committee, Department of Preventive Medicine, University of Mississippi Medical Center, Jackson, MS
- 2014-2015** **Member**
Admissions and Recruitment Committee for the Graduate Program in Neuroscience, University of Mississippi Medical Center, Jackson, MS
- 2014-2015** **Member**
Faculty Search Committee, Division of Psychology, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS
- 2014-2016** **Member**
Grand Rounds Committee, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS

- 2014-2016** **Chair**
 Bureau of Alcohol and Drug Abuse Advisory Council, Mississippi State
 Department of Mental Health, Jackson, MS
- 2014** **Member**
 Clinical Working Group, Integrative Medicine Organizing Committee,
 University of Mississippi Medical Center, Jackson, MS
- 2013-2015** **Vice Chair**
 PTSD Special Interest Group, Anxiety and Depression Association of
 America
- 2013-2016** **Ad Hoc Member**
 Institutional Review Board, University of Mississippi Medical Center,
 Jackson, MS
- 2013-2016** **Member**
 Scientific Council, Anxiety and Depression Association of America
- 2013-present** **Member**
 Research Facilitation Committee, Association for Behavioral and Cognitive
 Therapies
- 2013** **Member**
 Strengths, Weaknesses, Opportunities, Threats Workgroup (Research),
 Department of Psychiatry and Human Behavior, University of Mississippi
 Medical Center, Jackson, MS
- 2012-2015** **Member**
 Research Training Oversight Committee, Psychology Residency Training
 Consortium, University of Mississippi Medical Center, Jackson, MS
- 2012-2016** **Member**
 Curriculum Committee, Psychiatry Residency Program, Department of
 Psychiatry and Human Behavior, University of Mississippi Medical Center,
 Jackson, MS
- 2012-2016** **Public Member Representative**
 Institutional Review Board, Mississippi State Hospital, Jackson, MS
- 2012-2016** **Member**
 Bureau of Alcohol and Drug Abuse Advisory Council, Mississippi State
 Department of Mental Health, Jackson, MS
- 2011-2016** **Abstract Reviewer**
 Anxiety Disorders Association of America Annual Conference

- 2011-2012** **Member**
EPIC Implementation Committee for Psychiatry and Human Behavior,
University of Mississippi Medical Center, Jackson, MS
- 2010-2016** **Planning Committee Member**
The Mississippi School for Addiction Professionals, Mississippi State
Department of Mental Health, Jackson, MS
- 2010-2013** **Board Member**
Collaboration for Research in Communicable Diseases, University of
Mississippi Medical Center, Jackson, MS
- 2009-2016** **Member (Department of Psychiatry and Human Behavior)**
Neuroscience Research Day, University of Mississippi Medical Center,
Jackson, MS
- 2009-2016** **Member**
State Epidemiological Outcomes Workgroup
Mississippi State Department of Mental Health, Jackson, MS
- 2009-2015** **Abstract Reviewer, Division 50 (Addictions)**
American Psychological Association Annual Conference
- 2009-2014** **Research Preceptor**
Psychology Residency Training Consortium, University of Mississippi
Medical Center, Jackson, MS
- 2009-2011** **Member**
Psychology Residency Training Consortium Selection Committee,
University of Mississippi Medical Center, Jackson, MS
- 2008-2011** **Member**
Committee for Drug Abuse Research Strategic Planning, University of
Mississippi Medical Center, Jackson, MS
- 2008-2011** **Chair**
Mental Health and HIV/AIDS Continuing Education Course Planning
Committee, AIDS Education and Training Center and Department of
Psychiatry and Human Behavior, University of Mississippi Medical Center,
Jackson, MS
- 2008-2010** **Member**
Psychiatry Residency Research Council, Department of Psychiatry and
Human Behavior, University of Mississippi Medical Center, Jackson, MS
- 2006-present** **Program Committee**
Association for Behavioral and Cognitive Therapies

- 2006-2008** **Psi Chi Mentor**
University of Maryland, College Park, MD
- 2004-2005** **Outpatient Clinic Training Committee Intern Representative**
Boston Consortium in Clinical Psychology, VA Boston Healthcare System
and Boston University School of Medicine, Outpatient Clinic, Boston, MA
- 2000-2002** **Treasurer, Clinical Graduate Student Association**
Department of Psychology, University of Massachusetts, Boston, MA

GRANT AND AWARD REVIEWS

- 2017-present** **Grant Reviewer**
American Psychological Foundation David H. Barlow Award
- 2014** **Grant Reviewer**
National Science Centre (Narodowe Centrum Nauki; NCN), Poland
- 2014** **External Evaluator**
Killam Research Fellowship, Killam Program, Canada Council for the Arts
- 2012** **Grant Reviewer**
2012 Spinal Cord Injury Research Program – Health Care, Rehabilitation,
and Therapies, Congressionally Directed Medical Research Programs
(CDMRP), Department of Defense (DoD)
- 2012** **Grant Reviewer**
2012 Psychological Health and Traumatic Brain Injury Research Program –
Posttraumatic Stress Disorder – Clinical Trial – In-home Therapy,
Congressionally Directed Medical Research Programs (CDMRP),
Department of Defense (DoD)
- 2011** **Grant Reviewer**
Clinical Trial Panel, 2011 U.S. Army Medical Research and Material
Command (USAMRMC), Congressionally Directed Medical Research
Programs (CDMRP), Department of Defense (DoD)
- 2011-2016** **Grant Reviewer**
Intramural Research Support Program, University of Mississippi Medical
Center, Jackson, MS
- 2010** **Grant Reviewer**
Behavioral and Psychological Health and Operational Health and
Performance Panel
2010 Defense Medical Research and Development Program,
Congressionally Directed Medical Research Programs (CDMRP),
Department of Defense (DoD)

- 2008 Hypothesis Development Award Reviewer**
 2008 Deployment Related Medical Research Program
 Psychological Health/Traumatic Brain Injury
 (PTSD/TBI) Research Program, Congressionally Directed Medical
 Research Programs (CDMRP), Department of Defense (DoD)
- 2007 Grant Reviewer**
 PTSD Screening/Detection/Diagnosis Panel
 2007 Posttraumatic Stress Disorder and Traumatic Brain Injury
 (PTSD/TBI) Research Program, Congressionally Directed Medical
 Research Programs (CDMRP), Department of Defense (DoD)

PROFESSIONAL MEMBERSHIPS

Association of Behavioral and Cognitive Therapies (ABCT; formerly AABT)
 Association of Contextual and Behavioral Science (ACBS)
 North American Society for the Study of Personality Disorders (NASSPD)

AD HOC REVIEWS

<i>Addiction</i>	<i>Journal of Dual Diagnosis</i>
<i>Aging and Mental Health</i>	<i>Journal of Experimental Psychopathology</i>
<i>American Journal of Orthopsychiatry</i>	<i>Journal of Nervous and Mental Disease</i>
<i>American Journal on Addictions</i>	<i>Journal of Obsessive-Compulsive & Related Disorders</i>
<i>Annals of Allergy, Asthma & Immunology</i>	<i>Journal of Personality</i>
<i>Annals of Behavioral Medicine</i>	<i>Journal of Psychiatric Research</i>
<i>Anxiety, Stress, and Coping</i>	<i>Journal of Psychopathology & Behavioral Assessment</i>
<i>Assessment</i>	<i>Journal of Psychosomatic Research</i>
<i>Australian & New Zealand Journal of Psychology</i>	<i>Journal of Social and Clinical Psychology</i>
<i>Behavior Modification</i>	<i>Journal of Studies on Alcohol and Drugs</i>
<i>Behavior Therapy</i>	<i>Journal of Traumatic Stress</i>
<i>Behavior Therapy & Experimental Psychiatry</i>	<i>Journal of Traumatic Stress Disorders and Treatment</i>
<i>Behaviour Research and Therapy</i>	<i>Mindfulness</i>
<i>Behavioural and Cognitive Psychotherapy</i>	<i>Motivation and Emotion</i>
<i>BMJ-Psychiatry</i>	<i>Nicotine and Tobacco Research</i>
<i>British Journal of Psychology</i>	<i>Personality and Individual Differences</i>
<i>Child Abuse and Neglect</i>	<i>Personality Disorders: Theory, Research, & Treatment</i>
<i>Clinical Case Studies</i>	<i>Psychological Bulletin</i>
<i>Clinical Psychological Science</i>	<i>Psychological Trauma</i>
<i>Clinical Psychology: Science and Practice</i>	<i>Psychology and Health</i>
<i>Clinical Psychology Review</i>	<i>Psychology & Psychotherapy</i>
<i>Cognition and Emotion</i>	<i>Psychology of Addictive Behaviors</i>
<i>Cognitive Behaviour Therapy</i>	<i>Psychology of Consciousness</i>
<i>Cognitive Therapy and Research</i>	<i>Psychotherapy: Theory, Research, Practice, Training</i>
<i>Comprehensive Psychiatry</i>	<i>Public Health Reports</i>
<i>Drug and Alcohol Dependence</i>	<i>Rehabilitation Psychology</i>
<i>Journal of Abnormal Psychology</i>	<i>Scandinavian Journal of Psychology</i>
<i>Journal of Affective Disorders</i>	<i>Social Psychiatry and Psychiatric Epidemiology</i>

<i>Journal of Anxiety Disorders</i>	<i>Stress and Health</i>
<i>Journal of Clinical Psychology</i>	<i>Substance Abuse</i>
<i>Journal of Consulting and Clinical Psychology</i>	<i>Substance Use and Misuse</i>
<i>Journal of Contextual Behavioral Science</i>	<i>Suicidology Online</i>

HONORS & AWARDS

2013	Faculty Research Mentor Award, Mississippi Psychology Internship Training Program
2013	Certificate of Excellence in Reviewing, <i>Journal of Anxiety Disorders</i>
2012	Excellence in Research Award, Silver Level (over \$500,000 in extramural funding), University of Mississippi Medical Center
2011	Association for Behavioral and Cognitive Therapies Self-Help Book of Merit Designation (Chapman, Gratz, & Tull, 2011).
2010	President's New Researcher Award, Association for Behavioral and Cognitive Therapies
2009	Excellence in Research Award, Bronze Level (over \$250,000 in extramural funding), University of Mississippi Medical Center
2009	International Society for Traumatic Stress Studies Chaim and Bela Danieli Young Professional Award
2005	Anxiety Disorders Association of America Trainee Travel Award
1998	Graduation distinction of <i>Cum Laude</i> , Wake Forest University
1996-1998	Dean's List, Wake Forest University

GRANTS

Current Funding

Title: "The Socio-Emotional Context and Precipitants of Opioid Cravings: Clarifying the Role of Interpersonal Emotion Regulation and Motives"

Principal Investigator: Margaret M. Baer

Role: Mentor

Agency: National Science Foundation

Type: Graduate Research Fellowship Program

Total Project Period: 5 years

Total Direct Costs: \$102,000 (stipend for 3 years), \$36,000 (cost of education allowance)

Title: "Effects of Classical Music as a Component of Psychotherapy for Clients Diagnosed with PTSD"

Principal Investigator: Zak Vasser, Toledo Symphony Orchestra

Role: Co-Investigator

Agency: League of American Orchestras (Ann and Gordon Getty Foundation)

Type: American Orchestras Future Fund Research Grant

Total Project Period: June 1, 2019 – May 31, 2021

Total Direct Costs: \$80,000

Title: “Evaluation of an Internet-delivered Emotion Regulation-based Intervention for Preventing Posttraumatic Stress Disorder”

Principal Investigator: Matthew T. Tull, Ph.D.

Agency: University of Toledo Department of Psychology

Type: Pilot Grant Funding Award

Total Direct Costs: \$6400

Title: “Identification of Mechanisms Underlying the Association between Opioid Use Disorder and Suicide”

Principal Investigator: Matthew T. Tull, Ph.D.

Agency: University of Toledo Department of Psychology

Type: Pilot Grant Funding Award

Total Direct Costs: \$5000

Title: “A Values-based Intervention for Increasing Physical Activity in Cancer Survivors”

Principal Investigator: Matthew T. Tull, Ph.D.

Agency: University of Toledo Office of Research and Sponsored Projects

Type: URFO Small Grant Support Award

Total Direct Costs: \$950

Title: “Implicit Measurement of Motives for Non-suicidal Self-injury”

Principal Investigators: Alexander Chapman, Ph.D. and Kim L. Gratz, Ph.D.

Role: Co-Investigator

Agency: Canadian Institutes of Health Research (Neurosciences, Mental Health, and Addiction)

Type: Operating Grant

Total Project Period: 4 years

Total Direct Costs: \$424,687

Title: “Study of Early Brain Alterations that Predict Development of Chronic PTSD”

Principal Investigator: Xin Wang, M.D., Ph.D.

Role: Co-Investigator

Agency: National Institute of Mental Health

Type and Number: R01 MH110483

Period: September 23, 2016 – June 30, 2021

Total Direct Costs: \$755,599

Submitted Funding

Title: “Integrating a Brief Behavioral Activation Treatment into Opioid Detoxification to Increase Treatment Engagement and Reduce Relapse Risk”

Principal Investigator: Matthew T. Tull, Ph.D.

Agency: National Institute on Drug Abuse

Type: R21 DA050587

Total Project Period: 2 years

Total Requested Direct Costs: \$275,000

Outcome: 50 (45th percentile)

Title: “A Novel Model of the Pathways from Nonsuicidal Self-Injury to Suicide Risk”
Principal Investigators: Alexander Chapman, Ph.D. and Kim L. Gratz, Ph.D.
Role: Co-Investigator
Agency: Canadian Institutes of Health Research (Neurosciences, Mental Health, and Addiction)
Type: Project Grant
Total Project Period: 4 years
Total Subcontract Costs: \$480,000 (Canadian)

Completed Funding

Title: “Integration of a Coping and Wellness Program in the CAL First Year Experience Program to Improve Academic Success and Retention”
Principal Investigator: Matthew T. Tull, Ph.D.
Agency: University of Toledo Office of the Provost
Type: Program for Academic Excellence Initiative
Total Project Period: 1 year
Total Direct Costs: \$12,500

Title: “Experience of Suicide Related Thoughts”
Principal Investigator: Matthew T. Tull, Ph.D.
Agency: University of Toledo Office of Research and Sponsored Projects
Type: URFO Small Grant Support Award
Total Direct Costs: \$800

Title: “Self-Regulation and Self-Destructive Behaviors”
Principal Investigator: Matthew T. Tull, Ph.D.
Agency: University of Toledo Office of Research and Sponsored Projects
Type: URFO Small Grant Support Award
Total Direct Costs: \$800

Title: “Genetics in the Relation between PTSD and Trauma Cue-Evoked Cocaine Attentional Bias”
Principal Investigator: Matthew T. Tull, Ph.D.
Agency: NIH/NCRR-Center for Psychiatric Neuroscience COBRE
Type: P30 GM103328 COBRE
Total Project Period: 1 year (10/15/2015 – 7/1/2016)
Total Requested Direct Costs: \$50,000

Title: “Effects of Maternal Interpretation Biases on Child Anxiety and Related Responses”
Principal Investigator: Andres G. Viana, Ph.D.
Role: Co-Investigator (5/1/2014-4/30/2015)
Agency: National Institute of Mental Health
Type and Number: R21 MH101309
Total Project Period: 2 years (5/1/2014 – 4/30/2016)
Total Direct Costs: \$275,000

Title: “Emotion Regulation and Self-harm in Borderline Personality Disorder”
Principal Investigators: Alexander Chapman, Ph.D. and Kim L. Gratz, Ph.D.
Role: Co-Investigator
Agency: Canadian Institutes of Health Research (Neurosciences, Mental Health, and Addiction)
Type: Operating Grant
Total Project Period: 4 years (10/1/2010 – 9/30/2014; no cost extension until 9/30/2015)
Total Direct Costs: \$490,000

Title: “Risk-Taking Following Trauma Cue Exposure in Substance Users with PTSD”
Principal Investigator: Matthew T. Tull, Ph.D.
Agency: National Institute on Drug Abuse
Type and Number: R21 DA030587
Total Project Period: 2 years (7/14/2011 – 5/31/2013, no cost extension until 5/31/2014)
Total Direct Costs: \$275,000

Title: “Psychopathology of Child Anxiety: Temperament, Cognitive, and Parent Influences”
Principal Investigator: Andres G. Viana, Ph.D.
Role on Project: Co-Investigator
Type: University of Mississippi Medical Center Intramural Research Support Program Grant
Period: 1 year (5/1/2012 – 4/30/2013)
Total Direct Costs: \$29,633

Title: “Serotonin, Impulsivity and Suicide Attempts”
Principal Investigator: Courtney L. Bagge, Ph.D.
Role on Project: Collaborator
Agency: NIH/NCRR-Center for Psychiatric Neuroscience COBRE
Type and Number: P20 RR017701
Proposed Duration: 2 years (8/1/2010 – 7/31/2012)
Total Direct Costs: \$100,000

Title: “Developing an Emotion Regulation Group Therapy for Self-Harm among Women with BPD”
Principal Investigator: Kim L. Gratz, Ph.D.
Role: Co-Investigator
Agency: National Institute of Mental Health
Type and Number: R34 MH079248
Total Project Period: 3 years (9/1/2008 – 5/31/2011; no cost extension until 5/31/2012)
Total Direct Costs: \$450,000

Title: “PTSD and Predictors of Drug Use Treatment Drop-Out”
Principal Investigator: Matthew T. Tull, Ph.D.
Agency: National Institute on Drug Abuse
Type and Number: R21 DA022383
Total Project Period: 2 years (4/1/2008 – 3/31/2010, no cost extension from 4/1/2010 – 3/31/2011)
Total Direct Costs: \$275,000

Title: “Development of a Brief Adjunctive Group Therapy Targeting Risky Sexual Behaviors among Substance Users in Residential Treatment”

Principal Investigators: Matthew T. Tull, Ph.D. and Kim L. Gratz, Ph.D.

Agency: Mississippi State Department of Health

Type: Research Support Contract

Period: July 1, 2009 – June 30, 2010

Total Direct Costs: \$66,264

Title: “Predictors of Drug-Related Attentional Bias among Crack/Cocaine Users with PTSD”

Principal Investigator: Matthew T. Tull, Ph.D.

Agency: National Institute on Drug Abuse

Type and Number: R03 DA023001

Total Project Period: 1 year (5/1/2007 – 4/30/2008)

Total Direct Costs: \$50,000

Completed Consultant

Title: “Effects of Maternal Interpretation Biases on Child Anxiety and Related Responses”

Principal Investigator: Andres G. Viana, Ph.D.

Role: Consultant (5/1/2015-4/30/2016)

Agency: National Institute of Mental Health

Type and Number: R21 MH101309

Total Project Period: 2 years (5/1/2014 – 4/30/2016)

Total Direct Costs: \$275,000

Title: “Stage II Trial of Novel Behavioral Activation Intervention for Smoking Cessation”

Principal Investigator: Laura MacPherson, Ph.D.

Role: Consultant

Agency: National Institute on Drug Abuse

Type and Number: R01 DA018730

Total Project Period: 4 years (7/1/2010 – 5/31/2014, no cost extension until 5/31/2015)

Total Direct Costs: \$1,000,000

Title: “Rural AIDS Prevention Project- Intervention for Depression”

Principal Investigator: Mark Williams, Ph.D.

Role: Consultant

Agency: Florida International University Faculty Research Support Program

Total Project Period: 1 year (8/17/2011 – 8/16/2012)

Total Direct Costs: \$30,000

Title: “Novel Intervention for Drug Use and HIV Risk among Anxiety Sensitive Heroin Users”

Principal Investigator: Carl W. Lejuez, Ph.D.

Role: Consultant

Agency: National Institute on Drug Abuse

Type and Number: R01 DA023384

Total Project Period: 2 years (8/1/2009 – 7/31/2011; no cost extension until 7/31/2012)

Total Direct Costs: \$500,000

Past Additional Funding

- 2003** Office of Research and Sponsored Projects Dissertation Support Grant, University of Massachusetts Boston, Boston, MA
- 2003** Department of Psychology Dissertation Support Grant, University of Massachusetts Boston, Boston, MA
- 2000, 2002** Graduate Student Association Professional Development Grant, University of Massachusetts Boston, Boston, MA

PUBLICATIONS**Peer-Reviewed Journal Articles (N = 178):**

**Reflects corresponding author (when not first author)*

- Bardeen, J.R., Daniel, T.A., Gratz, K.L., Vallender, E.J., Garrett, M.R., & **Tull, M.T.*** (in press). The BDNF Val⁶⁶Met polymorphism moderates the relationship between posttraumatic stress disorder and trauma script-evoked attentional bias to cocaine cues among patients with cocaine dependence. *Journal of Anxiety Disorders*.
- Buhk, A.H., Schadeegg, M.J., Dixon, L.J., & **Tull, M.T.** (in press). Investigating the role of negative and positive emotional avoidance in the relation between generalized anxiety disorder and depression symptom severity. *Journal of Contextual Behavioral Science*.
- Cohen, R.T., Schoenleber, M., Gratz, K.L., & **Tull, M.T.** (in press). Emotional responses to psychiatric hospitalization among inpatients admitted with and without suicidality. *Suicidology Online*.
- Edmonds, K. A., Aspiras, O., Rose, J.P., Gratz, K.L., Pinkston, M.M., Naifeh, J.A., Konkle-Parker, D. J., & **Tull, M.T.** (in press). Perceived physician engagement, self-efficacy, and ART adherence in people living with HIV/AIDS. *AIDS Care*.
- Forbes, C. N., **Tull, M. T.**, Chapman, A. L., Dixon-Gordon, K. L., & Gratz, K. L. (in press). Implicit associations of nonsuicidal self-injury with relief in posttraumatic stress and depressive disorders. *Archives of Suicide Research*.
- Forbes, C.N., **Tull, M.T.**, Xie, H., Rapaport, D., Kaminski, B., & Wang, X. (in press). Emotion dysregulation prospectively predicts PTSD symptom severity 3-months after traumatic exposure. *Journal of Traumatic Stress*.
- Gratz, K.L., Spitzen, T.L., & **Tull, M.T.** (in press). Expanding our understanding of the relationship between nonsuicidal self-injury and suicide attempts: The roles of emotion regulation self-efficacy and the acquired capability for suicide. *Journal of Clinical Psychology*.
- Gratz, K.L., **Tull, M.T.**, Richmond, J.R., Edmonds, K.A., Scamaldo, K., & Rose, J.P. (in press). Thwarted belongingness and perceived burdensomeness explain the associations of COVID-19 social and economic consequences to suicide risk. *Suicide and Life-Threatening Behaviors*.

- Najavits, L. M., Clark, H. W., DiClemente, C. C., Potenza, M. N., Shaffer, H. J., Sorensen, J. L., **Tull, M.T.**, Zweben, A., Zweben, J. E. (in press). PTSD/substance use disorder comorbidity: Treatment options and public health needs. *Current Treatment Options in Psychiatry*.
- Richmond, J.R., **Tull, M.T.**, & Gratz, K.L. (in press). The roles of emotion regulation difficulties and impulsivity in the associations between borderline personality disorder symptoms and frequency of non-prescribed sedative use and prescription sedative/opioid use. *Journal of Contextual Behavioral Science*.
- Tull, M.T.**, Barbano, A.C., Scamaldo, K.M., Richmond, J.R., Edmonds, K.A., Rose, J.P., & Gratz, K.L. (in press). The prospective influence of COVID-19 affective risk assessments and intolerance of uncertainty on later dimensions of health anxiety. *Journal of Anxiety Disorders*.
- Tull, M.T.**, Edmonds, K.A., Forbes, C.N., Richmond, J.R., Rose, J.P., Anestis, M.D., & Gratz, K.L. (in press). Examining relationships between gender, opioid dependence, and distress tolerance among patients in substance use disorder treatment. *Substance Use and Misuse*.
- Tull, M.T.**, Edmonds, K.A., Scamaldo, K., Richmond, J.R., Rose, J.P., & Gratz, K.L. (in press). Psychological outcomes associated with stay-at-home orders and the perceived impact of COVID-19 on daily life. *Psychiatry Research*.
- Baer, M.M., **Tull, M.T.**, Forbes, C.N., Richmond, J.R., & Gratz, K.L. (2020). Methods matter: Nonsuicidal self-injury in the form of cutting is uniquely associated with suicide attempt severity in patients with substance use disorders. *Suicide and Life-Threatening Behaviors*, 50, 397-407.
- Forbes, C.N., **Tull, M.T.**, Xie, H., Christ, N.M., Brickman, K., Mattin, M., & Wang, X. (2020). Emotional avoidance and social support interact to predict depression symptom severity one year after traumatic exposure. *Psychiatry Research*, 284, 112746.
- Vidaña, A.G., Forbes, C.N., Gratz, K.L., & **Tull, M.T.** (2020). The influence of posttraumatic stress disorder and recurrent major depression on risk-taking propensity following trauma script exposure among patients with substance use disorders. *Addictive Behaviors*, 102, 106181.
- Anestis, M.D., **Tull, M.T.**, Butterworth, S.E., Richmond, J.R., Houtsma, C., Forbes, C.N., & Gratz, K.L. (2019). The role of opioid use in distinguishing between suicidal ideation and suicide attempts. *Suicide and Life-Threatening Behaviors*, 49, 1680-1692.
- Dixon, L.J., Cohen, R.T., Baer, M.M., Gratz, K.L., & **Tull, M.T.** (2019). Relations of anxiety sensitivity dimensions to nonsuicidal self-injury frequency and versatility among patients with substance use disorders. *Journal of Clinical Psychology*, 75, 1613-1625.
- Forbes, C.N., **Tull, M.T.**, Richmond, J.R., Chapman, A.L., Dixon-Gordon, K.L., & Gratz, K.L. (2019). Motives for nonsuicidal self-injury in major depression and posttraumatic stress disorder. *Journal of Psychopathology and Behavioral Assessment*, 41, 652-661.

- Gratz, K.L., Richmond, J.R., Chapman, A.L., Dixon-Gordon, K.L., & **Tull, M.T.** (2019). Multimodal assessment of emotional reactivity and regulation in response to social rejection among adults with borderline personality disorder. *Personality Disorders: Theory, Research, and Treatment, 10*, 395-405.
- Maras, J., Murray, A.M., Boardley, D., Van Wassenhova, E., **Tull, M.T.**, Tipton, J., & Geers, A.L. (2019). Assessing the relationship between implicit and explicit evaluations of fruit and vegetable consumption by cancer survivors. *International Journal of Behavioral Medicine, 26*, 365-371.
- Sahlin, H., Bjureberg, J., Gratz, K.L., **Tull, M.T.**, Hedman-Lagerlöf, E., Bjärehed, J., Jokinen, J., Lundh, L.G., Hellner, C., & Ljótsson, B. (2019). Predictors of improvement in an open trial multi-site evaluation of emotion regulation group therapy. *Cognitive Behaviour Therapy, 48*, 322-336.
- Tull, M.T.**, Rosenblatt, C.B., Berghoff, C.R., Dixon, L.J., Ciarloni, E., Montgomery, D.D., Wheelless, L.E., & Marshall, G.D. (2019). An uncontrolled open trial of a brief behavioral activation treatment for depression in patients with spontaneous chronic urticaria. *Behaviour Change.*
- Tull, M.T.**, Forbes, C.N., Weiss, N.H., & Gratz, K.L. (2019). An investigation of the effect of trauma script exposure on risk-taking among patients with substance use disorders and posttraumatic stress disorder. *Journal of Anxiety Disorders, 62*, 77-85.
- Berghoff, C.R., Gratz, K.L., Portz, K.J., Pinkston, M., Naifeh, J.A., Evans, S.D., Konkle-Parker, D.J., & **Tull, M.T.** (2018). The role of emotional avoidance, the patient-provider relationship, and other social support in ART Adherence for HIV+ individuals. *AIDS and Behavior, 22*, 929-938.
- Bjureberg, J., Sahlin, H., Hedman-Lagerlöf, E., Gratz, K.L., **Tull, M.T.**, Jokinen, J., Hellner, C., & Ljótsson, B. (2018). Extending research on emotion regulation individual therapy for adolescents (ERITA) with nonsuicidal self-injury disorder: Open pilot trial and mediation analysis of a novel online version. *BMC Psychiatry, 18*, 326.
- Dixon, L.J., Lee, A.A., Gratz, K.L., & **Tull, M.T.** (2018). Anxiety sensitivity and sleep disturbance: Investigating associations among patients with co-occurring anxiety and substance use disorders. *Journal of Anxiety Disorders, 53*, 9-15.
- Dixon-Gordon, K.L., **Tull, M.T.**, Hackel, L.M., & Gratz, K.L. (2018). The influence of emotional state on learning from reward and punishment in borderline personality disorder. *Journal of Personality Disorders, 32*, 433-446.
- Gratz, K.L., **Tull, M.T.**, Dixon-Gordon, K.L., Turner, B., & Chapman, A.L. (2018). Is the association of deliberate self-harm with emotional relief stable or dependent on emotional context? *Behavior Therapy and Experimental Psychiatry, 60*, 61-68.
- Marshall, G.D. & **Tull, M.T.** (2018). Stress, mindfulness, and the allergic patient. *Expert Review of Clinical Immunology, 14*, 1065-1079.
- Schoenleber, M., Berghoff, C.R., Gratz, K.L., & **Tull, M.T.** (2018). Emotional lability and affective synchrony in posttraumatic stress disorder pathology. *Journal of Anxiety Disorders, 53*, 68-75.

- Tull, M.T.**, Berghoff, C.R., Bardeen, J.R., Schoenleber, M., & Konkle-Parker, D.J. (2018). An initial open trial of a brief behavioral activation treatment for depression and medication adherence in HIV-infected patients. *Behavior Modification*, *42*, 196-209.
- Tull, M.T.**, Berghoff, C.R., Wheelless, L.E., Cohen, R.T., & Gratz, K.L. (2018). PTSD symptom severity and emotion regulation strategy use during trauma cue exposure among patients with substance use disorders: Associations with negative affect, craving, and cortisol reactivity. *Behavior Therapy*, *49*, 57-70.
- Tull, M.T.**, Lee, A.A., Geers, A.L., & Gratz, K.L. (2018). Exploring the role of sedentary behavior and physical activity in depression and anxiety symptom severity among patients with substance use disorders. *Mental Health and Physical Activity*, *14*, 98-102.
- Weiss, N.H., **Tull, M.T.**, Dixon-Gordon, K.L., & Gratz, K.L. (2018). Assessing the negative and positive emotion-dependent nature of risky behaviors among substance dependent patients. *Assessment*, *25*, 702-715.
- Berghoff, C., **Tull, M.T.**, DiLillo, D., Messman-Moore, T., & Gratz, K.L. (2017). The role of experiential avoidance in the relation between anxiety disorder diagnosis and future physical health symptoms. *Journal of Contextual and Behavioral Science*, *6*, 29-34.
- Bjureberg, J., Sahlin, H., Hellner, C., Hedman-Lagerlöf, E., Gratz, K.L., Bjärehed, J., Jokinen, J., **Tull, M.T.**, & Ljótsson, B. (2017). Emotion regulation individual therapy for adolescents with nonsuicidal self-injury disorder: A feasibility study. *BMC Psychiatry*, *17*, 411.
- Bujarski, S.J., Capron, D.W., Gratz, K.L., & **Tull, M.T.*** (2017). Conformity motives for alcohol use are associated with risky sexual behavior among alcohol dependent patients in residential substance abuse treatment. *Journal of Substance Use*, *5*, 469-473.
- Contractor, A.A., Weiss, N.H., **Tull, M.T.**, & Elhai, J.D. (2017). PTSD's relation with problematic smartphone use: Mediating role of impulsivity facets. *Computers in Human Behavior*, *75*, 177-183.
- Davis, L.T., Weiss, N.H., **Tull, M.T.**, & Gratz, K.L. (2017) The relation of protective factors to deliberate self-harm among African-American adults: Moderating roles of gender identity and sexual orientation identity. *Journal of Mental Health*, *26*, 351-358.
- Dixon, L.J., **Tull, M.T.**, Lee, A.A., Kimbrel, N.A., & Gratz, K. L. (2017). The role of emotion regulation difficulties in the relation between social anxiety and aggression. *Journal of Clinical Psychology*, *73*, 722-732.
- Gratz, K.L., Weiss, N.H., McDermott, M.J., DiLillo, D., Messman-Moore, T.L., & **Tull, M.T.** (2017). Emotion dysregulation mediates the relation between borderline personality disorder symptoms and later physical health symptoms. *Journal of Personality Disorders*, *31*, 433-448.

- Kiel, E.J., Viana, A.G., **Tull, M.T.**, & Gratz, K.L. (2017). Emotion socialization strategies of mothers with borderline personality disorder symptoms: The role of maternal emotion regulation and interactions with infant temperament. *Journal of Personality Disorders, 31*, 399-416.
- Lavender, J.M., **Tull, M.T.**, DiLillo, D., Messman-Moore, T., & Gratz, K.L. (2017). Development and validation of a state-based multidimensional measure of emotion regulation difficulties. *Assessment, 24*, 197-209.
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- Tull, M.T.**, & Kimbrel, N.A. (2020). *Emotion in posttraumatic stress disorder*. New York, NY: Elsevier.
- Tull, M.T.**, Gratz, K.L., & Chapman, A.L. (2017). *The cognitive-behavioral skills workbook for PTSD: Overcome fear and anxiety and reclaim your life*. Oakland, CA: New Harbinger Publications.
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Chapters and Non-Peer-Reviewed Articles (N = 21):

- Tull, M.T.**, & Clemens, K.S. (in press). Identifying and addressing stress, anxiety, and depression in the allergist's office. *Annals of Allergy, Asthma, and Immunology*.
- Gratz, K.L., Forbes, C.N., Wheelless, L.E., Richmond, J.R., & **Tull, M.T.** (2020). Self-report assessment of emotion dysregulation. In T.P. Beauchaine & S.E. Crowell (Eds.), *The Oxford handbook of emotion dysregulation*. New York, NY: Oxford University Press.
- Tull, M.T.** & Kimbrel, N.A. (2020). Understanding the role of emotion in the etiology, assessment, neurobiology, and treatment of PTSD. In M.T. Tull and N.A. Kimbrel (Eds.), *Emotion in posttraumatic stress disorder*. New York, NY: Elsevier.
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Published Abstracts (N = 2):

Bjureberg, J., Sahlin, H., Gumpert, C.H., Hedman, E., **Tull, M.T.**, Jokinen, J., Gratz, K.L. & Ljótsson, B. (2016). 6.152 Emotion regulation individual therapy administered face-to-face for adolescents with nonsuicidal self-injury disorder. *Journal of the American Academy of Child & Adolescent Psychiatry*, 55, S252.

Brabec, C., Ciarloni, E., **Tull, M.**, & Marshall, G. (2016). Brief behavioral activation intervention for depressed urticaria patients. *Journal of Investigative Medicine*, 64, 691-692.

SUBMITTED FOR PUBLICATION

Baer, M. M., **Tull, M. T.**, & Gratz, K. L. (2019). *Substance use frequency relates to suicidal ideation through perceived burdensomeness and to suicide attempts through capability for suicide*. Manuscript submitted for publication.

Christ, N.M., Elhai, J.D., Forbes, C.N., Gratz, K.L., & **Tull, M.T.** (2020). *A machine learning approach to modeling PTSD and difficulties in emotion regulation*. Manuscript submitted for publication.

Clemens, K.S., **Tull, M.T.**, Murray, A.B., Boardley, D., Tipton, J., & Geers, A.L. (2020). *Examination of the relationship between affect, values, and physical activity among cancer survivors*. Manuscript submitted for publication.

Garke, M., Isacson, N., Sörman, K., Bjureberg, J., Hellner, C., Gratz, K.L., Berghoff, C.R., Sinha, R., **Tull, M.T.***, & Jayaram-Lindström, N. (2019). *Emotion dysregulation across levels of substance use and associations with psychiatric symptoms*. Manuscript submitted for publication.

Gratz, K.L., Richmond, J.R., Edmonds, K.A., Rose, J.P., & **Tull, M.T.** (2019). *Expanding our understanding of emotion regulation in borderline personality: The role of social comparison orientation in interpersonal emotion regulation difficulties*. Manuscript submitted for publication.

Gratz, K.L., Richmond, J.R., Scamaldo, K.M., Edmonds, K.A., Rose, J.P., & **Tull, M.T.** (2020). *Impact of borderline personality disorder symptoms and social media addiction on COVID-19 coping and health related outcomes*. Manuscript submitted for publication.

Gratz, K.L., Rose, J.P., Edmonds, K.A., Richmond, J.R., & **Tull, M.T.** (2019). *Expanding the assessment of emotion regulation strategies: Examining social comparison as a socially-oriented intrapersonal emotion regulation strategy*. Manuscript submitted for publication.

Gratz, K.L., Scamaldo, K.M., Vidaña, A.G., Richmond, J.R., & **Tull, M.T.** (2020). *Prospective interactive influence of financial strain and emotional nonacceptance on problematic alcohol use during the COVID-19 pandemic*. Manuscript submitted for publication.

Dixon-Gordon, K.L., Turner, B.J., Haliczzer, L.A., Gratz, K.L., **Tull, M.T.**, & Chapman, A.L. (2020). *Self-injury motives: A person-centered examination*. Manuscript submitted for publication.

- Haws, J.K., Brockdorf, A.N., Gratz, K.L., Messman-Moore, T.L., **Tull, M.T.**, & DiLillo, D. (2020). *Examining the associations between PTSD symptoms and aspects of emotion dysregulation through network analyses*. Manuscript submitted for publication.
- Khazem, L.R., Anestis, M.D., Gratz, K.L., **Tull, M.T.**, & Bryan, C.J. (2020). *Clarifying the role of stigma and disability-related factors in suicide risk through the lens of the Interpersonal Theory of Suicide*. Manuscript submitted for publication.
- Rose, J.P., Edmonds, K.A., Aspiras, O., Kumar, M., Richmond, J.R., Scamaldo, K., **Tull, M.T.**, & Gratz, K.L. (2020). *The impact of stay-at-home orders on vulnerability assessments and precautionary intentions during a pandemic*. Manuscript submitted for publication.
- Spitzen, T.L., **Tull, M.T.**, Baer, M.M., Dixon-Gordon, K.L., Chapman, A.L., & Gratz, K.L. (2019). *Predicting engagement in NSSI over the course of 12-months: The roles of BPD pathology and emotional consequences of NSSI*. Manuscript submitted for publication.
- Spitzen, T.L., **Tull, M.T.**, & Gratz, K.L. (2019). *The roles of emotion regulation self-efficacy and emotional avoidance in self-injurious thoughts and behaviors*. Manuscript submitted for publication.
- Tull, M.T.**, Baer, M.M., Spitzen, T.L., Lee, A.A., Vallender, E.J., Garrett, M.R., Anestis, M.D., & Gratz, K.L. (2019). *The role of dispositional capability for suicide in suicidal ideation and attempts among patients with borderline personality disorder: Examination of the COMT Val¹⁵⁸Met polymorphism*. Manuscript submitted for publication.

CONFERENCE PRESENTATIONS

- Edmonds, K.A., Rose, J.P., **Tull, M.T.**, & Gratz, K.L. (February 2020). *Three's a crowd: Simultaneous social, temporal, and dimensional comparisons in health behaviors*. Poster presented at the Social Personality Health Network preconference at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Forbes, C.N., Gratz, K.L., & **Tull, M.T.** (November 2019). *Depression is associated with attenuated reward responsiveness through the nonacceptance of positive emotions in a community sample*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Spitzen, T.L., **Tull, M.T.**, & Gratz, K.L. (November 2019). *Emotion regulation self-efficacy and self-injurious thoughts and behaviors*. Presentation given at the meeting of the Suicide and Self-Injury Special Interest Group at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Van Wasshenova, E, Boardley, D, Geers, A, **Tull, M. T.**, Steiner, V. (November 2019). *Experiential attitudes associated with health markers and ability to predict physical activity*. Oral presentation for the Midwest American College of Sports Medicine, Oak Brook, IL.
- Vidaña, A.G., Richmond, J.R., Baer, M.M., Gratz, K.L., & **Tull, M.T.** (November 2019). *The role of*

interpersonal emotion regulation in the relation between posttraumatic stress disorder severity and substance use. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

- Chapman, A.L., Dixon-Gordon, K.L., **Tull, M.T.**, & Gratz, K.L. (October 2019). The relation of BPD to implicitly measured motives for NSSI. In K.L. Gratz (Chair), *Interpersonal and emotional dysfunction in BPD: Interrelations and impact on behavioral outcomes*. Symposium presented at the International Society for the Study of Personality Disorders, Vancouver, British Columbia, Canada.
- Gratz, K.L., Richmond, J.R., Edmonds, K.A., Rose, J.P., & **Tull, M.T.** (October 2019). Integrating social comparison into the understanding of emotion regulation in borderline personality. In K.L. Gratz (Chair), *Interpersonal and emotional dysfunction in BPD: Interrelations and impact on behavioral outcomes*. Symposium presented at the International Society for the Study of Personality Disorders, Vancouver, British Columbia, Canada.
- Tull, M.T.**, Richmond, J.R., Vidaña, A.G., & Gratz, K.L. (October 2019). Examination of interpersonal and intrapersonal factors in substance use outcomes in BPD. In K.L. Gratz (Chair), *Interpersonal and emotional dysfunction in BPD: Interrelations and impact on behavioral outcomes*. Symposium presented at the International Society for the Study of Personality Disorders, Vancouver, British Columbia, Canada.
- Forbes, C. N., Khazanov, G. K., Gratz, K. L., & Tull, M. T. (September 2019). *Attenuated reward responsiveness accounts for the relation between depression and suicide outcomes in a community sample.* Poster presented at the annual meeting of the National Network of Depression Centers, Ann Arbor, MI.
- Forbes, C. N., Tull, M. T., Xie, H., Christ, N. M., Gibson, E., Jones, C., ... Wang, X. (September 2019). *Emotional avoidance and social support interact to predict depression symptom severity one year after traumatic exposure.* Poster presented at the annual meeting of the National Network of Depression Centers, Ann Arbor, MI.
- Bock, R.C., Kalantar, E.A., Berghoff, C.R., Gratz, K.L., & **Tull, M.T.** (June 2019). *Mindfulness facets mediate the relation of anxiety and non-suicidal self-injury: A conditional process analysis across levels of borderline personality disorder symptomology.* Poster presented at the 17th annual World Conference of the Association for Contextual Behavioral Science, Dublin, Ireland.
- Kalantar, E.K., Bock, R.C., Baker, L.D., Berghoff, C.R., Gratz, K.L., & **Tull, M.T.** (June 2019). Relation of experiential avoidance, depression symptoms, and emotional reactivity to a distressing laboratory task in the context of inpatient substance use patients. In R. Copell (Chair), *How to cry in contextualism: Exploring different contextual factors of and interventions for emotion regulation*. Symposium presented at the 17th annual world conference of the Association for Contextual Behavioral Science, Dublin, Ireland.
- Larson, E.M., Kalantar, E.A., Volmer, B.M., Bock, R.C., Berghoff, C.R., Gratz, K.L., & **Tull, M.T.** (April 2019). *Short term effect of experiential avoidance on the relation of distress tolerance and depression in substance use treatment seeking individuals.* Poster presented at the 2019 IdeaFest, Vermillion, SD.

- Baer, M.M., **Tull, M.T.**, Dixon-Gordon, K.L., Chapman, A.L., & Gratz, K.L. (April 2019). Pre- to post-NSSI affect change as a prospective predictor of NSSI versatility among young adults. In T. Spitzen, S. Victor, M. Baer, M. Lear & A. Rabasco (panelists) *Repeated measures designs in risk for self-injurious thoughts and behaviors*. Panel presented at the 52nd AAS Annual Conference, Denver, CO.
- Gallinari, E.F., Rose, J.P., Aspiras, O.G., Edmonds, K.A., Forbes, C.N., **Tull, M.T.**, & Gratz, K.L. (February 2019). *Bias and accuracy in estimates of others' health behaviors*. Poster presented at the Social Personality & Health Preconference at the annual meeting of the Society for Personality and Social Psychology, Portland, OR
- Dixon-Gordon, K.L., Turner, B.J., Chapman, A.L., **Tull, M.T.**, & Gratz, K.L. (November 2018). Person-centered patterns of motives for self-injury. In E.B. Cooney (Chair), *Mapping the functions of self-destructive behaviors*. Symposium presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Forbes, C.N., Richmond, J.R., **Tull, M.T.**, Chapman, A.L., Dixon-Gordon, K.L., & Gratz, K.L. (November 2018). *Attenuated physiological reactivity to a social stressor predicts feeling generation motives for NSSI*. Poster presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Forbes, C.N., **Tull, M.T.**, Chapman, A.L., Dixon-Gordon, K.L., & Gratz, K.L. (November 2018). NSSI with relief in posttraumatic stress and depressive disorders. In M.T. Tull & C.N. Forbes (Chairs), *New directions in the study of nonsuicidal self-injury: Innovative approaches to the examination of NSSI in understudied populations*. Symposium presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Forbes, C.N., **Tull, M.T.**, Weiss, N.H., & Gratz, K.L. (November 2018). Risk-taking among substance dependent patients with and without PTSD. In N.H. Weiss (Chair), *Innovative approaches to studying the co-occurrence of posttraumatic stress disorder and risky, self-destructive, and health-compromising behaviors*. Symposium presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Gratz, K.L., Richmond, J.R., **Tull, M.T.**, Dixon-Gordon, K.L., & Chapman, A.L. (November 2018). Emotional reactivity and regulation of social rejection in adults with BPD. In V Vine (Chair), *Multi-modal measurement of emotion and emotion regulation: Opportunities for enhancing clinical science and treatment*. Symposium presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Richmond, J.R., **Tull, M.T.**, Forbes, C.N., & Gratz, K.L. (November 2018). Effect of opioid use disorder and gender on distress tolerance. In A.H. Rogers & J. Bakhshaie (Chairs), *Transdiagnostic cognitive-affective vulnerability factors in the context of comorbid emotional problems and opioid misuse*. Symposium presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Tull, M.T.** & Forbes, C.N (November 2018). Chairs: *New directions in the study of nonsuicidal self-*

injury: Innovative approaches to the examination of NSSI in understudied populations.

Symposium presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

- Edmonds, K.A., Aspiras, O., Rose, J.P., Gratz, K.L., Pinkston, M., Naifeh, J.A., Konkle-Parker, D.J., & **Tull, M.T.** (March 2017). *The mediating role of self-efficacy in the relationship between physician engagement and ART adherence in HIV+ patients.* Poster to be presented at the Social Personality Health Network preconference at the annual meeting of the Society for Personality and Social Psychology, Atlanta, Georgia.
- Buhk, A., Hayward, J., **Tull, M.T.**, & Levine, J.C. (November 2017). *Difficulties in emotion regulation mediate the relationship between individuals with GAD and anxiety symptoms.* Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, California.
- Dixon, L.J., Viana, A.G., & **Tull, M.T.** (November 2017). The role of maternal emotion regulation in predicting infant temperament and mother-infant bonding. In K.L. Gratz (Chair), *Emotion regulation in child development: Clinically relevant outcomes from infancy through adolescence.* Symposium presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, California.
- Dixon-Gordon, K.L., **Tull, M.T.**, & Gratz, K.L. (November 2017). Emotional reactivity and regulation in BPD versus other emotional disorders. In K.L. Dixon-Gordon (Chair), *Emotional reactivity and regulation in BPD: Illuminating patterns across diverse contexts and samples.* Symposium presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, California.
- Preston, O.C., Anestis, J.C., **Tull, M.T.**, & Gratz, K.L. (November 2017). *The role of antisocial and BPD symptoms and shame in a residential substance use treatment sample.* Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, California.
- Turner, B.J., Chapman, A.L., Dixon-Gordon, K.L., **Tull, M.T.**, & Gratz, K.L. (November 2017). Emotional reactivity and regulation among self-injurers with and without BPD. In K.L. Dixon-Gordon (Chair), *Emotional reactivity and regulation in BPD: Illuminating patterns across diverse contexts and samples.* Symposium presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, California.
- Witcraft, S., Dixon, L.J., Perry, M., Gratz, K.L., & **Tull, M.T.** (November 2017). *Correlates of nonmedical use of prescription drugs among patients with co-occurring anxiety and substance use disorders.* Poster presented at the 51st annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, California.
- Dixon, L.J., Viana, A.G., & **Tull, M.T.** (October 2016). Fear of fear in expectant mothers: Associations between anxiety sensitivity and emotional adjustment during and after pregnancy. In H. Boettcher (Chair), *Anxiety sensitivity: A transdiagnostic treatment target.* Symposium presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.
- Moore, K.E., **Tull, M.T.**, & Gratz, K.L. (October 2016). Physical aggression and emotion dysregulation

explain the relation of BPD symptoms to criminal justice system involvement. In K.L. Dixon-Gordon and N.H. Weiss (Chairs), *A transdiagnostic, multimethod examination of the role of specific emotions and emotion regulation strategies in risky, self-destructive, and health-compromising behaviors*. Symposium presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.

Tull, M.T. & Gratz, K.L. (October 2016). The context dependent nature and correlates of risk-taking among substance dependent patients with PTSD. In K.L. Dixon-Gordon and N.H. Weiss (Chairs), *A transdiagnostic, multimethod examination of the role of specific emotions and emotion regulation strategies in risky, self-destructive, and health-compromising behaviors*. Symposium presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.

Bardeen, J.R., Daniel, T.A., **Tull, M.T.**, Evenden, J., & Stevens, E.N. (November 2015). *A preliminary investigation of the time course of attention bias variability in PTSD: The moderating role of attentional control*. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Broadway, J., Jesser, M.A., Fairholme, C.P., Gratz, K.L., & **Tull, M.T.** (November 2015). *Prevalence of sleep disturbance in substance-dependent populations: Opportunity for clinical intervention*. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Chapman, A.L., Gratz, K.L., Dixon-Gordon, K.L., **Tull, M.T.**, & Turner, B.J. (November 2015). Implicit associations of nonsuicidal self-injury with emotional relief: The moderating role of emotional context. In M.D. Anestis & A.L. Chapman (Chairs), *Novel methods in the prediction of suicidal and non-suicidal self-directed violence*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Cohen, R.T., Schoenleber, M., **Tull, M.T.**, & Gratz, K.L. (November 2015). *Emotional responses to psychiatric hospitalization among patients admitted with and without suicidality*. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Dixon, L.J., **Tull, M.T.**, Kimbrel, N., Weiss, N.H., & Gratz, K.L. (November 2015). Predicting anger and hostility in social anxiety: The mediating role of emotion regulation. In M.J. McDermott (Chair), *Emotion regulation as a transdiagnostic mechanism: An examination of the mediating role of difficulties in emotion regulation across disorders*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Gratz, K.L., Chapman, A.L., Dixon-Gordon, K.L., & **Tull, M.T.** (November 2015). Exploring the association of nonsuicidal self-injury with emotional relief using a novel implicit association test. In M.D. Anestis & A.L. Chapman (Chairs), *Novel methods in the prediction of suicidal and non-suicidal self-directed violence*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

McDermott, M.J., **Tull, M.T.**, Messman-Moore, T., DiLillo, D., & Gratz, K.L. (November 2015). The

mediating role of difficulties in emotion regulation in the relation between PTSD symptoms and physical health symptoms. In M.J. McDermott (Chair), *Emotion regulation as a transdiagnostic mechanism: An examination of the mediating role of difficulties in emotion regulation across disorders*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

McHugh, K., Gratz, K.L., & **Tull, M.T.** (November 2015). Anxiety sensitivity predicts reactivity to trauma cues in a substance-dependent sample. In K. McHugh (Chair), *Emotion reactivity and regulation in posttraumatic stress disorder*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Tull, M.T., Discussant (November 2015). In B. Ljótsson & E. Hedman (Chairs), *Disseminating CBT: Clinical effectiveness trials for patients with common mental illness and non-suicidal self-injury*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Tull, M.T., Wheelless, L.E., Cohen, R.T., & Gratz, K.L. (November 2015). Emotion regulation strategies in response to trauma cue exposure in substance-dependent patients with PTSD. In K. McHugh (Chair), *Emotion reactivity and regulation in posttraumatic stress disorder*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Weiss, N.H., **Tull, M.T.**, Hansen, N., & Sullivan, T.P. (November 2015). Emotion regulation of within-person, proximal relations among PTSD symptoms, substance use, and risky sex among women experiencing intimate partner abuse. In M.J. McDermott (Chair), *Emotion regulation as a transdiagnostic mechanism: An examination of the mediating role of difficulties in emotion regulation across disorders*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Weiss, N.H., **Tull, M.T.**, Sullivan, T.P., Dixon-Gordon, K.L., & Gratz, K.L. (November 2015). PTSD symptoms and risky behaviors: The influence of negative and positive urgency among substance use dependent patients. In N.H. Weiss (Chair), *Multi-method examination of positive emotion dysfunction as a mechanistic process underlying risky, self-destructive, and health-compromising behavior*. Symposium presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Dixon-Gordon, K.L., **Tull, M.T.**, & Gratz, K.L. (October 2015). The influence of emotional state on reinforcement learning in borderline personality disorder. In K.L. Gratz (Chair), *Innovations in research on emotional functioning in borderline personality disorder*. Symposium presented at the 14th annual meeting of the International Society for the Study of Personality Disorders, Montreal, Quebec, Canada.

Tull, M.T., & Gratz, K.L. (October 2015). The influence of BPD on emotional responding and regulation in response to trauma cues among substance dependent patients with PTSD. In K.L. Gratz (Chair), *Innovations in research on emotional functioning in borderline personality disorder*. Symposium presented at the 14th annual meeting of the International Society for the Study of Personality Disorders, Montreal, Quebec, Canada.

- Dixon-Gordon, K.L., Whalen, D.J., **Tull, M.T.**, DiLillo, D., Messman-Moore, T., & Gratz, K.L. (November 2014). Characterizing emotional dysfunction in BPD, major depression, and their co-occurrence. In A.D. Neacsiu (Chair), *Dysregulation of specific emotions in psychopathology: Novel findings from multimethod transdiagnostic studies*. Symposium presented at the 47th annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- McDermott, M.J., Fulwiler, J.C., **Tull, M.T.**, Gratz, K.L., & Smitherman, T.A. (November 2014). Migraine and PTSD symptoms among inpatients with substance use disorders. In M.J. McDermott (Chair), *New directions in the multidisciplinary study of PTSD: An examination of novel and understudied risk and resiliency factors*. Symposium presented at the 47th annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Tull, M.T.**, Chair (November 2014). *Funding research through clinical practice and underutilized NIH grant mechanisms*. Panel presented at the 47th annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Turner, B.J., Yiu, A., Austin, S.B., Chapman, A.L., Claes, L., Gratz, K.L., & **Tull, M.T.** (November 2014). *Nonsuicidal self-injury and disordered eating: Relationships with emotion dysregulation and socialization of emotions*. Poster presented at the 47th annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Weiss, N.H., **Tull, M.T.**, Gratz, K.L., Christians, I.W., Searcy, J.S., & Sullivan, T.P. (November 2014). “Impulsive” or “dysregulated” behavior?: A prospective experimental examination of the effects of emotion dysregulation and impulsivity on risky behavior. In M.J. McDermott (Chair), *New directions in the multidisciplinary study of PTSD: An examination of novel and understudied risk and resiliency factors*. Symposium presented at the 47th annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Berg, H.S., Bjureberg, J., Hedman, E., Jokinen, J., **Tull, M.T.**, Gratz, K.L., Gumpert, C.H., & Ljotsson, B. (June 2014). *Emotion regulation as a mechanism of change in the treatment of nonsuicidal self-injury*. Paper presented at the annual meeting of the International Society for the Study of Self-Injury, Chicago, IL.
- Bjureberg, J., Berg, H.S., Hedman, E., Jokinen, J., **Tull, M.T.**, Gratz, K.L., Ljotsson, B., & Gumpert, C.H. (June 2014). *Emotion regulation group therapy for nonsuicidal self-injury: A Swedish nationwide effectiveness study*. Paper presented at the annual meeting of the International Society for the Study of Self-Injury, Chicago, IL.
- Gratz, K.L., Chapman, A.L., Dixon-Gordon, K.L., & **Tull, M.T.** (June 2014). *Development and validation of a novel implicit association task for examining the emotion-relieving function of deliberate self-harm*. Paper presented at the annual meeting of the International Society for the Study of Self-Injury, Chicago, IL.
- Tull, M.T.**, Dixon-Gordon, K.L., Chapman, A.L., & Gratz, K.L. (June 2014). *Development and validation of the clinician-administered nonsuicidal self-injury disorder index*. Paper presented at the annual meeting of the International Society for the Study of Self-Injury, Chicago, IL.
- Evans, S.D., Williams, B.E., **Tull, M.T.**, Pinkston-Camp, M., & Elkington, K. (March 2014).

Psychosocial risk and protective factors for antiretroviral adherence among HIV+ African Americans in Mississippi. Poster presented at the annual Health Disparities Conference at Teachers College, Columbia University, New York, NY.

- Anestis, M.D., **Tull, M.T.**, Lavender, J.M., & Gratz, K.L. (November 2013). Non-suicidal self-injury in the relationship between impulsivity and suicidal behavior among inpatients receiving treatment. In E.M. Kleinman (Chair), *Current status and new directions in suicide research: Interpersonal-psychological theory of suicide and beyond*. Symposium presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Dixon-Gordon, K.L., McDermott, M.J., **Tull, M.T.**, & Gratz, K.L. (November 2013). Assessing the unsaid: Developing an implicit measure of fear of emotions. In M.T. Tull & K.L. Dixon-Gordon (Chairs), *New frontiers in the study of emotion regulation: Innovative laboratory-based methods of emotional responding and regulation*. Symposium presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Gratz, K.L. (Chair) & **Tull, M.T.** (Panelist) (November 2013). *Research spotlight: Randomized controlled trial and 9-month follow-up of an emotion regulation group therapy for deliberate self-harm among women with borderline personality pathology*. Presentation given at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Knorr, A.C., Bennett, M.F., **Tull, M.T.**, Dixon-Gordon, K.L., Anestis, M.D., & Gratz, K.L. (November 2013). *Examining the interactive effect of major depression and deliberate self-harm on current suicide risk*. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- McDermott, M.J., Fulwiler, J.S., **Tull, M.T.**, Gratz, K.L., & Smitherman, T.A. (November 2013). *Comorbid migraine and PTSD among inpatients with substance use disorders: Examining the interactive effect of gender*. Poster presented at the annual meeting of the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Tull, M.T.** & Dixon-Gordon, K.L., Chairs (November 2013). *New frontiers in the study of emotion regulation: Innovative laboratory-based methods of emotional responding and regulation*. Symposium presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Assavedo, B.L., **Tull, M.T.**, Gratz, K.L., & Anestis, M.D. (June 2013). *Examining the relationship between drug class and NSSI: Depressant usage and NSSI frequency*. Poster presented at the annual meeting of the International Society for the Study of Self-Injury, Vancouver, BC, Canada.
- Dixon-Gordon, K.L., Gratz, K.L., & **Tull, M.T.** (June 2013). *Specific emotions and deliberate self-harm: The unique role of anger*. Presentation conducted at the annual meeting of the International Society for the Study of Self-Injury, Vancouver, BC, Canada.
- Moynahan, V.L., McDermott, M.J., **Tull, M.T.**, Gratz, K.L., Houle, T. T., & Smitherman, T.A. (June, 2013). *Comorbidity of migraine and affective disorders among substance dependent inpatients*. Poster presented at the annual meeting of the International Headache Society and The American Headache Society, Boston, MA.

- Pennings, S., Anestis, M.D., Gratz, K.L., Lavender, J.M., & **Tull, M.T.** (April 2013). *Examining the relationship between posttraumatic stress disorder numbing symptoms and thwarted belongingness*. Poster presented at the 46th annual conference of the American Association for Suicidology, Austin, TX.
- Pennings, S., Anestis, M.D., **Tull, M.T.**, Lavender, J.M., & Gratz, K.L. (April 2013). *The effect of NSSI on the relationship between emotion dysregulation and suicidal behavior*. Poster presented at the 46th annual conference of the American Association for Suicidology, Austin, TX.
- Knorr, A., Anestis, M.D., **Tull, M.T.**, & Gratz, K.L. (April 2013). *The role of emotion dysregulation in deliberate self-harm and suicide*. Poster presented at the 46th annual conference of the American Association for Suicidology, Austin, TX.
- Pennings, S., Gratz, K.L., **Tull, M.T.**, Lavender, J.M., & Anestis, M.D. (April 2013). *The role of NSSI in the relationship between distress tolerance and suicidal behavior in a clinical sample*. Poster presented at the 46th annual conference of the American Association for Suicidology, Austin, TX.
- Tull, M.T.**, & Gratz, K.L., Chairs (April 2013). *Clarifying the relationships between emotion dysregulation and posttraumatic stress symptoms*. Symposium presented at the annual conference of the Anxiety and Depression Association of America, San Diego, CA.
- Tull, M.T.**, Gratz, K.L., Bennett, M.F., & Weiss, N.H. (April 2013). *Examining the effect of trauma cue exposure on risk-taking among substance-dependent patients with and without posttraumatic stress disorder*. Symposium presented at the annual conference of the Anxiety and Depression Association of America, San Diego, CA.
- Weiss, N.H., **Tull, M.T.**, & Gratz, K.L. (April 2013). *Elucidating mechanisms underlying the relationship between PTSD and aggressive behavior among substance abusers*. Poster presented at the annual conference of the Anxiety and Depression Association of America, San Diego, CA.
- Borne, M.E.R., **Tull, M.T.**, Pinkston, M., Naifeh, J., & Gratz, K.L. (November 2012). *An examination of associations between health anxiety and health-related behaviors among HIV-infected substance use disorder patients*. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Dixon-Gordon, K.L., Gratz, K.L., & **Tull, M.T.** (November 2012). Multimodal assessment of emotional reactivity in borderline personality pathology: The moderating role of PTSD. In M.S. Harned (Chair), *Disentangling the relationships among BPD, PTSD, and emotion dysregulation*. Symposium presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Gratz, K.L., DiLillo, D., & Messman-Moore, T. (November 2012). Borderline personality, PTSD, and emotion dysregulation as prospective predictors of risky behaviors among community women. In M.S. Harned (Chair), *Disentangling the relationships among BPD, PTSD, and emotion dysregulation*. Symposium presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

- Matusiewicz, A.K., Iwamoto, D., Pickover, A., Leonard, J., **Tull, M.T.**, & Lejuez, C.W. (November 2012). Mechanisms of change in anxiety sensitivity treatment for heroin users. In A.A. Dennhardt & J.G. Murphy (Chairs), *Behavioral mechanisms of change in substance abuse treatment*. Symposium presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Tull, M.T.**, Gratz, K.L., Coffey, S.F., Weiss, N.H., & McDermott, M.J. (November 2012). Examining the interactive effect of PTSD, distress tolerance, and gender on residential substance use disorder treatment retention. In K.A. Johnson & S.G. Farris (Chairs), *Emotion and addictive behavior: Basic research and innovative clinical applications*. Symposium presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Tull, M.T.**, Gratz, K.L., Naifeh, J.A., Evans, S.D., & Pinkston, M. (November 2012). Investigating the moderating role of distress tolerance on the effect of major depression on risky sexual behavior among patients with substance use disorders. In K.L. Walsh & C.K. Danielson (Chairs), *Characterization and prediction of high-risk sexual behaviors: Implications for prevention and behavior change*. Symposium presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Weiss, N.H., Gratz, K.L., & **Tull, M.T.** (November 2012). The moderating role of gender in the associations between borderline personality and PTSD pathology and deliberate self-harm among African Americans. In B.J. Turner & A.L. Chapman (Chairs), *Nonsuicidal self-injury disorder and BPD: Emerging evidence to inform diagnostic clarification*. Symposium presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Weiss, N.H., **Tull, M.T.**, Borne, M.E.R., Bennett, M.F., & Gratz, K.L. (November 2012). *Emotion dysregulation mediates the relationship between PTSD and substance use severity among inpatients with substance use disorders*. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Borne, M.E.R., **Tull, M.T.**, Pinkston, M., Naifeh, J., Gratz, K.L. (May 2012). *Examining health anxiety and its association with health-related behaviors in HIV-infected patients*. Poster presented at the 24th annual meeting of the Association of Psychological Science, Chicago, IL
- Bagge, C., Sheftall, A., Coffey, S.F., **Tull, M.T.**, Smith, M., & Bauerle, M. (April 2012). *Impulsivity and suicide attempts: A multimethod analysis*. Poster presented at the 45th annual meeting of the American Association of Suicidology, Baltimore, MD.
- Aldao, A., **Tull, M.T.**, Gratz, K.L., & Mennin, D.S. (November 2011). *The behavioral approach system and the generation and regulation of emotion in GAD*. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Anestis, M.D., Bagge, C.L., **Tull, M.T.**, & Joiner, T.E. (November 2011). *Clarifying the role of emotion dysregulation in the interpersonal-psychological theory of suicidal behavior in an undergraduate sample*. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Anestis, M.D., Coffey, S.F., Schumacher, J.A., & **Tull, M.T.** (November 2011). *Low affective lability and*

affective intensity strengthen the relationship between nonsuicidal self-injury and suicidal behavior. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Anestis, M.D., Gratz, K.L., Bagge, C.L., & **Tull, M.T.** (November 2011). The interplay of distress tolerance and BPD in suicide attempts among substance users in residential treatment. In M.D. Anestis (Chair), *Emotion dysregulation in suicide: Evidence of a robust and paradoxical relationship.* Symposium presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Anestis, M.D., Lavender, J.M., Marshall-Berenz, E.C., Gratz, K.L., **Tull, M.T.**, & Joiner, T.E. (November 2011). *Evaluating distress tolerance measures: Interrelations and associations with impulsive behaviors.* Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Anestis, M.D., **Tull, M.T.**, Bagge, C.L., & Gratz, K.L. (November 2011). The moderating role of distress tolerance in the relationship between PTSD symptom clusters and suicidal behavior in a sample of individuals among substance users in residential treatment. In A.C. McLeish (Chair), *Distress tolerance and substance use: Recent findings and treatment implications.* Symposium presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Gratz, K.L., Levy, R., & **Tull, M.T.** (November 2011). Emotion regulation as a mechanism of change in an acceptance-based emotion regulation group therapy for deliberate self-harm among women with borderline personality pathology. In K.L. Gratz & A.L. Chapman (Chairs), *Innovative investigations of emotion regulation as a mechanism of change in treatments for BPD and related pathology.* Symposium presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

McDermott, M.J., Davis, R.E., Smitherman, T.A., Gratz, K.L., & **Tull, M.T.** (November 2011). *Migraine among substance-dependent individuals in residential substance abuse treatment.* Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Viana, A.G., Kiel, E.J., **Tull, M.T.**, & Gratz, K.L. (November 2011). Emotion socialization strategies of mothers with borderline personality pathology: The role of material emotion regulation and interactions with child temperament. In N.R. Herr (Chair), *When a parent, child, or partner has BPD: Understanding the impact on families and improving interventions.* Symposium presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Weiss, N.H., **Tull, M.T.**, & Gratz, K.L. (November 2011). *Emotion dysregulation mediates the relationship between PTSD symptom severity and impulsive behaviors.* Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Weiss, N.H., **Tull, M.T.**, & Gratz, K.L. (April 2011). *Prevalence of trauma exposure, PTSD, and co-*

morbid Axis I diagnoses among African-American and White substance dependent inpatients. Poster presented at the 4th annual Mississippi School for Addiction Professionals, Hattiesburg, MS.

Anestis, M.D., **Tull, M.T.**, & Gratz, K.L. (March 2011). *The moderating role of distress tolerance in the relationship between posttraumatic stress disorder and suicidal behavior.* Poster presented at the 31st annual convention of the Anxiety Disorder Association of America, New Orleans, LA.

Weiss, N.H., **Tull, M.T.**, & Gratz, K.L. (March 2011). *Associations between CSA, emotion regulation difficulties, and probable PTSD status among substance abusers.* Poster presented at the 31st annual convention of the Anxiety Disorder Association of America, New Orleans, LA.

Breetz, A.A., Gratz, K.L., & **Tull, M.T.** (November 2010). Exploring the roles of impulsivity and emotional reactivity/dysregulation in BPD-relevant impulsive behaviors among substance users. In T. Lynch & K.L. Dixon-Gordon (Chairs), *Borderline personality disorder and the effects of emotion vulnerability in the laboratory: From basic science to clinical practice.* Symposium presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Breetz, A.A., Gratz, K.L., **Tull, M.T.**, & Ahrens, A.H. (November 2010). *Fear of positive emotion and preference for familiarity.* Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Cain, A.S., & **Tull, M.T.** (November 2010). *Urges to binge eat: Results from a preliminary randomized trial of two DBT-based treatments.* Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Fulton, J.J., Kiel, E.J., Gratz, K.L., & **Tull, M.T.** (November 2010). *Associations between parental overprotection, experiential avoidance, and anxiety.* Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Jakupcak, M., **Tull, M.T.**, McDermott, M.J., Kaysen, D., Simpson, T., & Hunt, S. (November 2010). *Associations between alcohol misuse and symptoms of PTSD and depression in Iraq and Afghanistan War veterans.* Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Kiel, E.J., Gratz, K.L., Moore, S.A., Latzman, R.D., & **Tull, M.T.** (November 2010). The impact of borderline personality pathology on mothers' emotional and behavioral responses to infant affective expressions. In K.L. Gratz & A.L. Chapman (Chairs), *Innovative approaches to the investigation of interpersonal dysfunction in borderline personality disorder.* Symposium presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Maack, D.J., **Tull, M.T.**, & Gratz, K.L. (November 2010). *Behavioral inhibition predicts increased alerting on the attentional network task.* Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Maack, D.J., **Tull, M.T.**, & Gratz, K.L. (November 2010). *Examining avoidance of negative emotions as a mediator of the association between behavioral inhibition and BPD.* Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

- Maack, D.J., **Tull, M.T.**, & Gratz, K.L. (November 2010). The contribution of behavioral inhibition to generalized anxiety disorder relative to other risk factors and cognitive-emotional vulnerabilities. In D.J. Maack (Chair), *Developments in BIS/BAS research: Advancing our understanding of the unique role of BIS/BAS and its underlying mechanisms in the pathogenesis of clinical disorders*. Symposium presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- McDermott, M.J., Walters, A., Smitherman, T., Gratz, K.L., & **Tull, M.T.** (November 2010). *The role of anxiety sensitivity and migraine symptoms in PTSD among individuals in residential substance abuse treatment*. Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Weiss, N.H., Fulton, J.J., Evans, S., Dehon, E., Davis, L.T., **Tull, M.T.**, & Gratz, K.L. (November 2001). *Emotion regulation as a protective factor for posttraumatic stress symptoms among African Americans*. Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Weiss, N.H., Fulton, J.J., Gratz, K.L., & **Tull, M.T.** (September 2010). *Ethnicity moderates the relation between rape trauma and PTSD symptom severity*. Paper presented at the annual convention of the Mississippi Psychological Association, Gulfport, MS.
- Fulton, J.J., **Tull, M.T.**, Cain, A.S., & Gratz, K.L. (August 2010). *Associations between anxiety sensitivity, experiential avoidance, and eating disorder symptoms*. Poster presented at the annual conference of the American Psychological Association, San Diego, CA.
- Weiss, N.H., **Tull, M.T.**, & Gratz, K.L. (August 2010). *Crack/cocaine dependence, borderline personality disorder, gender, and risky sexual behavior*. Poster presented at the annual conference of the American Psychological Association, San Diego, CA.
- Weiss, N.H., **Tull, M.T.**, & Gratz, K.L. (June 2010). *An examination of borderline personality disorder, cocaine dependence, and gender in risky sexual behavior among substance users*. Poster presented at the 2010 World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Brooks, R.J., Fulton, J.J., McDermott, M.J., Johnson, K., Gratz, K.L., & **Tull, M.T.** (March 2010). *Risky sexual behavior: Effects of cocaine dependence, posttraumatic stress disorder, and gender*. Poster presented at the annual conference of the Southeastern Psychological Association, Chattanooga, TN.
- Maack, D.J., Brooks, R.J., Moore, S.M., **Tull, M.T.**, & Gratz, K.L. (November 2009). *Examining avoidance of negative emotions as a mediator of the association between behavioral inhibition and borderline personality disorder*. Poster presented at the annual Neuroscience and Behavior Research Day, Department of Psychiatry and Human Behavior, the Center for Psychiatric Neuroscience, and the Mississippi Chapter of the Society for Neuroscience, University of Mississippi Medical Center, Jackson, MS.
- Breetz, A., Gratz, K.L., **Tull, M.T.**, & Lejuez, C.W. (November 2009). A laboratory-based examination of the relations between borderline personality disorder and reactions to social ostracism: The mediating role of emotion dysregulation. In R.J. Hempel & T. Lynch (Chairs), *Borderline personality disorder: Emotional reactivity and sensitivity*. Symposium presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

- Cohn, A.M., Jakupcak, M., **Tull, M.T.**, & Hagman, B.T. (November 2009). *Using item response theory to test the construct validity of the Masculine Gender Role Stress Scale*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Gratz, K.L., **Tull, M.T.**, & Lejuez, C.W. (November 2009). A multimodal examination of emotion regulation difficulties as a function of co-occurring avoidant personality disorder among women with borderline personality disorder. In K.L. Gratz & A.L. Chapman (Chairs), *Innovative approaches to the investigation of emotion-regulation difficulties in diverse forms of psychopathology and functional impairment*. Symposium presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- McDermott, M.J., Gratz, K.L., **Tull, M.T.**, & Lejuez, C.W. (November 2009). The role of neurocognitive factors in the development and maintenance of deliberate self-harm. In A.L. Chapman & C. Schmahl (Chairs), *The role of universal cognitive and neurobiological factors in deliberate self-harm*. Symposium presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- McDermott, M. J., Brooks, R. J., Gratz, K. L., & **Tull, M.T.** (November 2009). *The effect of posttraumatic stress disorder on residential substance abuse treatment drop-out: Examining the mediating role of emotion dysregulation*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Tull, M.T.**, McDermott, M. J., Gratz, K. L., Coffey, S. F., & Lejuez, C. W. (November 2009). The effect of trauma-cue exposure on drug-related attentional bias among crack/cocaine users with PTSD. In R. C. Smith (Chair), *Treatment of comorbid PTSD and stimulant use disorders: Focus on functional relations and maintaining mechanisms*. Symposium presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Tull, M.T.**, & Gratz, K. L. (November 2009). The effect of posttraumatic stress disorder and borderline personality disorder on trauma-related shame and guilt: The mediating role of emotional non-acceptance. In M. Harned (Chair), *Understanding the relationships among borderline personality disorder, PTSD, and trauma exposure: Mediating and moderating processes*. Symposium presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Weiss, N.H., **Tull, M.T.**, Bagge, C.L., & Gratz, K.L. (October 2009). *Associations between posttraumatic stress disorder and self-destructive behaviors among inpatient substance users in Mississippi*. Poster presented at the annual meeting of the Mississippi Psychological Association, Gulfport, MS.
- Gratz, K.L., & **Tull, M.T.** (July 2009). A multimodal examination of emotion regulation difficulties as a function of anxious-inhibited temperament among individuals with borderline personality disorder. In R.D. Latzman & K.L. Gratz (Chairs), *Interrelations among emotion regulation, personality, and personality pathology: Multimodel assessments across the lifespan*. Symposium presented at the first meeting of the Association for Research in Personality, Evanston, IL.
- Latzman, R.D., Gratz, K.L., & **Tull, M.T.** (July 2009). Differential associations of BIS/BAS personality

and emotion regulation: A multimodel investigation. In R.D. Latzman & K.L. Gratz (Chairs), *Interrelations among emotion regulation, personality, and personality pathology: Multimodel assessments across the lifespan*. Symposium presented at the first meeting of the Association for Research in Personality, Evanston, IL.

Soenke, M., **Tull, M.T.**, Fishbein, M., & Gratz, K.L. (February 2009). *Further examination of how adult attachment styles present themselves in a challenging situation*. Poster presented at the 10th annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

Breetz, A., Ahrens, A., **Tull, M.T.**, & Gratz, K.L. (November 2008). *The moderating role of nonjudgmental acceptance in the relationship between implicit theories of emotion and fear of emotion*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Matusiewicz, A., Gratz, K.L., McDermott, M.J., & **Tull, M.T.** (November 2008). *Predicting PTSD symptom severity following exposure to a potentially traumatic event: The role of temperamental vulnerabilities, emotion dysregulation, and experiential avoidance*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

McDermott, M.J., **Tull, M.T.**, Gratz, K.L., Matusiewicz, A., & Lejuez, C.W. (November 2008). *Examining distinct dimensions of emotion dysregulation as predictors of PTSD among crack/cocaine users in residential substance use treatment*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Soenke, M., Matusiewicz, A.K., McDermott, M.J., **Tull, M.T.**, & Gratz, K.L. (November 2008). *An examination of childhood maltreatment, emotion dysregulation, and deliberate self-harm as a function of a borderline personality disorder and posttraumatic stress disorder diagnosis*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Soenke, M., McDermott, M.J., Gratz, K.L., Jakupcak, M., & **Tull, M.T.** (November 2008). *The role of masculine gender role stress in posttraumatic stress disorder among male crack/cocaine users in residential substance abuse treatment*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Weitzman, M., Gratz, K.L., **Tull, M.T.**, & Lejuez, C.W. (November 2008). *The interrelationships of trait vulnerabilities, childhood abuse, and childhood borderline pathology*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

McDermott, M.J., **Tull, M.T.**, & Lejuez, C.W. (June 2008). Drug cravings following trauma cue exposure among crack/cocaine-dependent patients with and without PTSD. In J. Roache and X. Liu (Chairs), *Extinction/reinstatement: On again, off again*. Symposium presented at the 70th annual conference for the College on Problems of Drug Dependence, San Juan, Puerto Rico.

Richards, J., **Tull, M.T.**, Gorka, S., McDermott, M.J., Daughters, S.B., and Lejuez, C.W. (June 2008). *Examination of a brief adjunctive interoceptive-based intervention for heroin users with high anxiety sensitivity*. Poster presented at the 2008 meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.

- Matusiewicz, A., Gratz, K.L., Muehlenkamp, J., & **Tull, M.T.** (March 2008) *Examining the relationship between traumatic exposure and disordered eating: The roles of anxiety sensitivity, PTSD symptoms, and emotion dysregulation.* Poster presented at the annual conference of the Anxiety Disorders Association of America, Savannah, GA.
- McDermott, M.J., **Tull, M.T.**, Malouf, E.T., Daughters, S.B., Lejuez, C.W., & Gratz, K.L. (March 2008). *Examining the role of anxiety sensitivity and emotion dysregulation in PTSD among crack/cocaine users.* Poster presented at the annual conference of the Anxiety Disorders Association of America, Savannah, GA.
- Soenke, M., **Tull, M.T.**, & Gratz, K.L. (March 2008). *The mediating role of emotion dysregulation in the relationship between childhood maltreatment and generalized anxiety disorder.* Poster presented at the annual conference of the Anxiety Disorders Association of America, Savannah, GA.
- Aklin, W.M., **Tull, M.T.**, Baruch, D.E., Loeb, I., & Lejuez, C.W. (November 2007). *Examining the changeability of affect and risk taking among inner-city substance abusers in residential treatment.* Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Baruch, D.E., Gratz, K.L., & **Tull, M.T.** (November 2007). *The role of the behavioral inhibition system in predicting panic attack history.* Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Baruch, D.E., **Tull, M.T.**, Malouf, E.T., Trotman, A., Hopko, D.R., & Lejuez, C.W. (November 2007). *Examination of the relationship between depressive symptoms and sensitivity to aversive events using a behavioral task.* Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Breetz, A., Gratz, K.L., Fishbein, M., & **Tull, M.T.** (November 2007). *Mechanisms underlying deliberate self-harm within and outside of borderline personality disorder: The roles of mindfulness, emotion dysregulation, and experiential avoidance.* Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Breetz, A., **Tull, M. T.**, & Gratz, K. L. (November 2007). *Exploring the relationship between childhood maltreatment and emotion dysregulation in adulthood.* Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Gratz, K.L., Rosenthal, M.Z., **Tull, M.T.**, & Lejuez, C.W. (November 2007). An experimental investigation of emotional reactivity in borderline personality disorder: The role of shame. In K.L. Gratz & A.L. Chapman (Chairs), *Basic research on emotional responding in borderline personality disorder: Implications for clinical practice.* Symposium presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Lejuez, C.W., Bornovalova, M.A., **Tull, M.T.**, Chin, K., Fan, J., & Kulkarni, S. (November 2007). Biobehavioral predictors of early smoking lapse. In A. Bernstein (Chair), *Smoking and anxiety: Basic research and innovative clinical applications.* Symposium presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- Lejuez, C.W., **Tull, M.T.**, Levine, S.A., Stipelman, B., Rosenthal, D., & Schneider, J. (November 2007). Development and evaluation of a behavioral activation-based smoking treatment for smokers with elevated depressive symptoms. In J.W. Kanter & P.S. Mulick (Chairs), *Basic science foundations and new applications of behavioral activation*. Symposium presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA
- Levine, S.A., **Tull, M.T.**, & Lejuez, C.W. (November 2007). *The effects of positive and negative social support on smoking outcomes among college students*. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Paulson, A., Gratz, K.L., Fuchs, C., Rucker, L., Schorr, Y., Holowka, D., **Tull, M.T.**, & Roemer, L. (November 2007). Examination of the factor structure underlying emotion regulation in Asians/Asian-Americans. In M.T. Tull & L. Rucker (Chairs), *New frontiers in research on emotion regulation: Extending current conceptualizations to diverse populations*. Symposium presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Stipelman, B.A., **Tull, M.T.**, & Lejuez, C.W. (November 2007). *Examination of the convergent validity of three distress tolerance measures and their ability to predict smoking cessation success*. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Tull, M.T.**, Baruch, D.E., & Lejuez, C.W. (November 2007). Examination of the effectiveness of an acceptance-based behavioral treatment for heroin users with heightened anxiety sensitivity. In E.C. Marshall & M.J. Zvolensky (Chairs), *How can basic research inform clinical perspectives on substance use and anxiety comorbidity?* Symposium presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Tull, M.T.**, & Rucker, L., Chairs (November 2007). *New frontiers in research on emotion regulation: Extending current conceptualizations to diverse populations*. Symposium presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Levine, S.A., **Tull, M.T.**, Brown, R., Kahler, C.W., Rosenthal, D., Schneider, J., & Lejuez, C.W. (June 2007). *Preliminary investigation of a behavioral group treatment for depressed smokers*. Poster presented at the 69th annual meeting of the College on Problems of Drug Dependence, Quebec City, Quebec, Canada.
- Levine, S.A., **Tull, M.T.**, & Gratz, K.L. (March-April 2007). *An examination of vulnerability factors for emotion dysregulation among individuals who experience uncued panic attacks*. Poster presented at the 27th meeting of the Anxiety Disorders Association of America, St. Louis, MO.
- Tull, M.T.**, Levine, S.A., & Gratz, K.L. (March-April 2007). *An examination of the relationship between panic attacks and generalized anxiety disorder: The role of emotion dysregulation*. Poster presented at the 27th meeting of the Anxiety Disorders Association of America, St. Louis, MO.
- Paulson, A., **Tull, M.T.**, Jakupcak, M., & Gratz, K.L. (November 2006). The relationship between

posttraumatic stress symptom severity and aggressive behavior among men with traumatic exposure: The role of emotional avoidance and inexpressivity. In E.M. Forman & T.B. Kashdan (Chairs), *Experiential avoidance as a toxic mechanism in self-control, interpersonal, and emotional disturbances*. Symposium presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Stipelman, B.A., **Tull, M.T.**, & Salters-Pedneault, K. (November 2006). *Predictors of comorbid panic attacks in GAD: An examination of GAD severity and anxiety sensitivity dimensions*. Poster presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Tull, M.T., & Gratz, K.L. (November 2006). The relationship between anxiety sensitivity and depression: Examining the role of experiential avoidance and emotion dysregulation. In T.B. Kashdan (Chair), *Expanding the frontiers of anxiety and depression: Self-regulation, psychological flexibility, and positive experiences*. Symposium presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Aklin, W.M., **Tull, M.T.**, Loeb, I., de Wit, H., & Lejuez, C.W. (June 2006). Changes in risk-taking and impulsivity across treatment among inner-city substance users in residential treatment. In S. Walsh (Chair), *Late-breaking research news*. Symposium presented at the 68th annual meeting of the College on Problems of Drug Dependence, Scottsdale, AZ.

Barrett, H.M., **Tull, M.T.**, & Roemer, L. (November 2005). *Emotion regulation difficulties in posttraumatic stress disorder*. Poster presented at the 39th annual meeting of the Association for Advancement of Behavior Therapy, Washington D.C.

Flanders, A., Leen-Feldner, E. W., Feldner, M. T., **Tull, M. T.**, Roemer, L., & Zvolensky, M. J. (November 2005). *An examination of worry in relation to anxious responding to voluntary hyperventilation among adolescents*. Poster presented at the 39th annual meeting of the Association for Advancement of Behavior Therapy, Washington D.C.

Gratz, K.L., Rosenthal, M.Z., **Tull, M.T.**, Lejuez, C.W., & Lynch, T.R. (November 2005). An experimental investigation of emotion dysregulation in BPD. In M.Z. Rosenthal (Chair), *Emotional reactivity and regulation in borderline personality disorder*. Symposium presented at the 39th annual meeting of the Association for Advancement of Behavior Therapy, Washington D.C.

Gratz, K.L., & **Tull, M.T.** (November 2005). *Predictors of dissociation among abused and non-abused women*. Poster presented at the 21st annual meeting of the International Society for Traumatic Stress Studies, Toronto, Ontario, Canada.

Gratz, K.L., **Tull, M.T.**, & Gunderson, J.G. (November 2005). *Heightened anxiety sensitivity in borderline personality disorder and its relationship with experiential avoidance*. Poster presented at the 39th annual meeting of the Association for Advancement of Behavior Therapy, Washington D.C.

Tull, M.T., Gratz, K.L., & Lacroce, D. (March 2005). *An examination of the role of anxiety sensitivity dimensions and emotional approach coping in panic-depression comorbidity*. Poster presented at

the annual meeting of the Anxiety Disorders Association of America, Seattle, WA.

- Tull, M.T.**, Ho, K., Salomon, N., & Roemer, L. (March 2005). *Preliminary evidence for the presence of emotional avoidance and awareness among individuals with a recent history of unexpected panic attacks*. Poster presented at the meeting of the Anxiety Disorders Association of America, Seattle, WA.
- Gratz, K.L., & **Tull, M.T.** (November 2004). *Predictive validity of the Difficulties in Emotion Regulation Scale: Associations with emotional responses to emotionally evocative stimuli*. Poster presented at the 38th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Gratz, K.L., & **Tull, M.T.** (November 2004). *Differential correlates of self-harm among abused and non-abused women*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
- Jakupcak, M., **Tull, M.T.**, & Roemer, L. (November 2004). *Fear and expression of emotions in traumatized and non-traumatized civilian men*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
- Tull, M.T.**, Barrett, H.M., & Roemer, L. (November 2004). *The role of anxiety sensitivity and emotion dysregulation in panic attack severity and frequency*. Poster presented at the 38th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Tull, M.T.**, & Roemer, L. (November 2004). The effect of panic attack history on emotional responding to positive and negative emotional stimuli. In L. Roemer (Chair), *Experimental investigations of emotional processes in the emotional disorders and their treatment*. Symposium presented at the 38th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Osborne, T.L., Jakupcak, M., Michael, S.T., & **Tull, M.T.** (July 2004). *Masculine gender role stress in male veterans with PTSD*. Poster presented at the 112th annual convention of the American Psychological Association, Honolulu, Hawaii.
- Gratz, K.L., & **Tull, M.T.** (November 2003). *Exploring the relationship between invalidating environments and emotional inexpressivity: Mediating roles of emotional avoidance, acceptance, and awareness*. Poster presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Jakupcak, M., **Tull, M.T.**, & Roemer, L. (November 2003). *Fear of emotion as a mediator of the relationship between masculine gender role stress and anger responses among men*. Poster presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Salters, K., **Tull, M.T.**, Rucker, L., & Roemer, L. (November 2003). *Emotion in chronic worry and GAD: Evidence of regulation deficits*. Poster presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

- Tull, M.T.**, Gratz, K.L., & Jakupcak, M. (November 2003). *The role of fear of anxiety and experiential avoidance in negative emotional reactivity and intensity*. Poster presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Tull, M.T.**, Jakupcak, M., & Roemer, L. (November 2003). The effects of emotional suppression and acceptance on emotional reactivity and behavioral willingness. In T. Lynch (Chair), *Translational research and emotion regulation: Recent findings and new directions*. Symposium presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Gratz, K.L., & **Tull, M.T.** (October 2003). *The role of maltreatment and emotion dysregulation in dissociation*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Jakupcak, M., & **Tull, M.T.** (October 2003). *Anger and hostility in a trauma-exposed college student sample*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Tull, M.T.**, & Jakupcak, M. (October 2003). *The effect of traumatic exposure and affect intensity on emotionality*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- Jakupcak, M., & **Tull, M.T.** (August 2003). *Masculine gender role stress and shame: An examination of the construct validity of masculine gender role stress*. Poster presented at the 111th annual convention of the American Psychological Association, Toronto, Ontario, Canada.
- Gratz, K.L., **Tull, M.T.**, Jakupcak, M., & Roemer, L. (November 2002). *The role of childhood maltreatment and emotion dysregulation in adult perpetration*. Poster presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- Luterek, J.A., Plumb, J., **Tull, M.T.**, Roemer, L., & Orsillo, S.M. (November 2002). *Psychometric properties of a new measure of emotional numbing: Preliminary findings*. Poster presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- Tull, M.T.**, Gratz, K.L., & Roemer, L. (November 2002). *The role of experiential avoidance in trauma-related symptoms and symptoms of depression, anxiety, and somatization among female sexual assault survivors*. Poster presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- Salters, K., **Tull, M.T.**, & Roemer, L. (November 2002). Suppression of emotion and discordant responses: Understanding emotion in PTSD. In L. Roemer (Chair), *Trauma and emotional responding: New directions for research*. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
- Roemer, L., **Tull, M.T.**, Gratz, K. L., McMillan, E., Luterek, J., & Orsillo, S. M. (November 2002). Peri- and post-traumatic responses: Emotional numbing and dysregulation. In L. Roemer (Chair), *Trauma and emotional responding: New directions for research*. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

- Gratz, K.L., **Tull, M.T.**, & Roemer, L. (June 2002). *The role of affect intensity and emotional inexpressivity in emotion dysregulation and experiential avoidance*. Poster presented at the 14th annual meeting of the American Psychological Society, New Orleans, LA.
- Tull, M.T.**, & Roemer, L. (November 2001). *The role of experiential avoidance and hyperarousal in emotional numbing associated with PTSD*. Poster presented at the 35th annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Medaglia, E., **Tull, M.T.**, Leigh, J., & Roemer, L. (November 2000). *Investigating the construct validity of the Toronto Alexithymia Scale*. Poster presented at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Tull, M.T.**, Hatch-Woodruff, M., Phillips, D., & Reavis, J. (April 2000). Effectiveness of psychological interventions in facilitating the coping process. In M. Hatch-Woodruff (Chair), *Stress reduction and pain management in diverse populations: Current research*. Symposium presented at the annual meeting of the Southwestern Psychological Association, Dallas, TX.
- Tull, M.T.**, Skinner, L.A., & Kaiser, S.L. (February 2000). *Adult attachment styles as seen in a challenging situation*. Poster presented at the 1st meeting of the Society of Personality and Social Psychology, Nashville, TN.
- Harper, E.I., Hatch-Woodruff, M., Hinshaw, L., & **Tull, M.T.** (April 1999). *Reducing the side-effects of breast cancer treatment: Comparison of psychological interventions*. Paper presented at the 45th annual meeting of the Southwestern Psychological Association, Albuquerque, NM.

References available upon request